



Kharisma

THE KHARISMA SERIES

SHOUD 6

FEBRUARY 7, 2015



CRIMSON CIRCLE

ADAMUS® SAINT-GERMAIN



Kharisma Series

Shoud 6

Presented to the Crimson Circle February 7, 2015

Featuring

Adamus® channeled through Geoffrey Hoppe
assisted by Linda Hoppe

and

Gerhard Fankhauser & Einat Gilboa

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ADAMUS® SAINT-GERMAIN



Shoud 6

IMPORTANT NOTE: This information is probably not for you unless you take full responsibility for your life and creations.

* * *

I Am that I Am, Adamus of Sovereign Domain.

How about a little honoring of our dear friends? (audience applause for Gerhard and Einat) Beautiful music. Beautiful music.

So, dear Shaumbra, where do we begin? Where do we begin? Let's begin at the end.

SHAUMBRA 1 (woman): Adamus, per your request. (she hands him a platter containing tuna fish sandwiches, which he asked for in the previous Shoud)



ADAMUS: For me?! (someone says "Wow!") Moi?! (someone says "Ooh!") Tuna fish sandwich.

LINDA: Oh, tuna! Ohhh!

ADAMUS: Mmmm! (some chuckles) With chips, pickles. We'll come back in an hour for the rest of the Shoud. (laughter) Thank you, my dear.

SHAUMBRA 1: My pleasure.

ADAMUS: I'll have just a little bite here. Mm-mm, mmmm, mm-mm, mm-mm, mmmm. (he's eating several things)

LINDA: So classy. So classy. (laughter)

ADAMUS: Mmm! Human food. Mmm.

LINDA: Here, here. Go ahead.

ADAMUS: Mm, mm-mm. No.

LINDA: You missed out on the tuna.

ADAMUS: No. I need a table with a tablecloth and the appropriate chair, a candle, some wine, of course, and a beautiful lady. (he looks at Linda; some chuckles)



LINDA: Oh! Ahh! You just won me. (more chuckles)

ADAMUS: Let's start at the end. Let's start at the end with this, because that's kind of where things are going. It's really boring always starting at the beginning and going to the end. So let's go to the end and see what the hell happens.

The end of this – you've got a lot of residue all over you. You're kind of like a really dirty windshield that needs a good cleaning. You get so used to looking out through the windshield, you don't even realize how dirty it is until it gets cleaned, and then, "Amazing! I can see again! Oh!"

That's kind of where you're at. You're dirty. (some chuckles) It's true. Residue. Energy residue. I know you've gone through a lot of ... don't. Not my sandwich.

LINDA: I didn't touch it! I was just trying to make it accessible for you.

ADAMUS: Okay.

LINDA: Do you need the wine right now?

ADAMUS: We're going to do a merabh and I'm going to be eating ...

LINDA: Nibbling.

ADAMUS: ... during the merabh. (a few giggles) So, dear Shaumbra ...

LINDA: Like Costco.

ADAMUS: Ah. Where were we? Oh, you're dirty. (more giggles) You've got energy residue on you. Now, you've done a tremendous amount of releasing. Oh, the releasing has gone on for years and years and years and years and years, and actually that's a very short time considering the accumulation of beliefs and

thoughts and wounds and everything else that needed to be released. Stripping away, like they say, the layers of an onion, just one after the other. You've done a good job with stripping. Not you personally. (laughter) I must be channeling somebody over here. (Adamus chuckles)

You've done a good job with releasing those layers and layers, and it hasn't been easy. It hasn't been easy because, well, there's a concern. What if you take the next layer off? How raw and vulnerable are you going to be? There's also a certain comfort with having those old layers and wounds, a certain comfort in feeling the victim. There is. I've had it myself. There is still a little bit of that energy here. But you've released most of that, which is good and that's why we can be doing what we are now. But there's still some residue that we want to clean off. We're going to do that today.

That residue is actually still attracting similar situations in your life. Just a little bit of residue, little bit of that old residue on you, a little bit of that victim energy, a little bit of that fear energy. For some of you in here – I'm not looking at anybody in particular – but the darkness, the darkness energy. (Adamus chuckles)

Okay. Every one of you has played with the darkness; it's just part of growing up. You played with the darkness. It's also very sensual, the darkness, very sexual; a lot of power in the darkness. One would almost wonder, "Why would I even want to go to the light?" There's none of that big energy in light. It's in the darkness. There's tremendous power, tremendous seduction. Yeah." So it's no wonder you still have some of that residue.

By the way, you do grow up and learn that there's no need for power. That's when you really release some of that old darkness stuff. I'm not looking at anyone ... but you. (looking into the camera) You, watching online. Yeah, you. You know I'm talking about you right now. Yeah, it's you. Ah.

So we're going to cleanse some of that today. We're going to have a very nice merabh, ohh, yeah, with some beautiful world-class music, and we're going to release some of that. We're going to do it effortlessly, beautifully.

As Cauldre and Linda were saying before, you, my friends, one thing you're really good at, all of you when you gather together, is creating safe spaces. On your own, you're not so good. (Adamus chuckles, Linda gasps, a few chuckles in the audience) They're not! You're not really that good at personally creating your safe space, because you always bring your junk into it. But when somebody invites you to co-create a safe space, you're very polite. You leave your junk in your unsafe space and you come to the safe space.

You should all be laughing right now hysterically. Have I touched a nerve? (only a few chuckles)

LINDA: Really?!

ADAMUS: I guess we're going to have a really long cleansing session. Together, you're good at creating safe spaces. The opportunity, like right now, pretty safe in here, until I start walking around. Pretty safe. You can just relax into your enlightenment here. As a matter of fact, did anyone notice, as the music was playing in, something very different here today, different in the room. Did anybody notice? Not my tuna fish sandwich. (Adamus chuckles) A very different dynamic I'll talk about in a bit, but let's go back to the ending.

We're going to really let that residue get cleaned off, and then we're going to let that kharisma shine, that light shine. That light that's in you right now, but you're kind of holding back, not quite sure what that light is. Not quite sure if you're ready to let it out.

I'll tell you this: if you don't let it out this year, I mean, now, right now, it's going to get so uncomfortable. It's going to be miserable. So you're kind of at that point of either do it or die. Do it ... uh, trying. (Adamus chuckles)

LINDA: Whoa!

ADAMUS: Not die die. But die, you know, I'm just using the human saying. Do it or suffer like hell. (a few chuckles) Maybe I'm putting it a little too strong. Just do it or be annihilated. No that...

LINDA: Ohhhh!

ADAMUS: It just doesn't sound right.

LINDA: That was better! (more chuckles)

ADAMUS: How can I soften that?

LINDA: You want a pickle?

