



CRIMSON CIRCLE

ADAMUS'
Masters Series



“Waveforms of Consciousness”

Presented to the Crimson Circle • April 3, 2010

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SHOUD VIII:
“Waveforms of Consciousness”

Presented to the Crimson Circle April 3, 2010

Featuring
Adamus™ channeled through Geoffrey Hoppe
assisted by Linda Hoppe

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I am that I am, Adamus of Sovereign Domain. Welcome to awareness.

Let's take a deep breath together as we begin our session. I'm going to ask Linda to keep track of time today. This won't be long. (laughter) Do let me know when it's eight o'clock. (more laughter because the Shoud usually ends around 5:00)

So, dear Shaumbra, here we are. Another session together, another beautiful month of experiencing since our last time.

As Cauldre and Linda discussed before, you're moving into a time of experience, going beyond all of the old dreadful processing – I hope – into experience, and today is going to be an experience. As a matter of fact, I'll guarantee it – money-back guarantee! Absolutely. If at the end of our wonderful session today you are not happy with the information that you've received; if you have not received something substantial, life changing, earth breaking, joyful and overall just awesome ...

LINDA: You better be good.

ADAMUS: ... ask Linda for your money back. (laughter)

LINDA: You better be good.

ADAMUS: This Linda (pointing to Linda Hanson at the registration table), not that (Linda Benyo). Nothing here, everything there. (more laughter) Yes, indeed, a money-back guarantee. Pete, how much did you pay to be here?

PETE: Twenty-five.

ADAMUS: Twenty-five dollars to be here for an experience of enlightenment, of joy, of laughter and of anger. Twenty-five dollars! (laughter) And how much extra do they have to pay for the food, Kerri?

KERRI: Nothing.

ADAMUS: Nothing! For \$25.00 you get me and food and a money-back guarantee that you're going to receive something personal and transformational today.

And it also applies to all of you listening in online. How much have you paid today to be here? Nothing? (laughter as Adamus looks into a video camera) Nothing? You're joining with this incredible group of Shaumbra – yes, you have to bring your own food, but ... and you haven't paid anything. You haven't given a blessing? You haven't sent this incredible staff a little note of thanks? You haven't given a few euros or yen or won or dollars to be here? Let's change that right now.

If you're going to be here, you have to give something. As I talked about months ago – just a blessing. Just a little blessing. Better yet, how about an email to the staff. Not to Cauldre and Linda, they get plenty, but to the staff of Crimson Circle and to the teachers who are out teaching, and to all of the incredible translators and interpreters, to those who are putting together the websites. Send a letter. Send an email. Send it to ... email address?

LINDA: crimsoncircle.com.

ADAMUS: Uh, "somebody" at crimsoncircle.com. You may want to write it there for the Roy-Cam to take a shot. Send it to ...

LINDA: Michelle, what address?

MICHELLE: info@crimsoncircle.com.

ADAMUS: info@crimsoncircle.com. All of you listening in today, that's your exchange and you get a money back guarantee. If you don't like what we have to say today, we'll send your email back to you. (lots of laughter) This is the New Energy. We offer guarantees on your spiritual enlightenment.

LINDA: You are amazing!

ADAMUS: So do send it ...

LINDA: Is Geoff doing okay while you're saying these things?

ADAMUS: ... oh, he's out somewhere else. He's sleeping. It's jetlag time. (laughter) I've taken over. (Adamus laughs) Oh, the things we're going to do today!

So, dear Shaumbra, seriously though, we're doing this together. We're doing this together. It's fun, it's arduous at times, it can be challenging, and I know I make some of you a little upset and – I try to. I try to, because it gets energy moving when you get a bit upset with me. But give thanks to this group that's here today. Many of them traveled a long way to be here to add their energy, to really create this incredible safe space so *you* (looking into the camera) could participate. And if you're not watching live right now, if you're reading or watching this later, I'm talking to you just as well. Send a thanks, send a blessing, because that way we can continue to evolve and expand everything we're doing together. This isn't a group for those who want to be stragglers, those who just want to hang on for a cheap ride. This group is truly moving into New Energy, as you're going to see and experience for yourself today.

So let's take a deep breath ...

(pause)

... as we begin our journey – a journey that starts in this Now moment and expands, a journey into higher levels of awareness and consciousness, a journey into ... by the way, I have to stop for a moment. Some of you are absolutely shocked right now. Not necessarily the ones here, you've been through this before (laughter), for the most part. But some of you are absolutely shocked. "Is this a *spiritual gathering*?!" Uh, no. (Adamus chuckles) No, I'm sorry. Go somewhere else on the website. This is a gathering of consciousness and awareness. Some of you are shocked that we could have this type of sacred gathering and be a little rambunctious.

Do you know what it was like in the Mystery Schools hundreds of years ago? It was fighting and hair pulling and screaming in between playing beautiful music and ...

LINDA: Someone walked out already. I hope you're proud. (laughter)

ADAMUS: In between hair pulling and ... we had music. We had breathing, a lot of breathing, but we got very *real*, as you probably know by now. Spirituality or consciousness without reality is very false, is very false. So here we get *real* – right? – in every way. We allow the full expression and we don't give a damn what they think. Yes, yes! Absolutely! (audience applause) And welcome back, yes. Yes. (laughter as someone re-enters the room)

What Voice Are You Listening To?

So, today I've decided we're going to do questions and answers.

LINDA: What?!

ADAMUS: We haven't done those in a while, so ... (one person applauds in audience) You're going to be the lone applauder, because *I'm* going to ask the questions (laughter), you're going to attempt to answer, and then I'll give you the real answer.

LINDA: Oh, we know that!

ADAMUS: That's Adamus' questions and answers.

So we're going to start with the first question today. What's it like outside? Let me peek. Beautiful ... beautiful day. (laughter as Adamus walks outside and out of sight)

LINDA: No shoes. That's nice.

ADAMUS: Beautiful day. So the first question for you to contemplate is whose voice are you listening to? Whose voice are you listening to?

SHAUMBRA: Mine.

ADAMUS: Mine. Sounds nice. Okay. Tibor, whose voice are you listening to?

TIBOR: Yours.

ADAMUS: Ah! Award ... Adamus Award. We now have the official Adamus Awards in. No answer's a wrong answer, but very few deserve the Adamus Award. (Linda hands Tibor an Adamus Award) There you go. And would you like to unwrap that and let everyone see?

LINDA: Are you going to bless that or something, or kiss him?

TYVER: Oh, certainly.

ADAMUS: Ah, the moment of suspense. And there it is – the Adamus Award.

LINDA: The ace.

ADAMUS: The ace. Linda will hold one up for the Roy-Cam. (Linda holds up a gold colored ace lapel pin)

ADAMUS: Joyce, whose voice are you listening to?

JOYCE: Yours.

ADAMUS: Mine? That answer's been taken, but that is a good one. Yes. Kerri, on a day-to-day level, Kerri, day-to-day, whose voice do you listen to?

KERRI: Unfortunately, too many.

ADAMUS: Too many! Another Adamus Award.

LINDA: I only have ... remember, there's a limited supplies.

ADAMUS: Ah, we have plenty of food to give out today if we need to. Thank you. Ah, yes. Who's next? Siglinde, whose voice do you listen to?

SIGLINDE: Spirit.

ADAMUS: Spirit. Who is Spirit, Siglinde? Let me run over here, and could we have the microphone? Here.

Okay, Siglinde. Siglinde said she listens to the voice of spirit. Okay, but what is Spirit?

SIGLINDE: All of us.

ADAMUS: All of us. So you're listening to all of us.

SIGLINDE: More or less.

ADAMUS: More or less. That's actually a pretty good answer. Since Linda's going to be stingy today with the Adamus Awards, we'll go into Cauldre's pocket and he's got ... (much laughter as Adamus goes through a wad of money) ... that was a five dollar answer. (laughter and applause as he hands a five dollar bill to Siglinde) Oh Cauldre, you can expense that later. Just don't let the auditors see that.

