



CRIMSON CIRCLE

ADAMUS



THE (NEXT) SERIES

"THE FREEDOM DILEMMA"

Presented to the Crimson Circle • February 5, 2011



# The (NEXT) Series



## SHOUD VII: “The Freedom Dilemma”

Presented to the Crimson Circle February 5, 2011

*Featuring*  
Adamus™ channeled through Geoffrey Hoppe  
*assisted by Linda Hoppe*

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ADAMUS'

## The (NEXT) Series



### Shoud VII - “The Freedom Dilemma”

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I Am that I Am.

I Am that I Am, but who am I? Hmm! (laughter) Such a question. Such a question.

Who am I? Am I Cauldre, a.k.a. Geoffrey Hoppe, acting? He would never act like this.

Who am I? Good question. Am I Saint-Germain? Some of you who have worked with Saint-Germain in the past obviously doubt and question that.

Am I Adamus?

Who am I? Am I Linda? Some days, yes.

Dear Shaumbra, I Am that I Am. And I am Adamus, and I am Saint-Germain, and I am Geoffrey and Linda and each and every one of you. I am your future. You've called for me, so I've come from a distant time, a time in a future potential, not in a little metal ship, but maybe in a light. Just maybe.

I'm your past, partly because I've known you before, partly because I know of you and I know of your past. I know of these aspects and incarnations. So I'm your past, and that's the toughest one.

I'm your dreams. I'm your doubts. I'm your fears. I am you. (he stops to look at what someone is drawing in their notebook) Hmm, beautiful. May I show it? Yes a little broken egg. How special. Love it.



I am you. I am Shaumbra. I am the energy, I am the consciousness of those who are waking up around the world right now who are looking for a different answer. I'm Adamus, indeed. I'm Saint-Germain. But more than anything, I'm each and every one of you, because when the student calls, the teacher from within you comes forward.

I am you. I am the words that you hear in your head but you're not quite sure of. I am your intuition. I'm tapping into it anyway. I am the future potentials. I am that past that continues to haunt you over and over. I am that I Am. I'm here for each and every one of you, every step of the way.

This is an unusual group – those who are here today, those who are listening in, reading later – an unusual group, because you know what you want, but then it gets cloudy and confused and murky. You know exactly where you're going – into yourself, into your sovereignty, into your independence – but sometimes along the path it gets a little bit overwhelming and confusing. So you call forth yourself in the form of an Ascended Master... I don't so much like that term. You call forth yourself in terms of another human who will allow this process called messaging or channeling to take place. But as you know, it's you. It's you.



Some of you today are wondering, who is this being in front of you? Is it a masquerade? Is it a game? Partly. Partly, because, you see, you do have the answers. You don't trust them, you get very confused by all of these voices, your own aspects are toying with you, confusing you, so you call forth a human who does this thing called channeling, but it's really you.

Ultimately, you're not going to need this. Ultimately, I am not going to be here like this. *You* will be the one sitting here. You'll be the one standing in front of groups, talking. You'll be doing it in your own voice, from your own wisdom. A bit scary. A bit scary. But, as you allow yourself into the ahmyo moment, you breathe into it, you feel it – it's not [scary]. The wisdom is already there. The answers are already there. It's just when that human is going to get out of the doubts, when the human stops needing this type of performance, I'll call it, this type of reassurance, then *you* will be doing it.

That will be a day that the angels celebrate. Celebrate because then I don't have to come around so often, and celebrate because that means humanity has taken a big step. They can actually trust another human. They can understand how a human doesn't need to be filled with flaws and fears. A human *can* be divine and human at the same time, walking on the face of the Earth.



So when the student calls, the teacher within comes forward. I'm not the teacher. I'm simply an actor. Simply an actor – acting out your words, acting out your fears, acting out your own precociousness – that's all. Just an actor dressed like a cowboy. So ... (he takes someones had and poses for the camera) Yes, yes. I have to do the obligatory shot. Thank you. Thank you.



### *Interactive Spirituality*

So, dear Shaumbra, what we have going here is something special. Interactive spirituality. It does kind of fit, doesn't it! (laughter as he refers to the hat) Interactive



spirituality. This is different, because most humans are still used to going and listening to a preacher, used to listening to maybe a channeler with the eyes closed, used to just listening. But here we have interaction, because it is your show. It is your life. It is your experience. Some people can't really take this. They doubt it. "Well, isn't this supposed to be spiritual? Aren't you supposed

to all be om-ing or chanting or paying some sort of reverent tribute to some being up there?" Not at all. This is interactive. As I've said before, you are spiritual pirates. Arrgh! Arrgh! (laughter) Yes, yes. Arrgh! Thank you. (he returns the hat) Thank you.

So, dear Shaumbra, yes, as we learned last month, there are people and groups out there that don't like it, that feel that humans have to have rules, and they have to be reverent, and they have to do their form of worshipping. They can't understand how a group of humans like Shaumbra can be so lawless. (someone shouts, "Yeah!"; laughter and cheering) And for them, it doesn't work right now. For you, it does. Oh, it gets a little chaotic at times. Whether we're in a gathering like this in human form, whether we're in a gathering on the other side, it does get a little bit chaotic at times. But that's a good thing. You allow yourself to express your frustrations, your emotions. You've learned not to try to suppress them, not to try to fit some sort of model or template.

Oh, that's the beginning of being sovereign. If you're pissed, let yourself be pissed. If you're happy, let yourself laugh. If you're sad, be with that sadness. Feel whatever you're feeling, no longer trying to create some sort of artificial template, some sort of character that's really not real.

So let's take a deep breath in this ahmyo moment as we connect with people all over the world, all over this planet.

Let's take a deep breath ...

(pause)

As Cauldre mentioned before, you are feeling everything right now, and the important thing is to determine what is yours, what is not. What are you feeling from Gaia? for Gaia, as we discovered in Ecuador, is indeed changing, releasing.



In Egypt this month with these uprisings, it's not just a few thousand or maybe ten thousand, a hundred thousand or more people that are rising. It is the Old Energy in Egypt that is being released from the temple walls, from the ground, from the air. Ancestral karma which is deep and strong there, family karma, incarnating back and back and back again into the same family, is all being released. Millions, millions and millions who have been buried in the grounds are coming up now, being released.

It's an interesting phenomena. There are spirit energies in the ground – old incarnations that don't currently have a physical incarnation on Earth, these can be released a little bit easier – but they've been stuck in the temples, in the walls, in the ground for thousands and thousands and thousands of years, and they're coming up now. What you're just seeing on the news is the tip of the iceberg. You're not seeing the millions of entities who are leaving now, who are departing. They're re-collecting themselves back in the other realms. Their soul has been so fragmented – a piece here and a piece there in the ground, hanging around the Near Earth dimensions – and now they're re-collecting themselves.

The more difficult cases are the beings who have lived, let's say, in Egypt in past lives. Some of their energy or consciousness was buried in the ground; now they have another physical incarnation happening simultaneously, and that physical incarnation is connecting with the ancient spirit energy of themselves, so it's more difficult for that spirit energy to leave. And a kind of a fight ensues between the current human incarnation and the old aspects. The old aspects want to leave, but the current incarnation is saying, "I'm not ready yet. I'm tied into this land. I'm

tied into my family and my job. No matter how miserable it is I'm tied into it." It's old tradition, and thank God – thank yourselves, that is ... (Adamus laughs) that was a joke. (some laughter) – that you are breaking out of tradition, out of old patterns. Hard to do in a lot of cases, because, well, old patterns and traditions are comfortable. And they're also woven with a lot of guilt – guilt from family members, the ones who you are traveling through time with so you're tied into them – but you're learning to release a lot of that old tradition.

