

ADAMUS® SAINT-GERMAIN



Shoud 5  
January 7, 2017



CRIMSON CIRCLE

ADAMUS<sup>®</sup> SAINT-GERMAIN



## Shoud 5

Presented to the Crimson Circle January 7, 2017

*Recorded in Louisville, Colorado, USA*

*Featuring*

Adamus<sup>®</sup> channeled through Geoffrey Hoppe  
*assisted by Linda Hoppe*

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## ADAMUS<sup>®</sup> SAINT-GERMAIN



### Shoud 5

IMPORTANT NOTE: This information is probably not for you unless you take full responsibility for your life and creations.

\* \* \*

(some applause after the opening song)

I Am that I Am, Adamus of Sovereign Domain.

Thank you for the applause (more applause and cheering). I assume it was for me, and thank you for my coffee, dear Sandra. Oh, she's gotten so good at predicting the needs and wants of dear Adamus. Nothing like a fine cup of human coffee. Thank you.

We don't get this on the other realms. No. We have no Starbucks. We ... (someone says, "Oh") No, no. Believe it or not. So I keep coming back once a month just for my coffee (laughter).

Dear Linda, you look so lovely today, as always. Linda of Eesa. Yes (audience applause).

LINDA: Thank you. What are up to?

ADAMUS: Let's take a deep breath, as ... pardon?

LINDA: What are you up to? (laughter)

ADAMUS: I've got a few tricks up my sleeve for today,



mostly called distraction. Distraction. Just distracting enough so you can let that divine just slip in. When you're not thinking about it, let it just slip in. Ah, yes.

Let's take that deep breath together.

You know, it just doesn't work; this enlightenment thing, Realization, the integration with the divine, it doesn't work if you're trying to think about it. Edith, you have such a sparkle in your eye today. Such a beautiful sparkle.

It doesn't work when you're thinking about it. This goes back to Adamus 101, the basics. The human's not responsible for the enlightenment. It's not. The human just needs to allow. The enlightenment, the divine, it comes in. It comes in when you take a deep breath and you allow it to come in. And then it won't be anything, anything, anything like what the human thought it was going to be. The human has interesting expectations of enlightenment and Realization. You might as well just throw those out with the old year, because it's not the way it is.



And that's the beautiful part. The human would limit it. The human would humanize it, and this thing of enlightenment, Realization, it is the most sensual thing that you could ever not be able to imagine. It is sensuality. That's really what it is. It's not suddenly knowing everything, because that doesn't matter. Even as an Ascended Master, I don't know everything nor do I care to know everything. It's not important. But the sensuality, the feelings is everything – everything, everything – and that's where we're going in 2017.

Speaking of sensuality, how many of you have even experiencing, over these last few weeks, I would say last three weeks in particular, maybe a little longer, but that ... (laughter as Sart raises his hand before the question is complete.) You felt that already. He's going to need the microphone. And what have you felt, Sarducci? What have you felt? You realize this is how we're starting our new year in the Shouds, right here (more laughter).

SART: Is this family still?

ADAMUS: Yeah, yeah.

SART: Oh. Frustration.

ADAMUS: Frustration.

SART: Yep.

ADAMUS: Wow. Okay.

SART: Yeah.

ADAMUS: Well, I'm going to get to that.

SART: Big time.

ADAMUS: Yeah. But what I was going to say, and you're the perfect example of this, have you felt ... (some laughter) – oh, you are, more than you possibly know – in the past three or four weeks, in particular, just feeling dirty? Like even if you have two baths or showers a day and you scrub down with lye soap, you're just still feeling dirty, kind of a grittiness, like it's under the layer of your skin. It's just like making you a little itchy, even. Just feeling a little dirty, and you with Sart's Dirt Works (more chuckles), you have an excavation company. Yeah. Do you dig graves at all with some of that equipment?

SART: I have before, yes.

ADAMUS: You have before.



SART: Yeah.

ADAMUS: Yeah, yeah.

SART: Like that far apart.

ADAMUS: That far apart?

SART: Yeah, you know, one over here and one there. You got to put one in the middle.

ADAMUS: Yeah. Good. Good (Sart laughs). But thank you.

SART: That's fun.

ADAMUS: Thank you. So gritty, dirty. See, he raised his hands before I even said it. Sart's Dirt Works. Thank you.

How many of you have felt that? Just a sense of you just want to really clean off. Yeah, you just feel a little itchy. It's like there's a layer of grit right under the skin. Eh, you felt that? No, some of you haven't felt that. Well, you probably will (a few chuckles). No, you probably will because it's a part of this whole integration process, and there's a lot being released from very, very deep down within. And there's also kind of an odd contradiction taking place within you. Perhaps you'll relate to this more than the Sart's Dirt Works example. How many of you in the past, well, few years, but few months in particular, you just don't feel it's together anymore? It's like ... (laughter as lots of hands are raised) Well, that was a "Duh! Master of the Obvious" question. (Adamus chuckles) But more than ever, more than ever, that sense of not really feeling like who you were, but not knowing what you're going to be. It's just not coming together. That's another beautiful indication.

### ***Non-Oneness***

First of all, it's very mental. You tend to go mental – "What's wrong with me? Where is my old place?" It's not there. It's not going to come back. The whole concept of oneness goes out the window. The whole concept of oneness, and you can't go back, even though you may try to go back. Coming back into your oneness – forget about it. It's not going to happen. You are now the many.



You know, the word “oneness” – if you would write that on your magic pad there (to Linda) – the word “oneness” also sounds like the word “onus.” Onus. And you can write that too, and if you don’t know how to spell it, ask Sart.

LINDA: I have no idea (some laughter).

ADAMUS: Oneness. Onus. You know, onus is that putting the burden, the onus of something on you or on others. Onus is carrying a burden. Spelling of onus for Linda (audience tries to provide help). Oh, you’re definitely Shaumbra. None of you can spell! (Adamus chuckles) So this whole concept of ... (more laughter as Linda has a hard time spelling it) This whole concept of oneness goes out the window, and that’s a big deal.



You know, there’s a lot who are in spiritual, New Age talk about global oneness. You have got to be kidding! (more chuckles) Yes. Yes. I saw somebody putting on their lipstick and somebody going, “Oh! (gag)” like that at the same time. No, it goes out the window. I do recall one event we were invited to a number of years ago and I was commanded to speak about oneness, and dear Cauldre, Geoffrey, begged the sponsor of the event not to inflict that topic on me. And the sponsor insisted and so I got up there and was more than happy to talk about oneness (more chuckles). I talked about “you are your own one” back then, but even that’s changing.\* But the concept of planetary universal cosmic oneness? No! No. It’s actually like going to the Borg, you know, like back into some sort of mental entrapment. It’s like going ... why would you, why would anybody want universal oneness with anything? It would be a bad joke on Spirit’s part to say, “Okay, I’m going to give you a lot of rope here. You go out and experience a lot of different things – human life, angelic life – then I’m going to pull you back into oneness where you lose all sense of your sovereignty and your Self.”

\* Referring to [Sovereign One](#)

LINDA: And Adamus, what happened when you gave that talk about oneness?

ADAMUS: What happened?

LINDA: Yeah.

ADAMUS: Everybody loved it (Adamus chuckles). Not everybody, I have to admit. I did get thrown out of that conference.

LINDA: Yes, you did (more chuckles).

ADAMUS: And that was a good thing. It needed to create a little stir, an emotion; it needed to get things going. And just for you personally, particularly now, you don’t go into oneness with yourself. You are the many. You are the multiple. You are the “and.”

It’s a very strange feeling as you really start to sense it. First, it’s a feeling of, “Oh, I just don’t have it together anymore.” Bingo! No, you don’t, and that’s a good thing. I’ll show you later today why. “I just don’t have it together anymore. Where’s my sense of balance and Self and all the rest of that?” It’s gone and that’s a good thing.