So, whose voice do you listen to? Microphone please.

LINDA: It's on camera. You don't have to worry about the auditors.

ADAMUS: Whose voice do you ... (Adamus clears his throat) Microphone?

LINDA: Oh! I'm so lost.

ADAMUS: Whose voice do you listen to?

MARY SUE: I listen to mine, and you are going to destroy my illusion, are you?

ADAMUS: No, no, no, no, no, no.

MARY SUE: Okay.

ADAMUS: I destroy no illusion. I just place a lot of doubt in them. (laughter) Edith ... Edith, whose voice do you listen to?

EDITH: My own divine voice.

ADAMUS: And where do you find that divine voice?

EDITH: Inside of me.

ADAMUS: Inside of you. So if I was a surgeon, I could cut you open and find ...

EDITH: No ...

ADAMUS: Oh.

EDITH: ... no, no, smart aleck. (laughter)

ADAMUS: You listen to your own divine voice from within. How do you tune into it?

EDITH: I have to be quiet.

ADAMUS: You have to be quiet. And then you hear your divine voice?

EDITH: If I'm lucky.

ADAMUS: And how often are you lucky – in listening to voices? (laughter)

EDITH: Uh, well ...

ADAMUS: I'll answer for you – hardly ever. Once in a blue moon, and that's probably a bit too much – I hope you don't mind me answering; you were right, but I'm more right – very, very seldom.

Sue, whose voice do you listen to?

SUE: Well, it's the aspect that's screaming the loudest at this time. (laughter)

ADAMUS: The aspect that's screaming loudest! Well that sounds really sick, but give her an Award, (laughter) because it's true! It's absolutely true.

Okay, and sir, whose voice do you listen to?

SHAUMBRA (male): There are too many.

ADAMUS: Too many! That's correct. That's like aspects.

SHAUMBRA (male): And eventually to the heart space. And whatever rings in that moment is the one.

ADAMUS: Could I listen to your heart space? (laughter as Adamus puts his ear against the man's chest for a moment) All I hear is thump-thump, thump-thump. But that's a good voice to listen to. (To Linda) Other side of the room.

LINDA: Oh, let me run.

ADAMUS: Yes.

LINDA: Oh, please, let me run for you!

ADAMUS: And then I'll have you writing on the board.

LINDA: Oh good!

ADAMUS: But we don't have a lot of time, so you have to hurry when you walk.

LINDA: Let me be your slave!

ADAMUS: So Joep. Joep, whose voice do you listen to?

JOEP: Many.

ADAMUS: Many. Yes, yes.

JOEP: Yes.

ADAMUS: Good answer. I think that deserves an Adamus Award. Yes, thank you. Okay. And one last ... Vince, whose voice do you listen to?

VINCE: That chattering little piece of my mind.

ADAMUS: Exactly. Okay, it was already taken, so you don't get an Award. You just kind of were redundant, but correctly redundant.

So, dear Shaumbra, this is an important point as we go forward: What voice are you listening to? And generally what happens ... ready at the board, please.

LINDA: Oh please, let me hurry.

ADAMUS: Subtitle – uh, new fresh sheet of paper.

LINDA: Oh, of course.

ADAMUS: Voices.

LINDA: What color do you like?

ADAMUS: You pick. Getting human to make a choice ... (laughter)

LINDA: I'm very clear and can make a choice.

ADAMUS: So, voices. Generally, aspects. Aspects, as you know, are aspects.

LINDA: One "s" or two?

ADAMUS: A-s-p-e-c-t ... a-s-p-e ... yes. So generally you are listening to the voice of aspects. These are parts of your psyche or your self. They could be from the past life, could be from this lifetime, could be parts of you you don't really consciously know exist – but they're parts of you. Each has their own agenda.

Ultimately, their agenda is to return back to you, but there are a lot of conditions that need to be met in order for that to happen, so they act out their own limited agenda and they're constantly chattering.

Now, in a way, you don't necessarily distinguish the difference in the tone of their voice, because it all comes through your mind and therefore it all kind of sounds the same. But at any given point you could have hundreds of aspects talking. And they do. They chatter all the time. They don't have anything else to do. They don't have jobs. They don't sleep. They don't have children, other than you. That was funny. They spend – what's your human terms – 24/7 working you, manipulating you. Eventually, they will come back, but right now they're tied up in this game. So the voices go on and on.

They push and shove each other out of the way a lot of times, trying to make themselves heard above the vast noise of your psyche. So the voices get louder and louder and louder. And what do you do? This is not a trick question, but what do you do? Larry?

LARRY: Go crazy.

ADAMUS: Larry, goes crazy. Yes. So what do you do? You have all these voices, you go crazy, and now what happens when you go crazy?

LARRY: It gets quiet.

ADAMUS: No, no, not all. You don't get an Adamus Award.

LARRY: Oh damn!

ADAMUS: You almost – you're on your way to one – but, no, what happens is when you start to go crazy what *you* do – not talking about everybody else – what *you* do is you distract yourself. You find a lot of distractions and a lot of excuses – I'm not picking on you, but I am – a lot of distractions and anything to quiet these voices down.

Some of you may drink. Some of you may act out very dramatically, because when you act out in drama, suddenly *your* voice becomes much bigger than your aspect's voices. But you have a nuthouse going on, a crazy yard. It's voices, voices, voices from everywhere. And what you're really trying to do is you're trying to block out these voices. But you can't, can you?

Oh, dear Shaumbra, now very few of you have ever hit a point in meditation where you can really quiet down. No offense, but you're not good meditators. But you're Shaumbra, so ... but a lot of you have tried it, and you effort at blocking. And you actually become, oh, almost good at being able to really block things out, because you isolate yourself. The noise is still there, but you're pretending that it's not. So, the noise is all around.

Now, in addition to your aspects, there are other noises. Where are they coming from?

SHAUMBRA: Parent tapes.

ADAMUS: Parent tapes. Excellent. That's an Award and a dollar. (laughter) And I'm going to ask Cauldre to bring a lot more cash with him. (more laughter)

LINDA: Who was that?

ADAMUS: You'll be filling this hall every month.

LINDA: And what exactly is the answer?

ADAMUS: Parent tapes. Parent tapes.

LINDA: Oh, parent tapes.

ADAMUS: What your parents told you.

LINDA: Oh-h.

ADAMUS: Those play over and over and over. You have them on the internal hard drive called the mind, the brain. The brain, as you remember, is a memory device. It stores memories and brings them back up. So you're thinking about doing something and the parent tapes come back up. In raising your child – your children – parent tapes come back up. So those play constantly.



What what else, what other noises are going on?

SHAUMBRA: The churches. Teachers.

ADAMUS: Church and teacher tapes. Church and teacher.

LINDA: Church and teacher. (writing)

ADAMUS: Let's call it "Preacher/Teacher tapes." Preacher/Teacher tapes. Going on and on – "You're doomed to hell for an eternity." That's a long time for doing something. Or your teacher constantly on you, telling you you have to work harder, study harder. Studying doesn't get you ... you know the best way to study? Put the book down on the floor and sit on it. Breathe. Breathe, and you're going to absorb the information. (laughter) And not through your brain, but through your energetic being. You're going to absorb it, and you're going to get the essence of it. If they give you a test an hour later, are you going to be able to fill in the intellectual answers? No, but you're going to have the essence.

So what other tapes going on?

KATHLEEN: Belief systems.

ADAMUS: But whose belief systems?

SHAUMBRA: Ours? Aspects?

ADAMUS: Well that goes back to aspects. Yes.

SHAUMBRA: Mass consciousness.

ADAMUS: Mass consciousness was what I was looking for. How much do you want?

SHAUMBRA (female): Anything.

ADAMUS: Pin, dollar, or a kiss? (much laughter)

SHAUMBRA (female): I'll take a kiss. (lots of laughter and cheering as Adamus kisses her)

ADAMUS: I love this job! (more laughter) So, back to Kathleen. Yes, you're ... what did you say?

