



## Lesson 2 · “Accept Your Human Self”

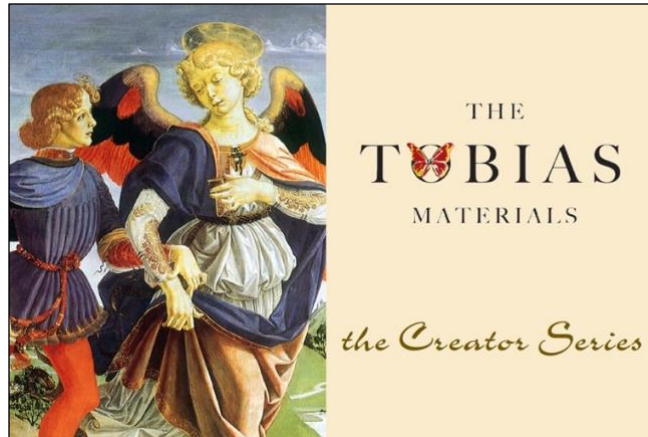
*Featuring*  
Tobias  
channeled through Geoffrey Hoppe  
*assisted by Linda Hoppe*

Presented on September 10, 2000

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## Creator Series • Lesson 2

### “Accept Your Human Self”

TOBIAS: And so it is, dear teachers, that we gather again with you in this sacred circle on this day. We gather to bring you more homework! We gather for Lesson Two in the new "Creator Series." We welcome each one of you into this space.

Now for the next few minutes of your time, we will work with each of you to meld and to adjust the energies. We will work each of you to feel and to sense All That You Are. Take this time now, dear friends, dear teachers, to simply open your hearts. Breathe deeply. Breathe deeply throughout your entire human being. Allow the love of self and Spirit to permeate every cell of your body, into your DNA, into your core level. Breathe deeply. Breathe deeply and relax. Take this time now to set aside any human cares or worries that you brought with you. Simply release them now, for as you do, the melding of this energy becomes much more complete.

Dear friends, it is a joy to be back with you in this circle on this day. It is a joy to see the work that you have done in the previous three weeks. You truly practiced "standing behind the wall." Now we know the journey you are on is difficult. It is challenging. The journey as a human is challenging. We will discuss that in some detail here today. The journey you have chosen as Lightworkers is one of even more challenge. We know what you have forsaken in your life. We know you have let go of meaningful relationships, of things that have meant much to you in terms of beliefs, or abundance, or material things. The journey that each of you walks here – we know it is difficult. That is why we flood this room now with thanks and with love.

You keep returning lifetime after lifetime to do this work. You keep returning month after month now in this Crimson Circle to be part of the classroom of the new energy, to be the teachers. There is honor for what you do. And we do not say this lightly – this comes from the core of our being, from all of the entities that gather here now. As you open your hearts the room fills with all of those who have worked with you, who take a special interest in what you do. It is the archangels. It is the holy ones. It is the ones that have been your guides, the ones you have called angel friends that flood into this room. We come here to thank you for the work that you do.

Now let us recap for a moment here before we get into Lesson Two of this day. It has been given, dear friends – and we will repeat it again – that you came from the circle of All That Is. This is what we have called the "first creation." That was your Home. The Home of all things exists within this circle. And certainly we speak in some metaphors here for better understandings.

But my friends, there was a time when you were angels, and you were within the circle of All That Is. You were creators. You were teachers. You were creators and teachers of the most extraordinary kind. You were always pushing the envelope, always seeking new experiences, new experiences that allowed the Eternal One, the Creator, God, or Spirit – by whatever name you call the Oneness – to continue to expand. The experiences that you had within the circle of All That Is, within the original creation, allowed that circle to continue to expand.

Then you began pushing the outer edges of creation. You began creating at the very fine line of existence of All That Is, if you could possibly fathom that. You began to have experiences there that were given in love by you to Spirit, and accepted by Spirit in thanks and honor. If you would allow yourself for a moment here to recall, you pushed this envelope as you lived on the very edge of All That Is.