ADAMUS: *I can't!* How can I be more clear? It's time to shine your light. It's time to let that kharisma come out, otherwise, your body's going to ache and your mind's going to get all messed up, like it already is. And it's just going to be miserable, and then you'll finally let the light out and then you'll say, "Why didn't you tell me that sooner?"

So let's take a good deep breath with that.

So one could say in an interesting way that we've already done the cleansing. We've already gotten rid of that residue. That residue that, you know, it's that thing that causes you to keep having the same experiences over and over, because that residue is like a magnet. It keeps attracting the same types of people, the same experiences. Even though you're saying to yourself, "I'm going to be enlightened. I'm going to be in high consciousness," but it's still that sticky stuff that keeps bringing the same old experiences.

So let's place our consciousness in the cleanse, in the releasing of all that residue. Whew! Oh! Something changed in the room.

We're at the beginning of the Shoud now. Do you notice something really different here today? Yeah. You already released the residue.

KERRI: Woo hoo!

ADAMUS: Thank you. (laughter) One lone but powerful voice from the back of the room. (Adamus chuckles)

My point is this: it's already happened. That's why it felt different going into this, when we started, when the music was playing. That's why something different happened. We didn't have to take the linear path to get there. It was already there. Expect more and more and more of that in your life. You don't have to be pedaling the bike down the road of life anymore. As Tobias said years ago, "You're stationary. Now everything moves. Everything comes to you." Ah, what a concept. Can you really allow it? (a few people shout "Yes") Three voices. Three voices this time. We're getting better. Good.

Saint-Germain and Shaumbra

I'm going to tell a little bit of a story that I told at Quantum Allowing, but I wanted to state it for all of Shaumbra.

Shortly before Tobias left in 2009, left to reincarnate back here on Earth; and by the way, Sam has been getting much more active in the Crimson Circle activities ... and we'll have to pause here for a moment until the future meets the present and my coffee is promptly delivered. One would think by now, one would think, even though I'm just an Ascended Master who's taught more Ascended Masters than any other Ascended Master, one would think the coffee would magically appear.

LINDA: Come on! You got tuna fish, pickles and potato chips! And you're still whining?!

ADAMUS: But how am I to eat that without coffee?

LINDA: Diet coke.

ADAMUS: Aghhh!

LINDA: With Splenda.

ADAMUS: Oh! (audience is saying "Eww")

LINDA: Ohhh!

ADAMUS: Oh! Oh! And would you look at this (referring to a cup someone gave Geoff & Linda). Now really. I said you're good at creating safe spaces when you're together, but somebody on their own when they weren't in the safe space created a candle holder, crystal candle holder, and they placed a plastic cup atop of it, like I was going to drink swill, which is in here, from this?



LINDA: Here I'll trade. (Linda offers him the coffee brought by Sandra)

ADAMUS: Have more respect for ... ahhh!

LINDA: I'll trade with you.

ADAMUS: And a proper ...



LINDA: There you go.

ADAMUS: ... a proper mug.

LINDA: There you go.

ADAMUS: Yes.

LINDA: There you go.

ADAMUS: Ah. Hm.

LINDA: Okay, now you done complaining?

ADAMUS: Yes. And by the way ... (he shows both middle fingers to Sandra) for giving me the finger before.

LINDA: *Gasp!* Ohhhh! (laughter)

ADAMUS: I saw it! I saw it. I now cover you with all of the residue from everyone here and online to you. (audience says "Ohhhh!" as he gestures again)

LINDA: Ohhhh! What does "the finger" mean? I'm not sure if that translates.

ADAMUS: I don't think we need to go down that road right now.

So, now, where were we? Ah. I was going to tell a touching story, but ...

LINDA: You got distracted by the finger.

ADAMUS: Now I got distracted.

So, yes, Tobias, 2009, ready to come back to Earth, to incarnate back to Earth, and he said to me, he said, "St. Germain, someday you will learn to love Shaumbra as much as I do."

LINDA: Mmm.

ADAMUS: He truly, truly loved all of you in the deepest way. He truly wanted to take all of your problems, all of your weaknesses, insecurities away, but he knew he couldn't.

He truly loved you, and when he said this to me, it touched me deeply. And then I felt into you. (some laughter, Adamus chuckles) I felt into this group. Amazing group. If nothing else, truly committed, maybe obsessively committed to your enlightenment. But that's good.

I felt into it and I knew we were going to have some good times together and we were going to have to some tough times. I knew that I would have to use just about everything I had in my bag of, uh ... well, not bag of tricks, but bag of realization. I would have to pull out just about everything because you have all been through just about everything. You have been through lifetimes in the religious orders and the Mystery Schools and the churches. You've been abused in every way you can imagine and been an abuser in just about every way. So I knew I had to use just about everything ranging from provocation to downright some

of you getting angry with me. Not so much when we're together like this, but you know who you are – I'm not looking at anyone, except you online watching in – but anger and entertainment and distraction, and also really getting into some of the core energies with the merabhs, with the deep safe space.

So it is, my friends, that I started working with you and realized truly how committed you were – and confused at times, but truly committed – that it was going to be done.

The other beauty was that I realized that you weren't going to just take things at face value. You were going to be discerning, even with me; you were going to always, always go back to whether it felt right for you or not; and, no matter what I said, no matter what I did, that there was a high, high level of integrity and discernment.



It's made a huge difference. We've come a long way in a relatively short time. I know to you it doesn't seem like a short time, but it truly is. And true to Tobias' words, I have learned to love you dearly, and beyond. I have tremendous respect for each and every one of you for what you're doing. It's not easy. It's not easy.

It would almost be easier in a way to just leave the physical body and just go, rather than to keep in this state of limitation. Almost easier to say, "You know, I went beyond what I thought I was going to be able to do in this lifetime. And now – *whew!* – it's getting a little hard, so I'm just going to check out. I'll come back later. I'll let somebody else take the lead." But you haven't done that. You stuck with it, and I realize how difficult, confusing, agonizing and beautiful it is.

Now is the Time

So, my friends, I say that because I also know that this is the year of realization, in varying degrees and varying ways, but at least glimpses of it, at least tangible experiences with it. It doesn't necessarily mean that suddenly you're going to know everything, which is not enlightenment whatsoever. But you're going to have those breakthroughs and glimpses that are so important. So important, because once you have that, you know it's possible. You know it's real. Once you have that true breakthrough in consciousness, then you know you can have it again and again and again. Then you start realizing you can have that full consciousness state and you can also have the human limited state. They can be together. You can still experience human life in the way you've always kind of wanted to and still be very conscious and realized and divine together – together and separate – but you can walk this planet as a Master, and you can enjoy this planet as a human.

This is the year of realization for each and every one of you. It's not about this calendar year, but now is the time for that realization. You've paid all the dues. You've taken all the classes. You've done all the suffering, and now is the time.