KATHLEEN: Belief systems.



ADAMUS: Belief systems. But that's a very tangled, gnarly web – belief systems – because where are they coming from?

KATHLEEN: All over.

ADAMUS: All over. All over – your aspects and mass consciousness and your preachers and teachers and the other realms. The other realms account for a lot of belief systems and acting out. Entities that are hanging out around – not you, but you know what I'm talking about – the people that you work with, the people who we're going to talk about in our upcoming workshop.

Oh, Cauldre's telling me I'm talking too fast, but you know, this is a relief, because in our recent Asia trip I had to talk so slow I got constipated. (laughter) I didn't, Cauldre did. But he ... it's ...

LINDA: How did that help your book reading?

ADAMUS: TMI. (laughter) (TMI = Too Much Information)

LINDA: How did that help your book reading?

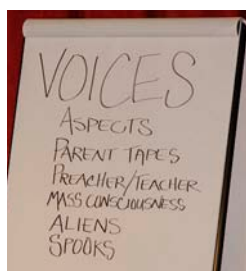
ADAMUS: So there are these entities that hang around and influence people who are particularly imbalanced.

Now, please don't run home, hop into bed, pull the covers over and wonder what entities are trying to be with you at that point, because you know, very easily, if there is, you do what?

SHAUMBRA: Beat them up.

SHAUMBRA: Get out of there.

ADAMUS: Beat them up, run the other way. No, no, no. No, you make a conscious choice. "Get the hell out of my life." Be clear. Don't be a pansy. Don't try to process them. Be clear. "Get out of my life, now." You don't need them, and if you do, there's something *you* need, which we're going to talk about in June. Therapy.



So you have all these voices going on and when you stop for a moment, because life has gotten so crazy, so overwhelming, and you break down, and you say, "Please, I need some help from somewhere, from something!" And you still hear a lot of voices, and you still have a lot of clutter. So what do you do?

SHAUMBRA: Breathe.

LINDA: Go shopping.

ADAMUS: You *should* breathe, but you ... you go shopping, yeah, or you withdraw. You withdraw and you limit yourself, because you don't know what voice to listen to anymore. By the way, I'm not picking on anyone, but I'm trying to help you to understand, because you're going to help a lot of others understand – what voice are you listening to.

The True Voice

The *real* voice is the Body of Consciousness. It's an encompassing voice, and it's not just the divine. As we talked about in our last gathering, you've kind of separated the divine, put it off in a spiritual closet somewhere, locked the door and then forgot where the closet is. So I don't want to say the Body of Consciousness is just divine. It is also human. It's also mental. It's also your future potentials, and the past or yesterday's potentials that were never actualized or realized.

You know, as we've talked about before, you've had things happen to you in the

past, but that's very false, because while you had an experience of being, let's say, in a ... I was going to say car crash, but that would put something in your mind and you might have one tonight. So let's not say that. Let's say in the past you had an incident where you got very, very sick. Oh, now you think you're going to have to get sick tonight. (laughter)

Well, let's say you got very sick, and now you believe that you had a period in your life where you became very sick and almost died. And you record that now as the event that took place. It would be like it was published in a newspaper and it is what it is. It's news. It's history, but actually not at all. It was one of many potentials, very alive and real potentials. It was the one you happened to manifest in this reality, but you had many potentials in other realities that were manifested in a nonphysical form. You had many, many other potentials that were contemplated – you thought about them at some level – but were never actualized. That's your real history – your potentials – not what you think happened.

But I'm ... you already got your money's worth. Already. Already. So don't fear (to Linda), I don't think you'll have any requests. And you online (looking into the camera), start writing those letters of thanks to the staff.

So the real voice and the voice that is now emerging, that you can truly feel, is the Body of Consciousness. Consciousness is awareness. We talked last month about your Body of Consciousness – the I Am of this exact moment. Yesterday doesn't matter. Past lifetime is irrelevant.

The potentials of the future can actually only be pondered or contemplated from this moment. You don't go into your future potentials to contemplate them. There are a lot of things that are going to happen to you, or potentials, Elizabeth, in the months to come – wonderful things, by the way. Now, you don't go into the future to contemplate them. You contemplate them from right here. But you have to be able to trust the voice – *The Voice* – and the reason why so often you go into the past or you project into the future is because you don't trust this voice in the Now moment. This is amazing. Amazing.

So what we're going to do today is start that process of trusting the voice. But you have to understand where all of the other voices come from – mass consciousness, aliens, other nonphysical entities.

LINDA: Aliens?

ADAMUS: Sure, aliens – everybody needs a little alien now and then – and ghosts, spooks. Spooks – I like that word. Spooks. They're all around. And actually the funny thing is there could be spooks in the room right now. They're not today. But – they're not – spooks are ghosts, dead ones, who are roaming the Earth, who haven't released.

LINDA: Which category do you fall in? (laughter)

ADAMUS: Uh ... Grand. Ascended. Master.

LINDA: Ohhh! What's wrong with me! Oh! A new category. Oh!

ADAMUS: Yes, and, oh, also if you would, voices – put Adamus on there.

LINDA: Oh, Grand Ascended Masters.

SHAUMBRA: I am that I am.

ADAMUS: Yes you are.

SHAUMBRA: Thank you.



ADAMUS: Yes. So, what we do now is get into awareness of the voice of your Body of Consciousness, your awareness. It doesn't speak in language. We all know that. We've talked about no definition, no words. Voice is actually a misnomer, but it's the closest that we can get here, but it's the feeling, the knowingness in the moment. That's the voice.

You're not going to hear sounds, words, in your head. You're going to maybe feel something in the heart, in the gut, but you're going to feel a ... I'll define it using Cauldre's definition when he goes into connection – I hate that word 'channel' – when he's goes into connection mode. There's a golden, honeyish, warm, sweet energy that flows through, creates those chills that go from the top of the head down to the feet. And that's the voice. That's the knowingness that you're there, and that's what you feel or become aware of or listen to, for lack of better words.

It may or may not have attributes of your humanness. This voice is partly your humanness, so you may hear some of that, but it's the Allness. It takes implicit trust – trust in yourself – because what happens, the moment you start listening to the voice of the Body of Consciousness, the I Am, every one of those voices starts

coming up as well. Why? Because it's quiet time for mommy and daddy. It's quiet time for you, and this is their opportunity to start pushing their agendas, to start vying for position, to start getting you to act upon whatever their imbalance is.

So suddenly there's this flood of other voices coming in, and at that point you remind yourself of the I Am, of who you are. Not a ... can I swear?

LINDA: Oh, please.

ADAMUS: Okay. Not, oh, there's ...

LINDA: No F-word. Don't use the F-word.

ADAMUS: Oh, never, never, never, never, never.

LINDA: That offends too many people.

ADAMUS: No ... oh, I'll use the nice word. No falseness about the I Am.

LINDA: Oh, come on, you could use that word.

ADAMUS: Which word?

SHAUMBRA: Shit.

ADAMUS: No, it's two syllables.

LINDA: Shit is two syllables?

ADAMUS: It is if you put a cow in front of it.

LINDA: Oh!! Oh, bullshit.

ADAMUS: Yeah, yes, yes. See, now she said it, not me. (laughter) I would never use foul language in talking to a group.

LINDA: I'm in service! (laughter)

ADAMUS: But, you know, sometimes when you say, "I am that I am" – we've done this with groups of Shaumbra around the world. Had them say ... well, let's

do it right here. Okay. I'm going to ask you to, in just a moment, to say "I am that I am."

On the count of three – one, two, three:

AUDIENCE: "I am that I am."

SHAUMBRA: Hallelujah.

ADAMUS: (chuckling) This is not a revival group! (laughter) Well, or perhaps it is. Perhaps it is.

No, that was actually better than anticipated. Let's try it one more time, but a little bit more *real* in it, a little bit more grit, a little bit more *you* in it. On the count of three, and let's do this for the nonpaying webcast audience. On three – one, two, three:

ADAMUS AND AUDIENCE: "I am that I am."