Watch this year. You've already seen it. Watch how this spreads across the world. Oh, it was in Tunisia and Egypt and Jordan, and it's the old forces of ruling and power and structure and tradition. They say, "This is always the way we've done it. Why change it now?" But they almost can't help it.

They almost can't help it, because somebody has been traveling around the world, meeting in groups, talking about sovereignty, talking about freeing themselves, and when the energies in the ground, in the tombs, in the temples feels this and says, "It's time to be released," they do. They do. So there's this huge undercurrent of energies that are being released, that are leaving, that are going back to themselves, back to their true nature. You're going to see it sweeping across the Earth. Somebody's been traveling around, telling these old stuck energies that they can leave. Now, who would that be? And you wonder why some groups get a little upset with you? No mystery to me.



### ***What Do Humans Want?***

So today let's do a ... (he looks at Cauldre's soda can with a football team logo on it) Old tradition, geez. (laughter) And Linda, if you would be so kind to be ready with the microphone and the Adamus Awards. We're going to do some spiritual sociology today. Yes, this is the classroom, so...

LINDA: I'm ready.

ADAMUS: So, I ask you to feel into mass consciousness for a moment. Feel into mass consciousness. Humans. Human desires. The human mind. Feel into mass consciousness for a moment.

Take a deep breath. Let yourself go there, not in your mind, but in your heart.

(pause)

Feel into mass consciousness. (he walks past a window) Beautiful snow out there today. What does that mass consciousness feel like? (audience reacts as he walks out of the room) Quiet, quiet; this is a classroom. Human consciousness.

(pause)

So what is it about mass consciousness? What do you feel? What do humans want? (he reappears wearing a hat) I figure he dresses like a cowboy, might as well have the hat like one.

So what is it that humans really want? Anybody. Linda will take the microphone and select volunteers.

LINDA: If you don't raise your hand, I'll pick you. Oh good.

ADAMUS: What do humans want?

SHAUMBRA 1 (woman): Love.

ADAMUS: Love.

LINDA: Lov-v-e.

ADAMUS: Love. Do you want love, my dear?

SHAUMBRA 1: As much as I can handle!



ADAMUS: Ah, ah! Come here to me. (laughter as he gives her an enthusiastic hug) Yes, humans want love. Love is a strange thing. I'm actually not fond of the word, because it's actually come to mean feeding. It's come to mean obligation and control, a lot of control. How many of you had parents that said, "I love you – pow! – but... I'm doing this because I love you." How



many of you have had partners or mates that say, “I love you, therefore, you need to do something for me.” So, good, love. Next?



LINDA: Is that an Award?

ADAMUS: I'll let you know. (laughter)

LINDA: Oh, well thank you.

VINCE: Control. We want to control the debt.  
We want to control the situation.

ADAMUS: Control. Excellent. Control. That's odd. Humans hate control and they love control. Love-hate relationship, and we'll talk about that in a moment, but yes, a lot of control. Yes.

CAROL: Freedom.

ADAMUS: Freedom. Good. What else? What do humans really desire? What are they working towards? (someone says, “Peace”) Peace. Yes. Peace. Elizabeth.

ELIZABETH: Security.

ADAMUS: Security.

ELIZABETH: Security. They just want to feel secure.

ADAMUS: Good. Next.

LINDA: We need Sart's sage wisdom.

SART: A new Cadillac. (lots of laughter)

ADAMUS: From the mouths of babes. Cadillac. Good, good. It's a metaphor – it's amusing, but it's a metaphor – wanting something a little better in life. Wanting to be bigger, more powerful humans. Absolutely. Linda will bring the microphone. Yes.

ALAYA: I feel people want to know. They want to have knowingness. To know.

ADAMUS: Knowingness. Really.

ALAYA: They want to know the future, what is going to happen.

ADAMUS: Ah, they want fortune telling. (some laughter) Yeah. Wouldn't they just love to know what's going to happen. (he writes) I'm going to keep it at fortune telling. It sounds cruder than prophecy. Prophecy sounds a little bit more sophisticated.



No, humans really want to know. Why do they read the horoscopes? Why do they go to readers, to psychics, who are more wrong than they are right? You all are more intuitive, and actually more logical in a spiritual intuitive way, than any reader out there. You don't have to be very bright to figure out what's going to happen. I could do a reading for you and say that you're going to have lost love, you're going to have frustrations, that there will be problems in your life, and then things will happen. It's so easy to do, because these are the patterns of human nature. Yes. And then you'll get rich and famous and... yes, yes. So, next.

DANIEL: A lot of humans want to be rescued. Salvation.

ADAMUS: Salvation. Excellent. I'm going to go back to fortune telling for a moment here.



So what would the average person do if they really *did* know the future? – first of all, assuming there is a destined future, which there's not. That's part of the issue. But let's say that we could map it out and tell somebody exactly what was going to happen over the next five years of their life. Could they handle it? No. No. (someone says, "They'll usually blow it up") They'll blow it up, and then it wouldn't happen anyway. And then it would affirm something that is absolutely not true – that there is destiny, that everything is already planned out and done, and it's not.

Spirit's not that cruel. God doesn't have that kind of warped sense of humor. Spirit gave each and every one of us absolute sovereignty, absolute right to make choices. But for some strange reason the average person likes to believe that there is some sort of overall structure, there is some sort of plan up there. There's not. I've looked

for it. There is not. There is not some grand hall of records for the future. There is not some grand planet that contains all of the known information about what will happen. There is not a group of judgmental angels who sit up there and determine what's going to happen next on planet Earth or anywhere else. I have looked all over and I have never found anywhere that contains the future other than right there. You are the future. It's all right there. It's all right there. (Edith says, "Our choice") Your choice. Absolutely. Next.

EDITH: It's scary.

ADAMUS: It *is* scary! Yes.

LULU: People want to survive.

ADAMUS: They want to survive. Absolutely. It's one of the basic instincts. There was a point in Lemurian civilization where the human angels embodied in physical matter didn't really want to survive. They didn't know if they really wanted to be here. But in the Atlantean era, it brought about a whole different concept – survival.



Survival means obviously food. Survival means love. Survival is the bare necessities, protecting you from the outside elements. But as humans have gotten more productive with agriculture, they're now able to ... I've talked about this before – there is no food shortage on Earth, at all. Don't believe it if you ever read about it in the papers. There is a food *distribution* problem, there are political problems, but the humans can grow a phenomenal amount of food right now in a very small, small particle of land. There's a lot of control going into agricultural production. The seeds have the ability to grow so much more than they do, but yet seeds respond to consciousness of the individual human and the collective of humans, and so, like humans, they only produce so much.



You want to produce more from the seeds that you plant in the ground? Carry them with you for a month. Put them in your pocket. Put them in your mouth the night before you plant them in the ground. They will contain your DNA, your energy, your essence. You'll have beautiful phenomenal crops without

having to have fertilizer, they are more resistant to pests and to droughts and to other elements. Food is not a problem.