You know, the Master, the I Am, isn't this parent figure controlling and dominating all of the "ands." It doesn't need to. There's no central power. There's no central control. You'll find it's almost like throwing a lot of balls of light into the air and they're all dancing on their own. They don't need somebody to tell them how to dance, when to dance. And then you realize that you're all of these dancing balls. You're all of the "ands." You're the Master, and you're not even on this planet, and you're the student who is working their way to God knows what, enlightenment or whatever, and you're sitting on the park bench – all at the same time. That's where it gets fun. That's liberation. That's enlightenment. Not packing everything into a one, not consolidating yourself into singularness, but actually allowing the "and." You are so many. You are so I Am Here in so many ways. That's the beauty of it.

So if you start to feel that little sense of – a little like you need to take and shower, like you're just dirty, like there's an itching under the surface of the skin, it's just a transformation that you're going through. So let's toast to that (he raises his cup of coffee; audience says, "Cheers"). Cheers.

LINDA: Cheers.



### *Incremental Enlightenment*

ADAMUS: Secondly, second point today. The integration, the Realization that you're going through, whatever you want to call it – enlightenment, embodied ascension – is an incremental thing. Incremental. It's not going to take place in one great big fell swoop – I'm not sure what a fell swoop is, I don't know if anybody knows – but one great big overwhelming ... it's incremental. You're doing that on purpose so you don't burn out the body, so you don't quickly exit the planet, because you just can't handle it anymore. There's not a great big flash of lightning that comes down. You don't necessarily wake up in the middle of the night with all the answers. What you've chosen, what you're going through right now, is incremental, enough to absorb, enough to understand, enough to keep a very delicate balance.

You know how hard it is to stay in the body, to stay on the planet. What you're doing right now, having chosen embodied enlightenment, is doing this incremental. Doesn't matter how long it takes. You'll come to some understandings, hopefully today, that it doesn't matter at all. It's already there. And I know those are words, but what you're going to be doing now is experiencing that in a very, very sensual way, a feeling way.

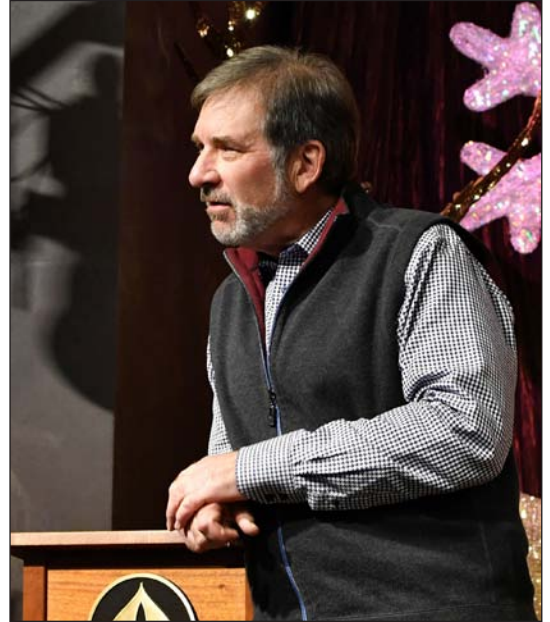
If I was to do a story about it, which I might as well do. The Master was ... (a few chuckles) Where's my park bench when I need it?

### *A Master Story*

The Master was having a double bacon cheeseburger at lunch at the local diner accompanied by a chocolate milkshake, because the Master doesn't get all caught up in what he or she is supposed to eat. It doesn't matter.

You can eat anything you want, because your body already knows how process it beyond the limitations of what you would call science or even good nutrition. The Master can eat double bacon cheeseburgers – sounds pretty good right now (Adamus chuckles) – with a chocolate shake and a shot of Jack Daniels on the side (laughter). I knew it would appeal to some of you.

The Master was eating lunch at the local greasy spoon diner when suddenly he noticed one of his students come in, a student by the name of Sandy. He said, “Sandy! Sandy, what a strange coincidence meeting you here at this diner. It’s twenty miles away from your home. Interesting. Sit down. Join me. Have some lunch.” Of course, Sandy ordered a quinoa salad with kale on the side, because she was trying to be a good student. This bored the tears out of the Master. All these rules, all these things you can do and not do, and you know, they change about every seven years. This might be a seven-year kale period and after this we go into seven-year seaweed period, whatever is the latest fad, but it bored the tears out of the Master, and he knew that Sandy really didn’t like that salad anyway.



He said, “Sit down. Sit down. What a coincidence meeting you here at this greasy spoon restaurant. What’s on your mind? I know you have a question, what’s on your mind?” Sandy thought for a moment realizing the Master had busted her, because she had never gone to this restaurant before, but she knew that he went there and she wanted to confront him on this day. And she said, “Master, when is it going to happen? When?”

He said, “I don’t know. You can order right now, see how long it takes.” (some laughter) She said, “No! When is it going to happen?! My enlightenment! My *enlightenment*! I’ve been working at this for 17 years. I calculated the other day, I’ve spent at least \$6,421 on my enlightenment.”

And the Master thought to himself, “Good God, she has about \$100,000 more to go before she gets there. (laughter) And if she’s equating enlightenment to how much money she spent or how much years she spent, she’s in for big trouble.” But he had been through this before with many of the students, so he took another bite out of his greasy cheeseburger, letting the grease roll down his chin (more chuckles) just to throw her off a little bit, and he said, “What do you mean ‘When’s it going to happen?’” She said, “When’s it going to happen? I’m not getting any younger. I’m not getting any healthier. I’m so obsessed by this thing, the Realization, enlightenment, becoming a living angel, but *when* is it going to happen?” She said, “You’re the Master, you know everything. So you ought to know. You talk about there being no time or space. You ought to know, then, the exact day and the exact time of my enlightenment.”

The Master took a deep breath and a slug of his chocolate milkshake and said, “Well, actually, the fact is I *could* know everything if I wanted to. Yeah, I could go beyond time and space, but I really have no desire to do so.” And he said, “You know, the Masters, Ascended or human Masters, we don’t collect data and information. It’s not about how much you know; it’s about your knowingness, and there’s a huge difference between the two.” He let that sink in for a moment. It’s not about how much you know; it’s about your knowingness. The knowingness occurs in the exact moment when it’s desired, not before, not after, never too much, never too little. Knowingness occurs in that moment, as you’re starting to find out in your own lives. And he said, “Well, Sandy, the fact is that it is happening right now. Right now. It’s incremental. It’s a little here and a little there.”



Sandy heard the words, thought about it for a moment and said, “But I want it right now. I’m tired of all the struggling. I’m tired of these things messing with my head. I’m tired of trying so hard. I want it right now.” The Master said, “Sandy, you are getting it right now. It’s happening. It’s going to be incremental. Didn’t you tell me that you want to be an embodied Master not a dead Master?” She said, “Well, yes, of course.” And he said, “That’s why it’s happening incrementally, so you can enjoy every morsel of it, every moment of it, every bite of it, this thing called enlightenment; so you can be aware of it on such a visceral level, rather than the big lightning bolt; you can really savor it, just as I’m savoring this cheeseburger; you can enjoy every little moment of the enlightenment, of becoming.

“But when you’re looking so far down the path, when you’re wanting it all at once, when you’re out of the moment, what I call the ‘I Am Here,’ then you don’t see it. You don’t sense it. You don’t experience it. It’s happening. It really is happening. You’re just not aware of it, because you’re looking out there, rather than right here in this moment. It’s happening in your body. I can see it. Your body’s changing, and yes, some days it’s tough on your body. You’re going through a change at a DNA level, at a rewiring level, and yeah, some days it hurts. It aches. Could you just allow that? Be with it?

“Remember, Sandy, when I’ve said in front of the class, that everything now in your life is about enlightenment. Everything, whether it’s a fly that sits on your head – there’s one on your head right now, Sandy – whether it’s a car accident, whether it’s a beautiful sunset that you see; no matter what it is – a person that you encounter – everything, without exception, even the waitress who’s just about to come over here and interrupt my little talk, everything is about enlightenment. Bar none. Everything.

Everything that’s happening in your body, all the changes that are happening in your brain and especially right now your dreams. The dreams at night, they’re getting so different. And I know sometimes you curse the dreams. You wake up in the middle of the night and they seem so bizarre and you’re wondering what’s happening. It’s all about the visceral experience of embodied enlightenment. It *is* happening. It is happening right now, every day, every moment. You’re not lost on the path. You *are* the path, and it’s happening.