ADAMUS: Pretty good. Pretty good. You're still wondering if you can believe it, but actually you're starting to. Excellent.

So you remind yourself during this process of listening to the real voice "I am that I am. *I am that I am.*" Then these other voices actually do start settling down a bit. They don't necessarily go away. You're not blocking them out, but suddenly they're listening. They're listening, saying, "What was that? What was that that Marc said? Did I really hear Marc say 'I am that I am?'"

Now, they don't necessarily really buy into it yet, but the part of them, that light within, wants to buy in. So they'll stop for a moment and they'll listen again while you say ... (Adamus leans toward Marc)

AUDIENCE: "I am that I am."

ADAMUS: I wanted Marc to say it, but that was good. (laughter) And so ...

MARC: I have many voices (much laughter from Adamus and audience)

ADAMUS: We need an Award for Marc for cleverness, wittiness.

LINDA: Do you want to hand it to him?

ADAMUS: No, no. You. You're the official hander.

LINDA: I'm happy.

ADAMUS: For wittiness.

LINDA: I'm in service.

ADAMUS: So all these voices stop for a moment and again, you say, Marc ...

MARC: I am that I am.

ADAMUS: Yes. And they actually quiet down for a moment. They're ready to pounce again at any point, but they quiet down for a moment. In this sacred safe space is when you really start hearing your real voice, your Body of Consciousness voice, your aware voice.

Let's try it right now. This is a safe space – god, I hope. We've gone for ten years here, no major accidents. So this is a safe space. You know all these voices haunt you at times, but now you're really starting to realize the I Am. You're not letting them run the farm anymore, you're taking back the leadership. You're taking back yourself. You're taking back the I Am that I Am.

So we're going to play a little bit of background music, just to have your mind think it's doing something, and I'm going to ask you to be very bold and open up your awareness. Don't listen with your ears, but listen with your Body of Consciousness, your entire being. Listen to yourself, feel yourself and know yourself.

We're going to ask our friend John to put on a little bit of very beautiful music – multidimensional layered and very conducive music. So take a deep breath ...

[“*Lemurian Homecoming*” by Anders Holte plays for about 5 minutes]

[Adamus stands in silence for another minute]

ADAMUS: Take a deep breath ... relax.

Relax.

Wow. I'm very, very impressed with this entire group.

The musical composition or the toning was from Anders Holte from Germany. Many of you are familiar with his work. And it wasn't the toning that is the voice that you're listening to. It was actually more of a distraction than anything.

LINDA: Do not use the restroom. (laughter as Adamus walks off to the men's toilet)

ADAMUS: What you are really doing is your mind was focusing on that so you could start relaxing ...

LINDA: Don't do it!

ADAMUS: ... so you could start getting into that quiet state. (a toilet flushes) And ... ah ... (much laughter)

LINDA: Shame on you!!

ADAMUS: So, while the toning was going, you were able to let go, relax a little bit, and then when the music stopped ...

LINDA: Is your zipper up? (as Adamus walks back into the room)

ADAMUS: When all of those voices had kind of settled down, when everything had quieted down then when the music stopped and it was quiet, you had a minute or so of actual, real quiet. And you notice you didn't necessarily hear a big voice. It just felt really good. That's the big voice. That's the Body of Consciousness.

No commotion, no wondering if you're doing it right. See, you thought we were done and you actually relaxed because you weren't doing the homework anymore, you were just waiting for me to start up. *That* moment, that brief moment, was when the real voice within comes up.

It doesn't tell you what to do. Please, please, please don't expect that it's going to tell you what car to buy, where to go on vacation or anything like that. Those are such old days where you needed somebody or something telling you what to do. It doesn't need to, it doesn't want to. It just wants to be with you. That's the greatest voice of all – yourself wanting to be with you. Feeling so safe now in this rather harsh reality that it can just be with you. It's the only voice you need. You don't need messages. You don't need defined answers. That's what you listen to.

This multidimensional toning composition from Anders is a wonderful way to get into that. I believe it can be found in your website. [Lemurian Homecoming is in Shaumbra Shoppe] But whether you choose that or something else, it's a great way to get into that and then just allow that quiet safe space. You're going to start hearing, feeling the real voice.

Awareness and New Potentials

So let's move on to my next question today. And just for those of you who are wondering, am I going to answer the question 'did Jesus die on the cross?' It's Easter. It's Easter Aandrah. Hundreds of Shaumbra around the world want to know. I might, if we have time. I might. It's a fascinating answer.

So I do have ... well actually we all have an appointment. I forgot to tell you. And the reason why I'm going to have to go, you know, by, well let's say, five o'clock – oh, let's say, six (laughter) – is because we're working on something right now. You probably didn't know. *You* knew (speaking to Linda) because you felt awful before and you thought it was about you, but it's not. It's not. Ooh, I'm singing! (laughter) (Adamus starts singing) Hmmm, it's not about you! (more laughter)

So we're working on something right now, because that's what we do. That's what you do. Take a deep breath and I'll explain what it is. There's actually a terror attack planned for tomorrow, Easter. Yes, makes sense. A little disruption of sacred religious services – it's an attention-getter. It gets in the news. It makes big news. And shame on those who do acts of terror on a sacred holiday, no matter what religion it is, but it's a sacred holiday. It doesn't matter if you're honoring the living or the dead, but it's sacred. But there's a plan underway, and that's why I have to leave here sooner than later to go work with the terrorists – not encouraging them, of course – and you're working with them also.

So what do we do when we're working with a group of terrorist who plan destruction on precious human lives on a big scale? Do we go in and yell at them, Steve?

STEVE: No.

ADAMUS: Do we pray for them, Marilyn?

MARILYN: If you want.



ADAMUS: If ... no, you give *me* a dollar. (lots of laughter) Give me a dollar. Give me a dollar for her! (addressing her brother, more laughter) I'll turn this into a profitable company one way or the other. (laughter) No, you don't pray for them, because that's *your* agenda. That's your lack of compassion ... Sorry, but I got a dollar out of it.

So do we go in and use psychic energy on them?

SHAUMBRA: No.

ADAMUS: No. No, no, no, no. So what we do?

SHAUMBRA (shouting from the back): Honor.

ADAMUS: Okay. We ...

SHAUMBRA: Have compassion.

ADAMUS: Compassion.

LINDA: You want a list?

ADAMUS: Sure.

EDITH: It would feel better to hire a hit man. (much laughter)

ADAMUS: Give me your ... I want your purse! I want the whole damn thing! I want everything! (lots of laughter) Aandrah, are you busy tomorrow?

AANDRAH: Yes.

ADAMUS: I need a session.

So, compassion. Absolutely. You go in – actually, we go in – with compassion. And

we're there right now. Part of you is there right now in this planning, in this meeting that the terrorists are having. We go in there with an expanded sense of awareness. In other words, these things don't have to happen. There is no destiny. We go in there with an awareness of grander potentials. Not to inflict it, not to demand it. But it would be like walking in with a huge basket of presents and saying, "How about this, instead of – boom – this? How about things like loving yourself instead of being angry with your mother and thinking you have to blow up the world?" How about this basket of presents, this potential, that says, "You are God, now act like it," rather than saying, "this is God and these other rules and follow it or we're going to kill you."

So we go in there with a very expanded sense of awareness, and maybe, just maybe, they absorb it. They feel it. Maybe one in the group or five in the group stop for a moment and say, "I feel something. I hear a voice. I feel something, and, you know, is this really what we want to do to get our voice heard?" That's all they're trying to do, get their voice heard. "Maybe we don't need to blow things up, but maybe, just maybe, we start taking a look at ourselves, how we individually, one by one, even though we've worn this costume of being a terrorist, how maybe we can start changing the world by changing ourselves; where we can get over control and anger and having our past life aspects rear their ugly head and want to blow up things."

