





SHOUD I: "Potentiation"

Presented to the Crimson Circle August 7, 2010

Featuring
Adamus™ channeled through Geoffrey Hoppe
assisted by Linda Hoppe

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I Am that I Am, Adamus Saint-Germain (French pronunciation), here in service to you.

I had a few chuckles as we were preparing for this Shoud, our 12th series together. First of all I have to compliment Linda on the selection of today's music. One of the first ... one of the *only* times I've actually been satisfied with it. (laughter) No offense to anyone else, but she's the one that heard it, that felt the unique energies behind it and encouraged Cauldre to choose it. Beautiful music with the symphony with the voice of Sting, it happens to be very, very metaphysical, in case you didn't notice. Try listening to some of the music. Hello ladies.

Did you get it? Did you get it while the music was playing? Did you get the download? It was all there! We've talked about it before – it all comes in as a download while the music is playing; descends right into you, maybe makes the hair on your arms stand up, although not too many have hair like this on their arms, fortunately (laughter); gives you the tingle down your back; makes you take a deep breath. It was all right there.

The mind – the beautiful, beautiful mind – wonders about it, doubts it, says, "I must be making this up." Even though you're getting sensations in your body, even though you're feeling it all around, your mind says, "Well, I'll have to wait to see what Adamus says."

^{1 &}quot;Every Little Thing She Does is Magic" by Sting, from the album "Symphonicities"

But here's a game we'll play today: you got the download. It's not singular; it is a download of potentials. Which potential will we play out today from what you just got? Which way will we go with this discussion, this Shoud?

It's up to you, totally up to you. I'll play whatever game you want to play. We could have fun. We could have a lot of laughs – ah, a great way of releasing energy. We could get very serious. (audience responds "no") No, no, no, no, no. No. I could get very, very abusive with Vince. (audience again responds "no") No. No, no, no, no, no. No. Or we could take it lightly. We could glide on it. We could glide to where we're going next. That's one of the things we'll do today.

The New Series

It's our 12th series. Twelve – somewhat of an important number, David, somewhat. (laughter) It's a one and a two. It's actually what ... the universe has its rhythm of mathematics. Humans tend to work off mathematics of the scale of 10. The universe actually works from 12, most of the time, not always. There are dimensions that work off of 4's and 66's and all these other numbers, but generally the known universe has a way of always coming back to its "12" origins.

Now, we could go ... I will. I'll go into a long discussion about that in a special "Ask Adamus," although I don't take questions; it's just an "Adamus Tells" session. (laughter) But we could call it "Ask Adamus" just to make the listeners feel good.

LINDA: No, let's call it with it is. I think it's apt – "Adamus Tells."

ADAMUS: I'm giving Linda a list. There is one I want to do very, very soon – "ETs and Angels" ...

LINDA: Ooh, I like that one.

ADAMUS: ... "The Real Difference." There is none. (laughter)

LINDA: Ooh, I like it.

ADAMUS: How, right now in particular, in this time that you're living in, you know there is an influx of ETs and aliens coming in? You probably felt some of them. More than there has been in a long, long time, and they are not here to save the world.

LINDA: Did you say "ETs versus angels," or ...?

ADAMUS: "ETs and Angels: The Real Difference."

LINDA: Okay. Ooh. "Adamus Tells."

ADAMUS: There's an infusion of ETs and aliens coming in right now. There is angels coming in right now, and they're not necessarily here to save the planet. Not necessarily here to help you. And I'd like to do a tell-all story, along with Kuthumi, yes, side by side, about angels and ETs.

So let's also do one, Linda, if you could make a note of this ...

LINDA: Side by side?

ADAMUS: Side by side.

LINDA: What does that look like?

ADAMUS: Stand up for a moment. (laughter) Move over here.

LINDA: I'm feeling vulnerable.

ADAMUS: So first ... first it will be me (laughter as he sits in Geoff's chair), and then it will be Kuthumi. (more laughter as he sits in Linda's chair)

LINDA: Thank you for your clarity.

ADAMUS: All that's left to do is record.

So we'd also like to have a discussion about "12." It's a somewhat important number. In our case here with Shaumbra, with the journey that we've been on over these years, 12 is significant because we're coming to the end of a cycle, moving into a new one.

Now, the thing about cycles is they don't generally start and stop abruptly. We don't just finish 11 and go into 12 or finish 12 and jump into 13. They overlap somewhat. That's why you're feeling multiple energies, multiple levels of consciousness at one time. But it is significant, because we, as a group, are going out of the Awakening

Zone this year as we go through our discussions. We'll be moving beyond that, moving into the next levels, which I would like to talk about today.

Yes, you're still going to have some of the symptoms of awakening. You're still going to have some of the residue. But you're going to find now that these new things we'll talk about today are going to play in as well.

So Cauldre asked, some of the other staff members asked, the name of the next series. And I said, "Yes." And they said, "Adamus, what is the name of the next series?" And I said, "Yes." Sometimes it's a little difficult to comprehend human logic. And Cauldre actually got a bit frustrated and ... (Adamus turns off a fan) I do not like those devices. You can keep yours on (to Linda). Mine goes off.

LINDA: Thank you.

ADAMUS: You can get zapped by all those energies. I will not.

So sometimes I have a hard time with the human logic, and Cauldre said one more time, "What is the name of the next series?" And I said, "Yes, it is 'The Next Series'!" We are going to call this series – and I would like it written this way (Adamus writes), I'll explain later – "(NEXT)," "(NEXT) Series," because it represents going to the next level for all of us. For anybody who's still here, those who haven't dropped out and for those who have joined us along the way, we're going to the next level. It's going to be exhilarating, sometimes frustrating. It's

going to be beyond what you can imagine right now. It's going to be ... I do believe we're going to have a lot of fun. We're going to share in an adventure together. So it will be "The (NEXT) Series," if you would like to write it that way.



Where Are You At?

So before we begin, I would like Linda to take the microphone into the audience, along with her Adamus Awards.

LINDA: Yes sir!

ADAMUS: She has very few left. I have to order some more. Along with the Adamus Awards and as we prepare for this, I want to thank everyone for getting dressed up

today for this special occasion. (laughter as Adamus rolls his eyes sarcastically) Yes, Cauldre dressed me in my howdy-doody pineapple pajamas. (much laughter as Adamus refers to the Hawaiian style shirt Geoff is wearing)

LINDA: You were the one that said, "Express." It's an expression.

ADAMUS: We were making progress along the way and learning to honor – not honoring me, honoring yourself – we were making such progress, and then to watch it all fall apart. But ...

LINDA: You aren't excited about Kaua'i? Won't you be there?

ADAMUS: I'm not going to wear this in Kaua'i.

LINDA: (laughing) You'll wear worse! (Adamus chuckles)

ADAMUS: So as Linda's ready, now I'm going to ask the question, where are you at right now? Where are you at? But I want you to answer from this perspective. Let's say you are a television reporter reporting on yourself. So step outside yourself for a minute. Television reporters usually have, what, 30 to 40 seconds to do a story. So keep it succinct. Where are you at right now?

Where are you at right now? So if you would, Linda.

LINDA: My pleasure.

ADAMUS: And we'll take volunteers from the audience.

LINDA: (handing the microphone to someone) You volunteered! (laughter)

ADAMUS: This is the New Energy volunteering.

GREG: Yes. Okay. I'm fast tracking ...

ADAMUS: Fast tracking.

GREG: ... the integration process actually.

ADAMUS: What does that actually mean for our view audience who has no idea what you're talking about?

GREG: It means when I came here today I thought, "I don't care what Adamus says anymore. I'm just coming to be here with family."

ADAMUS: Excellent. An Adamus ... two Adamus Awards for him.

LINDA: Oh come on. You know I've got a limited supply here!

ADAMUS: Two Adamus Awards, because it's not about what *I'm* saying. All I'm doing is feeding back what you're saying. So ... excellent.

LINDA: Empty your pockets.

ADAMUS: No money today.