You began to feel a rumble that you had never felt before. You began to feel an uncertainty that was never known within your being. You began to feel a disconnection from Spirit. In your perception, you began to feel that Spirit was no longer One. That created within you a sense of uncertainty and mistrust. It created within you a sense that all things perhaps were not what you thought they were. The rumbling was the first time that you felt Spirit, the Eternal One, did not have control of everything. You were living on the outer edge of the circle of the first creation. This is, in a sense, the impasse that we have talked of, where you could go no further.

At this "edge of creation" you were at, there came to a type of impasse, and then you began feeling – and we emphasize the word "feeling" only – that the core of all things was crumbling. It was coming apart. There was a feeling of uncertainty, a sense of mistrust, and a feeling that there was division within the house of One. My friends, understand that you were experiencing these feelings because of the work you were doing on the outer edge of Creation. You had gone so far in your work that this impasse was creating a division in itself. It did not come from the core, though that is what you felt, that all things were being pulled apart.

There are levels that are difficult to describe here. In this great and grand process that took place, a circle outside of All That Is was created by you and other angels with only the slightest intersection, only the slightest overlap, with All That Is. You and the other angels who were living on the edge of All That Is moved into this new circle. You began experiencing there, forgetting who you had been, forgetting where you had come from. You took with you a new sense of division and duality that you had never known before, completely shutting the door to Home. You did this in order to create a closed environment to set the foundation energy of the Second Creation. You, the Creators!

What you are experiencing right now in your life is not about past lives! Your contracts are over. The rumbling that you are feeling, the experiences that you are coming to you at night, the terror in the night dreams, relate back to this feeling of the original separation. It is not about past lives. It is not even about you in this lifetime!

You are reconnecting with something that is at the core level within you. You ask Spirit, you ask your angels and those who are in the Crimson Council when all of the hardships in your life now will end. We say, dear friends, it will change. It will change, and you will change. It is not that tomorrow all of the difficulties of Earth will end around you. No, it is not that tomorrow your life becomes a walk through the meadow. But what you are learning here, and what you are learning about reconnecting with the past in another place will enable you, as the new creators, to make the changes in your life. It is enabling you to be the teachers of other humans who choose the difficult path that you have also walked.

Can you feel now the honor that we have for what you have done? The many entities, the ones you have been taught to worship and admire, come to you today to learn! Do you understand why we call you the teachers? We are learning from you!

What you hear in channeling in this Crimson Circle, my friends, should be no surprise to you. It is information that you are already giving to us. We are just mirroring it back to you for validation of what you are truly going through. We do not know the way. We have a different perspective indeed. There are times when we can guide and assist you because we are seeing an overview. But we indeed are learning from each one of you.

In the past three weeks of your time, as you learned to stand on the other side of the wall, we learned much about reuniting duality in your dimension into oneness. We learn through your experiences. We are simply recorders of information, the writers of your history, the ones who are writing the new books about you.

Dear friends, take this moment now to truly allow us to come into your circle, into your space, to hug you and to love you and to honor you for all the work that you have done. Do not take your journey lightly. We do not. We will ask Cauldre (Geoffrey Hoppe), our friend who brings these

messages into words, to be in silence for a moment. Take this time to allow us to hug you, to tenderly kiss you, to stand beside you. We will return in a moment.

(long pause)

Dear teachers, welcome back to the classroom of the new energy. Today we will discuss a new lesson for you, a new understanding. It will be exponentially more challenging than the first, but more rewarding also. Like Lesson One, you will be given homework to do. Indeed, you will be given experiences within the next few days of your time to allow you to see who you truly are.

When we gathered last, we spoke of "accepting all things as they are." We spoke of standing behind the short wall in order to step out of duality to observe how the tapestry is woven. Oh, with your observations and your understandings, you are beginning to see how things are truly constructed. If you did not stand back, dear teachers, you would continue to be involved in the chaos and in the process and in the duality. You would not see how one thing affects the others. When a challenging situation comes into your life, consciously say, "I will go on the other side of the short wall, the short wall that surrounds my new house." By standing back and practicing this each day you will be able to assess situations in a way that you could never have imagined before.