So, Shaumbra, when we go in, as we are doing right now, into this gathering of terrorists who are working through their last minutes plans, we go in with that compassion. By the way, it's the same way of dealing with yourself, because – (to Linda) flip back please to the page with voices – these are terrorists. These are terrorists. Aandrah? Yes. Do they like blowing things up?

AANDRAH: Yes.

ADAMUS: Sometimes yes. Yes. Sometimes they just like the hypnotic effect. Sometimes they just like to cry a lot, but yes, some of them like blowing things up within you. Blowing that up (points to head). That's an easy target.

So, back to our discussion. There truly is a group of terrorists who are planning something for tomorrow. So here we sit and we say that that energy, that stuck energy of anger, of control, can be transmuted, not out of force but out of compassion and honoring, not out of arm wrestling and not negotiating, believe it or not. We don't ... I don't negotiate at all.

If you truly understand the I Am, there's no negotiation. "I Am. I'm not going to negotiate it. I Am that I Am, nothing more, nothing less." So we go in there with our

presence, and may the presence be felt by them.

So what happens? Well, one of several different scenarios. Tomorrow you wake up and there's some very bad news. Of course, none of you really want that potential. Most people don't. Or tomorrow there's some interesting news. A group of terrorists on their final portion of their plan did something stupid. Their plans went awry. They couldn't blow up the bomb in their underwear. (some laughter) I'll never understand that one. (more laughter)

I have to say, terrorists ... (to Linda) would you go back to the voice page.

LINDA: My pleasure.

ADAMUS: Terrorists are not very smart. They're really not. They're loud, but they're never smart, ever. Ever. So that's another potential. "Government officials uncover plan to ..." fill in the blank, destroy something. "At last minute it's thwarted." That's when you get the big smile on your face and go, "God dang we're good!" (laughter) And we didn't have to force anything. We just took our awareness in the Now moment and placed it there. Amazing! Magic! Actually, not magic at all, so simple that there's nothing mysterious about it.

Or the third scenario: nothing. Nothing. You don't read about a thing. Nothing happens tomorrow. It comes and goes like another day, because at some level within the plan it just fell apart. It just fell apart, whatever little detail or details. Or maybe the leader of this group suddenly had a heart attack and keeled over. Not that we caused it, but you know, dear Shaumbra, when there's a lot of heart energy such as you have and you put out, it can affect somebody's heart. If they have really closed down energy, it can open it up suddenly, too fast.

So you read about nothing, nothing happened, and then you wonder, "Well, was Adamus just making this all up? Because any scenario, Adamus was right. Any scenario." So the good scenario for me is if the plot is thwarted and makes the news. The bad one for everybody is if it works and the terrorists don't feel our presence. And the one that actually would be best is, well, I'm not going to rank it best, but the one that actually I would feel good about is if nothing happens, their plans fall apart, because that tells me that consciousness truly is expanding. It's not going to tolerate intolerance.

LINDA: That's good.

ADAMUS: It's not going to allow all of this Old Energy control from going on.

LINDA: Can I write that?

ADAMUS: Yes. I have no idea what I said, but ...

So, dear Shaumbra, let's take a moment, if you would. We're working on this – all of us (to the camera). You can stop writing those letters of thanks and take a moment right now to take a deep breath. The world is a beautiful place. It truly is. No experience like it. You really can't ascend in the angelic realms. You can go there to recover from being on Earth (laughter), but you can't ascend. You can go there to hide between lifetimes also, but it's here. It's right here where we do this work.

And this battle between terrorists and the heartfelt, the compassionate and the aware, this battle between the forces of old and the consciousness of new, it's not just about Earth you know. It's also affecting and has grand implications in the other realms. There are angelic realms ... oh, I'm going to talk about angels one of these days. I'm going to give you the real lowdown on angels and it's not as fluffy as what you would think. (some laughter) It's an amazing thing, but there are angelic beings who are really holding back. They don't want creation to move forward, for whatever reasons. I'll go into that. Would you write that down on the list of things that we're going to do before I leave ...

LINDA: Oh, oh.

ADAMUS: ... is we're going to do an angel workshop and we'll call it something like (in a dramatic voice) "Angels – Forces of Good or Forces of Evil." (laughter)

LINDA: What do you want up here, Angel Workshop?

ADAMUS: Angel Workshop is good enough for now. I'm trying to help with the marketing and keeping things moving. That's why I'm offering the money back guarantee on this workshop today.

So anybody want their money back at this point?

SHAUMBRA: No.

ADAMUS: Good. We're not done.

So, let's expand our awareness, our compassion into this energy, this consciousness of the terrorist group. Just be there. Take a deep breath and just be there. No lectures. You don't have to have your voice chattering away at them just like you don't need other voices chattering away at you. Just be there, every part of you ...

(pause)

Your wisdom ...

What you've learned over these years about consciousness and energy ...

(pause)

Bring that with you.

What you know about the internal strife within yourself, what you know about tilting at windmills, how it's really just a big illusion.

How you know, when you finally love and trust yourself, there's no need for any sort of terrorism. You don't have to blow things up to move things forward.

Let's just be there, this moment.

(pause)

As you probably already have guessed ... figured out ... it's not just in a geographic location on the planet that this group is operating. They're operating in the nonphysical realms. As a matter of fact, you could say that the humans who are operating in the physical realms are being manipulated by beings on another realm who are projecting their voices onto the humans, their agendas.

Let's just be there in *all* the realms ... in the true I Am presence.

(pause)

And now let's gently, gently come back to focus here, but actually part of you is still there. And remember, no agenda of the outcome. No agenda. The moment you go to an agenda, you start to put an imbalance on it. So no agenda of the outcome; it is what it is.

Let's take a deep breath, and we're continuing to work here, but there's activity

going there. I can't wait for us to talk about it next gathering.

Who's Pulling the Strings?

So, let's really shift gears here for a moment. So I'm going to ask you who's pulling the strings in your life? I'm going to ask Linda to run around with the microphone.

LINDA: My pleasure.

ADAMUS: So, I'm going to start right up here. Let's start with On, Garret. Who's pulling the strings in your life?

GARRET: A lot of the time it's my aspects that are screaming.

ADAMUS: A lot of times aspects that are ... thank you for the very honest answer. Absolutely. Good. Linda, you pick and choose this time.

LINDA: Okay. Anybody want to throw a hand up? Do you dare?

ADAMUS: Who's creating the reality in your life? And yes, this is a trick question.

LINDA: They all are.

ADAMUS: Who's creating the reality?

MARY: A lot of times it's my mind.

ADAMUS: Your mind, yes, that's a good answer. You may want to carry some Adamus awards with you, because I have a feeling this is going to be better than what I'd planned for. So, sometimes it's your mind.

LINDA: Any award winners?

ADAMUS: Yes, to Mary. Mary gets an award. So who's pulling the strings? I know you want the answer. (addressing Jane) You look so radiant today.

JANE: Thank you. It's the list that's up there. It's all the same.

ADAMUS: The list that's up there. Yes, that's good. Kind of been said, so I can't give you an award, but you are correct. So I'm not going to embarrass you in front

of millions of people. Billions, maybe. Yes.

SHAUMBRA (female): I am. I'm pulling the strings. I'm creating my own reality.

ADAMUS: You are. Really?

SHAUMBRA (female): Yes.

ADAMUS: Really? Did you choose your birth parents?

SHAUMBRA (female): Yes.

ADAMUS: Really? When?

SHAUMBRA (female): Before I came down to this planet.

ADAMUS: Really?! Do you remember it?

SHAUMBRA (female): No.

ADAMUS: Who was there with you?

SHAUMBRA (female): That's a very good question.

ADAMUS: But you say you're creating this reality, yet ...

SHAUMBRA (female): Down here. Down here.

ADAMUS: Down here.

SHAUMBRA (female): Yes.

ADAMUS: Okay, but didn't it start with your birth parents?

SHAUMBRA (female): Oh yes.

ADAMUS: Okay. But you don't remember.

SHAUMBRA (female): I don't remember choosing them, but I know that I did.

ADAMUS: You *think* that you did.