So humans are focused on survival, which is interesting in itself also, because survival in this modern age is really quite easy. Everything is there. All the tools, the energy, the technology – it's all there. It's being withheld. Survival is doled out to humans in so many countries, including this country, as *just enough*. Just enough. The carrot in front of the horse.



There is more than just enough. When I hear about these stories – “The world is running out of energy” – really? Really? It's not. It might be running out of oil, but isn't it time that humans got off of oil anyway? There are so many simpler technologies. Cold fusion is one. And please don't lecture me about solar and wind. That is so ancient. So old. There are technologies right now that are coming to market that are really going to upset the system. There are new technologies that are on the laboratory bench right now that are going to be coming out in the near future – your near future, not mine; my near future is the next 500 years, *your* near future – this world will have more than enough energy to sustain all of its needs and all of its growth and all of the people.

This world has enough material for the clothing. It has enough energy to heat the houses. It has everything it needs. So there's this whole hypnotic overlay that's put out there – and sometimes you, my friends, buy into it – that there's not enough. We're going to have shortages ... shortages of toilet paper – I guarantee there's enough toilet paper to keep you all happy for a long time. (laughter)

So, yes, survival, and I stop and point at this particular item here (fortune telling), because it's being manipulated right now; being manipulated by people who want to make money, who want to have control, who want to scare humans. One of the easiest ways to do it is saying, “We're going to have a shortage.” And there are none. Please believe that. Believe it in your own life. You don't have to run out of anything. Nothing.

I'll talk more about it at our workshop in Sedona, how to command the energies, how to alchemize energy. Energy goes from one form to the other to the other, and it can be alchemized or transmuted or changed by every human. But you have to believe and trust in yourself, and you have to realize that you are Merlin. Merlin



simply took energy and changed it from one state to the other. So let's, for Shaumbra, never worry about survival.



The worst case is what? Worst case – you die! Yeah, worst case, you die, we come and have a big party over here, and then you have the choice, do you want to go back for more?

I've said it before, but I want to restate it for some of the new people or some of the people who are going

to be reading this in the future. Dying is much easier than being birthed. You've died thousands of times, and your consciousness generally leaves actually before you die, several days.

Now, your physical being and your mind are still working. Most people wouldn't suspect a thing, but you leave before you leave. And if you think, "No, it's some car accident or sudden heart attack." No, no, no. You're already gone. You're really just acting at that point. Your body is still carrying on. The vitals are still there, and you're kind of acting in an autopilot, but you're already gone. Because you were smart enough, you've done this – you've crossed over – enough times to know "leave before you go." (laughter) That's another T-shirt. Yes. Yes. Nobody will know what you're talking about, so it's ... Yeah, WTF. Ah, Win The Future. That was funny.

So, dear Shaumbra, we've listed some things, one or two other comments. Human consciousness: what do they really want, humans in general? Yes. I'm inspired by your words, by the way.

SHAUMBRA 8 (woman): Well, they always want to socialize.

ADAMUS: Socialize. Yes, that's good. They want community. Community. May I write community?

SHAUMBRA 8: Yes.

ADAMUS: Good. I was going to anyway. So, community, yes, and this is a very interesting phenomena as well. And actually, in a way it's the antithesis of your spirit. The community came in big about the time of Atlantis – not to blame everything on

Atlantis, but it makes for good movies and books. So everything in Atlantis became very communal. You all lived together, and you shared everything – meals, work, children, families. It was like one great big dysfunctional family.

Humans were afraid to be alone, because they didn't understand what was out there or in here. So instead the distraction was becoming communal. Communal was good to a point, because it got humans to cooperate... a lot of good that's done. That was funny. Yeah. So it didn't work.

So communal was good to a point, but it took away the individuality. Communal was a good way of assisting each other, but it also helped to develop this thing that we call mass consciousness or extreme hypnosis, because in a commune it's much easier to psychically and energetically and mechanically program the mind. So you've spent the next 100,000, 150,000 years trying to get out of that, and I'm amazed some days when you talk about living in a commune together. Do you know how long that would last? One afternoon. (laughter) Because you, Shaumbra, are aspiring for your own sovereignty and your individuality.

Now, I talked recently about the *new* type of community that you have here. There are no rules. You're not living together. You're learning to be independent sovereign beings by yourself, but you're sharing your stories with each other. You're sharing your experiences. And whether you come together once a month or once every six months, that community serves a purpose. But communes, that type of thing, no.

Social interaction is good up to a point. What tends to happen in social interactions is ... well, there's a social part of it, but what I observe is there is a tremendous feeding energy. It comes from the need of humans to be accepted.

Humans don't accept themselves, so therefore they look for it in other people, in society. They look for acceptance from their parents, first of all; from their teachers; from their peer groups, their friends. They look for acceptance on the outside because it's not coming from the inside.

Do you want to know how to make a person really happy? Accept them. Say the words of acceptance. Acknowledgement and acceptance means more than a paycheck. People talk about wanting to be paid more. Acknowledge them and accept them; it means much, much more. Much more. So, yes, there is a need for community, for acceptance, for camaraderie. Humans are still generally terrified at being alone.

An interesting phenomena also, when we do our DreamWalker Ascension class, one of the biggest things that the attendees encounter is the dilemma of being sovereign. The dilemma of being in what we call your Third Circle – it's a metaphor of being totally self-sufficient – and when we get to this point in the class, the attendees have to make a big choice, and most of them don't. Most of them let it linger, but it will come back to them. And they say, "In the Third Circle, I'm it. I Am that I Am. What do I do every day? What do I do? Who are my friends? Are there other Ascended Masters I can hang with? What issues do I work through or work out?"



The humans that attend this say, "It sounds really boring. I think I'll delay my ascension for about 20 lifetimes. I'll just try to perfect being a human."

But truly, once you understand, once you acknowledge yourself, and once you understand the I Am, you don't have to worry about boredom or other beings

or what to do. Time becomes a total illusion. And could you imagine, perhaps, just being in love with yourself and that's enough? Not needing the outer reflection, the outer energies? Could you imagine just being with you for an eternity? "Oh no!" (he says it in a funny voice, then laughs) That's one of the challenges that I have and Kuthumi and the others, because you've got this overlay. You can't possibly imagine that. "Who, me being with me *forever*? Nobody to argue with? Nobody to laugh with? No goals? No purpose?" And then you withdraw. You say, "Well, maybe I don't believe that part of what Adamus is saying. It sounds really boring. There's got to be some action up there on the other side. Something. A good football game, *anything*."

So we've listed ten things that are predominant in human consciousness right now, ten things that people want. And, of course, there's a lot more, but actually this starts summing it up.

What do I consider to be the most important? I'll tell you, and please let's have the Adamus Award ready now. (to Linda) You can just come up to the front here.

LINDA: Yes sir.

ADAMUS: So – and this is perhaps one of the biggest trends going on Earth,

probably one of the reasons why things are happening the way they are, but also one of the biggest reasons for conflict and stuck energy right now – freedom.

LINDA: Oh.

ADAMUS: Adamus Award. Yes. So freedom. And it's so obvious, so obvious. (Linda gives Carol the Adamus Award) Thank you. (audience applause) And all of these actually are correct answers, but the one I want to talk about today is freedom.