LINDA: Empty your pockets.

ADAMUS: I believe Cauldre left it all at home. Let's see, we have a breath mint, but he'll need that.

LINDA: The other pocket.

ADAMUS: Nothing. So, excellent, two Adamus Awards.

LINDA: Okay, done.

ADAMUS: So okay, next.

LINDA: Somebody else?

ADAMUS: Where are you at? You're a reporter on your own life. Where are you at? How do you put it succinctly?

CAROLINE: Where I am today.

ADAMUS: Yes. How are you doing? Well, how would you give a very quick report of your life in this general now timeframe.

CAROLINE: Today I am thinking about rising above pain, which I evidently have created

ADAMUS: Ah.

CAROLINE: And finding joy and happiness in the midst of it.

ADAMUS: Excellent. You're thinking about it, and that's what I'm going to write. Good. You'll love today then. Thank you. Next.

SHAUMBRA 3 (woman): I'm in transition.

ADAMUS: Transition. Will I see you on the other side soon? (laughter)

SHAUMBRA 3: Not that type of transition. Kind of like from ...

ADAMUS: Do you enjoy transition?

SHAUMBRA 3: Well that's relative.

ADAMUS: True. Better than some things, worse than others.

SHAUMBRA 3: Uh huh.

ADAMUS: What are you transitioning with or ...

SHAUMBRA 3: From a category five hurricane in the last few years of my life into a peaceful center.

ADAMUS: Exactly. And have you found that peaceful center?

SHAUMBRA 3: Some days.

ADAMUS: Some days. And what if I gave you some news from my news desk saying you're probably not going to find 'peaceful.' And that's for all of you. If you're looking for peaceful, you're in the wrong group. (laughter) You're definitely in the wrong group.

LINDA: Lock the doors.

ADAMUS: They have medication for peaceful, but we're not going into peaceful. I'll tell you that right now. We're going into dynamic, enthusiastic, energetic, vibrant, amazing, beyond beyond, but it's not going to be peaceful. Is that alright?

SHAUMBRA 3: I like vibrant. Vibrant's good.

ADAMUS: Vibrant, yes. Okay. But you are in transition, and where are you in that transition? You're over this side, that side?

SHAUMBRA 3: I'm moving more towards the vibrant side.

ADAMUS: More the vibrant side. Okay, good. Good. You'll enjoy today then, I hope. Next.

JOE: Um ... (Kerri says something to him)

LINDA: He's getting coached! (laughter)

JOE: I'm getting a bit of I don't know. A bit of I don't know.

ADAMUS: I don't know. Good. Do you like that? I don't know! (laughter)

JOE: I feel content.

ADAMUS: Yes.

JOE: I feel content.

ADAMUS: Content. Really? Really.

JOE: Eh, a little crazy.

ADAMUS: Do you know it's a sin to lie to Adamus? (laughter) Do you know what happens?

JOE: Alright.

ADAMUS: Okay. Go for it. Where are you at?

JOE: Well, I just ... I don't know ... just came out of a massive storm.

ADAMUS: Yes. Another massive ... another massive storm! Live news update. Joe goes through yet another massive storm! (laughter) Last year, Joe was in

major storm. The year before that, Joe was in major storm. Joe likes to go through major storms.

LINDA: Brutal.

JOE: I guess so.

ADAMUS: Yes, yes. And that's fine. That is absolutely fine as long as you acknowledge it. But when you don't acknowledge it, when you pretend that you're not choosing it, then you're in trouble. Yes.

JOE: Yes.

ADAMUS: Yes. So where are you right now?

JOE: Here. (laughter)

ADAMUS: That's good! That's profound. That deserves not just a regular Adamus Award, but a "Mister Incredible" Adamus Award.

LINDA: "Mister Amazing" Adamus.

JOE: Why, thank you, Adamus.

ADAMUS: Let's ... stand, come up here. Come up here for everyone in the world to see you. Yes, I'm glad you got dressed up for this special ceremony. (laughter) Go ahead. I'll hold this for you. (Adamus holds the microphone for Joe as he holds a package Adamus gave him)

JOE: Right now I'm ... basically, I just went basically nuts ...

ADAMUS: Yeah.

JOE: ... on a lot of crazy different levels, but I just realized I just have to be here now. And I also feel like it's like my eternal self is coming into the moment. That's the integration process. For me, that's the best way to describe it.

ADAMUS: But what you're not recognizing is that this is amazing. You're looking at it from the perspective – from a bad television perspective – of doubt and not trusting yourself. What you're going through is actually not much. (laughter) But

you're building it up. You're turning it into something more than it has to be. You get kind of stuck in that. I'll tell you why later, but right now I'd like you to discover who you really are. Are you ready?

JOE: Yes.

ADAMUS: You have to open the package.

JOE: Oh. (laughter)

ADAMUS: Yeah. I didn't just give you a cardboard tube.

LINDA: One end's open already.

JOE: Can I get a prop?

LINDA: The other end's already open.

ADAMUS: A knife?

LINDA: It's going to fall out. It's going to fall out.

ADAMUS: Oh, Garret, the man. (Garret hands Joe a knife)

LINDA: It's already open. (laughter) Do not give Adamus a knife.

ADAMUS: You've done that in a past lifetime, when I kicked you out. It was a sword. It was a little bit bigger. But ... and that's ... (audience responds with cheering and applause as Joe holds up a metal sign that reads "Mister Amazing")

And, you know – we're not done, Mister Amazing – it's a matter of perspective, and it's a matter of potentials. Which one do you want to look at? Which one do you want to focus at? The storms? Then it will happen. Or Master Amazing? I don't understand why a human, why you, wouldn't want to focus on be Mister Amazing. Is it more fun to focus on the storms? (someone says, "No") Yes. Yes. Who said no? (laughter as Adamus glares into the audience)

LINDA: Busted.

ADAMUS: You're right. Logically, it should not be more fun to focus on the

storms, but yet you do. Yet you do. It has a certain energy, a draw that pulls you into the storms. But at the same time, there is a plaque on your desk that says, "Master Amazing." You don't want to look at that, you want to look at the storms.

There's this odd kind of logic that says, "I have to clear up the storms before I could acknowledge being Mister Amazing." So you're always cleaning up storms or you're always fighting storms. You're always tilting at the windmills. Why? You're Master Amazing also. And that's where we're going to go now. We're going to be talking in this (NEXT) Series about potentials and about how you are choosing those in your life. There's something ...

LINDA: It (the sign) looks good in front of your shirt.

ADAMUS: It does.

LINDA: Yeah.

ADAMUS: Not this shirt. In front of the pants maybe, but ... (laughter) On my head maybe, but ... (more laughter as he holds it on his head) Howdy doody. So ... Yeah. Well, that fits.



So there is this addiction that you've all had, and we're going to clear that out, an addiction to the storms, to the drama, to the need for improvement, all that other stuff. We are so done with that now. Aren't we? Aren't we? (audience responds, "Yes" and applause)

JOE: Thank you. Thank you Adamus, so much.

ADAMUS: I'm not done with you yet. (laughter) So I truly have to say, for the first time I've felt the evidence of this at our recent gathering in Munich, where I felt that Shaumbra is really ready to go, to get rid of this addiction, to stop focusing on the storms. The storms are real. The storms in your personal life and all the other stuff is real. It's not about burying it or denying it or overcoming it. You will *never* overcome it. It's about what potential you're going to choose. This (NEXT) Series is going to be all about potentials. You'll get so tired of me talking about potentiating and potentials, you'll just want to ... (Adamus makes a vomiting motion) But it's important. It truly is. It's the next step as a conscious creator, and it's right here.

So I would like you to put that (sign) on the dashboard of your car, and then when you're at home put it on your nightstand, because that's the potential you could also choose. You don't have to choose the bad news story. You could choose the Mister Amazing.

But I have to ask you before I let you go, can you accept that you *are* Mister Amazing? Don't lie to me. You did that once today. Can you accept that you're ...

JOE: Come hell or high water.