SHAUMBRA (female): Correct.

ADAMUS: But you don't know that you did otherwise you would tell me what the meeting was like with the other angels and how you chose the birth parents. You didn't choose your ...

SHAUMBRA (female): Well, I could make up a good story.

ADAMUS: Yes. Take DreamWalker Birth. You'll find out you were sucked through this tube back to Earth based on a lot of unfulfilled desires and kicking and screaming. It wasn't a conscious choice, I hate to tell you.

SHAUMBRA (female): Yeah, okay.

ADAMUS: With all love and compassion, but you didn't choose it.

SHAUMBRA (female): Okay. (laughter as Linda hands Adamus an Award)

ADAMUS: I wanted money! So who's pulling the strings? Greg?

GREG: Unfortunately, sometimes it's bureaucracies.

ADAMUS: Yes, bureaucracies pulling the strings. They're pulling the strings, but you're buying into it like a little puppet. (Adamus dances like a puppet on strings) Yes.

LINDA: How cute! Do that again.

ADAMUS: Like a little puppet on the strings, because you buy into the belief system that the bureaucracy has the final say.

GREG: Not always.

ADAMUS: That's common. Not always. No, no. Many times. Not always at all, but it's a good observation. Okay.

LINDA: Does he get a prize?

ADAMUS: Not quite, no. No. The prizes are for the ones that really make everybody

go “ooh” and “ahh.” We have a hand over here.

LINDA: Oh, very good. You are a brave one, sir.

ADAMUS: Who’s pulling the strings?

TIBOR: My first thought would be that I don’t know. I absolutely don’t know, but ...

ADAMUS: That’s good. Leave it right there. Give him a prize. But now you can continue. Yes, go ahead.

TIBOR: But as I let go of trying to figure that out, because you can’t figure out “I don’t know,” it seems like we are co-creating. The more I let go of “I don’t know,” the more I’m allowing all of us together to come up with what do we want to live and experience. (Someone says, “Wow.”)

LINDA: Where are you from?

TIBOR: Source.

ADAMUS: Source! (Adamus laughs, audience laughter and applause) I would like to go over to our table here.

LINDA: Oh my god.

ADAMUS: They hardly are ever included. So, any one of you can answer. Who’s pulling the strings?

MICHELLE: My Body of Consciousness.

ADAMUS: Your Body of Consciousness. Okay, good. Now keep the microphone because we’re going to go with this. So, your Body of Consciousness. Okay, but you just learned about Body of Consciousness a month ago.

MICHELLE: Um hmm.

ADAMUS: So what about all the other experiences in your life up until February 2010, where did those come from? Who was pulling the strings?

MICHELLE: My aspects.

ADAMUS: Aspects. Yes, yes. That's good.

MICHELLE: My aspects have been pulling my strings, but Body of Consciousness really felt right to me.

ADAMUS: Right.

MICHELLE: So to me it's my Body of Consciousness.

ADAMUS: It's a good answer, but none of you really believe it yet. None of you are experiencing it yet.

LINDA: Doesn't that get a prize anyway?

ADAMUS: Uh, not quite. I'm sorry, but next time. Uh, yes.

RICKI: People around me that I allow to control me, to ...

ADAMUS: Yeah. People around you.

RICKI: ... pull my strings.

ADAMUS: Absolutely. Pull your strings. So ... Nancy?

NANCY: What?

ADAMUS: (laughing) Nancy, Kathy. I just want to give this table attention. They're always working so hard serving you, so who's pulling the strings in your life.

NANCY: I was just going to say it all depends on what I'm doing. Like at work it's the bosses.

ADAMUS: Right, exactly.

NANCY: At home it could be, you know, whatever I'm doing. My grandkids.

ADAMUS: Right, okay.

NANCY: All depends on what I'm doing.

ADAMUS: Good. Good. Honest answer. Kathy?

KATHY: Ego.

ADAMUS: Ego. Ego, and where is ego?

KATHY: It's all that. (pointing to the list)

ADAMUS: It's all that. Okay, good. Good answer.

By the way, not to correct you, but I always do. The ego is not a bad thing. Ego actually derives from the term "I go. I expand, I experience." But along the way ego was made into a bad word, but actually it's great to have a lot of ego. (laughter as Adamus poses)

LINDA: Thank god.

ADAMUS: You think of ego in negative terms like somebody being egotistical, full of themselves, self-centered. And there is a line – a fine line, but it is a line – there's a difference between absolutely self-centered where you're feeding or stealing energy from other people and being self-aware and self-filled, meaning you don't need to steal energy from anybody. You are so aware of yourself and so damn in love with yourself, you don't need to steal. You don't need to make excuses for yourself. You don't have any doubt about yourself so you can express openly and joyfully. You don't need to hold back. *That* ego is a beautiful thing. It's the expression of the I Am. Yes, a couple more here. Siglinde?

SIGLINDE: The physical body pulls a string or two.

ADAMUS: Absolutely. Physical body pulls a lot of strings. Absolutely. You can be having a really good day and then an ache or a pain, the voice of your biology, jumps forward and starts screaming and it'll ruin a good day. Yes. Aleya?

ALEYA: For me it's a degree of trust of myself. How well I trust myself in that moment depends upon whether I agree with the aspects ...

ADAMUS: Right.

ALEYA: ... or I agree with the I Am.

ADAMUS: Okay. Exactly. Very honest answer. Yes. Sometimes because of lack of trust, you allow the others to pull the strings. It's actually easier some days to have somebody pulling the strings (Adamus dances like a puppet) and you ...

LINDA: I missed that. I was walking. Could I see that again?

ADAMUS: ... have somebody pulling the strings and (he dances again) ... Cauldre doesn't like that.

LINDA: Really?!

ADAMUS: No, no.

SHAUMBRA (male): The way you're saying this it's almost like you're talking about being influenced by others. How are you being pulled, the strings by the puppeteer? Who's pushing your buttons? Would it not be better to look to that quiet voice within and increasingly make more choice from what you know?

ADAMUS: Ah, I guess I'll just go home now! I don't need to finish the lecture, but I have some interesting diagrams. So, yes, two little awards. Yes.

LINDA: Oh, for god's sakes.

ADAMUS: But I'm going to say it a little different. Not better, just different.

EDITH: He wants a gold piece.

ADAMUS: We're coming out with that soon.

So, now I'm going to go to the board for some diagrams. So the question is, who's pulling the strings? And if you had told me "nobody," I would have had to call you a liar.

EDITH: What's new? (much laughter)

ADAMUS: (laughing) Oh give her something! Something! Yes, thank you. Oh, this so much reminds me of our old Mystery Schools where we would go for days. Sometimes some of you would get so drunk even, and then feel miserable the next morning, and sometimes it was just sheer beauty and joy. I miss that, but here we

are doing it again.

So at times ... there are a lot of new agers in denial and they say that there's nobody pulling their strings. And so I ask them ... I couldn't do it with you. I was trying to goad you into it and have you give me some of those b.s. answers. But, dear Shaumbra, sometimes there's the answer that says, "Nobody. I'm creating my own reality." So I say, "Oh really. So you have certain gifts and talents, where did you get those from?" And these others, who are not so real, say, "Well I created them." Really. And you remember creating them. "Well, no, but I created them." And there are those who say, you know, "I am the creator of my reality." And I'm like, "Really? And this is what you created?!" That was funny. (laughter) So often I hear these very esoteric answers, but there's no real life application. They're not real.

Waveforms of Consciousness

So I want to discuss here in our remaining moments, which could be hours, I want to discuss who's pulling the strings and I want to answer my own question – the question that has perplexed many of you for so often – does a human have free will? We're going to answer that here today. You're going to get your money's worth. Does a human have free will?

EDITH: They have free choice.

ADAMUS: Do they?

GARRET: Very expensive choice. (laughter)

ADAMUS: I'm going to draw now. So I'm going draw, and this is all symbolic. Don't take it literally, but it's a good way of showing.