### *Freedom*

What are you seeing right now in the news? Desire for freedom. Any angelic being, by nature, cannot be restricted or limited or controlled forever. Sooner or later something within comes out and says, “I want freedom.” It actually comes from the spirit more than the human, and I’ll get into that in just a moment, but they want freedom. There’s something that comes up from within, particularly when they can start sensing it and feeling it in other humans. They can start feeling it in the air around them.



Actually, in a very beautiful way, Earth – the physical Earth – is becoming free right now. Gaia is a spirit just like any one of you, a souled being – a grand souled being – who took on the responsibility for physical Earth. But even her time is up. She’s done what she came here to do – to set up this Earth as a living planet, a living space. And it’s done. Gaia is now releasing her water, her air – not releasing it like

that. (some laughter) She is turning over the water, the air, the trees, the fish, the animals. So even Gaia wants that freedom. Well, what happens as humans on Earth or humans that have been buried on Earth or still, you could say, are walking the Earth, suddenly sense that in the air?

Freedom is sweeping across the world right now in an unprecedented way. And



we started working on it – well, we’ve always been working on it – but there was a big push for freedom back in the 1700’s, throughout Europe. And oh, this was a difficult one that I and many of you were involved in – how to free Europe of the kings, the royalty, the earls, the knights, and those who controlled and manipulated the energies. And we tried to set up a free Europe, also free of a lot of the political boundaries, free of the old energies, some of the old conflicts.

And as things did *not* work out so well, we – we, meaning the Orders that I was working with at the time, myself, many of you – we set up this place called America as the ... it was called the New Atlantis, the free Atlantis, the free country – also Australia – as the free countries.

And the call went out and many of you came here to experience a new kind of freedom that hadn’t been seen on this Earth in a long, long time. It worked to a degree. Now we’re going to the next level of freedom, and it’s literally sweeping across the world. And people feel freedom, the desire for freedom within, because they *do* have most of their basic needs. They are able to survive, and some of them actually have Cadillacs. (laughter)

So this freedom is sweeping over the world right now. What is it a freedom from? What was it a freedom from? Microphone?

LINDA: No problem.

ADAMUS: You have to be quick today.

LINDA: Oh sure!

ADAMUS: The simple, simple answers. (someone says, “control”) What kind of control? (someone says, “government”) Government, taxes.

LINDA: Do you want them to use the mic or not?

ADAMUS: Well you have to run! Yes. Raise hands, run. (laughter) Go ahead.

MARC: Oppression.

ADAMUS: Oppression. Specifically, what kind of oppression?

MARC: Religious.

ADAMUS: Religion, absolutely. Now, I'm going to make a comment on that. I've been questioned about my stance on religion, and it's not about the *spiritual*



nature of the religion, but it's the *controlling* nature of religion. It is easier to control groups of people through religions than anything else. Therefore, it's predominant on Earth right now. Therefore, at times like this religions actually try to get stronger. It's easier to intimidate or control somebody with their beliefs, and that's what we don't do here. The only belief ... the only focus is that it is all within you, and that's a hard one. But absolutely, religious beliefs.

And you all know this already, but the wars that are taking place here on Earth, what is the underlying energy? Religion! They're being fought in the name of God, under the banner of heaven. Religion. The situation in Egypt and some of the other countries right now is going to come down to, in many cases, religion. Religion is stronger than government because it deals with beliefs, and people become fanatical. And people actually would prefer to have organized spiritual beliefs, organized religious structures, they have more of a need for that than a government structure. So actually governments and religions have been at odds with each other for a long time – strange bedfellows sometimes and at other times directly opposed to each other – because ultimately religious control is stronger than government.

Okay, what else? Freedom from what?

LINDA: I've got the mic.

PATRICIA: Fear.

ADAMUS: Freedom from fear. Yes, and specially what kind of fear.

PATRICIA: Every kind.

ADAMUS: Every kind? Name three.

PATRICIA: Worry, which might be connected to survival.

ADAMUS: Yes.

PATRICIA: Freedom from the need for approval ...

ADAMUS: Yes.

PATRICIA: ... which also might be connected to survival.

ADAMUS: Absolutely.

PATRICIA: Freedom from thought.

ADAMUS: Thought. Good, excellent. So, freedom from fear. There's a lot of fear and the fear runs the gamut – the fear of hurting yourself; the fear of losing everything that you have. By the way, some of you here are experienced in that. You've lost everything, and you're still here. You didn't really lose everything; you just lost some old perceptions. So freedom of fear. The fear of your own thoughts is huge and strong.

One of the biggest fears is a repeat of painful, difficult or challenging things you've had in another lifetime. Some of you have a fear of fire. Well, you've been burned at the stake, so obviously you're going to fear that again. Some of you have fear of beheading – such a terrible thing – because it's happened before. Or fear of diseases. These are the aspects. These are the old stories popping up again. So yes, okay. A few more. Freedom. What do people want to be free?

LINDA: Run, Forrest, run! (laughter)

MARY: Freedom to speak your truth.

ADAMUS: Speak your truth, yes, absolutely. I'll get into that in a moment. That's an interesting one. In some countries it's guaranteed, the right to free speech. Most people never use it. And they think free speech is just being able to tell somebody to (he makes a hand gesture) or expressing their beliefs. Very few people actually speak freely. They don't know how to. That's a whole other class. That's a whole other discussion.

Most people can speak from their head out through their mouth, and 90 percent of it is trivial or garbage. It's coming from their brain. The brain likes to hear



itself talking, because then, when the brain hears itself, it reinforces its identity. If your brain hears yourself talking, you say, “I must really be smart, and therefore I exist, because I can hear myself talking. So therefore my brain is real.” Most of it is garbage. Real speech comes from the heart. It incorporates the mind and incorporates the Body of Consciousness, but it comes from the heart.

You know, when you’re listening to somebody speak, if it’s coming from the heart because it’s inspiring, because you can feel the magnetic effect on your body. You can feel the chemical effect inside your body when somebody is speaking from their heart. But if it’s from their brain? (laughter as he yawns) And they engage you. They engage you in a brain-to-brain thing, and they try to get you as mental as they are, and generally you walk out not understanding a word that was said, or feeling that you’re having some sort of tug of war, or they’re stealing your energy. So yes. Okay, freedom.

### ***A Very Important Question***

Humans are seeking freedom. By nature any angelic souled being ultimately has to have freedom. Ultimately. The question I have today for this group and for everybody listening ... and this is a very important question, because it has a lot to do with where Earth goes, where this planet goes from here. But it has an overwhelming implication on all of the new Earths that are being architected right now, that are under construction, because as goes Earth goes all of the other Earths. This one Earth can’t possibly hold or accommodate all of the angelic beings who are looking for the human experience. And all angelic beings must go through a human experience on their way to ascension. That is the ... you would say it’s the easiest way. It’s not very easy, but it is the way of ascension – to become fully embodied, to become into yourself – so you’re not just airy, gaseous matter in angelic form; you’re actually living and experiencing it. Angels really can’t experience. They really can’t. They can – how would you say – they can kind of sense things. But only here on Earth, and subsequently the new Earths, can you experience life.