ADAMUS: Can you accept that you're Mister Amazing?

JOE: Yes.

ADAMUS: Can you accept it even when the external world is telling you you're a schmuck? (laughter) It does it for all of you. You've set it up for it to do it that way. You've set up all the evidence – external evidence – to say you're … whatever it happens to be. You're less than worthy. You're a schmuck. You're a loser. You're a liar. You're whatever it happens to be.

The question is, is can you really, really accept that, so it's not just a couple of words here up with us at the front, but really accept it?

JOE: Yes.

ADAMUS: I ... don't lie. (laughter) I can accept it. I really can. But don't use me as an example. Can you really accept it?

JOE: Yes! (he says it louder) Yes I can accept it!

ADAMUS: I don't believe it. (laughter) No, no, no, no, no, no. I really don't. You want to believe it. You want to accept it, but ...

LINDA: Can he tell you to piss off? (laughter)

ADAMUS: Yeah, yeah, yeah. I kind of wish he would. (more laughter)

JOE: Piss off!

ADAMUS: There you go! Good. Now, just to remind you – just to remind you to anchor this – close your eyes please. Close your eyes.

LINDA: I wouldn't.

ADAMUS: (laughter as Adamus marks on Joe's forehead with a marker) That's all! Just a little ... yes, that's all. So that will remind you of the agreement that you made with yourself right here.

JOE: Thank you.

ADAMUS: That looks kind of interesting? You're going to go into public with that? (laughter as Kerri says "No!") So thank you, Mister Amazing.

JOE: Thank you.

ADAMUS: Mister Amazing! (audience applause)

LINDA: Looks like Ash Wednesday on his forehead.

ADAMUS: Absolutely.

LINDA: It's Ash Wednesday, yeah, yeah.

ADAMUS: Where do think a lot of the problems emanate from?

LINDA: Hello.

ADAMUS: Okay next. Who's next?

LINDA: Oh wait. That was Steven Green that made that award based on your direction that he was Mister Amazing. So thank you, Steven Green.

ADAMUS: Thank you Steven Green. Thank you. (audience applause)

LINDA: Who's next? Easy.

ADAMUS: I noticed there wasn't a Miss Amazing award and ...

LINDA: Later. (laughter)

ADAMUS: So, yes. Where are you right now, Ricki?



RICKI: I am just on the brink of something that's very exciting, and it doesn't matter that I don't exactly know what it is, because I just ... I know I'm in the process of discovering what it is.

ADAMUS: Would you like one of these? (holding up the marker)

RICKI: No. (Adamus chuckles)

ADAMUS: On the brink. Okay. I understand what you're saying. It's a cheap excuse. Really, for all of you. You know, it's like ... it's a carrot. And I know you feel it, but how long have you been feeling it?

RICKI: That's true. A long time.

ADAMUS: A long time, thank you. You know, and actually though, it's a good sign when you start feeling on the brink of a breakthrough, a big breakthrough. It's really a good sign. It means you've come a long way in this awakening, because you can finally sense it. But there's some interesting energy dynamics that the human plays with itself to keep it on the brink.

On the brink is kind of sensual. Not like that ... alright, like that. (laughter) Now that I think about it. Just around the corner. Almost going to happen. Right there. It's alluring and its seductive and it's kind of, as Kuthumi would say, kind of sexy, to have it right there. But after awhile that energy kind of does a backlash on you, because then you start getting depressed and energetically depleted, because it's like "Well then where is it?" Well, you've set it up to be out there and to stay out there, and it will obey. It will obey until you really change the dynamics on it.

And Ricki, and all of you, I have to tell you right now that you cannot think your way out of being on the brink. I have to push you over the edge. Or you push yourself over the edge. But that's good. That's good. On the brink. But today let's transmute that into being in the flow, in your game, in with your New Energy, integrated with your spirit. Thank you. Next.

LINDA: You sure you're ready?

EDITH: Hi Adamus.

ADAMUS: Hello Edith.

EDITH: I Am that I Am in this hall in joy.

ADAMUS: Yes.

EDITH: And that's okay.

ADAMUS: Absolutely! Brilliant. An Award. An Award. Do you really mean it?

EDITH: Absolutely.

ADAMUS: Good. I trust you. You would never lie to me. (some laughter)

LINDA: Really?

ADAMUS: Yes, thank you. One more.

LINDA: One more?

ADAMUS: One more.

LINDA: Let's try somebody ... oh, here. This is fine.

ALAYA: Ah, I am sifting through potentials. They constantly come to me. I explore them. I look at them. I feel them. I journey with them. And I can't decide.

ADAMUS: Ah!



ALAYA: Ah!

ADAMUS: Ah!

ALAYA: Ah!

ADAMUS: Ah, that's good.

ALAYA: Ah! Ah!

ADAMUS: That's very, very good. So, exploring potentials. And actually, I would say that deserves an Award. Exploring potentials.

Some of you ... every one of you has been doing that. You're doing it in your dream state. There's a lot potential exploration or potentiating taking place. That's why the dreams are the way they are right now. They tend to be more vivid, more filled with life, and shifting very, very quickly, just like you would change channels quickly on your TV.

You're exploring potentials but now comes the important part that you mentioned, the human part that says, "Which one do I choose?" There is something that clicks in at that point – we'll talk about in just a moment – that says, "That's dangerous. Why just choose one? Or what if I choose it and it's the wrong one?" Or actually another part of you that says, "Just exploring



potentials is actually in itself very rewarding, why commit?" Why commit? Why go for the big "C"? And the reason why to commit is because after a while, just exploring and not choosing is going to be like eating cotton candy for breakfast, lunch and dinner, like eating a lot of sugar, and it feels good, but it – the potentials – need to come in for realization, manifestation. And for the survival of the human Body of Consciousness – of your mind, your physical body – it needs to have that. It needs to be brought in, otherwise you kind of go into a weird different type of imbalance. Not necessarily mental, but kind of an energy imbalance. So, again, we'll talk about that today. Sounds like we're going to talk about a lot today.

So let's take a deep breath. Let's go the next step.

The Mind

The other day we did an experiment with your Internet media, with Shaumbra and others from around the world.² It was an experiment I wanted to do before we actually did it here – here in this Shoud. It was about the mind, and one of the things that every one of you is experiencing right now – right now – in a very beautiful but sometimes confusing way, is going beyond your mind. And that's a difficult thing.

As I said in our discussion on this radio Internet program, the mind is highly

² Referring to Joe Rumbolo's Internet radio show, The Clear Vibration.

programmed. The mind is highly susceptible to programming, first of all. It is highly programmed over many, many lifetimes – many, many lifetimes – of programming, indoctrination, a constant set of information and regulations and rules going into the mind.

The mind has been tied into mass consciousness. Mass consciousness, for the most part, does nothing but to govern and to rule and to manage and manipulate mind activities of humans. Mass consciousness.

Now, you think of mass consciousness as perhaps something grander. The way mass consciousness works right now, it has its tentacles into every human on Earth interconnected with every other human, it is now actually being infiltrated by ETs and angels, and so the control, the manipulation is at a very intense form.

People are, well, they're hypnotized, absolutely hypnotized, and every one of you knows it and feels it. There's part of you that for years has been rebelling against it. Ever since you came here to Earth in this lifetime there's been a significant part of you that's been rebelling against this. It has gone on for many, many lifetimes.

But years ago Tobias talked about releasing mass consciousness, so you set into motion the mechanics to start doing that. You reach a certain point though, and it has to be more – not quite the right word – but aggressive, more determined, more choice to get out of that mass consciousness and to get out of your own mind-lock. Your own mind-lock. I gave the example the other night. It is a catch-22.

Here's the example – if you're not familiar with a catch-22 – the example I used the other night. You work in a building, let's say it's a 20-story tall building, highly secure, very, very few windows. Everything in the building is controlled, from the airflow to the energy flow, to the water, to who has access in and out of the building. (pause while Adamus samples some food in the back of the room) Hmmm ... interesting ... Shaumbra eats very interesting things. Not a judgment, just (he coughs) an observation.