Your source is on a journey. Your self is on a journey. And we talked in our last conversation about the Body of Consciousness but the Body of Consciousness has different – I'm going to call them – waveforms or different dances that they do. Your spirit has a waveform. It's a beautiful waveform. Don't take this literal, this is symbolic. (Adamus draws a waveform)





Your spirit is on this journey, and it has a few of its own desires. The desires can be summed up very easily. Your spirit, your self wants to know thyself, in answer to the age old question you asked a long time ago, “Who am I?” It’s finding out. It wants to know thyself, and it does it through what I call the three X’s – triple X-rated – which are

experience, expansion and expression.

This is what your spirit, divine, whatever you want to call it, wants to do. It’s out there dancing along, floating along. It just wants to know itself, and it wants to experience. It can’t know itself without experience, so it goes through experience. And it wants to continue expanding. That’s the joy of spirit, expanding. Going backwards doesn’t work. Staying in neutral or park will eventually bring explosion. Bring boom! Something has to move the energy. So it wants expansion and it wants to *express* that joy. To just know that joy within thyself and then not to express it is, well, unfulfilling. So it wants to express – through singing, through music, through books, through a job, through a bad relationship, through a health issue. They are all forms of expression and this is what your spirit waveform does.

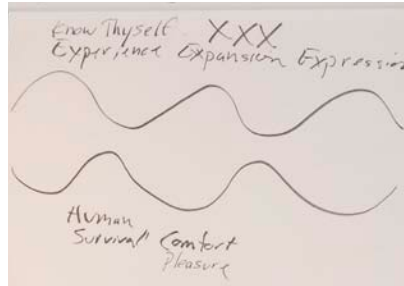
You have another waveform called – well, let’s call it human. The human waveform goes something like this. (Adamus draws another waveform opposite the first) That human part, which really takes up the vast majority of your awareness right now, it has a whole different set of dances and desires. It has a lot of agendas, because it generally doesn’t see spirit and it believes it’s acting on its own. So it becomes very defensive, very isolated, and it wants things like survival. This is old Lemurian programming, survival. Go to Earth and you stay there – you get into biology, because then you can have some experience – but you stay there. So you survive. Old programming.



I hope that we’re going to be able to take away that programming to survive, because it really is a pain in every way. You don’t need to survive; you need to live. So it wants survival. It wants, to a degree, comfort and pleasure.

The pleasure portion comes out of old Atlantean programming. There is a pleasure center that was programmed into everyone. Why? Because you could make people

work really hard and do amazing deeds when they get a little reward at the end of the day – when they get a little sex, a little alcohol, a little acknowledgment, whatever, a little power. So this is the comfort and the pleasure portion – I’m sorry if you can’t read that.



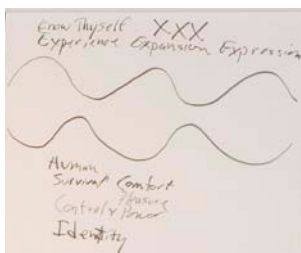
LINDA: It's not good, but it's okay.

ADAMUS: Turn that more towards Roy-Cam. Comfort and the pleasure are also programming that I'd like to see us get rid of, release. You don't need to get a little biscuit at the end of the day. You're not lab rats anymore where you have to get the goody. Sugar was a wonderful discovery a long time ago, and sugar actually ... I have to be careful of what I say here. Well, no I don't. The sugar, to a degree, has an energy of hypnotic overlay in it. Now I'm not saying sugar is bad, but sugar triggers something within you energetically, not biologically, to make you think you feel good. Kids are given sugar, why? To shut them up. It's not good for them. It gets them into a frenzied energetic state. But sugar is a hypnotic drug. You can write that down, "Adamus said sugar is a hypnotic drug."

So the human needs to survive, have pleasure, comfort, and then it gets into other energies like control and power. It loves those. It gets into the building of its identity. This is the negative interpretation of ego. So let's say identity. Old programming.

So this human wave constantly tries to reinforce itself. Spirit – the spirit portion – is trying to understand itself; the human is trying to fortify itself.

LINDA: You should write that down.



ADAMUS: Well, this is all being recorded.

LINDA: Okay.

ADAMUS: So, the human constantly has to reinforce its identity, and it doesn't actually allow the true expansion

or exploration of identity. It wants to restrict and overly limit the identity.

So, you have these waveforms and a beautiful natural thing normally happens. Spirit is dancing, human waveform is dancing, and there are times when they naturally flow apart. When they do it can actually be a beautiful thing because this human can go into the depths of its own discovery. The spirit can go into more expansion. Normally, a beautiful thing. And then this separation acts almost like an attractant or a magnet, and it brings them back together closer.

And then there's the opening again, where the human goes deeper into its experience, the spirit goes further into its celebration, and so you have this constant back and forth. It's ...

LINDA: Could you do that with music?

ADAMUS: It's truly ... it is truly a dance.

(Pause while Adamus dances with Linda)

SHAUMBRA (male): Stick with singing. (much laughter)

ADAMUS: It is truly a dance – together, apart; together, apart. It is the breath also. You can feel this waveform, this dance.

It is very warm in here.

LINDA: Cauldre needs a drink.

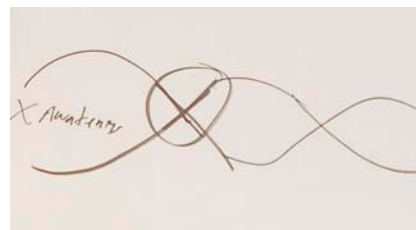
ADAMUS: Door open, please. Mmm. The energy we are creating here. So they have this beautiful dance together.



Now, ultimately, what happens, and you may already know the answer to this. So there's the spirit, (Adamus draws) and then there's the human, and at some point they touch. At some point they cross over. I'll have to zoom in on that. (he draws again) They cross. And then

the dance changes where there is this constant weaving into each other, no longer separated. And this point right here (where they cross) is the critical factor. This is awareness ground point zero. In other words, you've let go of the old dance, the old past. That all becomes history, memory, a part of experience. Now the dance is together.

The beginning of the awakening process is back in here. (shows a point on the waveform) This is where your awakening started to happen. You felt a momentum that was no longer going to bring you somewhat together and send you back apart, but you felt, "Oh, dear god, they're coming together." It was a result of a lot of things – trauma, depression, lack of passion – all of these things created a momentum from the human side, which created a downward spiral for your consciousness that gave you the boost to come through this point. And your spirit, which had been a waveform way off somewhere else, said, "I'm going down." (laughter) "I'm going to take the plunge. I'm no longer just going to be up here on the airy fairy etheric levels, I'm going to Earth. I'm going to be with you." And at this beautiful ground zero point of the I Am, you came together.



I'll come back to this, but I want you to note something very, very interesting, because it's Easter. (whispers to Linda) Deep breath.

So ... (Adamus draws)



LINDA: Oh my god.

ADAMUS: What is that, Shaumbra?

SHAUMBRA: A fish.

ADAMUS: Symbol of a fish. And who uses that?

SHAUMBRA: The Christians.

ADAMUS: And what is the rationale?

SHAUMBRA: The fisherman.

ADAMUS: That Yeshua had a bunch of fisherman. Absolutely *not*! (laughter) What the...! *Who would choose a fish as their symbol??!* What did Yeshua mean by this? It's the overlay. It's the dance that goes on and on and on. It's not about fishing! It's about integrating. It's about coming back together at this point. (Adamus points to the crossing point of the waveforms)

Ah-h-h! And Yeshua knew that. Yeshua explained the very same thing. He didn't have a nice piece of paper, he wrote in the dirt. He explained the very same thing to his disciples and to some of the others who could hear, and Mary Magdalene stood at his side and explained even more of the details of what was going on in this most amazing process. And he used the symbol, which somebody turned into a fish, he used this symbol of coming together that I've shown here. Coming together – the dance – that finally brings it back together. That's where you're at. This is what's happening, and from here (the intersection) going forward it is no longer different waveforms. It is a Body of Consciousness.

Did you get your money's worth?