So the question becomes – and this is a very important one, and I hope you have the answer because I don’t – are humans ready for freedom? You say yes, but before ... because intuitively you’re saying, “Well, everybody should have the right to freedom,” and that may be true. But what I asked is, are humans *ready*, right now, in this era, at this time.

Now feel back into mass consciousness for a moment. *Feel* into mass consciousness.



Are they ready for freedom? (someone says, “No”)

EDITH: Well, it seems like they need to be.

ADAMUS: Microphone, please?

LINDA: My pleasure.

ADAMUS: Yes, sorry. Edith, we want everybody in the universe to hear what you have to say.

EDITH: It seems like they need to be ready for freedom.

ADAMUS: Perhaps, or not.

EDITH: Well, it would sure be a heck of a mess if they can’t learn how to handle freedom.

ADAMUS: Good observation, but we’re at a ... Tobias would call it a point of separation on Earth right now. That’s why you’re feeling the tension. That’s why everything seems to be uncertain.

So are humans ready – any other comments? – are humans ready for freedom? And I’m not talking about *you*, I’m talking about humanity.

JOANNE: I don’t believe they are. I think they like to control. I think they don’t want to trust themselves, so they are always looking for someone else to tell them what to do. So they might want a different level of freedom.

ADAMUS: Right.

JOANNE: Because where they’re at right now, like in Egypt, they know they want something else.

ADAMUS: Right.

JOANNE: So that’s how they achieve that.

ADAMUS: Ah, good point. They know they want something. We’ll use Egypt as an example, because I have lived there and I *was* going to go there. But what are



they going to get? What's going to happen over these next few months? And that's why we're discussing it today, because even what we're doing here is opening consciousness. So, Vince?

VINCE: They will get something, but will it be a different form of control like a theocracy?

ADAMUS: Yes. So how much cake will they get, you know.

VINCE: It's up to them.

ADAMUS: It's up to them. But that's what I'm asking. Intuitively feel into it. What's going to happen?

VINCE: I think they're going to have an experience. (much laughter from audience and Adamus)

ADAMUS: So next month *you* come up here! (more laughter) They will.



Any others? What's going to happen ... intuitively, what's going to happen in Egypt, and therefore a lot of other countries? We're talking about freedom. So, yes?

KERRI: I had an answer and then you changed up the question. But I was going to say that you have to take responsibility then and a lot of people don't want to do that.

ADAMUS: Brilliant ... deserving of an ...

KERRI: I know I'm brilliant, but thanks.

ADAMUS: Deserving of an Adamus Award, absolutely.

So the question is freedom. Freedom now takes on a new meaning. It's about responsibility. So how many humans are willing to be responsible for their own lives? (audience says, "Not many") Not many. Not many. How many rely on their government to do their work for them, in other words, to make sure that they have just barely enough food, just barely good enough roads to travel on,



but a big military. That's important. That was a joke. (laughter) There's somebody reading this actually believing that.

So how many are ready to take on the responsibility for their health? For their health! And the question is, are *you* ready? Are you ready? Mostly yes, but there's still doubt. There's still doubt, but whether you go to a doctor or do it with Standard Technology, it's the same. You're taking responsibility. It is your body. It is *your body*, but yet so many humans don't believe that. So many humans then demand from somebody else that it be taken care of.

Responsibility means that, well, you stop blaming your parents. You educate yourself. One of the problems with education right now is the responsibility is turned over to something else, and humans don't know how to educate themselves anymore. The parents blame the schools, but the parents should look at themselves and their sons and daughters.

Humans are not taking responsibility for their abundance. They get mad at the government and say, "We should have more bread." Then go out and grow it and bake it, or get yourself weaned off of the need to have to eat food or as much food.

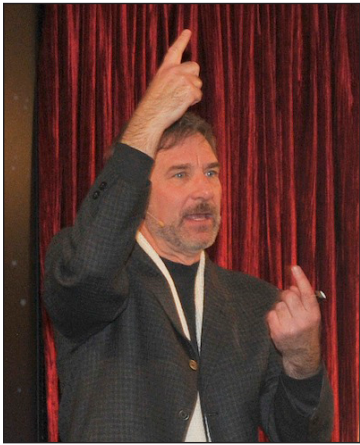
So it's an excellent answer – responsibility. The one that intrigues me is the responsibility for perhaps the most important thing of all and it's your spirit. Oftentimes, it's turned over to a priest or a rabbi or a church or a temple. It's turned over to a mosque or anything else. Humans have forgotten how to take responsibility and feel their own spirit.

And somebody says, "Well, it's written in this book, so there you have to follow it." You know, it's easier, it's lazy, and it's not free. So I'm amazed that humans are calling out for freedom. Do they really know what they're calling out for? No. No. Do they want just a little bit more bread? Do they want just a little bit more pay at their job and a little bit more freedom to do human things? Absolutely.

So I bring the question up again, because this is monumental, and this is what's happening all across the world. It's happening in China. It's happening in India, in the Mideast and right here, right in what you would call your more developed countries. But hardly you could call it a developed country anywhere if people still have to go to a job, if they have to derive their income by going to a job at a prescribed time.

Now, many of you here have become jobless. In other words, you've created your own jobs. Now you are free. You work hard, but it is your passion and your choice. So as long as there is still this structure, there's really not freedom. And I say that because watch what happens next, in the next few years. This wave of freedom is going to start going around the world. And it's going to start penetrating into areas that are pretty obvious – countries with dictators, countries that are controlled politically. Next it's going to create another circle and come around the Earth like a whiplash into countries that have excessive and limited spiritual religious beliefs and lack of true religious freedom.

You know what that's like. Until recently, and even now, you are laughed at for your beliefs, and there's still an underlying fear that you're going to be persecuted for it, by your own family and friends, first of all, and possibly by the government, possibly a knock on the door late one night. Somebody saying, "We've been following you. We've been watching you. Come with us." And it's not going to happen, by the way, but there's still that underlying fear.



Then it's going to continue going around the world, spinning and spinning, this call to freedom, and it's going to start making people think about whether they really have freedom. Oh, it's going to mushroom. They're going to start looking at their jobs and if they really have freedom. They're going to start looking at their families. They're going to start looking at themselves, their aspects. That's perhaps one of the most difficult. You've gotten there, but most humans have many lifetimes to go before they even begin to understand freedom from your aspects, freedom from your past, freedom from yourself.

So, back to the issue. So this call to freedom – sometimes emotional, frenzy, dramatic call to freedom – which is now taking place, spins and spins and spins around the world. Then what happens? People realize what freedom really means.

Now, you know what it's like when you have a spinning motion one way, and then suddenly you have a spinning motion the other way: the two start colliding with each other. Now you've got some energy. Now *you've* got energy. The rest of the world has troubles, but *you* have energy. (laughter) And it *is* just energy. And, with Cauldre's approval, I'll tell a bit of a story. He's not approving, but I'll tell it anyway. (laughter)



So in the midst of all of this concern about Egypt and taking a large group there, and of course the commitments and the obligations, the responsibility for a large group, the money issues and everything else, Cauldre went into a bit of a, oh, let's call it anxiety, or hyper-anxiety. Couldn't breathe very well. Really now started to split his body and his mind and every other part and was in a lot of chaos. A lot of you can relate to that, circumstances in your life.