LINDA: What did you just eat?

ADAMUS: Junk. (laughter) Washing it down with cold putrid liquid. (more laughter as he takes a drink of soda) I can't wait to come back to Earth someday. (laughter)

So you work in this highly secure building. It's very highly monitored, everything about it, and you want to get out of the building. You want to leave the building,

because, you know, who wants to stay in a building 24/7? You want to get out and at least go for a walk in the park and see what's happening around, because you also know that all the information that you get inside this building, that's fed to you – information you have access to through your Internet and other media – is highly controlled, highly regulated. Part of you really wants to get out, really wants to leave the building.

So you start asking around to the others, "How do you get out?" They say, "Oh, that's easy, kind of. You have to go across the street to the other building to get a pass to be able to get out of this building." (pause) Laughter should erupt at this moment. (laughter)

LINDA: Want some more junk food or swill?

ADAMUS: That is the spiritual catch-22, the mental-spiritual catch-22. You're trying to work your way out of this limitation. It's all centered in the mind. You're trying to get out of it. You *know* that there's something else out there. You know that there are other dimensions right here – right here – all around you. You know it. You want to believe it. You try affirmations, and they don't work worth a damn. Affirmations are mental. Affirmation and all these other things – I talked the other night about it, haven't got any hate email yet – but all the little ceremonies and all the affirmations and the chanting and all that, that is *so damn mental*. It's a joke! It's a joke on you. You think that if you align the crystals in a certain way, if you go stand outside when the stars are lined up, whatever it happens to be – it's a big damn joke. There is nothing spiritual about it. It's mental. It's mental pretending it's spiritual, and you've fallen for it. Hell, you created a lot of it! (Adamus chuckles) Laughter? (audience dutifully laughs)

LINDA: Should we get a sign?

ADAMUS: We need a sign.

LINDA: I'll get a sign.

ADAMUS: I would like at least the listeners online to think that I'm getting some ...

LINDA: Sure, yeah, yeah. We'll get you a sign.

ADAMUS: So here you are. This building is the symbol of your mind: highly regulated, highly closed in on the inside and the outside, overly managed. Not by

some evil forces out there, just by the sequence of events that's taken place on this planet. Nobody's actually controlling this mass consciousness. Only you are controlling your own brain, but you're trying to get out of this mind-lock. You're trying to get out of this mind prison by using tools of the mind. And when you talked before about feeling that it's almost there, you talked about being on the brink, that is another mind game. The mind adapts to that quickly and says, "Let's be on the brink all the time." Whoo! Mind still in control.

The thinking, the just exploring potentials and not bringing them to Earth – all mind stuff. All mind stuff. You're trying to get out of your mind, or beyond your mind, by using tools that the mind itself created. And you can't. These tools are so cleverly created, they're only going to dig you in deeper. They're never going to dig you out. They're only going to dig you in deeper.

So when you start overdoing the numerology – what's your sacred numerology … you're sacred numerology is one. One! You! Just you. That's the only frickin' sacred number there is! (laughter) I was going to say another word, but no, Cauldre doesn't like those. He gets bad email when I say bullshi- … uh, other words.

So, but your mind is a joke, because now it's got you engaged. It's going through all of what's your sacred numerology? What's your – I'm sorry – but your astrology? Astrology has some value – I was a teacher of it in my life as Saint-Germain – to a degree, but most of the time right now humans are misusing it and abusing it, and it's their mind. Their mind. They think it's a tool to break free, to get out of this mind prison. It's the mind laughing, saying, "I'm going to stay with you, baby. You're not getting out. You're going nowhere." And – you see, it doesn't matter what it is, I'm not picking on any one particular thing – but at a certain point the mind gets in there, grabs it, manipulates it, and uses it to dig in even deeper

You saw the movie – I'm sure many of you have, it's your movie – the Matrix? The Matrix – very, very symbolic of this back and forth, this structure, this delusion.

So the question is at some point ... by the way, there's nothing wrong with the mind. It was the way that it's been programmed and manipulated. At its core, there's nothing wrong. It's amazing. It's wonderful.

So the question becomes how do you go beyond? How ... anybody?

KATHLEEN: Breathe!

ADAMUS: Breathe. That's an excellent start. Thank you, Kathleen. Amazing progress. Amazing. Amazing. We need "Miss Amazing" for you.

KATHLEEN: Oh thank you.

ADAMUS: Yes, yes. We'll get that for you.

KATHLEEN: Okay.

ADAMUS: I just put it on order.

KATHLEEN: Okay.

ADAMUS: Good. (laughter) It's being worked on right now.

So how do you ... let's say you're in the mind. Now, obviously, at the same time you're not all mind, because there's part of you – whatever you want to call it – but I call it the I Am, the real you. The real you. It knows that this just isn't right. And more than anything else, it's tired of the game. It wants to get out. It wants to break out. It wants to be free.

But the mind has been given a lot of domain over you. Again, don't blame it, it's just telling you the dynamics. So what do you do?

SHAUMBRA: Play.

ADAMUS: Play.

KERRI: Tone. Drink.

ADAMUS: Drink. Drink. (laughter as others say "Drink" as well) Yes.

SHAUMBRA: Sing.

ADAMUS: Sing.

LINDA: Does Kerri get an Award for that?

ADAMUS: For which one?

LINDA: Drink.

ADAMUS: Oh, we had several in the rooms that were drinkers. So, yes, an Award to all of them.

LINDA: I don't have that many Awards. Come on!

ADAMUS: Yes, yes.

SHAUMBRA (woman): Create.

LINDA: What?

ADAMUS: Awards to ... yes.

LINDA: Oh for god's sake. We're going to run out.

SHAUMBRA: Create.

SHAUMBRA: Commit.

ADAMUS: All good answers. All good answers.

SHAUMBRA: Trust.

SHAUMBRA: Listen to your heart.

ADAMUS: Listen to the heart. Absolutely. Every one of these a good answer. I haven't heard a bad one yet, and if I do I'll come flying over there. (laughter)

LINDA: Here's one on a mike.

ADAMUS: Yes.

STEVEN: She just handed me the mike. I don't know why.

ADAMUS: Yes. To offer your profundity – or profanity – for this group.

STEVEN: Where am I at now?

ADAMUS: No, no, no. (laughter) Steven, from now on you sit up in the front. Your mind is just wandering. It's okay. We have medication for that. (laughter)

LINDA: What's the question?

ADAMUS: The question is, so if a person is in their mind, how do they get out of their mind?

SHAUMBRA: Choose.

SHAUMBRA: Experience.

ADAMUS: Choose. All good, all good.

LINDA: We've got mikes here! We got mikes here!

ADAMUS: Choose, experience.

SHAUMBRA (man): By exhausting the mind.

ADAMUS: What?! That's actually ... actually, it's a bad answer, and it's a very good answer. It's actually really bad advice. But guess what? That's what you do. That's what you do it anymore though. Give her back the microphone. I don't want you saying anything else on there. (laughter)

You actually – you should get an Award for that. Yeah.

LINDA: Oh Award for having a bad answer. I like that!

ADAMUS: Well, it was a bad answer – exhausting the mind – but actually it was really very real.

So what does a human do when they want to transcend just the limitations of human experience?

SHAUMBRA: Dissolve time.

ADAMUS: They exhaust ... no, what do they *really* do? That's a nice answer, but what do they ... no, no. *I'm* giving the answer now.

LINDA: Scott's got a ...

ADAMUS: I'm giving the answer.

LINDA: Oh you ... oh, do I have to give you an Award too? (laughter)

ADAMUS: No. I am my own award. (laughter and applause) And every one of you should be as well.

So, now this is really good. This is really good, because typically what happens is when you get into this dynamic of whatever you want to call it, but awakening, you know it's time to break free, the mind has become the limitation. And you can't get mad at the mind, but it's limitation. It's the one that creates a very limited artificial reality.