Something has shifted in you, in the planet. Something continues to shift with this thing we call the New Earth; the realization that the New Earth can be here on this Earth. Maybe the old Earth doesn't even recognize it or know what it is. But you do, and that's what's important.

It's the year of realization in a way that maybe you might not have expected, and it may come to you when you least expect it. It may come when you're sitting here at a Shoud. It may come when you're walking in the park. It may come in the middle of some turmoil. But you'll start having these breakthroughs. You'll start understanding what consciousness is.

I use the term a lot – consciousness. It's awareness. It's where you place your realization. It's where you place your awareness. It's where you place your Self.

It's an interesting word. It's been used for ages, and still not many people really understand it, because ultimately consciousness is an experience, and that's what you're going to have this year – realization, an experience with it, beyond words.

It will be something very personal and intimate. It won't be about God and the angels coming down. It'll be you and you. And in that experience, in that breakthrough, you're going to realize things about yourself that are so expansive ... beautiful is not even close to accurate. It's so glorious. Then you're going to realize that that was always there. Always there.

It's a very strange feeling. I know from my own personal experiences and working with the other Ascended Masters. It's a very strange experience, because in this moment of realization, it's like you say, "I know it was *always* there. Even though I didn't realize it, I know it was always there." It was like something that was in the shadows, always present with you, but suddenly is illuminated, and it's you. It's the real you. It's the amazing you.

It's a very strange experience – "Well, if I knew it was there – it was so familiar – if I knew it was there, why didn't I realize it before? What was keeping me from that? Why didn't I just allow it?"

There's a lot of reasons for that. One could say that the Free Self, the realized Self, which you might call from the future, but it's really not, that realized Self was allowing you, the human, to go through your experiences, which are its experiences. Not for the sake of lessons or evolution, but just for the sake of experience. It was allowing itself to have a deep experience in being a human. And, therefore, there was this kind of artificial separation between the human and the divine.

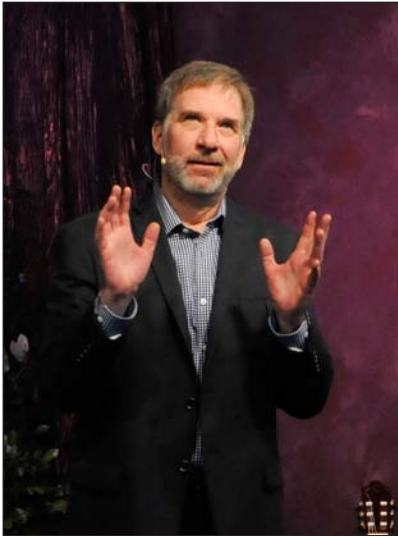
And could you imagine the divine, also in this moment of cosmic realization of itself, the divine also going, "I didn't quite realize what I was going through as a human. It was always there. The experiences were always there, but I didn't really realize it."

So it's this beautiful realization by all parts of Self, and you'll have this experience in different forms. I'm telling you that right now. You *will* have this experience, because you're ready. You're absolutely ready.

And I'm talking to everyone, here in this room but also watching in. And this experience, this breakthrough or breakthroughs are also very difficult, because you're going to feel like you get pulled back into a limited reality. You're going to feel like you're pulled back into mass consciousness, and you will be in many ways. You're going to try to grab on to that experience and replicate it, do it again. You can't make it happen. It just does.

It's going to lead to a degree of depression, anxiety (Linda hands him his coffee), coffee (chuckling), and that's when you laugh. It's going to be very hard to laugh, but that's when you laugh. You're going to want that experience again. Once you've tasted that freedom, nothing else is going to suffice. Once you've tasted that part of your Self, one could call it perhaps the love of Self, it's very hard to go back into a limited human consciousness, and there's going to be depression, anger, over-attempting to recreate the experience.

Let's say that you have the experience while you're out fishing. It's a beautiful summer day and you're out fishing like Masters like to do and you have this experience and it's one of these things that is even hard to put into words. And you go back to the shore, you go back to your house, you go back to your life and you get all depressed, because suddenly you feel like everything's getting contracted or constricted again.



So what do you do? Well, you go out the next day in the boat and row out there and start fishing again. It's like, "Damn it! Where's my realization?" Almost thinking that it was the boat or the fish or the fishing pole or whatever. You can't recreate it that way.

What you can do is realize that once the breakthrough occurs – I mean, the *real* realization; I know you've all had degrees of it, but this will transcend anything you've experienced before – once you have this experience, there is that inner knowingness that it's there. It's real. It's not just talk anymore. It's not just us getting together like this once a month. It is so real, and that's the time where you take a couple of good deep breaths and you just allow. It will cycle back, so to say.

I'm oversimplifying it, but you have this breakthrough realization, this amazing – "Oh! This part of me was always there," the love and the compassion and the ease – you have that breakthrough and you go back to your human life. You could say that breakthrough kind of does this interesting spiral – I'm oversimplifying it – but interesting spiral up to your divinity and then back down again. You've got these spiraling beautiful energies going, and they're going to meet again and again and again and again. And then some time, some point, they're just going to stay connected. They're going to stay in consciousness with each other.

That's when you'll have this big smile on your face, kind of a dumb smile. You know, Masters have dumb smiles, you know, because they can. Just ... (Adamus demonstrates the smile; some giggles) Dumb smile. You're going to have that big dumb smile on your face and you're going to know that you *are* realized, that you are the I Am, and that you can still play human. And that's the amazing thing.

Do you realize these other Masters, they never got a chance to stick around and still play human? You can play limited and know that you're really not. You can play "poor me" and know that you're really not. You can play the absolute amazing creative being, human being, and you are, but you're also divine. You can play anything you want.

That's why I'm waiting for my book to come out, *Act of Consciousness*; waiting for that to come out, because you'll really understand then. It's just an act of consciousness. An act. Can you imagine acting any way you want and not worried about getting stuck in it? Not thinking that you're just faking it, but you're just playing with consciousness. Maybe that's the subtitle of the book that hasn't come out yet, "Playing with Consciousness." Ah! It's amazing. Amazing.

LINDA: Here's a tissue for your issue. (some chuckles)

ADAMUS: (pretending to cry) Here's the tissue to write Cauldre a note and say to finish the cover.

So, dear Shaumbra, let's take a deep breath with that.

Yes, I have come to love you dearly, and this is the year where we're going to start realizing. It's either that

or, I'll tell you right now, if we don't start realizing now, either you're going to leave out of frustration and disgust with me or with yourself. Either you're going to leave because you just are so ready, you don't want to hold back anymore. Either you're going to leave or I'm going to leave. That's a promise. (someone says "No") Yeah. Yeah. Actually, yeah, and actually that's the good news. Because if you're not coming into conscious realization, let's say, this year, let's say, for the next twel- ... up until Valentine's Day next year. That's a little over a year. If you're not, I don't feel I've done my job of beating you enough (laughter), of entertaining you, of doing whatever. I don't feel I've done my job. I don't feel that I've showed you who you really are. So I would leave if there is not realizations.