And so, like many of you, he forgot. He forgot the basics – take a deep breath. That's hard to do when you're in hyper-anxiety, but it's important to do. That's the time when you want to do it. That's the time when you should sing a little bit. When you should tone a bit and let those energies flow through you. They're stuck. That's why you have anxiety. You want to LET THEM OUT. (speaking very loudly) You want to OPEN THEM UP. That's hard to do when you're in panic and terror and fear. But it's a good time to do it.

And then Cauldre forgot that it's just energy. Breathe it in! That's the last thing you want to do when you're in the midst of chaos and trauma or depression or anything else like that. Breathe it in! Suck it in!

So I had to gently tap Cauldre (laughter as he smacks someone) and say, "Breathe it in!" because there is an automatic response – you try to push it away. You try to either ignore it or get rid of it or whatever. But no, *breathe it in*. Oh, and it hurts at first. It's emotionally, physically painful in the moment. The last thing that you want to do is actually breathe it in, but that's the best thing. You suck it in. You breathe it in. Yeah, all of the chaos and all the trauma in Egypt, you *breathe it in*. It doesn't mean you're giving approval to it or accepting it. It just means you recognize it's just energy. Just energy.

So you breathe it in – ah, that's a good thing to do with anything – then you let it go. You realize you're transmuting it. You don't have to think about it. You realize now that energy is going to serve you, and that's exactly what's going to happen in this case.

So, dear Shaumbra, you've got all of this turmoil, all this spinning going on. There are people who are demanding freedom, but when they start getting it – going beyond just a little bit more of a paycheck and a little bit more food or when it goes beyond just the human rudimentary needs – then what happens? And you know – and I ask you the question, because every one of you has encountered it – what happens when you suddenly contemplate sovereignty? When you suddenly understand that

you are God also, you understand that your choices become reality, what happens? You choke! You choke. It's like, "I didn't want *that* much freedom. (laughter) I just wanted life to be a little easier."

No, and please remember this. Freedom is an all or nothing proposition, absolutely, because there is no partial freedom. That is still imprisonment and limitation. It is only when you are totally free that you are free. And that, my dear friends, is what you're going to encounter on Earth.

The beings who want *some* freedom and who will become violent over it or who will do anything – burn themselves, whatever it takes – while the majority of humans want some freedom ... They want the freedom to go to the ballot box and select the person that they want. They want the freedom to choose their job. They want the freedom for some rudimentary things. But true freedom, freedom of the soul, freedom that transcends everything – death, life, everything – most humans are not ready for that, unfortunately. Most humans are going to collide with themselves when it comes to that. And what happens then is there is a natural tendency to go backwards, or *try* to go backwards, as you all know, as you all have experienced.

Then they try to manipulate a little freedom of this, some freedom of that, some controls here, some controls there, and it gets out of hand and it just goes back to controls, whether it's government or religious. And that is a very good probability in some of the countries that are going through this dilemma right now. They're going to replace one form of control for another, most likely. And they're going to be – what is our word? They're going to be given some circus and bread in the meantime – make them feel good, a little football, a little Schlitz beer – and they think they have freedom.

But something in their soul doesn't buy it. The human aspect is temporarily pacified, but something in their soul doesn't buy into it. And now they become even more frustrated, more depressed and more lost as to what the term 'freedom' means. And then what do they do? They just surround themselves with blankets of hypnosis. They delude themselves, and they say, "Maybe tomorrow it'll be better," or "Maybe it'll be better for my children in their time." That is makyo. That is makyo.

### ***New Potentials for Freedom***

So, dear friends, I bring this up because every one of you has encountered this, and I'm going to pose something to you in just a moment. You have the potential of

creating a tremendous influence, in the terms of other potentials that aren't being seen right now by many people in the world, about freedom. You are the ones who have delved into it in yourselves. You are the ones who are learning how to become truly free, and through your consciousness you can put it out there to these countries, to these people. You can help them to have a greater understanding of what freedom truly is so the energies don't have to circle back around. They don't have to collide. They don't have to suddenly be choked on what true freedom is.

This is not a religious thing. It's not even a spiritual thing. But it's what is true freedom of the soul? And as you contemplate it, as *we* contemplate it here in a group, we put out a new potential. We're not trying to force any people or any country to believe in one thing or the other. But right now we can take a moment and literally expand the potential of true freedom, so for those who choose it, for those who are willing to go there, it can become their reality.

I want you to feel into your own freedom, what you've learned, your own path of release. Oh, and you've been releasing and releasing and releasing. All layers that help you get to freedom.

Go back into mass consciousness where you were before.

(pause)

Breathe in your wisdom about freedom.

(long pause)

Allow yourself to share, from what comes from your heart, about the freedom. True freedom.

(pause)

Sovereignness ...

(pause)

No control ...

(pause)

Breathe into it.

Breathe upon it.

(pause)

I can hear some of your heads chattering away right now, saying to yourself, “I don’t know anything about freedom. Look at my life.” Ah, yes you do know about freedom. Freedom comes from a very deep place within.

(pause)

So let us take a deep breath. You, my dear friends, are creating some unprecedented potentials. Now it’s up to the others. Now it’s up to them, what do they choose? Which direction do they go?

### ***Your Own Freedom***

So let’s let that energy expand. Let it go. No need to control it. Let’s talk a little bit more about your freedom. Your freedom.

So as I said freedom is all or nothing thing, but you do take a journey towards it or into it. Let’s take a look at some of the things in *your* life where maybe it’s not so free or things that are holding you back from being free. Linda, microphone please?

LINDA: My pleasure.

ADAMUS: What’s holding you back from being free?

JANE: Body issues, health.

ADAMUS: Body issues. Yeah, body. Absolutely, and that’s one that is very difficult and challenging, but not. As long as you continue to believe that your body and your mind and your spirit are separate, you probably will have body issues. You are a Body of Consciousness. You are integrated. Your Body of Consciousness is my word for soul. It’s all you. But when the body is separated and the spirit is separated and the mind, there’s going to be issues, because they – these parts of you – want freedom. Your body wants freedom so desperately – not just yours – but the body wants freedom. It has been controlled, it’s been manipulated, it’s been

not acknowledged – it's been *dis*-acknowledged – it has been abused, it has been traumatized in every possible way. It wants freedom of expression.

It wants to heal itself, but you're not letting it. It wants to go through this process of the DNA redoing itself, and it's redoing itself magnetically and chemically. It's redoing not just into more strands, but it's redoing the way it integrates body, mind and spirit into a Body of Consciousness, and the way it connects to Earth, and some other things.

But you're not letting your body do what it knows how to do. You're going on these diets, uh-uh. You're not listening. Your body really wants to heal itself. When are you going to give it the freedom to do that? Good. Okay. Body. Yes?

CHRISTY: Trust or lack thereof.

ADAMUS: Lack thereof. Yes, the lack of trust will absolutely suffocate freedom. Absolutely. Next.

MARTY: Vices. We think we have the freedom to choose our own and give us a little break from it, but ...

ADAMUS: Vices. That's an interesting one. And vices will lead you to believe that you're not free. But what are vices? Give me a couple of examples of what's a vice. What are your vices?

MARTY: Oh, if you choose to escape with drugs or if you choose to escape, you know, the realities of everyday life.

ADAMUS: Yes. So vices – smoking, drinking, drugs, sex.