“So take a deep breath and enjoy every moment, every, every, every moment. Stop worrying about when it’s coming and realize it is – every moment, every breath, every thing. Stop trying to figure it out. Just allow it.” And with that, the waitress came over and asked to take Sandy’s order and Sandy said, “I’ll have what he’s having” (laughter). Ahem ... a line out of one of my favorite movies.

So let’s take a deep breath with that. It’s incremental.

It’s incremental, and I know some of you are wondering “When?” and you’re going to ask me. Some of you are already prepared to stand up in the middle of the channel today and say, “But Adamus, is 2017 the year it’s going to happen?” I don’t give a hoot when it’s going to happen, neither should you. You’re in a new sensual experience. There’s no rush, and you’re going to realize it’s already there anyway. You may think about it; now you’re going to actually experience it.



So let's take a good deep breath and stop racing. Stop trying so hard. Every everything in your life, just enjoy it, whether it's painful or pleasurable. You'll realize those words go out the door. It's just the sensual experience.

### *Today's Question*

So here we are in 2017 and I've got to ask – I've got to ask, as we've been doing for the past couple of years – and Linda with the microphone, please.

LINDA: My pleasure.

ADAMUS: Yes. I've got to ask, what do you sense, what do you feel, from a planetary standpoint, for 2017? Remember we played this little game last year and passed the microphone. There were some good observations. But how would you define what's going to happen for the planet, 2017 and maybe a little beyond? What's in store? Please, Linda. Volunteers. A volunteer is anybody who is sitting in a chair.

LINDA: Oh (some chuckles).

ADAMUS: Ah. You've been thinking about this.

LARA: I have.

ADAMUS: I know.

LARA: Yeah.

ADAMUS: Yeah.

LARA: I would say boredom.

ADAMUS: Boredom.

LARA: Yeah.

ADAMUS: Oh, I like that.

LARA: Yeah. Instead of fighting or trying to figure things out, I find myself getting bored.

ADAMUS: Yeah, yeah. Now, from a planetary standpoint or personal?

LARA: Personally, but I could see this happening on a planetary level.

ADAMUS: Yes. Planetary boredom. It is and I'll talk about it in just a moment. That is one of the aspects of 2017, boredom. Yeah.

LINDA: Hm. Okay.

ADAMUS: Good. Off to a roaring start. Yes.



CHERYL: I'm not one who listens to the news or pays much attention to a lot of things that go on worldwide. I had a friend who sent me a card and said, "What do you think about the election?"

ADAMUS: What election? (Adamus chuckles)

CHERYL: That's exactly what I said. The election?

ADAMUS: Was there an election? Where?

CHERYL: What election?

ADAMUS: Yeah.



CHERYL: Oh, yeah! There was an election.

ADAMUS: Yeah.

CHERYL: But when you have a misogynist in the Oval Office, it's a little scary.

ADAMUS: Yes. It sounds dirty.

CHERYL: It is.

ADAMUS: Yes. Yeah. Yeah. Why is it scary?

CHERYL: (pausing slightly) Women ...

ADAMUS: Misogynist, for those of you who may not be primary English speakers – dirty old man (she chuckles).

CHERYL: And, and ...

ADAMUS: Masculine, dominant, vile, demeaning, piggish.

CHERYL: Demeaning.

ADAMUS: Piggish, yes.

CHERYL: Demeaning.

ADAMUS: Demeaning.

CHERYL: And just basically they don't like women.

ADAMUS: Yeah.

EDITH: Maybe called Trump (a few chuckles).



CHERYL: Yes. Yes. Kind of like that (she chuckles).

ADAMUS: Let's not get political here, although we are. Yes, demeaning and belittling and, you said, don't like women.

CHERYL: Basically.

ADAMUS: That's actually – I'd like you all to reconsider that – it's actually fear of women. It's not disliking women at all. I'll talk about it in Wound of Adam coming up in just a few weeks. Yes, it's a fear of women, and dammit, they should be (Adamus chuckles and someone says, "That's encouraging"). Tune in, tune in to the Wound of Adam. Yes. So, misogynist in the White House. What else is going on for the year?

CHERYL: I think that's a big thing, plus nuclear ...

ADAMUS: You know, if you see that new thing on the camera here, right below ...



CHERYL: I did. What is that? That's new. That hasn't been here before.

ADAMUS: That's Donald Trump's listening device (lots of laughter).

CHERYL: As soon as I came in and saw it I said, "What in the world?!" (she laughs)

ADAMUS: I'm surprised – yeah. I'm surprised nobody noticed that before. What is it? You notice something really strange, it's kind of high tech and it's kind of like, "What is that?" but nobody says anything. Nobody says, "By the way, what is that? Did anybody here put that in there? Does the staff know about this?" You just kind of go along with it. "Oh, there's some new high frequency electromagnetic devices in the room."

CHERYL: I saw it immediately and asked what it is, but nobody would tell me.

ADAMUS: Who did you ask?

CHERYL: Edith, of course (much laughter).

ADAMUS: Oh! But there's the problem. Edith is a spy (more laughter). She's not going to tell you!

CHERYL: And she didn't (she continues to laugh).

ADAMUS: She didn't. What did she tell you about that odd-looking device?

CHERYL: She said ask you. No, Geoffrey. She said ask Geoffrey.

ADAMUS: Ask Geoffrey.





CHERYL: Mm hmm.

ADAMUS: Yeah. Did you?

CHERYL: No.

ADAMUS: Oh.

CHERYL: He was busy.

ADAMUS: He was busy. What is that device? Maybe we should ask – would you run that to John Kuderka. What is that device? If anybody would know ...

LINDA: Oh, my god.

ADAMUS: It looks like ...

LINDA: Poor John Kuderka's so shy and now he has to be on camera.

ADAMUS: ... an electronic eye. I think it's like an ...

LINDA: Oh, he's going to scream.

ADAMUS: ... artificial intelligence cyber robotics.

LINDA: He's going to scream.

ADAMUS: I mean, very odd. What is that, John?

JOHN: It's just a fancy little microphone.

ADAMUS: Oh, sure! The fancy little microphone (some chuckles). Uh huh. Yes. Okay. We believe you, John. I do believe it is a microphone. Yes. It's so they can hear – Cauldre's telling me (more chuckles). You know why they had to put that there? Because people in the audience just blurt out at any given point and nobody online can hear them. So now everybody can hear you.

LINDA: We're actually trying to capture your blurts! (laughter)

ADAMUS: Yeah. So once the sheep leave and there's no more blurting, then we can take that down. But as long as there's blurting ...

LINDA: Do you think that's reinforcing bad behavior?

ADAMUS: I don't care (they chuckle). One way or the other. Where were we? 2017. So what are you saying?

LINDA: She's stuck on misogyny.

ADAMUS: Yeah.



CHERYL: The misogyny is one thing, but the ...

ADAMUS: Do you know how to spell misogyny?

CHERYL: Yes.

ADAMUS: Oh, good.

LINDA: Go ahead.

ADAMUS: Go ahead.

CHERYL: M-y-s-o-g ... I can spell misogynist (she chuckles).

ADAMUS: That's okay. I'll take it.

CHERYL: M-y-s-o-g-i-n-s-t.

ADAMUS: Wow! (Adamus claps) Good.

LINDA: She's a psychologist.

ADAMUS: Okay. Oh! Now I get it (they laugh). So, but for the planet – not for the White House, for the planet – what's in store for this year?

CHERYL: I think that's planetary or it can be, at least nationwide.

ADAMUS: So masculine pigginess?

CHERYL: Subjection of women.

ADAMUS: Subjection of women. Okay.

CHERYL: Mm hmm. Mm hmm.

ADAMUS: Hmm. What if I told you it might be the year of subjection of men?

CHERYL: I don't think that's good either.

ADAMUS: No, probably not.

CHERYL: Mm-mm.

ADAMUS: Not. No.

CHERYL: I don't like anybody being subjected.