The I Am, the heart, whatever you want to call it, knows that there's something else out there, and now it's gone into this type of conflict with ... You're going to stay with us? (to Linda who had stepped out the door for a moment)

LINDA: It's really nice out there. (laughter)

ADAMUS: It's going to go into this conflict, and now you've got this constant battle back and forth. It's tremendously energy consuming.

But what often happens, and in the example I give, for instance, of Buddha, of Siddhartha, was that he felt that deny the mind, deny the body and the spirit would come forward. Bad advice. Really bad advice.

Why would the spirit want to come forward or your divine come in if you're suffering? If your body is hurting, if you're wearing out your ... You almost have smoke coming out of your ears sometimes, because you think a lot. But you're trying to burn the gears. Do you think that burning the gears, do you think that destroying the body will suddenly give you a new body? Hell no. It'll give you death. Well, that eventually will give you a new body, but not really. It's kind of the same old body, just reborn again, and you're going to have the same issues – the same mental issues.

So that's actually what's happening is burn out, thinking that this is the way to basically annihilate the mind. You don't have to do that. You don't have to do that. The mind is not your enemy. It's really not. It's a beautiful device, not your enemy.

How to Get Out of the Mind

Well, all you have to do – all we have to do – and I'd like to do it right now, but this time we don't have to shut down the Internet like we did the other night. We don't have to cause any electronic outages, because we're going to do this very smoothly.

It's so simple, I want to cry and laugh at the same time. It's so simple that I'll make you this bet: your mind is going to jump in and say, "Mm, I don't think so. He's making it ... not for me. For me it's got to be more difficult. For me it's got to be more ... I've studied spirituality for eighteen lifetimes, and therefore I really a more complex answer," because it's going to possibly blow away a lot of all that hard work, a lot of that suffering, a lot of that searching that you've done. It's really simple. You ready? (Shaumbra says, "Yeah." "Okay.") Okay.

It's absolute acceptance. That's all. Absolute acceptance. Don't think about it.

(pause)

See? You're scrambling. You saying, "Well, hang on. Well, how would that work? Adamus, can you diagram that? Can you do a flowchart here that shows, you know, if we do absolute acceptance here and then it goes over to here ..." That's thinking.

Absolute acceptance. That is the I Am. That is the breath of life.

Absolute acceptance – of what? Everything. Everything. Don't start laying out a structure and a pattern and, you know, putting this into a 12-step program. It's for you right now, absolute acceptance. Wow. Wow, absolute acceptance. That's an easy one, isn't it? Or it's a tough one. Which potential do you want to choose? (Shaumbra says, "Easy") Easy. You tell me that now, but tomorrow when we wake up, what will it be?

You say "easy," but sometimes because you don't make a conscious choice, because you say, "Easy, yeah" and then walk away from it, all the old controlling kicks back in, all of the old ways kick back in and then next month you're going to say, "It wasn't that easy. It was really tough. I had a lot of storms. Went through all this stuff." It can be really easy. Just acceptance.

What happens in acceptance, the mind ... I wanted something to stand on. Something really tall with a ... Linda gets ... Oh, here. This isn't really tall. (he stands up on a chair)

The mind has a very difficult time with acceptance. It's not programmed for acceptance. It's programmed for constant



analysis, and it's programmed for judgment, and it's programmed for expression of its weird mental ways through drama and emotion. It doesn't really know what to do with acceptance. It really doesn't.

So the mind creates this great big question mark when I say acceptance. What's acceptance? Do you really need words for it? Do you really need to figure it out? Do you need to have an acceptance program that you're going to practice over the next six months? We could create one! We could charge a lot of money. I would love to have an acceptance workshop. Five million dollars, guaranteed acceptance. That was kind of funny.

No! You don't need all of that. The mind doesn't know how to put its tentacles around acceptance. So what happens? It bypasses. The mind just does a 'duh' for a moment. Just "huh?" – and it bypasses. It goes straight to the heart, straight to the I Am, straight to the You. Absolute acceptance. (Adamus snaps his finger) You just got out of your mind.

And you know who's really rejoicing the moment you do this?

DAVID: Your mind.

ADAMUS: Your mind. Thank you. An award to David.

DAVID: Thank you.

ADAMUS: Thank you. We're going to run you out of awards today. Then we'll get some nice real gold ones.

LINDA: Yeah, wow, sure.

ADAMUS: So, yes, the mind is rejoicing. It really is. It needed and wanted you

to make that choice and to go beyond. And now just that one little grain of going beyond the mind, that one little tiny example of it, now becomes the Standard of the mind. That one little grain.

Let's just do it together. Aandrah would you come up here and do some breathing acceptance, a minute or two? Let's do it together.

AANDRAH: Okay! Get ready.

Will you receive? Will you accept? Come on. Settle in your body. Be here.

I invite you now breathe so deeply. Will you receive this? Will you accept all of this that he is offering you?

Breathe. Breathe. Just for you. Breathe deeply, deeply.

Receive. Receive and dare to accept this breath, this exquisite breath. Feel this. As it flows into your body, the body melts, relaxes, receives. Accept this breath, this gift. This is an exquisite gift.

Breathe. Breathe just for you. Just for you.

Breathing deeply. Feel the breath slowing down, deeper into your belly. Let the shoulders relax. Flow down, down into the core of you, where the brilliant you is waiting to receive.

Breathe. Breathe deeply. Breathe deeply.

ADAMUS: Thank you. And, dear Shaumbra, that's a wow moment. Wow. (During the breathing he had written "WOW" on the board.) That's all it took was a little acceptance, a little breathing it in and you have – every one of you – every one of you has created just this little example, this little kernel or this little grain of going beyond the mind.

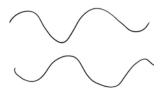
It doesn't have to blow your socks off. It doesn't have to shut down the power or kick us off the Internet or anything like that. This one tiny little example of going beyond the mind, of being in the total Body of Consciousness – your total Body of Consciousness – provides the template or the Standard now in your mind. Your mind goes "Finally." You've freed yourself. You've freed your mind of its rigid hold.

Now you don't have to do anything, really, except a few things that we'll talk about in a moment. You don't have to manipulate anything. You don't have to do anything. It's just, wow, now it's going to happen. And that's the amazing thing. And if you can accept that and accept that the process is already now in place – we just did a little simple breathing, the process is now working – then you're going to go beyond the mind. And you don't have to work at it, and it's not going to be suffering. You're not going to have to burn out your brain. Yes, things in your life will change, but rejoice in them. Accept them. It's amazing. And you're going to need it for where we're going.

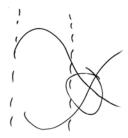
A Quick Review

So quick review, quick refresher. In our last series – the Masters Series – we talked quite a bit about awakening to help you understand where you've come from, but also to help you as you're guiding others, if you choose to do that. Most of you will, in one form or the other. It doesn't have to be through lectures or words. It can be through art, through the theater, through science and math and all of these other things.

So we gave you an understanding. We talked about the waveforms. I'll do this quickly so now it's not as to bore you (Adamus draws the waveforms), but we talked about how your divine waveform, your human waveform, have been in this constant ebb and flow with each other for what



seems to be eons of time. They get closer; they move further apart. It accounts for a lot of cycles in your life, and the cycles happen in different patterns, but they happen in cycles of days or months or sometimes years and sometimes cycles within cycles, but it doesn't matter, does it.



You've been ebbing and flowing with the human and the divine waveform. You come to a point where these waveforms finally intersect right here. The "X" spot, the point of awakening. We talked in several of our last Shouds that this area (before the "X"), this period here that all of you have gone through is destructuring. You're destructuring yourself in preparation for moving on.

The destructuring almost has to occur. It's very difficult to get around it. Otherwise,

if you don't destructure, you're not creating the space for the new improved you. You're just dragging the old you in as, how does the saying go, same old whore in the brand new dress.