MARTY: Sure. Uh-huh.

ADAMUS: Pleasure.

MARTY: Right, yeah. (laughter)

ADAMUS: Very good.

MARTY: And it actually stifles your freedom.





ADAMUS: Food. We can write a whole long list. These are very, very simple, and this is old programming. We've talked about it before, but in Atlantis it was discovered that you could really get somebody to work hard and long by programming them



for a little bit of pleasure. So literally an energetic center that was located right in here ... (Adamus points to his lower abdomen, then laughter as he stands on a chair so the audience can see better) Right in this area was energetically, kind of mechanically and psychically implanted there. And the elite of Atlantis used that to make people work long and hard, because at the end of the day they got just a little treat, a little treat.

So this pleasure center is still there, until you free yourself of it. And you're going to obey, you're going to follow rules, work hard, do all the rest of it if you just get a little pleasure now and then. And then it becomes very warped and then you think you're a bad person, that you have vices, that you have no strength or self-control. It was all designed that way, to make you feel bad about yourself, that you have these vices.

There are no vices. You're not addicted to anything. Believe me. And I know some of you will want to argue with me about it, and I won't, but you think you can become addicted to tobacco. You *cannot*. You cannot.

LINDA: Ha! (laughter)

ADAMUS: Absolutely not! Alcohol, sex, these are triggers that start right there and then go into your brain, and then you say, "I'm addicted, therefore, I'm flawed, therefore I have to keep suffering until I get stronger or better. I need to go out and find some savior or messiah. How could I possibly be God also because I smoke cigarettes?!"

Get over it. Get over it. I've known a lot of really good drunk Ascended Masters. (laughter) But you burden yourself with this guilt, "There's something wrong. I'm a pervert," not me, but you. "I'm a pervert. I eat too much. I eat too little." This was all part of the programming, therefore, you're not free; therefore, you buy into it. You buy into all that crap, and it's so easy to let it go.

But the question is, are you ready? Are you ready for your own freedom? I asked you about Earth before, but maybe I was really asking about *you*. Are you ready?

What's keeping you from being free? I'll tell you. Aspects. Oh, those little – now I'm talking about what we described as the gray or the dark aspects, the disassociated – those little critters! They're like cockroaches. They're like varmints, and they can hide so easily. They can survive your death, and they come back. They're like cockroaches surviving a nuclear holocaust. They're still there. When the world ends it will be taken over by cockroaches. Your aspects are, in many ways, your cockroaches. (laughter) The disassociated ones. They are keeping you from being free. They manipulate you. They put those little words in your head. They tell you that you're not worthy.

You let them do this. You let them get away with murder, literally, because you've given up your freedom and your free will. Consciously, unconsciously, you've given it away. And if you're not giving it away to some church or government, you're giving it away to your aspects. *You're giving it away!*

So I ask you, are you ready to be free? (audience shouts, “Yes!”)

SART: They're all lying to ya! (much laughter from Adamus and audience)

ADAMUS: Stop channeling the channeler! It's so confusing! (laughter) Who's on first?!

You say that. You say that, but when I asked you to look into mass consciousness before, in a way you were really looking into yourself. And I'm pushing you today, I hope. I hope I'm making you uncomfortable. I hope you're watching your watches or pretending that you're sleeping right now, because *this is important* – for you, for the world. Maybe it just doesn't give a damn, but here's why we're talking about it – because you've asked for it. You've called out for it. You've wanted to know about your freedom, what's stopping you, what's in the way.

Your lack of freedom is some of the old beliefs, but those are mostly either dissolved away or they've been ripped away. A lot of the lack of freedom is still your lack of





trust in yourself. We talk about ahmyo, but do you really understand what ahmyo is? Maybe there (head), but is *here* (heart) ready for ahmyo? No. No. You're getting closer, but when I say ahmyo, it's that complete trust in yourself, that you're not worried about your body anymore. You're allowing your body to heal itself. You're not worried about trying to think through everything.

I will celebrate with you, I will dance and drink with you till the early morning hours, when you stop thinking. And it sounds like sacrilege when I say, "Stop thinking," because you're like, "That all I have. If I stop thinking, what's going to happen? The devil's going to take over!" Oh, I love that one, "the devil." So you have to be vigilant. You have to always be thinking. *That's not your heart.* That's an old brain. The aspects have infiltrated the brain. They use the brain, and so does mass consciousness and so does all of the other hypnotic makyō out there – it uses the brain.

When you really stop thinking you will be free.

And I know that's a little tough, because you're mind's trying to say, "Well, how can I stop thinking?" Well, it's your mind, obviously. (laughter) It wants you to keep thinking. It's pushing for you to keep thinking. It'll do anything to keep you thinking. But when you stop thinking, you get back into your Body of Consciousness, your soul, when you have *that much* trust in yourself. And you don't yet, so you're not free. You're getting there. And if I could do anything in my time with you it's to aggravate you and encourage you and to humor you and to do whatever it takes to get you to trust yourself and to be free.

Why? Because you've asked for it. Otherwise, I wouldn't care. You're mad about it you want it so much, but then when I tell you what freedom is and what's keeping you from it, then some of you get agitated and poor Cauldre and Linda get all these emails.

### ***You vs. Your Soul***

So, dear Shaumbra, we have another situation with your freedom. You're at odds with your soul. You're at odds with your soul. Your soul wants freedom, but you

don't. This desire for your own personal freedom is coming from your soul. It's not coming from you – your brain. The human aspect is so conditioned to lack of freedom that it's basically accepted it, but your soul is calling out. The all of you, the Body of Consciousness, your heart, whatever you want to call it, it wants its freedom.

And you are holding it back, and it's pissed. You are holding your soul back from having freedom, because you're part of your soul and you're not letting it have its freedom. Can you imagine how pissed your soul is? You're holding your soul back, because you're in this human condition, lacking freedom, and actually accepting the lack of freedom.

On the other hand, you are blaming your soul, indirectly, for your lack of freedom. You are blaming your soul. I know it, because I hear you saying, "Well it must be some divine plan. There must be the overlord of my human self called my soul that's manipulating things and directing things that I have no influence over. So therefore the soul is some controlling being and someday I may get to meet and may get to reconnect with, but what son of a bitch that soul is for doing this to me! The soul should have written out what was going to happen in my lifetime. The soul should have kept these bad things from happening to me, that frickin' soul of mine." And it becomes just another excuse for not having freedom. You're blaming it on your soul, and your soul's pissed at you! This is not a good situation. (laughter)

This is a conflict, my dear friends, and I'm glad you can laugh about it. You have to be able to laugh about it. But it's very true. It's very, very true. You have an ongoing battle with your soul. You blame it. It blames you. So what are we going to do? What's the answer?

I'll tell you what the answer has been up to now, and I'm going to push you on this. I'm going to push you to go beyond the up-to-now answer. The answer has been, "I'll just go back to my human ways and I'll see what happens. I'll see what happens tomorrow. Maybe if I wake up and suddenly my soul and I are friends again ...". You've been trying that one for many, many lifetimes. It doesn't work so well.

So what's going to happen? Yes.

PATRICIA: Put the soul in charge.

ADAMUS: Put the soul in charge.

LINDA: Is that it?! (laughter, someone says "I'll buy it!")