Now, doesn't mean every one of you, just five. Just five. So please. Please five. Come forward! Come on! Let's start a campaign, a "Keep Adamus on board campaign" so I need five! (pause) That's funny, in my book. (a few chuckles)

So I think that's a good commitment to make to each other right now – by February next year. We'll mark this date. Either you're going to have left or I'm going to have left, or we're going to have realization.

LINDA: What does leaving look like?

ADAMUS: Uh, like this. Hang on a second. Would you turn off the lights and shut down the Internet. (room goes dark, some chuckles)

(pause)

Fair enough?

LINDA: Fine.

ADAMUS: (chuckling) So, and now I'm not a betting man or a betting Master unless I know I'm going to win. (some giggles) Never place a bet unless you know you're going to win. So that should tell you something about what I know about the future. I'm not a psychic. I'm not predicting. I'm already there. Yeah. It's February 14, 2016. *Tssssss!* Adamus did a good job! (audience applause and Adamus chuckles, then throws a kiss at Linda)

So, let's continue.

This is the ... by the way, it's so beautiful. I want you all to start doing that. You think of the future as something that hasn't happened yet. Crap. It's already happened. It really is how do you want to arrange the elements? There are the elements of life, little energy elements and variables and things, actions and reactions and consequences. But they're just like pieces for a game board. You can arrange them any way you want. You don't have to arrange them in linear order from today to tomorrow to next week, next month. No! Scramble them up. Bring the future right there, right now. It's absolutely possible. It's so fun when you can play that way.

The Year of Consciousness

This is the Year of Consciousness, as I talked about in ProGnost. Eh, every year is the year of consciousness, actually, but it sounds good. It's a nice title. This is the Year of Consciousness, but so was last year. But

this is really the Year of Consciousness. (laughter) Well, actually it is, because last year was the year of consciousness and then there was some consciousness. So this year is really ... this is the Year of Super Consciousness. (laughter and someone says "Quantum") Quantum! Quantum – quantum super high-octane – consciousness.

And it is. Why? Why? Because (a) I said so, and because you said so, and – you know, this is a beautiful thing to understand – wherever you put your consciousness, reality is created. Where nothing existed before, suddenly reality comes because consciousness is there.

So if one says, "Yeah, this is the Year of Consciousness," then it is! You see it's that simple. It's that simple. If you say, "This is the year for my breakthrough," then it is! It's where you put your consciousness, your awareness.



Suddenly, if as I'm talking here and I say, "Yeah, I'm going to leave if you don't, like, have a breakthrough or you're going to leave and then I have nobody to talk to," you see, what I'm doing is I'm putting consciousness there. There was a void, kind of, and we just filled it. And now we just dive into it and enjoy it. Love it.

So when I say it's the Year of Consciousness, well, maybe it wasn't ten minutes ago, but it's going to be now, because consciousness is there. You can take an absolute void – a nothing, a space of nothing, not even a space – you put consciousness in there, and it comes to life.

How do you think Earth was created? Do you think little butterflies came here from the angelic families and sprinkled their little butterfly dust? Well, kind of. A little bit. (laughter) They had some help from the unicorns, of course and ... (more laughter) No! What happened is, it's like, "Wow. We need a place. A place that's real different than any other place we've been. We need a place where we can really act out in a really bizarre, odd, strange, screwed up manner. So let's all put our consciousness in this weird place." There wasn't a weird place before that, and suddenly weird place happens. It's called Earth and the universe. And suddenly it came to be.

Didn't take any energy. Didn't take any energy. Didn't take any power. It didn't take legions of angels. It didn't take God. Nah. No, it just took a couple of us hanging around and saying, "You know, let's go on a discovery journey. Let's just put our consciousness in Planet Weird, and then let it happen."

And it's amazing. Consciousness – *booooo!* – suddenly created a universe, just like that. *Snap!* It was actually seven days – six days, and I took the seventh off. (lots of laughter) Ahhh!

LINDA: Ah! Ha, ha, ha!

ADAMUS: Ah! Ha, ha!

LINDA: Ah! Ha, ha!

ADAMUS: And guess what? So did you! So did you! We just, "Ah, let's rest on this day." Yeah. (Adamus chuckles) Just trying to see who's awake and who's not.

So we put the consciousness and then we backed off, and that's partly where humans, you get in trouble. So

you put your consciousness somewhere, without energy, without power. It's just awareness. That's all. Just, "Oh yeah. Weird planet." Awareness, consciousness is there, and then it starts flourishing. That's when you back away. A good creator creates and then – *pfffff!* – frees the creation. Why? Because then it continues to expand. It continues to be the ultimate expression of the creator in a way that the creator might not have been able to imagine on their own.

You create something. It's beautiful. Yeah, I mean, creating is beautiful. You create something like Planet Weird, and then you back away, and you watch as your own creator energies continue to expand, continue to express back to you, the creator, in ways that are unlimited, in ways that maybe you couldn't have even imagined.

Imagination and creativity – they're kind of together – are such that they keep expanding. Yeah! Creativity isn't singular. It's not like you create a painting and that's it. It hangs on a wall. I mean, one would think so. But no, it continues to expand multidimensionally. That's why some of the great Master could actually paint in people into the paintings, trap them in there, trap their – eh, it's not their soul, but what they think was their soul – their energetic composition. And that painting, it keeps expanding and expressing. I don't want to get into it now, but some of the world's greatest black magic has been performed in paintings and a little in music. Oh! So easy. So easy. Some people think they have to like, you know, do these curses (laughter as Adamus puts up his middle fingers again) or things like that and try to inflict ... I'll do that again for the camera. (again puts up his middle fingers) Thank you. Yeah. This is your Ascended Master giving you the thumbs up! (more laughter)



Okay, now for a bite. So she brought me this ... did you have anything to do with the tuna fish sandwich, Sandra?

SANDRA: No. It's safe.

ADAMUS: Oh, then I'm safe eating it. (a few chuckles; Linda gasps as he takes a big bite) Mmmm. Mmmm. Anybody want a bite? (someone says "Yeah") Pass it around, but I'm going to to save this for me. (he gives the platter to someone in the audience) Mmm! Those of you watching in just bear me while I eat. Mm. Mm-mm? (offering some to Linda)

LINDA: No thanks! Love you, but no.