You will come to understand in your new mind of God that there are no rights and no wrongs in any situation that is transpiring around you. Oh, it is so tempting for the human – we remind Cauldre of the Crusades! – to choose and to be righteous and to assume that rightness and the light is on your side. But do you know the opposing side also feels they are right, and they are in the light? Now how can this be?

By standing back you will begin to see the energy dynamics of people and situations around you very clearly. Part of the homework for this next month will be to continue the work that you have done – the standing behind the wall. There will come a point, dear friends, when you will use this simple exercise of standing behind the wall, and you will do it instantly, in a moment. You will instantly recognize the energy dynamics that are being set up in any given situation. We ask you to continue working with this.

The work that you are doing here does require you to put out energy to do something, even if it is simply standing behind a wall. There is homework. For the next 11 months of your time we will go through a series of lessons, each that builds off the other. It will be important for you, for our extended family throughout this world to continue consciously practicing, consciously accepting. You have all done well in this. You have all done well. You have tried it at least once! Many have tried it daily and hourly. This is how you will be teachers. This is how you will be Light Masters.

Now we will move into Lesson Two on this day. We will do so by telling a short story first. We will tell the story of the lightworker named Susan. Now Susan is much like each of you in this room, whether you are male or female.

Susan had many past lives, as you all have had. They ranged from the powerful and the energetic lifetimes of Atlantis to the provocative lifetimes in old Egypt, and through the many lifetimes in lands across your world, including a lifetime (like many of you here) that was touched by the Master of Love, Yeshua Ben Joseph. During these lifetimes there were many things that Susan learned and experienced. These left many marks, many energetic memories upon her being. Like those in the room and reading this material, she worked very diligently, particularly in these past series of lifetimes that have occurred since the Master of Love walked this Earth. There was a commitment given at her heart level – like so many of you did here – that said, "I will continue the work that He showed me." She went through a series of difficult lifetimes, as most of you have also. Many of you knew her in the monasteries, in the churches that you started, for she was there.

Susan went through many struggles. But she came around the circle of her karma into this lifetime, which would be a lifetime of final releasing. Now she was born into a family that was, to say the least, difficult to be with – like so many of you here. Susan had a mother who was very controlling, demanding and self-centered. She had a father that gave his power to others all the time and was known to frequently give his power to alcohol. He let the controlling mother run his life. He was not much of the strength figure that a father should typically be.

Susan grew up with this, and she was shy as a youngster. Oh, she was bright in school. Her marks were high, but you would never know. She was shy. Susan felt like the odd person in a crowd. Although she knew she had something special about her, she simply could not come to letting her light shine forth. There were heavy burdens that she had carried over from her past lives. Her own family situation in this lifetime made it even more intense.

Now Susan was a loner for the most part. She had several close friends, but she was not one who joined in the school activities nor was she the popular one in class. There was something powerful and special inside her that cried to come forth, but there was also something that held her back.

Susan left home at the earliest possible opportunity to be free of this family situation that was most difficult, to go out to discover herself. She fell in love, or so she thought, with a boy when she first went off to college. She became pregnant. Being young and being in a state of fear, Susan had an abortion. This weighed heavily on her soul.

In spite of this, she did well in school. She focused her energy on her studies and graduated with honors. After her college years, she did find one she truly loved, a man with whom she had a

previous agreement to join with in this lifetime. Susan and her new mate married and raised several children. They went through the typical problems that other humans have. Along the way there were money problems. There were infidelity problems. There were problems with the children in school. But also there was much love. She loved her children dearly, and she loved her husband dearly. But yes, indeed there were problems. She took these problems upon herself heavily and deeply.

At one point Susan, needing a new light in her life, needing something for direction, joined a church. She went to this conventional church for several years of time. She tried to learn and to understand about God. She attended the schools that they offered, and went each Sunday to pray and to worship. She studied the Bible that she had never studied before.