AUDIENCE: Yes!



ADAMUS: Oh yeah! Oh yeah! For you who are going to be attending my – our – discussion of mental imbalance, this is going to become an integral part of our discussion, because in a mental imbalance, Greg, instead of having waveforms that dance together like this, they are erratic and they are dysfunctional.

(Adamus draws erratic, spiked waveforms) And when the human waveform, which is influenced by the voices of aspects of mass consciousness and guilt, when the human waveform starts going like that erratically – this is good stuff – then the spirit waveform starts going like that, (far away from each other) and pretty soon they absolutely lose each other. The human goes into psychosis, mental illness, breakdown, multiple personalities and all of these other reasons you have the mental imbalances. It's all focused through the mind, but it's a breakdown in the natural rhythm of the dance of spirit and human.



So, we'll go into this in much more detail. I'll talk more about how – I've oversimplified in these diagrams – but what happens is these are the main waveforms or waves of consciousness. Good title for this talk – Waves of Consciousness.

Now, in reality when we really get into it you're going to find that you have a lot of aspects. Those aspects also have their own patterns and you have millions and billions. I represent them with a dotted line, because they aren't quite as pronounced or out front – or are they?

So when does this human waveform stop being a solid line and start going into a dotted line, and the aspect waveform goes from being a dotted line trying to take over, trying to dominate, and now turns into a solid line? Now you've got a really mixed up human. We're going to talk about how to go in and help bring them back into the dance, into the waveforms. And it's simple. It really is simple.

Now, in reality I've drawn these as relatively linear waveforms. I truly wish this whole wall and all of these walls were writing boards. Wouldn't that be incredible, Suzy. (laughter)



Now, in reality these waveforms are not just straight lines like what I've shown here. They actually, again, with a simple depiction ... that's Source (Adamus draws a dot) ... they actually are like an expanding spiral. (He adds a spiral around it) And if you look within that spiral the dances are going on, but this whole time the Body of Consciousness is opening,

sometimes in a very mixed up, chaotic and traumatic fashion, sometimes with the illusion that it's all going to collapse. And at times that illusion is very real. It does collapse. Not really, but the consciousness closes the door and it creates the illusion that the expansion has collapsed. I think you know what I'm talking about.

In reality even this spiral isn't quite accurate, because the dance is, if you really looked at it, it creates kind of a ... (Adamus draws a large round spiral) It's like a big circle, a big ball, and the ball is expanding. The ball is the awareness, and it continues to expand out, continues to open up until you come to the point of the I Am.

Free Will?

Now, something else happens there. Something else happens at that point of intersection I talked about. The ball or the spiral doesn't continue its spiral path.

It doesn't continue its regular expansion, and we're going to talk about that in our next session. But I want to answer the question before – I see my time is running out – but I want to answer the question for you. You can contemplate it, and you do not have to agree with any of this. I simply pose questions. I simply pose questions. In all of our discussions, in all of our private talks, I simply pose questions.

But the question is, does a human have free will? I'll go back to some of the earlier diagrams. The question is does the human have free will or the question prior to that, "Who's pulling the strings?" Who's pulling the strings? Who chose your biological family? Not you. You weren't born. How could you have chosen it? Your skills and talents, was it astrology? Was it God? Was it a group of angels? Was it your spirit guides? Was it your higher self? Your oversoul? Was it just plain fate and destiny? Was it just really crappy bad luck? Who's pulling the strings? And that is a very age-old question. And the answer is, well, it depends. It depends where you are in your consciousness here who's pulling the strings.

Spirit has its own song. It's floating down the river, riding the waves. It kind of doesn't care, because spirit, your divine, is getting experience. It's expanding and it's expressing even if the expression means screaming and yelling. It's expressing. A health issue is a form of expression. And spirit is going along. It's not that it disregards you, but its needs are different. Its desires, passions, are different.



You have the human down here who's struggling for survival and identity. And yes, you want to say, "Well, I'm creating my reality." Well, that's actually not true, because a lot of your reality is being created or influenced by this waveform (spirit), other waveforms we're going to talk about in our mental health workshop, other waveforms that are up here on the divine level that you're not aware of. You actually aren't creating much of your experience at all. At all.

And in answer to the question do humans have free will? No, they don't. They absolutely don't. If they did, they would be totally different. They're under the influence of something. Their strings are being pulled by something. Karma? Well,

sure, if they believe in it. Religion? Absolutely. All of these other things, their strings are being pulled. They strongly want to think that they have free will and they demand it – “I have the will to quit my job when I want.” Well, they don’t. “I have the will to live where I want,” but they don’t. They live next to where they grew up. Hello! Next to their mom and dad!

So, actually, no, humans don’t have free will. They really don’t. I hope that makes you a little mad, because you always thought you had free will.

You have divine will. Tobias said it to you years ago, and that’s the channel that you forgot. You didn’t want to hear it, truly. He said, “There’s divine will.” The will of your spiritual wave, spiritual dance, actually will override the human will (snap) like that. Instantly. And it accounts for a lot of the things that have happened in your life. Your spirit isn’t inflicting those negative experiences, but there are things that are far more important to your spirit, your divine, than silly human antics and desperate attempts to control, to have pleasure, to fix an identity and to survive.

It doesn’t matter! Spirit’s going to survive, there’s no death. Yeshua proved that on the cross. There’s no death. He didn’t die to atone for your sins. He didn’t die for you and your sins. Good grief. That’s egotistical, thinking that Yeshua’s going to die for you. Yeshua came to a point – and it was a collective consciousness, so it’s a little different – but Yeshua came to a point of saying, “I’m going fishing. I’m going to intersect. I don’t care if I live or die. I’m tired of being in my own prison as a human. I’m tired of not being with me. I’m tired of these two always being apart. I want back with me.” Boom! They crossed. Ooh, did I say cross? (laughter as Adamus forms a cross with his fingers) Did I say cross?!

They merged. Heaven, Earth, coming together. The waveform of divine and the waveform of human finally intersecting.

So, did Yeshua die on the cross? No. He came alive on the cross. Physical body didn’t mean anything. He knew it at the point of the ‘cross.’ By the way, this symbol was picked up hundreds and hundreds of years later as a form of hypnosis, suffering – “He died for your sins.” I don’t think so. I don’t think so. Nobody can die for your sins. But this was originally meant as this point of intersection – the cross, the coming together – and it was used later to signify suffering and pain and guilt and control.

So, dear friends, Yeshua woke up on the cross, and in that moment released the physical body, which by the way, 2,000 years ago you had to do it that way. You don’t have to do it that way now. He released the physical body and he really came

to life. He went on merrily with Mary Magdalene. They had children together, even though he didn't have a physical body. Beautiful children. Yes, you can have sex even when you don't have a body. Very true. You have better sex sometimes. (looks at Linda) Not always. Not always. (lots of laughter) Not always.

LINDA: You're a genius.

ADAMUS: So, dear Shaumbra, we've covered a lot for today. It is truly time. Let's continue working with – not working with; let's be in the presence of – these terrorists, and we've covered a lot of material today. A lot of material. In our next gathering we're going to talk more about really what happens to this sphere, this growing, expanding self when you come to that point of intersection. But in the meantime, do re-listen to or re-read this Shoud, because a good part of you was off in an expanded sense but now bring it back down to this level by reading or listening again.

As we've talked about, we're going into experience. We're going into something new and different. Not everybody is going to like it, believe it or not. I can't imagine why, but not everybody is going to like it. This is not going to be palatable to all who are on the spiritual path, and that's okay. It's not meant to be. We're talking about things here that are very different than some of the old beliefs, different beliefs. It doesn't make it right or wrong, but as you know when we gathered together a long time ago we said, "We're going to explore some really new territory." But the more we explore new territory, the more we find it was just simple basic truth, simple basic common sense.

So as you go off into your lives, remember you don't have to worry, you don't have to doubt. All is well in all of creation.

Therefore, I am that I am, Adamus in service to you.

(audience applause)

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