ADAMUS: Mmm. Mmm. Mmmm. Okay, where were we? Great black magic with paintings. Now, don't go running home tonight to start painting your mother-in-law, your ex-wives in there. (laughter) I know you, Shaumbra. I love you, but I know you. (Adamus chuckles)

So the fact is wherever a creator – which you are, by the way. Remember that? We're creators. Eh, you've forgotten it. But a creator creates something, anything, no matter what it is, and is blessed and loves ... it's good to admire your own creations. Stop the humble act. When you create something that's really good, say, "Damn right it's good!" Think about me. "Goddamn right it's good!" (some laughter) Then back away. That creation will continue expanding and creating multidimensionally and whatever else. But it doesn't stop, because it's your little baby. It's your creation. (Edith drops something in her lap) Watch that. That tuna jumps still, right out of the sandwich onto your lap. (some chuckles)



The creation wants to continue to express back to the creator – you – its joy, its limitlessness. It wants to continue expressing back its grace and its fullness. So it will continue growing or expanding, whatever you want to call it. That’s the amazing thing about creation. It has a lot of implications when you stop for a moment and feel into that. Everything you do is basically a creation, whether it’s created under hypnosis, in other words, old programming. It’s still a creating, and it will still continue expressing back to you, continue to grow.

Now, let’s bring consciousness into the equation, which generally it hasn’t been.

So suddenly you’re a conscious creator. What does that mean? It means you’re not just stumbling through your day trying to get to the end of the day. Because we’re reversing it now anyway, the end of the day is going to happen before the beginning of the day. So instead of just stumbling through the day going through the motions trying to get to the end of the

day, suddenly you become conscious. You become aware you’re *in* a day. I mean, it seems simple, but most people don’t realize it – “Today is a day.” In Quantum Allowing I asked everyone to start their morning before they even get out of bed with “I Exist.” It’s really one of the greatest things you could do for yourself. “I Exist,” before those feet hit the floor. Sounds good, right? – “I Exist.” You come into that knowingness and that clarity. “Ah! Wow! I’m a creator. I’m here.”

Sounds really simple, right? (someone says “Yes”) Yeah. And then you’ll do it once and then you’ll forget. (someone says “Yep”) Yeah. (Adamus chuckles) Yep! Why is that? Well, that’s a whole other Shoud, but I wonder sometimes. It’s so easy. Do you realize how much time and energy and consciousness you spend on your problems? Out of, let’s say, an average 16 hours of waking each day, how much time do you think, in consciousness and energy, is spent on your problems?

SART: Sixteen.

ADAMUS: (chuckling) Sart, 16. Eh, give yourself more credit. Fifteen and a half! (laughter) No, actually about I would say realistically about 60, 70 percent of the time humans will spend their energy on problems.

So why is it when I say start the day out with the simple “I Exist” – not I exist (grumpily), but “*I Exist!*” – and feel into it, that realization, that you exist! I mean, that’s the good news, isn’t it? (no response) Oh. (someone says “Yes”) Maybe February 14th next year is not such a good ... (Adamus laughs)

So how difficult it is to start your day with a simple “I Exist” and feel it. It will absolutely change your perspective. Instead of spending 70 percent of your time on problems – time and consciousness – it’ll start going down to 50, 40, 30, 20. You’ll hover at about 15 or 20 percent of the time still going to problems. Not because you can’t get rid of them; you don’t want to get rid of them. No. Because, you know, you get down to that low percent – 15 percent of your time, energy, consciousness on problems, it’s kind of fun actually. It is. It’s like ... you’re not going to hang on to it. It’s kind of like a little self-abuse time each day. (some laughter) It’s a little flagellation. It’s like (he mimes whipping himself) but it’s kind of fun. And then you can still relate to other people and then you can tell yourself how good you are that you can get out of it. So you’ll hang on to about 15 percent. No, that’s good. That’s fun. And it’s such a change versus 70 percent of the time, energy and consciousness going to problems.

Have you ever ... (Adamus chuckles slightly) Have you ever stopped for a moment ... I have to answer my own question before I continue – No! (laughter) Have you ever just stopped for a moment and said to yourself, “You know, these problems, they just keep happening over and over again.” Duh. Same problem, actually. Same problem. How many lifetimes same stinking problem? Same person. Same ... you know, I mean, we can talk openly. Right? (some people say “Right”)

LINDA: Maybe.

ADAMUS: This side of the room is okay. (laughter) But let’s say we’re talking about other people. Not you, of course. But don’t they ever stop and say, “Why do these problems never end?! These problems just keep going.” People that I know, I watch in on – I’m not looking at anybody – but they’ve been married five, six times. (Adamus makes a face of disbelief; some laughter) And you complain about it?! I mean, I can understand you doing it just because you like the experience. But you complain about it then?! And the problem is is then I hear them talking in their mind, and they can’t even remember the names of their exes. (more laughter) I mean, if I really force them, but to them it’s just one great big complaint. It’s one great big bad relationship, and some of them don’t even realize. They wake up in the morning and go, “Who’s she? Oh, it’s my fourth. Oh okay.” (more laughter)

The amount of time and energy ... hi dear. (to Linda; some laughter) The amount of time and energy that goes to problems, and you can change it like that – *snap!* – like that, with consciousness. With consciousness.

So I want you to now look at yourselves. How much of ... can you just give me an “I Exist” first thing in the morning before you get out of bed? (audience says “Yes”) But you say that, but can you just give it to yourself, the I Exist, before you get out of bed? It’s not a magic formula. It’s a realization. It’s consciousness. I Exist. Boom! Basic consciousness. Trumps everything else. If you can wake up in the morning *consciously*, rather than the way you’re doing it, it will absolutely change today.

You don’t have to do anything besides that. You don’t have to say it for twenty minutes. You don’t have to do anything else. Just wake up in the morning and feel it – “I Exist” – and then get up and go about your day, but observe how your day is lining up very, very different. *You’re* lining up different.

The Year of Consciousness is the Year of Awareness, the awareness of your day, the awareness of the awareness. Consciousness is not a power nor an energy; it’s simply awareness. And it’s interesting, because one would argue that, “Well, humans must be aware. They have to be able to drive a car and write their name and remember their social security number.” Well, that’s not awareness. That’s all memorization. There’s little or no awareness in there. They don’t write their name with awareness. They just write their name. It’s like duhhh! Just, you know, it’s rote. They do it over and over.

This is the Year of Consciousness for *you*. It’s a year of awareness. It’s so simple. You don’t really actually have to work on it. You just have to be aware of it. It changes everything.

It’s going to change the planet – absolutely change the planet – as awareness comes more and more and as we talked about in ProGnost, there’s going to be some who absolutely fight it. They don’t want it. They don’t want awareness actually. Why would that be? Why would one not want awareness? (audience calls out various answers) Power, change, fear. Fear ... with awareness comes, well, awareness. It comes realization, comes knowingness. And maybe there are a lot who don’t want that, who fear it. “What happens if I have to look at myself and I don’t like what I see?”