LINDA: Nice. (laughter)

ADAMUS: Very graphic. Very graphic. So you go through the destructuring, which for most of you is really tough – losing your jobs, your relationship, battles with your aspects, battles with your mind, with yourself. The destructuring was important, though, to get back to some of the core energies of you.

You're still having some of the residual effects of destructuring, and you're still feeling it at some times, but you go into this next zone – the quiet zone (points to the area around the "X"). Everything gets really quiet as you really slip into this "X" spot. It gets very quiet, sometimes unnervingly quiet. "Where's the commotion? Where is the drama?" for those of you addicted to dramas, for those of you who just like to have a lot of stuff going on. It is very unnerving, and then you do this thing that will assure that you get some drama. You say, "What am I doing wrong?" Just because it's quiet, "I must be doing something wrong. The other shoe is about to drop. I know it. Every time I've come to quiet before, everything goes to hell." Yes, because you're creating it that way. Something about you doesn't like the quiet.

You go into the quiet zone and have a hard time handling it, but yet there's something really wonderful about. It kind of doesn't matter anymore. A lot of you have been experiencing it. It doesn't matter. It doesn't matter.

You start to understand that drama is really emotional junk food. You're tired of the drama. You feel weary of it, but you don't know what else is out there. In a way you're trying to replace old drama with just kind of new improved drama, but in the quiet zone, there tends to be no drama. That's where many of you have been.

Yes, still some old effects from destructuring. Now, based on the consciousness of this group, where we're going – where actually you're at, not just where we're going, where you're at right now – we move into the next step. We move into the next zone. It entails allowing yourself to transcend the old limits of the mind.

The mind is probably one of the most adaptable, programmable and actually flexible and amazing parts of you. The angels – the angelic beings – do not have minds. So they don't really understand how brilliant a mind is.

You now are a Body of Consciousness with mind and spirit and body and gnost and aspects and everything else. It's really quite amazing. There are non-human, non-physical beings who would kill to have what you have – literally, if they could. Fortunately, they can't, so they manipulate instead. They want this.

Can you imagine? Just imagine for a moment: you're an angel, you've never come to Earth. But imagine just contemplating having more than just this fuzzy wuzzy angel being self; very ... kind of ... airy fairy, I guess, is the right word; the integration of a mind; the ability to take on physical form; and eventually to be able to be in or out of physical form by choice. You have to experience it. You have to really get into it first.

They want this. They want it because it's a type of fulfillment. It's a type of – they feel – the advanced being. That's why I have to laugh when I hear people talk about these ETs, these aliens, these advanced civilizations. Until you've been in physical form and had a mind, been here on Earth and learned to integrate the I Am or the Godself, there is no more advanced form anywhere. Anywhere. It's just a bunch of mind junk.

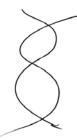
With a being who says they're from an advanced civilization – I highly doubt it, and I have been around a little bit. Haven't met anything more advanced than a conscious human being, because you have the body, the mind, the spirit; because you are learning right now how to choose, how you want to work with those. Do you want to be physical or do you want to be non-physical? Do you want to be mental for a moment to help figure out something that requires mental or be the divine? Or how about the combination of all of it? *That* is the most advanced species in all of creation and can only be found here on Earth and can only be had by experiencing lifetimes on Earth through the birthing process.

Whew! I should probably quit right there! But I'm not going to, because I want to talk about so we go beyond now. What happens? An interesting thing happens. Some of you have been getting a little clue or feelings of this lately. Others of you just started doing it.

After the "X"

I've been showing you for months and months this very linear horizontal diagram where the spirit and the divine finally cross at the "X" point, and then they keep weaving in and out. They no longer are separate. They're no longer ebbing and

flowing; now they're interweaving with each other. The only reason why that's significant is because now you have human and you have divine in this beautiful tapestry, going together, never, ever, ever to be separated again. Ever. You cannot undo this. You can't go backwards, even if you try.



So I've laid this out in a very horizontal manner. What happens as we get deep into the "X" zone and we start going out, horizontal changes to ... (Adamus draws intersecting vertical waveforms) it changes to what you would call vertical. What does that look slightly like? (Shaumbra says, "DNA") Absolutely! Absolutely like DNA, because DNA ultimately is a physical template of a divine action.

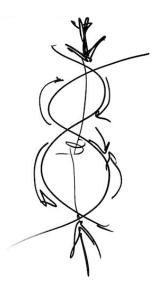
It's showing up in your body as strands. There's more than two, by the way. There's a lot. There's a lot. It was known at one time that there were up to 12, and then as some of you know, there became the 13th with the integration of masculine, feminine. Some of you right now are carrying 15,16, 17 different strands, some of them not really activated yet, but they're in design. They're being architected for things you're going to be doing very, very soon.

So now the dance of the divine and the human actually shifts. It actually shifts, because you're no longer on a linear path through life. In a sense you could say that when the shift occurs, you have set up all the potentials to transcend time and space. And because it's so intimately connected to your DNA, your DNA – the work that you've been doing at the deep levels of your DNA over these last few years – now starts to activate. It starts to activate, and you don't need to do a damn thing. Please *don't* do anything. You'll interfere with the process. Don't do anything. So this is actually very important that you've had this flip occur from horizontal, linear to basically vertical.

Energy starts flowing different at that point. It flows from above and it comes up from below. I don't want to waste a lot of time into this, but in the past you've been trying to bring in energy from what you call above and not much has been going up from below. It's all been staying down there, for a reason. You needed to continue having that flow of energy into this reality. But you are now at the point where it doesn't all have to flow in here. It doesn't all have to keep you down here. It starts flowing up.

As it does, as these energies go through these beautiful dancing motions, they obviously intersect with each other. That'll come into play later on in our discussions, but they start a very interesting dance.

At the same time while this basic template is going on, the energy starts running along these patterns, and it runs basically in all directions. The mind says, "Well, sooner or later they're going to clash." They don't. The energies start moving in every which way, but instead of old vibrational energy that would clash or destroy the integrity of each other in kind of a destructive way, now they start this incredible ... well, imagine it as a weaving. Imagine it as a cosmic human tapestry. That's exactly what's taking place within your body and your spirit. The mind has been holding back. The mind has had the brakes on, didn't know how to get out of itself. It was so tied up in using the mind tools, it didn't know how to get out. We just did it today. It was that easy. One word – acceptance – some breathing and then letting it take place.



Why is all this important, other than I like to write on the board? I like on the board because your attention goes on the board. Some of you wonder when I'll ever sit down, particularly Cauldre. Your mind is occupied. Your mind is temporarily distracted into all this meaningless stuff, and you're really getting it right here. You're really letting it flow in. I have flow monitors around the room. (laughter) Assistants who help me, and they're giving me feedback on the flow. Is it going through? Basically, they're grading me on how I'm doing with my presentation, but these angelic beings are saying, "It's flowing! It's flowing!" And if you wonder what 'it' is, don't worry about it.

LINDA: What's your score?

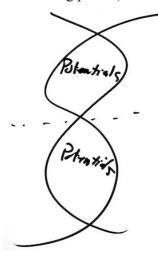
ADAMUS: It's just ... it's the consciousness and energy now moving together.

LINDA: What's your score?

ADAMUS: Oh, 100 to zero. It's consciousness and energy moving together, and that's what it's all about. Remember consciousness, energy, used to be two separate things? You did whatever you could to try to make them work together. Consciousness would call out for energy to try to support its desires, its dreams, its manifestations, but now what's happening in all of this is they don't need to be separate. It is truly what I would call wholistic consciousness and energy contained in the same vessel, contained in the same dynamic together. That's what, by the way, we call New Energy. They're together.

Potentials

So why is all of this important? Well, it's important here because we have a dynamic now taking place (Adamus draws), and imagine this just keeps going on and on and



on. There is a shadow of the old horizontal. There's still a shadow of it – it has to be, for a lot of reasons – that kind of intersects through here. But it's but a shadow. It's a reminder. It's a, oh, it's a little marker along the way.