But dear friends, Susan, the Susan that each of you will meet some day when you are teachers, could not relate in her heart to the words that were coming from the church. She felt that she was a sinner; and therefore, Jesus and God could not possibly love her. She slowly withdrew from the church and went back to her life, wondering what it was all about.

One day, Susan was in a bookstore. As she walked down the aisles looking for something to read, and a book seemingly jumped off of the shelf in front of her. It was a book that had an intriguing cover on it. It talked of a new light and a new way. This attracted her, but it also embarrassed her. She hid it between the other books she was buying, and quickly proceeded to the checkout counter, hoping nobody would see the strange sounding book of light and love and New Age that she was about to read. She went home and found herself instantly attracted to it. She devoured it in a day, reading it word for word. It rang true within her. She cried and cried and cried because it was the message of Home.

Now many of you know the continuing story of Susan, don't you? Susan studied the New Age, attended seminars, and met others who were shaumbra. She was thrilled with her discovery. For the first time she was beginning to truly understand who she was. She began to come to understandings of a new order of things.

But within Susan there was still something troubling, something she could not let go of, something that prevented her from breaking free. Even though she loved this new work in the New Age, there were days when she was depressed, when her whole body ached. There were days when she felt frustrated that she could not create what she truly desired in her heart. She began to call out to Spirit again and say, "what is it that I should know?"

She asked Spirit when the challenging experiences in her life would go away. She asked when she would come to this place of nirvana where she would be in a place of peace. While she loved her life and her family and all that she was, there was also a part of Susan that wished to leave, that was tired, that wanted to go back Home. But Susan also knew within her intuitively that

Home wasn't Home anymore. She knew intuitively that it was time for her to continue doing the work.

Last night Susan laid upon her bed, happy with life and smiling within but yet wondering, wondering, wondering what she should know. She had been reading the Crimson Circle materials. She had read about allowing and accepting all things as they are. She had been practicing standing behind the short wall. She was coming to new realizations, but yet there was still a major block.

So Susan, we call out to you on this day, and to all of you who are here. Lesson Number Two is accept your human self and you will come to know your divine self. It is a simple lesson, but one of the most powerful and one of the most challenging that you will have. Now let us explain what this is all about, what Lesson Two – accept your human self and you will come to know your divine self – is all about.

Susan she brought many experiences with her into this lifetime. She brought the core experience of knowing what it was like on the outer edges of the First Creation. Within her, she knew the core feeling that all things were no longer One. She knew the feeling that there was a rumbling within the core of all things. She knew the feelings of being disconnected from Spirit. Susan brought that with her.

She brought guilt and experience and pain and challenge and difficulty from thousands of lifetimes on this Earth. Susan brought guilt and judgement and pain from her experiences as a human in this lifetime. She blamed herself for her father's drinking and for her father's lack of strength. She blamed herself for not telling him more often that she loved him because, in a sense, she despised him for what he was, so she blamed herself. She brought guilt for the harsh thoughts that she had of her own mother. Oh, as a child she would lay awake at night dreaming of suffocating her mother. It felt good, and she felt guilty of that.

She carried a heavy burden with her of not being a better friend to those who had come to her in her youth. They were attracted to her because they saw a light that she could not see. Her friends in grade school and high school came to her for healing, but she was so shy and so inhibited that she did not allow herself to do the work that she intuitively knew how to do. She felt guilty for hiding and for not being stronger and being a healer for those who came. Instead she isolated herself, befriending only a few because it was easier and safer.

She felt deeply guilty for having conceived a child and then giving that child. She had heard that God hates people like that. She had heard that you are killing a soul when you have an abortion. This weighed heavily on her. This was one of her deepest, darkest nightmares. She felt guilty.



In her marriage she felt guilty that she could not be more supportive to her husband who was experiencing his own issues of abundance. He would have difficulty each time he was promoted in a job. Each time he began to achieve financial freedom something would happen to shatter that. He would be out of work. She felt guilty that she could not be there to help him overcome his own worthiness issues. She did not know how to handle this.