I have an interesting question – and Linda I think it’s time for the microphone here – an interesting question

for you. On a scale of one to a hundred – 100 being the highest number, of course, and one being the lowest – where's human consciousness on a scale of one to a hundred? Just curious to see. Not your consciousness, but the planet's consciousness.

LINDA: The planet's.

ADAMUS: One to 100.

LINDA: Okay, I'm going to go to an expert.

ADAMUS: Where is consciousness? Ah! One to a hundred. Where would you peg it?

PATRICIA: Twenty-five.

ADAMUS: I have a number and ... okay.

PATRICIA: I don't know. I just got it.

ADAMUS: Okay, good. Excellent. Where is consciousness? One to 100. Now, realize that humans have been on this planet for millions and millions of years ...

SHAUMBRA 2 (woman): Ten.

ADAMUS: Ten. Okay. We're going downhill quickly. (laughter)

PETE: Two.

ADAMUS: Two! Geez, Pete! For Pete's sake! (laughter)

LINDA: Ah, ha, ha, ha! Pete's sake! Ha, ha, ha!

ADAMUS: Oh Pete!

LINDA: This is so funny!

ADAMUS: Okay. Two, 10, 25. Do I hear ... do I hear ...

SHAUMBRA 3 (woman): Five.

LINDA: Oh, she said five.

ADAMUS: Five. (Adamus sighs) Wow... I am leaving next year! (Adamus chuckles)

SHAUMBRA 4 (man): Eighteen.

ADAMUS: Eighteen. Okay, we've got hope coming back. Yeah, we've got hope coming back. What's ...

TAD: Thirty.

ADAMUS: Thirty. The eternal optimist here. (Adamus chuckles) Good.



MARY SUE: I'm going to go up to 35.

ADAMUS: Thirty-five. Wow! Wow! Do I hear a 40? (laughter)

LINDA: Okay, wait. Here. Tuna sandwiches for you.

SHAUMBRA 1: Forty.

ADAMUS: Forty.

SHAUMBRA 6: That's what I thought at first.

ADAMUS: Forty. Okay.

SHAUMBRA 1: Yeah.

ADAMUS: There's no right or wrong. There's my answer though. (some chuckles)

LINDA: Thank you. Anyone else want to share?

ADAMUS: A couple more. So we're kind of between two and 40.

SHAUMBRA 5 (woman): One hundred, because we're already here now.

ADAMUS: Yeah. Well, I'm talking about humans out there. Not ... (someone says "the whole universe")

ADAMUS: You think they're at 100? I am leaving.

SHAUMBRA 5: Because ...

ADAMUS: And I'm not waiting till next year.

SHAUMBRA 6: ... we're here now.

ADAMUS: I'm going right now. (Adamus chuckles)

SHAUMBRA 5: We're going to the end now.

ADAMUS: Yes.

PETE: Three.

ADAMUS: Oh Pete! Gosh! (laughter) You increased by 50 percent in just two minutes. Amazing.

SCOTT: 22.33.



ADAMUS: 22.33. Okay. That's good. You care to, you know, extrapolate that anymore?

SCOTT: Point, point, point.

ADAMUS: Point, point, point. Yeah. Okay, good. One more.

ALI: I first thought 24.

ADAMUS: Twenty-four. Okay, good. Interesting.

LINDA: Oh, one last one. One last one.

ADAMUS: One last one.

SART: It's just Sart. (laughter) No, I'd say about a 40.

ADAMUS: About a 40. Okay. I'm surprised that one of you didn't say, "It doesn't matter," because it doesn't. My number actually is 26. Twenty-six. We just kind of crossed over the quarter point of twenty-five. And there is no official number in the other realms, but I take a measurement. I look at the true potential for embodied living on this planet, for consciousness.

Before – I would say – before something super mega quantum happens, the planet kind of goes off somewhere else, but under the current conditions of the planet, about a twenty-six.

I don't know if that's good news or bad news. I guess it's good news, because we have a lot of growth room. (a few chuckles) I guess it's ... if you look at it from a perspective of all these millions of years, how much longer is it going to take to get to, let's say, 60, if it took millions of years to get to 26?

LINDA: Thirty-five years.

ADAMUS: Thirty-five more years?

LINDA: Yeah.

ADAMUS: To get to 60?

LINDA: Mm hmm.

ADAMUS: And without major disruption on the planet?

LINDA: I didn't say that.

ADAMUS: Ah! Ah! Okay.

So I would give it about a 26, in other words, to say that there is still a long way to go. But Linda's absolutely correct. It's not going to take millions ...

LINDA: What was that?!! Oh my god! Is that recorded?! Can you play that for Geoff?!

ADAMUS: For once ... (Linda laughs loudly) today, Linda is absolutely correct, because as I've said many times before, consciousness begets consciousness. It's kind of a snowball effect and it just starts

happening. So it's not going to take another three or four million years to get to fifty. It could just be a matter of ten years or fifteen years. It kind of doesn't matter, ultimately, but just to give you kind of a concept of ... consciousness is actually kind of low. It really is. And it wanes. It goes up and down. There've been points where it could have been fourteen, gone to twenty, back down to eight. Consciousness kind of comes and goes. But right now it's got a full head of steam on (meaning a lot of momentum), and with the embodied Masters, with you in a very conscious human state, it's going to accelerate quickly.

Therein, there's going to be problems, because old systems simply won't be able to handle consciousness. And it's not necessarily about wars or anything like that, but old systems just won't be able to handle it. So it's going to mean people have to be very flexible, very adaptive.



Ascended Masters

And – I will make a point here sooner or later – something interesting happened recently also with consciousness and *your* consciousness. At the ProGnost event, I talked about this Ascended [Masters Room](#), once a month gathering with the Ascended Masters. It was pretty significant. We really couldn't have done that before – two years ago, three years ago. First of all, the Ascended Masters who are now children, for the most part – two, three, five, six, seven years old – weren't quite ready for that. *You* weren't quite ready for it. You would have gone into that room and started yakking away and started coming [up with] a lot of makyo. But now we can do it. Now I see how you go into that Ascended Master's room on the full moon and you're just in that sweetness. You're just in that energy without all the chat and all the makyo and everything else. You can just be who you are in that place. Very beautiful.

It was an important point also because these Ascended Masters, they have the bodies of small children, and in a way, they have the heart and the consciousness of a Master, but still the mind of a child. So they're going through a lot of adjustments. But they're at the point now where they can come in to each and every one of our gatherings. They weren't doing it before. But when I said earlier, did you notice something different today, they're in our gatherings now. They're not here to learn or to teach. They're here to be in this safe space so they can realize themselves.