What happens right now is these areas here (inside the "loops" of the intersecting waveforms), in this dance of human and spirit, these are filled with potentials. Potentials. What is a potential? It's unexpressed reality. The potentials can be grand. They can be small. They can be earthly and human or they can be totally beyond anything that you've known.

A potential is everything that you could be and everything that you could have been. Potentials are not ... please, please do not look at potentials as being just something in the future. That's limiting. When I say potentials, some of you think, "Oh yeah, what's out in the future." No, no, no. What are the potentials in this moment? What are the potentials for the past? You say, "The past was the past." No. No, no, no, no. The past was only one potential that was activated or realized. The past contains potentials that are as dynamic or perhaps even more dynamic than the one you picked or the one that somehow made its way to you.

So the past is also filled with incredible potentials that aren't negated just because they're in the past. The past contains ... well, the past isn't the past anymore actually. You have to get through that thinking. Thinking. The past has nothing to do with before. The past is in this room right now and all of its potentials, and you are not -you are absolutely not - who you think you are.

You think that you were born into this certain household and had these certain experiences and traumas, and you think that's you. It is NOT! It is one potential of you. But what if you are all of these other potentials?

These potentials are yours. They don't belong to anybody else. They're not in some

grand pool of potentials that you go and select from. They're not in the department store potential. They are only yours. That's important also.

Let's take a deep breath.

(pause)

What is in here are potentials that are very, what you would say, viable. They have been created by you. They have been imagined by you, not in your mind, but in your heart, in your soul. They have been imagined by you and acted out in your dream state – some of them. But there is a pool of potentials right here and right here and in every one of these corresponding areas. (the "loop" areas in the intersecting waveforms) You could say that you created them from out here (outside the waveforms) and then brought them into here (inside the waveform spaces), because here is where you're going to start shaping reality for yourself, much like a potter would shape clay into what he or she wants to make of it. And this is where we're going right now.

This is (NEXT). This is (NEXT). And I wanted (NEXT) written out in a very certain way ...

LINDA: We got it.

ADAMUS: ... like this, because these parens – parentheses – are symbolic of this dance of spirit. (NEXT). (NEXT) is going in and not just exploring the potentials, but choosing them, bringing them in, and that's probably going to be one of the few challenges that we have. How do you get them here? They're there, but how do you get them *here*? We'll be going through that.

So I'm going to talk a lot of about potentiating. It's a term. It means that you're actively aware of potentials. And if you don't like the potentials that come into view, that you start feeling, potentiating allows you to create any new potentials you want – any new potentials you want for yourself.

We're going to do some group potentiating, and I'm going to ask you in this Series in this (NEXT) year, let's do it just in a group for the world or for other things outside of you. When you're doing your potentiating, do it for yourself. And I know you never follow instructions or do your homework, but the reason why I ask you to do this in particular is that you're going to have a tendency to want to potentiate for the world. Don't do that individually right now. It's going to interfere with your

own process of potentiating for yourself. When you can come up here in front of this group and tell me and everyone else that you have become a Master of potentiating for yourself, then it's time to go and we'll start doing it for the world ... for *you* to do it for the world and for all these other civilizations. But we'll do an occasional ... we'll actually do quite a few potentiations for Earth, for humanity, for all things that connect.

We're going to do some for the Near Earth realms. That'll be fun. I hate the near Earth realms. (Adamus chuckles) Oh, there's so much garbage out there, so much garbage. It is polluted with energy garbage. It's my passion to clean it up. Eh, it's my passion to have you clean it up. (laughter)

The Near Earth realms are where beings go after they die to act out their continual dysfunctions. They've forgotten that you go past the Near Earth realms. You go either into the crystalline realms or you go back into the angelic family realms. They hang out, and it's just become ... what used to be such a beautiful, beautiful place, just a ...

You know, the reason I don't like it, you and I used to be able to go there. We used to be able to kind of imagine ourselves there when we just needed a little bit of a break, when we needed to get away from the rigors of everyday human life. And it used to be nice and quiet out there, and now it's just filled with garbage. You can't go there anymore, can't find a quiet spot in the Near Earth realms to save ya. So, I'm somewhat pulling your leg.

LINDA: Was that funny?

Potentiating

ADAMUS: So potentiating for yourself. We did a group potentiat-... Yeah, that was hilarious. We did a group potentiating experience recently, you may recall. Now, we talked about energy for the Earth. Imagining. Potentiating new energy for the Earth. We talked about this pollution, this oil spill in the Gulf. We talked about that, depending what perspective you look at it from, it drew a lot of attention to energy, to pollution and to human responsibility for this Earth, because Gaia is leaving. Not tomorrow, but leaving. Humans have to take responsibility for this Earth.

So it wasn't that this spill was planned, but it almost couldn't help but to take place. So we did some potentiating – David mentioned it today – what happened? Well,

they went through all sorts of trials and tribulations to stop it. It couldn't stop. Why? Because there was too much desire for the world to hear about this mess, and the mess brought up other sub-messes – political messes, financial messes, government messes. These type of things will continue to happen, especially over the next few years, to bring it to consciousness.

So that being said, we potentiated. We didn't inflict a certain agenda on the rest of the world or any oil company or part of geography of the world. We potentiated. What we did is, you could say, we sprinkled a little fairy dust on all the potentials of transformation and transmutation of alchemy. We sprinkled alchemy dust onto the potentials that just weren't being seen by some of the closed-eyed mental beings.

When we sprinkled it, it helped to bring them to light. Now, we didn't have to choose anything. We just brought it into focus, into consciousness, and then we walked away. We left it be. We imagined. You were brilliant. You were brilliant. Actually, I had suspected that many of you would try secretly to inflict your will, saying, "Oh, we're going to save the dolphins, the whales, the sea turtles and everything else that might be hurt by this oil spill." They don't care! A lot of them are leaving, by the way. A lot of the species are leaving to be replaced by new species. They don't care. That's a human agenda.

So we did this potentiating, and here we are, a short time later. What happened to the oil? What happened to it? Is it laying on the bottom of the ocean? Did the aliens come and suck it up? (laughter) Oh, I'm going to get Cauldre in so much trouble for all my alien talk. But we're going to talk real intimately about them. Yes, I do have some very definite opinions.

LINDA: Really.

ADAMUS: Really.

So what happened? Did they suck it all up with their skimmers? Hardly. Hardly. No, they didn't. Did it evaporate? Does it matter? (Shaumbra says, "No") No. See, the mind wants to run in and say, "Well tell me exactly what happened." I'll tell you exactly what happened. It was transmuted. It was transmuted! What more do you need to know? Oh yeah, you might want to get a little facts and figures, but essentially it was transmuted. Some of it was skimmed or picked up. Some of it is in the ... Have you noticed with the news? Every news network is shooting the same half-mile area of beach and making it sound like the whole world is polluted. Dear Shaumbra, it was transmuted. It was alchemized.

Now, scientifically what happened? It doesn't really matter. You could say it evaporated. You could some is tied up in some of these chemical dispersants. You could say that some of it's sitting at the bottom of the ocean. It doesn't matter. It doesn't matter. It was transmuted, and thank you for creating one of the potentials.

A potential that didn't inflict your agenda on anybody, but a potential that said, "Hello! All the resources of humanity, all the resources of Earth, there's a brilliant new way to do this." You don't even have to know what that scientific or chemical or mathematical way is. Imagining potentials doesn't get into mental details, doesn't get into that level. You don't have to. It's so tiring, so boring. You just imagine it. You just potentiate it, and therefore, it will be. Probably going to scare the hell out of you over these next six to eight months as we're talking about potentiating and how it can really happen, how can really work.

We'll do one right now. We'll do one first on a global scale, and then we'll do an individual one. Potentiating is imagining the potentials. As we do this one here now for Earth, for humanity, remember we're not picking one to inflict. We're just imagining, perhaps, broader more brilliant, more magical transformational scenarios that most human's minds can't imagine. If they can't imagine it, it doesn't generally appear on the radar screen for potentials.