She felt guilty about not being a better mother to her children. She wished she had done more to solve their problems, protect them, keep them from hurting. She felt guilty that at times she would curse them. She would go to her room and lock the door and say, "never talk to me again." She felt guilty for this. She felt extreme guilt.

When she went back to church and tried to discover something within, she felt unworthy because God and Jesus would not talk to her. She did not feel reborn and rejuvenated. She did not have the passion like the other churchgoers had. She could not raise her hands and sing "hallelujah" with the same passion they did. She felt dirty and guilty. She knew from going to church that she was a sinner, because even Jesus wouldn't have anything to do with her.

Dear teachers, the Susan we speak of is part of each of you. The Susan we speak of is the one that will come to you for healing and for teaching of the new energy.

Let us tell you what Susan did after she heard about Lesson Two. She went home, closed her door and didn't feel guilty about it. She learned to accept her human self, the very thing she had been denying for lifetime after lifetime. She had been denying her human self for hundreds of lifetimes. She had been denying that she was even human, wanting to have this thing called ascension so she wouldn't have to face herself as human, as a lowly human.

Do you know, my friends, that when you left the First Creation and you took physical body, you were shocked that you would have to own anything so crude and low? You knew that you would have to carry this body around with you for lifetime after lifetime. You took this human body as punishment for going too far at the edge of the First Creation. That is not so, and we ask you to release all of those thoughts and beliefs now.

Now back to Susan. Susan went home, closed her door, and realized that she had been denying, even hating, all of the human things she had done. She had been trying to achieve some ascended state so she would not have to deal with the human things she had done and the human body she carried. She had learned in the Crimson Circle to ask from within. "I do not know so much how to do this, to accept my human self. Do I go back and recount every past life? Do I spend more time processing?"

And the answer was she heard from within was ... "no." As she laid upon her bed, asking how to accept herself and all of her humanness in order that she may come to know her divine self, it hit

her loud and clear. It was simple. The words that came from within her – not from outside but from within her – said, "release your grasp; simply release your grasp."

As she did, she felt like you will right now as you release YOUR grasp. Her hands were clenching something. YOUR hands are clenching something. Release the grasp. Open up your hands at this time. We ask each one of you to do so now. Unclench your hands. Let go, release the grip of what you have been holding onto.

Susan realized how tightly she had been clenching. When she opened up, she remembered the parable of Oryan in the canoe going over the waterfall. She did not care. She opened up. She said, "it is time for me to release all of who I thought I was. It is time for me to release all of the beliefs that I have carried with me. It is time for me release any guilt, any pain. It is time for me, as I open my hands, to accept my human self. As I do, I will surely begin to know my divine self."

You know now your homework for the next month! It is to release your grip, to accept your human self and all that you have been, in order to understand your divine self. Surely you will be given the opportunity to experience this in the next few days! You will be given an opportunity – as you were from our last time – to be in a situation where you should not judge yourself, where you should not carry or feel guilt, where you should accept all that you are.

Dear teachers, we that are at your side today, all that you would call the angels and the archangels, all that is Spirit... we ACCEPT you and LOVE you as human. We accept every thought, every deed, every action, everything in the passion and love and wisdom of Spirit. The Eternal One loves you infinitely, endlessly, and without condition!

As we have said before, Spirit has no agenda. There is not a right way or a wrong way. There is only the new way, and you are creating it. If Spirit loves you so deeply and has no agenda, then dear teachers, you should be able to accept your human selves, to release as Susan did. As Susan released the grip of all her beliefs and guilt and pain, and she accepted everything that she had ever done unconditionally in the form of total forgiveness of self, she began to understand her own divinity.

As she lay awake at night with a tremendous feeling of release surging over her, she came to another realization. She realized that she had been living in the future, and she had been creating a picture of fear for what the future might hold. She realized that she was worrying about unpaid bills in the future that never existed. She was worried about illness that may come to her. None of these were real, but she was projecting her own sense of unworthiness into the future. The future represented a lack of trust in her divinity. She found that she was spending much of her time and energy in the future with her fears. She laughed at herself and wondered why she was doing that.