ADAMUS: Yes!



CHERYL: Especially me, and I'm standing here doing it.

ADAMUS: Yeah, yeah (she chuckles). So, kind of a ... could I define it as basically a continued imbalance of masculine/feminine energy? Battle ...

LINDA: Oh, that's nice.

ADAMUS: ... of the sexes.

LINDA: That's a nice way to put it.

ADAMUS: Battle of the sexes.

LINDA: Yeah, I like it.

ADAMUS: Yeah, yeah. Would that be a fair assessment?

CHERYL: That's a fair assessment, except it's way off balance.

ADAMUS: Yes. Yes.

LINDA: Oh.

CHERYL: And women have spent a lot of years trying to get it a little more balanced, and now it's way off balance again.

ADAMUS: With men or with women?

LINDA: Ooooh!

ADAMUS: Out of balance. What's out of balance, the masculine or the feminine?

CHERYL: The feminine.

ADAMUS: The feminine. The feminine is the victim.

CHERYL: Yes.

LINDA: Ohhh!

ADAMUS: Walked right into my trap.

CHERYL: Yes! That was a good distraction.

ADAMUS: Well, if the feminine is the victim, the feminine is also going to be the abuser.

LINDA: Ooooh!

ADAMUS: It's true. It has to be. It has to be. Now, abuser doesn't mean that the woman is going to get on boxing gloves and go beat the shit out of Andy. Andy, sorry. But ...



ANDY: What? What?

ADAMUS: Yeah. Yeah (laughter). But he likes it! He enjoys that. So ladies, please, afterwards! (more chuckles)

LINDA: You're particularly crass today.

ADAMUS: No, no. I'm just being direct. So if the woman is a victim, the woman will also be the abuser. Abuse comes in a lot of different ways. One of the statements I'm going to make at the Wound of Adam, which I think we're filming soon, is that ...

LINDA: Is that an advertisement?



ADAMUS: Yeah, yeah. And don't stand against that cheap thing (a stage prop) or it's going to fall down (Linda chuckles). One of the things we're going to talk about is prostitution. I'm going to start out Wound of Adam about prostitution. It's the greatest example of the masculine/feminine relationship. And it's the ...

LINDA: Eew!

ADAMUS: No, it is. It is. We'll go into depth on that one. Yeah, think about it.

LINDA: I hope not.

ADAMUS: Oh, yeah. No, it's, it's ...

CHERYL: An example.

ADAMUS: ... an amazing example of masculine/feminine. Who is the abuser? Or is there an abuser? It's the greatest example of the whole Wound of Adam and the Wound of Isis. So really, who is taking advantage of whom here? Who's the sucker in this, so to speak?

LINDA: (gasps) Don't! What?! Geezzz! (some laughter)

ADAMUS: So, so ... yeah, so planetary – continued masculine/feminine imbalance, correct?

CHERYL: Yes.

ADAMUS: Okay. That's a good one. Thank you. Okay, we're recording these. We're going to play them back at the end of the year.

CHERYL: Okay.

ADAMUS: Next.

LINDA: You're going to volunteer. Lucky.



ELIZABETH: This seems very obvious to me – or it *feels* very obvious to me – that 2017 will be very, I would use the word “sideways,” but it’s just chronic change.

ADAMUS: Yeah. Chronic change.

ELIZABETH: Just chronic unexpected change in the most bizarre ways. I mean, I just feel that.

ADAMUS: Mm hmm. Yeah. Good. Good.

ELIZABETH: Is that good?

ADAMUS: I like that, by the way. You’re not talking from here (head) at all.

ELIZABETH: No.

ADAMUS: You’re sensing something.

ELIZABETH: Yeah.

ADAMUS: Chronic change. Good. We’re going to put that in the highlights reel.

ELIZABETH: Thank you so much.

ADAMUS: Good.

ELIZABETH: Namaste.

ADAMUS: I have a feeling you’re going to be absolutely right. A few more. 2017.

LINDA: Okay. Ohh, let’s see, looking ... I’m looking for the right volunteer.

ADAMUS: And what Elizabeth did was really felt into it. Rather than thinking “What’s the right answer?” she really felt into it.

LINDA: The right volunteer.

ADAMUS: 2017.

JAN: I would say, for me, that in a lot of ways there will be a lot of clarity for people, because there’s so much going on around them that they have to find some kind of clarity to kind of move forward and really kind of define values that are important to them.

ADAMUS: Are you talking about people in the room or you’re talking about the planet?

JAN: I think the planet. I think as things kind of fall apart, I think they’re going to find out what’s kind of near and dear to them and what they really want to hold on to and what’s going to be important to them.

ADAMUS: The majority or just a few?



JAN: I'd like to think the majority. I think a lot of people think they want change, but I don't think they really know what changes that they want.

ADAMUS: Right.

JAN: So I think they need to have some clarity about what that change would be and then how to kind of move forward to get that change the way they want it. But they have to have some clarity about it. I think people are saying, "I want change," but they don't have any clarity about that right now.

ADAMUS: Exactly. Exactly, and it's a good point. I would like you to take what you just said and really look at it with yourself. I see that happening with you. I see you're speaking really from your perspective of what's happening to you, not necessarily speaking for the rest of the world.

JAN: Mm. Okay.

ADAMUS: But we'll see.

JAN: Okay.

ADAMUS: We'll see. We've got a year to see how this works out. And we've got about five minutes before I tell you my version.

LINDA: Is it the whole world or just the conscious world?

ADAMUS: It's all the same.

LINDA: No, it's not.

ADAMUS: Yes, it is. Next on the microphone. Thank you. The year for the planet.

ALICE: I'll stand up. Tacking on to the misogyny, the first thing I really feel is anger and, yeah, there's personal anger, because I love Hillary. But it feels like there's a huge, "Ugh!! This guy's in charge!" And it's all around the world. Is that ... anger. So anger, but more in your face, like "Everybody, we're going to have to see things!"

ADAMUS: Mm hmm.

ALICE: That's what going to happen for all of us.

ADAMUS: So give me an example of what you're talking about as it affects the world. How would this manifest?

ALICE: So, in America, I know it affects the world just because the social media, people, their reactions to Donald Trump being elected, but ... oh, was I not supposed to say that?

ADAMUS: That's fine.



ALICE: Hi Don! (to the camera; laughter) Start tweeting now! (more chuckles) “That bitch at the Crimson Circle ...” Well, anyway (more laughter). For me, it’s ... okay, he got elected and he got elected by a bunch of white guys, right? And they ...

ADAMUS: He got elected by consciousness.

ALICE: Yeah.

ADAMUS: Yeah, yeah.

ALICE: That’s what I was going to say.

ADAMUS: Right, right.

ALICE: They have something. It’s inside ...

ADAMUS: But did he really win the election? (some people say “No”)

LINDA: Ohhh!

ADAMUS: Yeah.

ALICE: Shh! We have a lot of Russians around (Adamus chuckles). But, so that needed to be seen. It’s kind of like we have personal things as Shaumbra that needed to be seen, I guess.

ADAMUS: Now, are you angry about this or do you think the world’s angry?

ALICE: Both. Yeah.

ADAMUS: Both.

ALICE: I’ve had my anger, certainly.

ADAMUS: Yeah, yeah.

ALICE: It was quick.

ADAMUS: Could you step back out of that for a little bit?

ALICE: Yeah. Well, yeah.

ADAMUS: Could you *really* step back out of it and realize that it was consciousness that elected him. Even though he didn’t win, he won.

ALICE: Mm hmm. Mm hmm.

ADAMUS: If you know what I mean.

ALICE: Absolutely. Mm hmm.



ADAMUS: So it's a reflection of consciousness. Now, if you sit on the park bench and you watch how all this all plays out, it's actually brilliant. And there may be anger, you might be angry. Step back from the anger. When I explain what I see for the year, maybe you'll understand a little better, but it's actually kind of a brilliant play. And there are villains in the play and there are dramas and there is maybe some violence and other things and anger in the play, but it's a brilliant play. Yeah.

ALICE: I believe it.