ADAMUS: Yeah, but why don't we put Jesus in charge. (audience groans) Why don't we put God in charge? (more groans) Why don't ... I'll tell you what. Let's deny...

PATRICIA: Put ourselves in charge.



ADAMUS: Ah, put *ourselves* in charge! Because you are your soul and that, in simplified form, is the answer. You *are* your soul; you just don't think you are. You have separated it like you've separated your body and your mind and your spirit. You put your spirit, your soul off someplace else, and you've bought into all these stories

about eternity and heaven. And even though you're wise enough, but you still go back there. You still have that little nagging religious aspect that talks about eternity. You're trying to get a good room in heaven, sometimes. (laughter) So as long as there is a split in the body/mind/spirit/gnost/everything else, as long as there is a split in your human self and your aspects, they *are* going to be in this type of conflict and occasionally even a war with each other.

The moment you realize it's yourself, you *are* your soul – pretty scary, isn't it? You want it to be something grander. You want it to be something big and magical. You actually *want* it to be an overlord of some type. You want it to be this grand of grand of grand of grand being with big wings that can see through walls and read minds and tell the future and all the rest of that. It's not like that. Yeah, too bad. (laughter) And you say, "Well, then what the hell are we doing all this for!" because the mind has conveniently manipulated it to make the soul into something rather big and complex, because, see, that's what the mind likes. The mind likes big. It likes complex. It makes it feel important. But underneath your mind is screaming out for freedom. It can't handle it anymore. That's a good thing.

There's so much energy on Earth right now, there's so much going on, the mind is going into overload and it's screaming out, in its own way. It'll fight you on it, but it's screaming out. It wants freedom. But freedom to the mind, it associates with death, and it's not really that way. The mind integrates. It blends with it, melds with the body, the soul, the spirit, the whatever and it becomes your own one. Your sovereignty. Your freedom. You.



So, dear friends, it's time to talk to yourself. Talk to yourself as body/mind/spirit. Every part of you wants its freedom. Every part of you wants the integration to occur. No part wants to control the other part anymore. No part really truly wants this separation anymore, and it obviously starts right here. It doesn't start with the overlord soul, because it's you right here. It starts in this moment of allowing yourself this integration, this sovereignty, this becoming your own one.

I'm going to ask you to feel into your personal freedom for a moment ...

(pause)

How you move beyond the old concepts of body, mind, spirit, gnost ...

(pause)

Freedom is your birthright, is your soul right and your human right, and while all of this uprising of freedom is taking place across the world and with Gaia herself, I'm asking you about are you ready? Don't think about it, for a change. Don't think about it; just feel into it.

(pause)

Beyond the makyo.

(pause)

It's the I Am. It's the I Am.

(pause)

Let's take a deep breath ...

### ***True Freedom***

By nature, by the nature of your being, you *are* free. It's just gotten a little twisted, a little trapped. My greatest joy is working with humans who are trying to set themselves free, because, as you may have heard the story, I was trapped in my own crystal prison for 100,000 years. Really. And if you haven't heard the story, I'd be happy to tell it again. (laughter)

But dear friends, it is my joy, and I can sense when people, individuals, want to be free. I can sense when they've had it with the old way, but also their fear and doubt of true freedom. And what generally happens is they take a middle or neutral stance. They allow themselves to continue to feel the desire for freedom, but they won't actually let it happen. They actually wake up every day thinking they'll perhaps make a discovery of freedom in their life, but they follow a path that gives them incidental or really meaningless freedoms.



What we're talking about here is true freedom, true sovereignty. That means you'll give up some things. It means things will change, obviously. It means that your humanness, as much as it wants its freedom, is going to cry out and want to know why certain things are happening. But as you breathe in, you realize that it's all being created by you. It's all part of a process of truly being free – *if* you want freedom. If you truly want freedom.

I still have to question whether Earth, whether humans in general, a majority of them, want freedom. I don't know. I think they want more pleasure. I think that they want a little bit more comfort, and I think they want a little bit more acceptance. But freedom? I don't know.

You, dear Shaumbra, are desperate for freedom, desperate for it. You've been searching for it for lifetimes, but you keep hitting some of the same old blocks – aspects, wondering if you're really ready for responsibility, and wondering if you can really trust yourself. All the historic evidence points out to the fact that you *can't* trust yourself. All of the old programming, the old background and experience says, "Every time I do this I get screwed."

So what happens? You go out, you try what you think is something new or different and you fall right back into the same patterns. And then parts of you say, "See, I told you so." Your aspects know those words very well – "See I told you so. You messed up again."

But, dear Shaumbra, sitting here right now, as a whole being, as a souled being, as God, you can make that choice for freedom if you want. Or you can wait. We can have this talk next lifetime.

### ***Where to Start***

If you want to start experiencing some freedom, there are practical things you can do between now and our next gathering. Work with one of the easiest ones to free yourself of – it's so easy, child's play – time. Time. You're locked into times, you use time on Earth, but you believe a minute is a minute. You believe it unravels over a specified energy wave. It doesn't.

Time is an illusion, but a great tool. Time is a wonderful thing if you're here on Earth. Time is a wonderful thing if you're trying to coordinate with other humans. Time is a great thing even for your biology, up to a point. But it's also a prison. It's also keeping you from freedom. You become time-centric. Everything runs on time. The mind loves time because it's organized. It's very systematic. It's in patterns.

You can start with your true freedom by going beyond time. And by the way, this is a case where you actually can have the tool of time, but you can transcend it. It's going to be there for a long time, (laughter) humans still use it, but let's say that you have a large project, a big assignment, and you look at the time and you say, "There's no way I can get it done." Yes you can. You transcend time. You forget about time. You forget about this systematic unrolling or unraveling of energy. You get off of that time clock and you go into, well, it's not time, but it's an infinite state, an open state, and you'd be amazed at what you can start creating.

If you're late for an appointment, go beyond time. Please don't misunderstand this. You're not manipulating time. That's manipulation. You are transcending time. You are getting yourself free of time. Oh, it will have a profound impact on your body, your mind, your spirit, your Body of Consciousness, to suddenly realize you are free. That'll set up a new pattern or a new ... not pattern, Cauldre, but it will set up a new energetic dynamic within you that says, "I *can* be free." Time is actually one of the easiest of the things that you can do to get your own freedom back.

So what do you do? Well, if you're in a time event, you take a deep breath and you make the choice from here (heart) to become timeless, and you don't look at the clock. You're not trying to expand time or contract it. That is manipulation. You're going outside of time.

I suggest you work with that, you play with it, you experiment with it in this next month. It will give you a taste of freedom.

So, dear Shaumbra, let's take a deep breath.

We've done a lot of work today. That Body of Consciousness of yours is going to feel the effects tonight and tomorrow. We've done a lot of work. We've gone around the world several times. We've opened up potentials. We talked about freedom, and we brought it right back home to you – your own freedom, your own self.

So, dear Shaumbra, it's been another engaging session, another active month, many more to come. And while all of this is going on all around the world, whether it's in Egypt or whether it's in your own heart, just take a deep breath. Stop worrying about it.

As somebody said, "Relax into your ascension." Enjoy life. That is the greatest gift you can give anyone else is to enjoy your life.

Take a deep breath and remember that all is well in all of creation.

I Am that I Am, Adamus, in joyful service to you.

And so it is.





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