She said, as she released her grip and opened her palm, "I will now live in the 'now.' I will no longer fear a future that does not exist. I will live in the 'now.'" She began living in the "now," as she continued to practice standing behind the short wall in acceptance of all that is. As she began to consciously release her grip on her own guilt and pain and the past, she realized that she was creating a moment, a divine moment, in all of the "now" that she was living. She was learning once again to trust self. She was learning that there was no need to project a future fear scenario, but simply to live in the "now." As she did, there was a unique melding of her humanness with her divinity. She began learning that she could trust herself to provide the "divine moment." She could trust in herself to provide the "divine moment." She was no longer looking outside, asking Spirit to provide the divine moment. She was going within.

She realized that the Spirit within always provides the divine moment – always – but that she had been blocking it. Much like when she was a child, she had blocked her own light and had not helped to teach and heal others, as she knew she was capable of. She had put up a wall, the wall of unworthiness. But now as she brought this down in her adult life as a Lightworker, as a teacher of the Crimson Circle, she realized that she could trust in herself to provide the divine moment.

She began a whole series of new realizations and understandings with the two simple lessons that she had learned. First, to stand behind the wall and accept all things as they are. And second, to release the grasp and accept her human self in order to know her divine self. Her life began to transform. Oh, indeed the things around her with her family and others continued to be the same, but SHE changed. She came to new realizations. People started coming to her like she never expected, asking for healing and teaching of wisdom. They did not ask her to channeling some other entity! (chuckling) They asked her as Susan, the Divine Human Lightworker. Her work was good. She taught others how to heal themselves.

Dear friends, Susan's experience is your collective experience put together in a single story for each of you. There are parts that you may intimately recognize within yourself. The challenge here will be to accept your human self. It is thick, and it is deep within you. You are well invested in the guilt and the pain and the challenge. With the simple exercise we have given – of opening your hand – you will begin to see how often you are gripping onto things of the past that no longer serve you. That includes old belief systems that are ready to go. Many of the pains you are feeling in your physical body are related directly to holding onto old belief systems that no longer serve you. You are feeling the pains in your physical body as a reminder to you to let go, to release the grip. These are pains of old beliefs, of guilt, of the way you thought things should be. Letting go allows the divineness to come in and provide that moment that you chose to create.

The biggest challenge will be the remembrance of the time when you lived at the outer edge of the All That Is. This is when you felt the original rumblings of duality and separation, and you

lost trust in Spirit. This is what will be coming back to challenge you right now. It is not about your past lives. It is not even about this life. The nightmares you are having are about a different time and a different place and the original feeling of the rug being pulled out from underneath. We are reminding you of this at the very time we are asking you to trust in self. This will be the challenge.

The solution happens on many levels. But at your level of first consciousness, it is simply opening and releasing the grip that you have held, accepting all that you are, accepting that you will provide the divine moment for yourself. There is much homework to be done these next few weeks!

You are the classroom of the new energy. You are the ones experiencing something out on the edge, so to speak. Again this creates feelings of fear and uncertainty because you remember what being on the edge was like before. And here you are again! But we also know that by being here with you as family, there is also great joy and great reward that you are receiving in this. Each lesson that we go through here in this classroom will provide an important experience, an important understanding at your core level. When brought together this will help you to understand how to be, how to create in a way you have never done before here on Earth. Each process that we go through with you now will bring you one step closer to being the new creators, the likes of which your universe, the likes of which All That Is has never seen before!

Perhaps this all sounds grandiose, and that is why the tears are flowing from our eyes as we tell the story of Susan, which is the story of each of you. Perhaps this all sounds grandiose, but that is why we are beaming right now, looking at you and knowing the work that you go through.

Dear friends, we love you so dearly. We remind you, as always, that you are never alone in your journey. You are with family, and we are part of that.

And so it is ...