ADAMUS: Yeah. But you can't really see it until you sit on that park bench and just take a deep breath and watch how the world unfolds.

ALICE: Yeah, I think we're going to be breathing a lot this year (she chuckles).



ADAMUS: And I'll tell you all one thing right now and I'll expand a lot on it next weekend ([ProGnost 2017](#)), but this world really isn't yours anymore. It's really not, and that's going to be a blessing and it'll also be difficult at times, but it's really not. So...

ALICE: Hm. Yeah. Feel it.

ADAMUS: Good. Next. One more and then I'll give mine. Greetings. Are you going to talk about politics?

DANUSE: I Am Here.

ADAMUS: You are here. Good. Good.

DANUSE: I just ...

ADAMUS: You look so lovely today.

DANUSE: Well, thank you.

ADAMUS: Yes. Just brilliant.

DANUSE: Christmassy. Christmassy.

ADAMUS: Yeah, yeah. No, but I mean there's a light shining from you, you know.

DANUSE: Oh, thank you. Thank you. I feel very good. Yes.

ADAMUS: Good.

DANUSE: But I was thinking since I have been translating the material for SES, the additional material we didn't do before. So there was question about this reunion from Isis and Adam, and actually the Isis is going to surprise the man.

ADAMUS: Oh, yeah. Always does! (some laughter)



DANUSE: I would too.

ADAMUS: Yeah.

DANUSE: I would too.

ADAMUS: Yeah.

DANUSE: I would forgive them everything.

ADAMUS: So how does that apply in a worldwide situation?

DANUSE: If there are many of people thinking like maybe I would do, that I would forgive them. All men, I will forgive you.

ADAMUS: Ohh!

DANUSE: So then ...

ADAMUS: Could you do that?

DANUSE: I think I can, yeah.

ADAMUS: Okay. I mean, like, right now?

DANUSE: Yes!

ADAMUS: In front of the camera?

DANUSE: Forgive you! All men, I forgive you, in the whole world! You have my blessings and compassion.



ADAMUS: Thank you.

DANUSE: And love.

ADAMUS: Yeah, yeah. No, that's beautiful and some of the other women are looking at you, "Yeah. We're not going to let them off that easy."

LINDA: Ohh! Come on!

DANUSE: No, I embrace them all.

ADAMUS: "Yeah, a million years of suppression. We're not just gonna ..." But that's good. I'm glad you can do that.

DANUSE: Yes. Mm hmm.

ADAMUS: Yeah. Good.

DANUSE: Thank you.

ADAMUS: So you think globally, now, that suddenly the feminine energy is like, “Oh, we forgive you,” and the men are like, “Oh, we were so bad” and everybody gets together and ... (someone says “Kumbaya”)

DANUSE: Not yet.



ADAMUS: No, no, no, no, no, no.

DANUSE: Not yet.

ADAMUS: So what's going to happen? This is in the highlight reel. What's going to happen in the planet this year?

DANUSE: I think I will have to wait for the surprise, what men and women would do.

ADAMUS: What's the surprise?

DANUSE: The surprise might be that more than ever that women would find out about the whole thing and maybe forgive. Maybe be able to forgive.

ADAMUS: Maybe forgive, maybe, yep.

DANUSE: Maybe.

ADAMUS: Send out a universal message of forgiveness and ... yeah.

DANUSE: No, no, no, no.

ADAMUS: Or maybe just all the women of the world like, agree, like, behind the scenes to no more sex for men?

DANUSE: No, no, no. Just personally. Personally.

ADAMUS: Yeah. Isn't there a movie about that or should there be a movie about that?

DANUSE: Oh, maybe it will be.

ADAMUS: “The Day Sex was Withheld.” Yeah. Yeah (laughter). That'll show them!

DANUSE: Okay. Okay. Okay. So ...

LINDA: I'm in shock! I'm in shock!

ADAMUS: I told you I had to distract you today. I had to distract you.

LINDA: I'm in shock!

DANUSE: I think it will be a big distraction in the whole world and then ... it will not be easy.

ADAMUS: It will not be easy.

DANUSE: Yeah.

ADAMUS: That's a pretty good guess. Okay.

DANUSE: Okay.

ADAMUS: Okay. Thank you.

DANUSE: Thank you.

ADAMUS: Now my prediction. Remember last year I predicted that 2016 would be the Year of Disruption? (audience agrees) That was pretty close. Yeah, pretty close. It was a good disruptive year. It had to happen.

This year, 2017, I'm going to call the Year of Separation.

LINDA: Mmmm.

ADAMUS: That's a nice way of putting it. The year of things coming apart. The year of things blowing apart. The year – oh, I know. Doesn't it sound awful? No, not really. Not really.

### *The Year of Separation*

It's the year of things breaking apart, breaking down, coming apart. And while it may sound terrible and why some of the news may be terrible, it's actually kind of needed. It's kind of needed.



Everything has been held in a tight knot, a tight ball, and the ball keeps getting tighter. Can you imagine, just tighter and tighter and tighter with anger, with suppression, with loss of hope, with frustration, with old systems that are trying incredibly hard to hold on to their old ways, whether it's religions, whether it's businesses, whether it's just old roles of masculine-feminine. The feminine, I'm sorry, but is playing out as old of a role as the masculine. They really are, and all of that is going to come to a crashing halt and then a breakup. Not that the world's going to fall apart; parts of it will. Not that everything is going to be in chaos, but there'll be more than normal. But systems are going to come apart in this year. It has to.

The brilliant play of the misogynist in the White House is part of it. He doesn't know it, but it's ... when some of you woke up, here in America and overseas, the day after the elections and you're like, "What?! What just happened? I should have never gone to bed. I knew if I went to sleep, this would happen. They slipped it in while I was sleeping." (some chuckles) And you wondered what's happening? What's happening is this whole process of coming apart.

And I'm going to really make a prediction here, and I don't generally do predictions, but here I will. Oh! Time for a cookie. We're going to have a break here while I eat my cookie (a few chuckles). Oh,

you wanted the prediction. Mm. (Adamus is eating the cookie) This is loaded with butter and sugar. Mm, mm, mm, mm, mm!

The prediction is that the new president, Trump, will either make it just barely a year in office – just barely, and that may be stretching it, and then he’ll be out – or he’ll go for two terms. Now, it sounds very diametrically opposed. What?! Either the forces are going to work and throw him out or, you know, it’s over with or something will get the ball rolling. It’ll break apart.

This year things are going to break apart, and there’s going to be so much anger directed at leadership all across the world. Not just in the White House, but all across the world, even at Putin. It’s going to be such anger and that anger is going to cause things to break apart and separate. They almost have to. They’ve been held in such a tight knot for so long and it all, ultimately ... if you want to sit on your park bench and you want to say, “What is going on in the world? Why is it so crazy? Why are things breaking apart? Why is there violence and terrorism and system changes and all the rest of that? Why is that happening?” It’s very, very clear. Very clear.

### *The Mental World*

The world is at a point of separation and the world is at a point of it has gotten so mental – so very mental – it hurts everybody’s head. You’re seeing people now who have gone so mental and can’t get out. They’re trapped inside a mental non-sensual vessel, an analytical, judgmental, limited vessel called the mind. They don’t know how to get out. They’re screaming for help. They try to get help, first through what you would call your conventional systems, whether it’s talking to professionals – professionals who then immediately put them on drugs, which makes it worse. You’ll find in all these cases where there is the mass killings and terrorism – when it’s not associated necessarily with a religious group but the other cases – that that person has been on these medications, the SSRIs. They are further trapped within the very thing they’re trying to get out of. They go and seek help. They need somebody to talk to and first they’re given medications. It calms them for a short period, but eventually something happens inside.



Then they try to get attention – they need help desperately – by doing bizarre things, by acting out, by walking down the street screaming or going into a government office and creating quite a commotion, and that doesn’t work. And they’re so trapped in their minds and in the mental, that they finally resort to anything, including killing other people. It’s for attention. It’s a desperate plea for help. And that’s just a small example of a world that’s gone so mental and there’s no more feeling. There’s no more sensual. It’s gone – it’s so mental.