So let's take a deep breath right now and let's imagine the potentials.

(pause)

Let's take a look at what are the human issues right now. Let's imagine a potential ... (pause) I'm trying to think of one where we're going to have possible relatively quick side effects. Alright, let's get into some particle physics. But you don't have to know anything about it. You don't have to be a physician.

Right now there's a need to understand how energy and particles move in and out of supposed reality. They're always real; it's just that you can't always see them. But right now it would help complete a lot of very big scientific and cosmological questions. Particle physics. You see, a particle can move in and out of reality. It can actually travel great, what you would call, distances in moments, in an instant. Even the discussion came up recently, is there a beyond speed of light? Yes there is, by the way.

So here we have a lot of minds working on this, but they're so into their mind. Let's imagine something grander. What's really at the core of energy dynamics?

You don't have to know a thing about chemistry or math or physics or anything else. And actually some of the greatest inventors, some of the greatest minds actually really don't know that much about it, but they can imagine it.

Let's take a deep breath, and let's imagine great new potentials for particle physics, for energy movement, how it really works. Take a deep breath.

(long pause)

It's there. Just hasn't been recognized. It's almost like some of these new advanced answers have been just sitting in limbo waiting for somebody to acknowledge that it's really amazing, really brilliant the way energy moves and flows and the way then particle move in and out of different dimensions, different states of realities or different pods of potentials.

Okay, we're done. Now, I'd just check the news every once in a while. You may just see some great big breakthrough in particle physics. It's that easy.

Making It Personal

Now, next let's take it to a personal level. Let's take it to a personal level.

Potentials. This gets tough because here you have all of these ... I see potentials as just a myriad of balls, millions, billions of them, each representing different potentials, and they all can work in different ways with each other. You can combine potentials. You can segment them. You can choose whichever ones you want. And the mind says, "Well, how does this all work? And how do we figure all this out?" You don't. You experience it. You transcend that mind. You move beyond the linear or the horizontal flow, now have gone into this new (vertical) form. There are all these potentials for your life.

I've been asking the question for a long time, annoyed some of you, what do you want? I've been asking because we've been leading up to this moment. What do you want? And if you're not potentiating, if you're not imagining, and then for you as the individual if you're not choosing something or at least connecting with it – yeah, let's even just not even use the word choosing – connecting with that potential that you would really like, it goes unnoticed. It's all there. Riches, if that's important to you. Spiritual enlightenment, if that's important.

I talked to a group recently in Salzburg, and I asked them the same question. What do you want? What do you want? A lot of different answers, nice ones. I told them what I would want if I were them, which I'm not, because I Am that I Am. If I had anything to choose from, all these different things, what would I choose right now? What do you think, a vacation? (chuckles)

SHAUMBRA: A glass of wine.

ADAMUS: Glass of wine. That is easy. I *will* manifest that. Clarity. Clarity! I don't care about riches or you shouldn't either. They're there, but if you're not clear, you're never going to know that they're there. Enlightenment. You're already enlightened, you're just not clear about it. (laughter)

Everything is there. Every potential. It's about being clear.

So here you are at this point in your life, moving through, moving on, whatever you want to call it. No longer just waiting for it, just on the brink. You're brinked. You done been brinked! You are right here. *What do you want?* (someone says, "Clarity") That's my choice. You can't have that. (laughter) What do you want for yourself?

Let me put a ... we have nine minutes left to make the choice of your life.

LINDA: You're paying attention to time?

ADAMUS: Yes. I have a date.

LINDA: Oh! Woo!

ADAMUS: I'll tell you about it later.

LINDA: With yourself?

ADAMUS: Oh no. I have a lot of requests.

So, dear Shaumbra. (short pause) Dear Shaumbra, where were we. I'm thinking about my date now. (laughter) I'm going to do a little manifesting into physical reality tonight, if you know what I mean. (more laughter)

So these are things that ... yes, clarity, thank you. I'm asking for my own clarity! Three things that you really can't bring with you, by the way, into this, and some of you will try. That's where it will get a little bit scratchy, a little bit rough.

Three things. Number one – I'll write these down. Three things not to bring into your awakening.

Number one. You could probably guess this — doubt. It doesn't work very well in advanced consciousness. It really doesn't. It's a stupid game. Doubt is an Old Energy vibrational thing. "I'll honor myself, I'll doubt myself. I'll honor myself, I'll doubt myself. He loves me, he hates me." You've kind of used it as a game, kind of to keep things moving, but doubt doesn't look very good in the New Energy. It will be kicked out. It will be rejected, and then you're going to say, "See, I knew I did something wrong." It's a self-fulfilling prophecy. There's no sense, there's no outcome in doubting yourself other than just continual doubt. So get over the doubt. Really. It's perhaps one of the most important things I can pass on to you. Doubt doesn't work.

Tied closely to it – makyo doesn't work very well. Makyo. Makyo. Spiritual bullshit. Why do people have – why do some of you have – have makyo? Because you doubt yourself. Do you know what you do when you doubt yourself? You come up with all this crap. You come up with all these little clichés and these little sayings and these little ... Well, that's bullshit! And you tell yourself you're spiritual. You're *not!*

Spiritual is so yesterday. It really is. It was just a bad excuse for being in your mind and making yourself seem better than anybody else, because ultimately you really doubted yourself. It doesn't look good on you.

I've had my fill over lifetimes of the spiritual leaders, of the spiritual masturbation, of the spiritual misguidance. Why doesn't somebody just tell everybody you are God also? That's it. Period. Done. You are. You know that.

And it becomes mental. It truly becomes a thing of the mind, this whole spiritual journey, and the mind turns it into some great big mystery. It's not. It's not. Mystery is simplicity, actually. God is simple. God is pure. Nothing complex about God. One day you're going to go, "Oh Adamus, you told me that years ago back in Coal Creek Canyon. I had no clue what you were talking about. Now I get it." Simplicity. That's God. That's it.

So you can't take doubt. You can't take makyo, and I'm going to leave it at that for right now. No three items.

LINDA: Ah come on.

ADAMUS: No, no, no. Just two. Those are ... I'd like you to really be with those.

So let's go into potentials – *your* potentials. I didn't create them. God didn't create them. Kuthumi definitely didn't. These are all your potentials. Somewhere along the line a dynamic at the core of your being bubbled these up, bubbled these through.

I'll make one more note on that. When you left the Wall of Fire, when you left heaven, All That Is, whatever you want to call it; when you left to become a pure sovereign being, as you went through the Wall of Fire, you imagined and experienced all of the potentials of everything that would ever happen to you outside of Home – outside of Home, outside of the First Circle. That's why it felt so awful. You felt you were ripped into billions of pieces, because you were suddenly experiencing everything, every potential that was to ever be. Every variation, every iteration – the potential of whether you were going to say yes or no at any given moment, the potential of whether you were going to choose to take a breath or not – you experienced all of that when you went through the Wall of Fire.

Well, maybe not all of it. You experienced all of it up until right now.

What happens now, and what's going to be such a factor for you, is suddenly you realize that you couldn't have experienced all of the potentials for all that would be, because you would get to a point – let's just say it's the point of I Am and New Energy merging together – where there is potentials that could have never been imagined by you or by God, ever. Brand new potentials that were never there before. You had to destructure yourself to make room for some of these potentials that were never imagined, even in the heart of hearts of God.

Whew! We should stop right there, but we have one minute left.

Take a deep breath and feel and imagine the potentials of your I Am – every potential that was written and every potential from this moment on – for you. Not in some far off place, but right here. Right here in this amazing creation called you. In this amazing creation of the human and the divine, the thing that ETs and aliens would love to have, but it's yours; the thing that they're drooling at the mouth, if they had one, to have – to be human, to be divine, to be so very real, to have a mind, to really understand the existence of the I Am.

Imagine every potential. Just feel into it.

I Am that I Am, and in doing so know that all is well in all of creation, and it just got a little bit better.

Adios!

If you enjoyed this Shoud, feel free to send it to a friend!





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