Now, their realization is going to be a little different than yours. Yours is about realizing your I Am-ness. But they're coming in to realize their humanness in a way that they've never realized it before. So can you imagine the convergence of energies that are happening now. They're here. They're here, joining us for the Shouds, and they'll continue to be here. You – allowing the realization or the consciousness of your divinity; them – allowing the realization of their humanity. Pretty, pretty impressive. Pretty amazing. Something definitely is different here.

So let's take a deep breath and just feel into these Ascended Masters in little ... it's hard to imagine sometimes a Grand Ascended Master running around drooling and snot coming from his nose and forgot to put his pants on or things like that. That's the mature ones. (laughter)

Take a moment just to feel into that, how they join us. They're really looking to realize the humanity they never truly allowed in their lifetimes.

What a convergence we have going on here.

(pause)

Now, one more thing and then we'll get to our merabh.

LINDA: Mmm.

ADAMUS: Mmm. Ehh, that's all you want, the merabhs.

God

One more thing. I'm going to go on a bit of a God rant, and if you don't like God rants go to sleep.

LINDA: Ohh.

ADAMUS: And the reason why I am, this is the time of consciousness, and consciousness on the planet, the number twenty-six of consciousness, is a direct result of God ... of God. Not that God is inflicting it, but God. It's the glass ceiling of consciousness. It's the glass ceiling of humanity's ability to expand. God. God. The concept of God, the consciousness of God is what's keeping things kind of bottled up.

Now, I can stand here and talk about God and not worry about getting hit by lightning, because that's not my God that does that. It's somebody else's and their fear. I have no fear of God, because I am my own god, as you are your own.

But this planet right now has this glass ceiling of God. In other words, it's keeping things artificially held in. It's human's very old belief of what a God is. And part of your residue, my friends, is still that God, is still some old issues about God, partly because of your upbringing, partly just because mass consciousness creates it.

God is nothing more than mass consciousness. It's that simple. The God that humans supposedly worship, that God doesn't really exist. That God's not the creator. The God that humans worship is just mass consciousness.

And it's funny, because some of the most righteous, belief-oriented beings that I've ever met had the greatest doubts, the ones who really tout God. They bang on the Bible, they spout scripture, they carry on about God and Jesus, and they have no concept of what either one of those are. They are actually the greatest doubters. But what do they do in their doubt? They become the greatest defenders. They become the greatest defenders and judges of others. If you look into the heart of one of these very conservative, ultra-orthodox types – the greatest doubters. Why? Well, it's obvious. They talk God. They preach God. They judge based on God, but they've yet to experience it. They've yet to feel it.

So wouldn't that cause doubt in your own mind, for you? If you're the biggest advocate of something, the biggest advocate of lemon meringue pie, but you've never tasted it at all, wouldn't that cause some internal conflict that maybe there's something wrong in paradise? And that's exactly what we have on this planet – those who are vigorously holding on to a God that doesn't exist. They have no concept. It's a very old human God.



I bring this up because it's an issue that still is with each and every one of you to a degree. To a degree. God is that thing that humans place above and outside themselves. The greater power, the unknown, the mysterious. But there's been a weird consciousness about God, to take it and put it outside of one's self, to make it something somewhere else. It's almost irreverent to say that it's here.

So where is consciousness? Out there somewhere else. Unknown. Unknown. To be discovered, the greater being. Consciousness has put God out there, and that's why we're still at twenty-six. But this group – this group – has the ability to put it right here (inside). The consciousness of Spirit, Source, the I Am, I Exist, to put it right here. That's what embodied enlightenment is about. Not the consciousness of a God out there or a creator out there, but right here. Sounds so simple. It is. It's just ... yeah.



See, where there was no reality, where there was no anything, where there was no truth before, suddenly it becomes so once consciousness is there. You can argue and say, "Well, how do I know? How is it going to be that suddenly God's in here?" Because your consciousness is in here, because your consciousness of God is suddenly integrated, embodied, accepted and allowed within. And then it becomes so.

EDITH: Feels magnificent.

ADAMUS: It feels magnificent.

But I said at the end of our beginning that there's still some dirt on there. There's still an attachment to a mass consciousness God, which is not God at all. God help all those who believe in that God, because it's not true whatsoever, nothing to do with truth. If somebody came to me and said, "Adamus Saint-Germain, what is God?" Consciousness. Awareness. I Am-ness. And then everything springs from there – life, creativity, experiences, joy, struggles, everything. But it starts ... God is just the I Exist. (someone says "Preach it brother!") And it's not out there. It's right here. Yeah! Yeah! I heard you brother! Yeah, yeah! Pass the basket! Quickly, Linda! Quickly! Quickly! (laughter) We have a bowl here; just pass that around! Okay.

So, my friends, the bottom line is the twenty-six, the number, because there is a glass ceiling on God. People are afraid to break through it. They're terrified to break through it. They would rather actually encounter Satan than try to break through that glass ceiling of God, because it's going to shatter every belief system. It's going to shatter all their attachments and connections with what they think is reality, which is not really reality whatsoever. It's going to change everything. And it is. And you're doing it. It's not so bad.

Cleansing Merabh

But let's do a little bathing. Let's bring up the beautiful music of Einat and Gerhard. And I'm going to ask you this: don't effort anything here. Just allow the magical energies of you, of your consciousness, of your I Am-ness to cleanse some of that residue – religious residue, new age residue, spiritual residue – and just let it cleanse some of that off. And in doing so, dissolve away your own glass ceiling about God.

See, as long as there is that glass God ceiling, there's a limitation of consciousness. As long as there is that

artificial ceiling there of consciousness, then you're going to feel compressed and held in, you'll feel a pain in the body and craziness in the brain.

So let's take a deep breath and let's bring the house lights down. So this is kind of a cleansing merabh.

Let's take a good deep breath.

(music begins)

It's like going through the carwash, kind of; you don't have to do anything. You're not out there scrubbing the car, getting off the grime. You just roll your car in, push that little button.



I know, some of you are saying, "Oh! The sign came up: 'Car wash is out of order today.'" (Adamus chuckles) No. You just push that button and you roll in and you let all the energies serve you.

Let's take a good deep breath.

Consciousness is so beautiful. It's just awareness. It's I Am. I Exist. There's not a thought or an energy to go with it. It doesn't need it. It's kind of an internal rhythm, harmony, continual flow – I Exist, I Am – and life springs from there. Creation comes from there.

But when that consciousness is suppressed, when that consciousness is basically ignored, when that consciousness is basically obscured by the dirt of life, by old beliefs, by old residue, then life gets to be kind of rough. Then that's when people keep repeating the same patterns, same experiences, the same activities with the same people and the same outcomes lifetime after lifetime after lifetime.