In our [ProGnost](#) last year I talked about technology and the effect it’s going to have on the world in years ahead, and it will, and I talked about artificial intelligence. I said that artificial intelligence will get to the point in the next approximately 20 years where it will exceed human intelligence. It will be keener, sharper,



faster and more accurate than human intelligence. That artificial intelligence is going to continue to grow and grow, because once it's programmed to continue to get more intelligence, it will keep doing that. And in doing so, it's going to use a tremendous amount of power – literal power from your utilities, power also in knowledge.

The artificial intelligence is just a, you could say, an example of human intelligence. Humans built it in their own likeness. It's kind of like God creating humans in the likeness, this is human creating intelligence in their likeness, the insatiable desire. But that desire is trapped within a mind.

What will eventually happen to artificial intelligence, maybe 40 years from now, is that it will break down. It will blow up. It will destroy itself, because, in its quest for more intelligence, to know everything, to get all information, it will suddenly realize that it is impossible. It cannot. That artificial intelligence will have to face itself, in a way, not in a conscious way like humans do, but it will face the inevitable that one of two things has to happen, is that it either has to get more intelligence and there's no source for it at a certain point – there's no source and there's not enough power to make it happen – or it has to kill itself. It has to destroy itself, because it can no longer – not for the sake of humanity, for its own sake – it has to destroy itself, because it cannot handle the burden anymore. It cannot handle itself anymore.

So artificial intelligence is simply kind of a map of human intelligence. Humans are in their mind. They're trapped in their brain. More and more people every day are being given these SSRIs, and it's the one and only thing I'm very opposed to, because I see the damage that's done. Eat cheeseburgers, smoke pot, drink, do whatever you want to do, but do, do stay away from these medications, because they will get you more in the trap. They will get you more in the mind, and that's exactly what's happening to the world this year. I mean, it's been happening a long time.



There is the realization that things are locked in the mental and it's not really going anywhere. So things are going to start separating. They're going to start coming apart, unraveling. Not the whole world, but you'll see more and more of it. You're going to see more of these mass shootings, and it has nothing to do – I heard somebody ask the question about gun control – it has nothing to do with that. If it's not a gun, it'll be a homemade bomb, it'll be a knife; it'll be something, because people are desperate.

Organizations are desperate. Businesses are desperate. You realize ... just feel into this for a moment. Let's say there's a big international business and it's cranking out products and it's trying to develop new products and it's marketing to people, but the market is saturated. But it's programmed – this business is programmed – to sell more products to more people, to create new products, to sell the old products that they have to keep, keep, keep on going. Nobody ever stops to say, "Let's just shut it down. We did well. Everybody in the world is using phones now. We did good. Let's shut it down, because this is kind of obsessive at a certain point" or "Let's not do anything new. Let's just have fun with what we're doing today. Let's not worry about profits" or "You know, let's give everything back to communities or causes" or "Let's all just take a big long vacation and see what happens." But they're programmed. It's a mental programming and it continues. It's insatiable. Nobody can stop that train. So something's got to happen. Something's got to happen and that's where you get a misogynist in the White House or you get a dictator or you get a breakdown of a system or

something like that. So, as it happens this year, sit on the park bench and when you're saying, "Oh, my god. What's coming of the world?" It's having to unravel itself from a very mentally programmed way of living.

You know the human life – I know human life – is not all that fun. No, it's really not. Most people are unconscious to it. They get up in the morning, they have to make a living, they have to take care of their kids, they have to go to their job. They're rather unconscious of it, but this isn't the way it was ever designed to be. It's not the way it's supposed to be. It's not supposed to be about so many patterns, so much mental. It's not supposed to be about working your brains out trying to think your way through every day. It is supposed to be a sensual experience, and how many people do you know are really having a good sensual experience? What have we talked about before? It's a little circus and a little bread. A little football and a little pizza. Work, work, work all week so Sunday afternoon you can watch football and eat pizza, and then go back to work. It's not the way it's supposed to be. But it's gotten that way because of the mental, getting locked in the mind, forgetting about sensual.



You know, there's a huge difference between a temporary pleasure and true sensuality. Sensuality is feeling and the world – the people of the world – are lacking those experiences. It's been beat out of them. It's really been beat out of them. Actually, it's been hypnotized out of them, and they've gone right along with it. Right along with it. I mean, it wasn't against their will. They've been hypnotized right into a non-sensual life. And this year you're going to see this huge separation, and that's why I started out talking about oneness. You're not going to see the Kumbaya oneness, all come together. It's a separation of ways. It's a dismantling of mental programming and mental systems so that divine beings, angels who are now humans, everyone can eventually come back to the sensuality of life, rather than the boredom.

We started out with boredom, and that at this core is everybody's bored. So what do they do? What do you do when you're bored? You act out. You create some sort of drama in your life. You do crazy things like cutting yourself. Not you, but humans. Why would a human do that? Because they're bored. Why would they do the things they do? Why would they create constant drama in their life? They're bored shitless. They're bored out of their minds. Well, actually, they're bored into their mind. They're absolutely bored. That was a very good opening comment. The world is bored, and therefore is going to do something to un-bore themselves.

There'll be drama. There'll be breaking apart of things. There'll be a lot of things in the news and, you know, it's coming to the point where I think you're starting to realize the world isn't really yours anymore. I mean, you're of it, you've been an important part in making it what it is, but you're going to feel the separation also.

Let's take a good deep breath with that.

LINDA: (whispers) Is there good news?

ADAMUS: "Is there good news?" Linda's whispering off stage left (some laughter). Is there good news? There is good news.

SART: That was it.

ADAMUS: That was it! (more laughter) That's the good news. That's the good news.

## ***Your 2017***

Well, let's get the microphone out and find out. Okay, we talked about the world. Now, for you personally. For you personally, 2017, what is it? Be succinct. What do you feel – not think, what do you feel – is going to be your 2017? Sure, go ahead (someone doesn't want the microphone).

LINDA: You're nice. You can do it.

ADAMUS: Or you're not nice and you can do it. Doesn't matter. Linda's coaching, "You're nice. You can do it." It's like go ahead. Just make something up. Remember what I always say, if you're stuck, make something up, because it means you're just in the head. You make something up and ...

LINDA: Don't say "I don't know." That's bad.

ADAMUS: Yeah, don't say, "I don't know."

SHAWNA: I already said that! (she chuckles)

ADAMUS: Yeah. Just make anything up. Your 2017. What do you desire for 2017 for you?

SHAWNA: (pausing) I would say ...

ADAMUS: Hang on. See, she started here in the feeling and then – *bleuppp!* ...

SHAWNA: Yeah!

ADAMUS: ... straight up to the head. Yeah. So let's bring it back down.

SHAWNA: Okay.

ADAMUS: Just your gut feeling. Just spit it out. Not spit it, spit it, but, yeah. 2017. Your desire.

SHAWNA: More allowing.

ADAMUS: Not a resolution. What is your desire for you?

SHAWNA: True change.

ADAMUS: True change. Good. I like that, yeah. Yeah. Did you see? You kind of lit up when you said that. "Yeah! No more bullshit change. *True* change!" (laughter) No more, you know, just like a 'covering on a table' change. I mean, change the table. The whole thing.

SHAWNA: Yeah.

ADAMUS: Yeah. Good.

SHAWNA: More about truth and integrity of my internalness, of who I am.

ADAMUS: Yeah. Did you ever have an issue with that? Your own integrity, your own authenticity?

SHAWNA: Yeah, in a tug of war with it.

ADAMUS: Yeah, yeah, yeah.

SHAWNA: Back and forth at times.

ADAMUS: Yeah.

SHAWNA: Doing what you think you should versus what you want to do sometimes.

ADAMUS: Or trying to even know the difference between what you should do and what you want. I don't imagine anybody else here has ever had that issue personal inner integrity (a few chuckles).

No, actually, it's amazing, because when one is locked in the mind, then they question their own integrity. "What's the real answer? Who's the real me? What is my truth?" And then you go on this really messed-up internal mental quest. "Where's my authenticity? Where's my truthfulness?" It's all mental crap. There's



one thing that trumps – I had to use that word just to irritate some of you – there's one thing that makes the others insignificant and that's a sensual experience. There is no ... you suddenly realize truth, schmutz. You know, you realize genuine, menuine. It's all ... you have that sensuality and none of that matters. You're not questioning your own authenticity. Every one of you does that. It's like, "Well, is that me? Is that the right thing? Is that my divine? Is that my ...?" Shut up! You're mental. Stop it! Go sensual.

SHAWNA: But it's also ...

ADAMUS: "But I don't know how to go sensual." I'm going to show you today. Yeah.

SHAWNA: I think it's ...

ADAMUS: I think it has to do with the masculine/feminine energy. We're going to do that sensual thing. I'm kidding! (laughter) Everybody's panicking. "Oh, god! We're going to talk about sex!" Nooo! There's a huge difference. Sensual is feeling. I'm sorry. I'm deliberately distracting you. Yes.

SHAWNA: Okay.

ADAMUS: Go ahead. You were going to say?

SHAWNA: (pausing and some laughter) That, you know, I'm aware of how much I've said, you know, I want things to change or me to change or whatever, but getting stuck in those patterns and then it's just easy to do the same. And that's really not living, you know. So to be more aware and make different choices is what my desire would be.

ADAMUS: There's an angel floating right there. You see that? You see that? Yeah.

SHAWNA: Piece of down.

ADAMUS: I distracted her again. This is great! (more chuckles) I love doing that.



SHAWNA: I'm very easily distracted.

ADAMUS: Okay, I'm going to say something to that. Last year remember I said everything goes new on the planet. It's going to take a while, but everything goes new. There's been just lifetimes and lifetimes of the same old patterns. Now everything changed. People are going to freak out. That's what happening this year. And the fact is that people talk about change. Changing is like ...

SHAWNA: They really don't want it.

ADAMUS: They don't really change. They fool themselves, and they panic when real change comes.

SHAWNA: Right.

ADAMUS: Real change is coming and they're going to panic.

SHAWNA: It's scary.

ADAMUS: It's really scary.

SHAWNA: A lot of fear with it.

ADAMUS: And to change from a mental way of experiencing life into a sensual way is huge! It's frightening. It's frightening. Just think about it for a moment – or don't – suddenly, the mind isn't controlling. Suddenly, nothing's in control. Suddenly, "Oh, my gosh. What's going to happen to me?" And on top of that, there's almost a fear of sensuality, meaning feeling, the ability to sense, the ability to feel something outside of the mind. Humans are afraid of that. They're really afraid. They want a little pleasure. They want a little, you know, little physical and sometimes mental pleasure, but real change? No.

SHAWNA: Yeah.

ADAMUS: Yeah. Good. A couple more.

LINDA: Okay. I know a good one (whispering).

ADAMUS: Okay (also whispering). Linda's got a good one!

LINDA: Yeah!

ADAMUS: Oh! For you, personally, what's your desire – for you personally – for the year.

NANCY: Exciting.

ADAMUS: Exciting. Yeah, what's exciting?

NANCY: I don't know (some laughter and comments of "Uh oh!"). My entire year.

ADAMUS: Make up something. Make up something or I'm going to send you to the bathroom.

NANCY: All the new stuff that's going to happening.

ADAMUS: All the new stuff. But in your life, what would be really exciting?

NANCY: Get my book published.

ADAMUS: That would be exciting. Good. Good. Is it ready?

NANCY: Mm hmm.

ADAMUS: Good. How come it's not being published?



NANCY: (chuckles) Good question.

ADAMUS: Yeah, I know (they chuckle). Yeah. Well, let's bring some excitement. What is it going to take to get your book published?

NANCY: A publisher.

ADAMUS: No, no, no, no, no. You don't need a publisher. But that's a whole other story. How are you going to find a publisher if you think you really need one?

NANCY: I'm in the process of doing that.

ADAMUS: You're in the process.

NANCY: Yeah.

ADAMUS: Okay. When are you going to get out of the process?

NANCY: Soon as I find a publisher (laughter).

ADAMUS: I've got to ask you a really tough question here, and you're going to be like, "What?! What is he asking?" Do you really want a publisher?

NANCY: Yes.

ADAMUS: Really, really, really? (she nods her head yes) Okay, then the publisher will be there. Yeah.

NANCY: That's what I figured.

ADAMUS: Good. Good. But, you know, sometimes – using publishing as an example – you put a lot of your work in something, but then you're almost afraid to put it out to the world. And a good stall tactic is, "I can't find a publisher." Ehh, self-publish. You know, do it yourself and then try to find a publisher, but that's kind of a metaphor for a lot of people. You have desires, you do things, you create things and then you're afraid to put it out there. Not that you are, but you worked hard on that book.

NANCY: Mm hmm.

ADAMUS: Yeah. Good. Two more. Desires for the new year. Desires. Your personal desires.

SHAUMBRA 1 (woman): For me I feel it's going to be my best year ever.

ADAMUS: Oh, good.

SHAUMBRA 1: I feel like finally I am like on the Earth, but not of the Earth, that I can totally detach from mass consciousness and ...

ADAMUS: What's going to make it the best year ever?



SHAUMBRA 1: All the teachings that I've experienced through you – Adamus, Crimson Circle – that I can finally draw ... I feel like I'm finally dropping into my Master Sense and being in the ...

ADAMUS: Good.

SHAUMBRA 1: ... the sensorality of living multidimensionally.

ADAMUS: Could I interrupt you here for a moment?

SHAUMBRA 1: Yes.

ADAMUS: I hear words.

SHAUMBRA 1: Yes.

ADAMUS: I see your face.

SHAUMBRA 1: Okay.

ADAMUS: But it's all coming from right there (head). And I believe you.

SHAUMBRA 1: Okay. Yeah.

ADAMUS: I absolutely believe you.

SHAUMBRA 1: Yeah!

ADAMUS: But you've got such a mental concept of it.

SHAUMBRA 1: Mm hmm.

ADAMUS: And that's okay, but also we're going to just ...

SHAUMBRA 1: Okay. I do. It's really coming from down here!! (speaking more passionately)

ADAMUS: Yeah! Yeah, yeah, yeah.

SHAUMBRA 1: It's coming from my heart!

ADAMUS: Yeah! Yeah, yeah, yeah. Yeah!

SHAUMBRA 1: It is! It's breaking through...

ADAMUS: Yeah, because when you were talking before, your energy level ...

SHAUMBRA 1: Okay. I know I get ...

ADAMUS: ... was like here up.

SHAUMBRA 1: I'm not used to talking in front of people.

ADAMUS: That's okay. No, I know it's frightening to talk. But it's also a great experience.

SHAUMBRA 1: It is. I agree.

ADAMUS: Yeah, yeah.

SHAUMBRA 1: Yeah.

ADAMUS: So, good. So it's going to be the best year ever.

SHAUMBRA 1: It is! It's the beginning of the rest of my new life.

ADAMUS: Good, good.

SHAUMBRA 1: Yes.

ADAMUS: Okay. And you're okay with life totally turning upside down and all the rest of that?

SHAUMBRA 1: I feel like it already has for me.

ADAMUS: Okay.

SHAUMBRA 1: And now, yeah!

ADAMUS: Good.

SHAUMBRA 1: Uh huh. It's coming into a newness where everything is new.

ADAMUS: Good. What kind of work do you do?

SHAUMBRA 1: Customer service, managing a retail store.

ADAMUS: Do you enjoy it?

SHAUMBRA 1: I'm tired of it. There's a boredom with it. But then in the other aspect I can drop into, you know, the aspect where I'm there in a type of service.

ADAMUS: Right, right.

SHAUMBRA 1: Yeah.

ADAMUS: Yeah. You get to touch, affect a lot of people.





SHAUMBRA 1: I feel I do.

ADAMUS: Yeah, yeah.

SHAUMBRA 1: Yeah. And ...

ADAMUS: You also get to take a lot of crap from people.

SHAUMBRA 1: Yeah, I do. Yeah.

ADAMUS: Yeah, yeah. Yeah.