That's when you kind of go crazy and say, "Why do all these things keep happening to me?" Well, it's pretty simple. It's just you've obscured consciousness.

But the moment ... the moment that you choose, the moment that you become aware of the awareness, it all comes back. The moment consciousness is placed back into consciousness – ah! – everything starts expanding again.

So just roll yourself into your own cosmic carwash here and let the cleansing begin.

Let the energies serve you.

(pause)

Gently cleaning off all that old residue.

(pause)

What's really nice about it is that you don't have to do any work. You just put your consciousness here, and it all happens.

I love awareness. It's so simple. It always strikes me as odd that people don't allow awareness. Actually, they avoid it. They actually avoid awareness. You could argue and say that maybe it's too painful. The light shines too bright, whatever. They go out of their way, out of their way of awareness.

Now, they think that because they think that they're living, but there's a huge difference.

You can think about how you're going to solve certain problems at work. You can think about what you're going to do after work. You can think about how you've lived your life. But you know, that's really not awareness. That's thinking. Not a lot of life in thinking.

But then there's awareness. It's consciousness, and the moment you place your awareness somewhere, where you put your heart, I guess, you might say, it suddenly brings life.

It's so simple you'd think everyone would do it. So simple you wonder why you haven't done it before.

Sometimes this residue builds up and it's hard to do, and you end up spending seventy percent of your waking hours working on your problems. And I forgot to mention, the other thirty percent of your waking hours – time, energy, consciousness – is spent creating new problems.

LINDA: Oww.

ADAMUS: (chuckling) It is! Seventy percent resolving old problems, 30 percent – all right 29 percent – creating new problems.

It doesn't have to be that way at all. At all.

You just take a deep breath and be in awareness. Be in awareness of your awareness. That's all. Just "I Exist."

Where there is consciousness, there will come life – real life, creative life.

(pause)

While we're in the midst of this merabh of cleansing, while you're getting this carwash of your soul, we have a special bonus going on today here. You also get the opportunity right now to feel creativity.

Now, some of you think you're creative, a lot of you think you're not. I'm not talking about that kind of creativity, like writing a poem. I'm talking about just making something out of nothing. I guess that's the definition of consciousness. Bringing your awareness to where nothing existed, and then it springs to life.

It's not necessarily about what you make with your hands or figure out in your mind, but just wide-open creativity. Bringing awareness into your life, into anything.

I talked before about a true creator creates, blesses, is terribly impressed with themselves and then backs away. Feel for a moment now your creation, continuing to expand and express; basically singing back to you all of its joy of being, the desire to continue expressing and expanding.

That's amazing. And you know, those creations, whether they're physical or nonphysical, they just keep going through time and space.

Can you imagine that for a moment? Something you create; let's say, you just create a song. You're out for a



walk, you just make up a little song and sing it to yourself. Well, you just created something and it never dies. Never, ever, ever dies. Your human mind might forget it ten minutes later, but it is now basically traveling throughout creation, the dimensions, constantly expressing in joy.

The nice thing too is anything you've ever created, anything you've ever created you can feel again. You can feel its joy of being. It's not a souled being like you, but something you created that's constantly rejoicing.

Can you hear it? Can you feel it?

(pause)

A lot of your dreams at night are creations. Oh, they're still out there. They're still expanding and being and rejoicing.

A lot of times you'll have little inspirations during your day, a thought about something or even maybe a little invention or sometimes I see you writing books. You write books in your heart, not so many of you write them on paper. But do you realize

those creations are still out there? They didn't go away. Maybe they never got printed as a book. That doesn't matter. You created it. It's still out there and also right here.

Just feel into its rejoicing right now. You made this. It was never there before. You made it and now it's singing back to you.

(pause)

How's that washing going? How is that cleansing going? Pretty easy, isn't it?

(pause)

We're going to be coming to that final rinse cycle in just a few moments, then a good drying.

Right now just take a deep breath and feel how energies serve you, if you just let them.

(pause)

It's kind of amazing. You've been trained that you have to kind of work energies like you'd work a herd of cattle and *make* them work for you. No. No. You don't have to supervise them. You don't have to keep pushing them. They're just here working for you.

You made a choice to be in this space today.

You helped create this space today.

Now those energies are just soaping you up, scrubbing you down, helping to release some of that old grime. That old grime that's accumulated, that's kept you from really being aware of your awareness. A lot of that old grime is ... that really sticky stuff is about God.

Sometimes they're those old voices playing in your head – teachers, nuns, rabbis – but like I said before, human consciousness kind of put God out somewhere else. Not so much belief, but consciousness, and there's a huge difference.

Human consciousness put God out somewhere else. Turned him into pretty much a guy, a male. Made him real mysterious, made him kind of human at the same time. Untouchable. Untouchable.

And so it became so. That's where God resided then. That's where consciousness was. That's where it was limited, and therefore, creation was also limited.

But my dear friends, God belongs in you.

God belongs in you.

Spirit, Source, the Creative One, the Eternal One, the I Am belongs in you.

Now let's connect the dots. Remember I said consciousness can go into anything and it brings life. Where there is consciousness, there is life. If the consciousness is that God is in you, then it becomes so.

That's why we had to do this cleansing today though to get rid of the old concept of Spirit, God, Creator.

(pause)

It's in you right now. It *is* you. Funny thing, it always was.

Oh, I know your head is rattling a little bit right now, not quite being able to comprehend. But it's in you. It was always there, so familiar ... in you.

In your time of consciousness we bring God back, Spirit back, Source back – back to you.

Wow.

(pause)

Can you feel our Ascended Master friends, the incarnate Masters? There's something going on here. There's something changing with the energy.

There's something kind of funny happening for, oh, about fifteen hundred two-year-olds, three-year-olds, four-year-olds right now. Something kind of funny happening for thousands of 40-, 50-, 60-year-olds who call them Shaumbra.

Consciousness. I Am. I Exist.

We're breaking through that glass ceiling of God.

Sounds pretty simple, but this was a big one. This was a really big one.

So let's go into the drying cycle right now. We've had a good washing. Let's go into the drying cycle and listen to the music play.

Take a good deep breath, as that dryer just surrounds you with a warm flow.

(long pause)

Let's take a good deep breath together. Ah!

As Cauldre and Linda said, you are really good at creating safe spaces; spaces for you to experience your own realization.

Remember that where there is consciousness, there is life. Where there is consciousness, there is life. Where there is awareness, there is joy.



Take a good deep breath ... good deep breath, my dear friends.

So I can just hear the conversation now. You go home, your young one says, "Mom, what'd you do today?" You say, "Oh, I brought God back me."

With that, my dear friends, all is well in all of creation.

Thank you. Thank you. (audience applause)



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