SHAUMBRA 1: I draw ... I feel I can ...



ADAMUS: You should talk to Bonnie about how not to take crap from people (some chuckles).

SHAUMBRA 1: Oh, okay! (she chuckles)

ADAMUS: Well, that's right, she works for Shaumbra.

SHAUMBRA 1: I've gotten a lot of ...

ADAMUS: She doesn't have to. There is none.

SHAUMBRA 1: I've gotten a lot better at that! (she chuckles)

ADAMUS: Yeah. Yeah.

SHAUMBRA 1: But we'll compare notes sometime. Okay. No, I feel like I've gotten a lot better at it, but I'm also just – I'm ready to move on.

ADAMUS: Okay.

SHAUMBRA 1: Mm hmm.

ADAMUS: We're going to check back with you later on, ready to move on.

SHAUMBRA 1: Okay.

ADAMUS: And see how those changes go for you.

SHAUMBRA 1: Yeah. But the sensorality, I feel like that is really opening up for me.

ADAMUS: Yeah.

SHAUMBRA 1: Yeah. Living from a multidimensional place with just really being here fully present with past lives, future lives, the aspects, the being in the Master Sense, sitting on the park bench and just being in total observation mode of the world. It feels good!

ADAMUS: It does.

SHAUMBRA 1: I love it!

ADAMUS: Now I can feel the passion coming out.

SHAUMBRA 1: *I love it!*

ADAMUS: Yeah. Yeah.

SHAUMBRA 1: Yes! (she chuckles)

ADAMUS: Good. Thank you so much.

SHAUMBRA 1: Okay. Thank you.

ADAMUS: Thank you. Now I'll give my answer and we'll get on with it. We have ...

LINDA: You said two more.

ADAMUS: Okay (some chuckles as the woman doesn't want the microphone). Yeah, no. She's not going to back down.

SHAUMBRA 2 (woman): No, wait a minute.

ADAMUS: No, no.

SHAUMBRA 2: You guys got me last year.

ADAMUS: Yeah, yeah. You were so good, Linda wanted you again. What do you feel personally for 2017?

LINDA: Just look at the look on her face!

ADAMUS: She's like, "Well, you handed me the microphone?!" Go ahead. Go ahead.

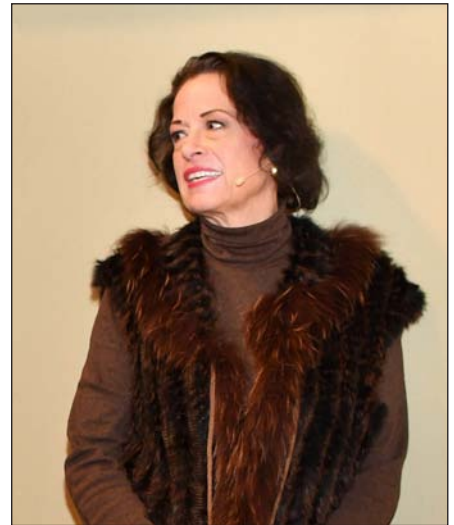
SHAUMBRA 2: Okay. Truthfully, I'm just ready to kind of get my own shit together and get my company monetized and do some things I've wanted to do my whole life (Linda giggles). And if all this shit that's happening means that I'm finally going to do what I want to do, then okay.

ADAMUS: Yeah.

SHAUMBRA 2: That's what I want to do.

ADAMUS: Good. Thank you. Thank you.

My answer, if you don't mind, is – if it was me, my desire, if I was in the human body right now, if I was on the planet Earth – my desire would be to be keen of mind, because it's still important; to be keen of mind, but without the control and the dominance of the mind. Without the mind being so judgmental and so very, very limited. The mind judges to keep itself within its limits. It judges you, personally, attacks you, because that keeps everything within the limitations of the mind.



I would desire to be keen of mind, because the mind is still important. It's nice to have a mind that can bring in knowingness in the moment. Nice to have a mind that knows how to do the basic things of reading or, you know, working at your computer, mathematics, whatever it happens to be, your profession. I'd like to be keen of mind, but I'd also have a great desire to be transsensual. I didn't say transsexual (Adamus chuckles), as some of you wanted to hear!

LINDA: What?! (some chuckles)

ADAMUS: To be – would you write that word down, please, so there's no misunderstanding, because right now I can imagine social media is lighting up. "Did you know Adamus is transsexual?" (more chuckles)

LINDA: I'm scared.

### *Transsensual*

ADAMUS: To be transsensual. In other words, the sensual experiences that you've been having up until now are very, very limited, generally, I would say probably 99 percent of the time from the mind, and the mind is not a sensual vessel at all. It will make up, it will mimic sensuality. It will mimic feelings. As we've talked about for a long time, the mind creates emotions to mimic real feelings, but emotions aren't real feelings. They're thoughts with energy around them, but they're not real feelings.

It's been so long since most of you have had a really – oh, that's good, good spelling (to Linda) – have had a really sensual experience. You might think you have. You say, "Ooh, I just had great sex the other night." You know, humans have sex physically and mentally; very, very little real sensual feeling. Very little. And sensuality, by the way, is not necessarily about sexuality. Most people would say that the highest form of human sensuality is sex, and it's not. That's way down at the bottom of real sensuality.

I would say that in 2017 it would be the year of not just talking about sensuality, as we have sometimes in the past, but now actually experiencing it, bringing it in. It's almost difficult to define in words. It is a feeling that goes far beyond the mind. It goes far beyond just the physical. And, again, we've talked before about the five physical senses, which creates your perception of reality, but together, working with the mind, it absolutely limits perception of reality.

You're getting all of your input from your eyes and your ears and your nose and your mouth all feeding into your brain – they're all right up here next to your brain – feeding into the brain, creating memories, which aren't real; memories are just emotional thoughts. It's not really what happened in the past or in the future. And the mind then says that you're having feelings, but you know you're just bored. Most humans are just bored. They're so far away from real sensuality.

Now, what they try to do is create sensuality with things like video games, with things like the Internet. These are not sensual, my friends. These are not sensual. They're a distraction, maybe, that cause one to use the mind and maybe cause one to get a little excited playing a video game, but it's an artificial reality. It's a mental reality. It's still all within the framework of the mind.

It's been a long, long time since you've had a real sensual experience, and it's almost, well, it's indescribable in words. You can't try to create it in the mind. It is sensing at the most joyful, at the easiest and the – how to say – the most colorful, the most expansive level.

It's inherent in you as spiritual beings, as angelic beings. It's inherent. As a matter of fact, it's more your real nature – sensuality – than the mind human that you've become. You've had to train yourself and discipline yourself to become mental. You've had to literally program yourself and get hypnotized to be the mental being that you are, but it's not your natural state.

You don't have to seek sensuality. Basically, you cannot. You cannot try to make it. Some will try and then it's just going to go mental and it's not really sensual. But it's your divine nature; it's your true nature. Long, long, long before you ever came to Earth you were a being of pure senses and without the mind.

Now, it would lead one to ask, "Well, then why did you come to Earth? And why did you take on a mind? And why did you create a limitation of the mind and then try so hard to get back out of it?"

In this reality of the mind, of time and space, you get a different perspective of things. You get a different flavor and taste. It allows you, for instance, in working with time and space, to see the effects of your actions, of your thoughts and of your creations. Working in mind, time and space, you slow everything down and you get to understand what I guess you would call consequences. You get to understand, you get to comprehend cause and effect in a way that was



very, very difficult to do as a sensual angelic being, many times even without time or space, no consequence of time or space, where, if you can imagine for imagine the sensual – it's not a thought – but the sensualness of an angelic being with no time and space, when the moment something is desired, then it happens. The moment that there is – it's not a thought, but it's a passion – the moment a passion comes forth from within a nonphysical angelic being, then it happens. And as beautiful as that is, it also created some issues in the other realms. There was no separation. There was no distinction of time or space.

It would be like ... right now could you imagine that any thought that you had suddenly became manifest, any thought? The world wouldn't be here right now, because one of you just thought about blowing up the world. Any thought suddenly became real. In a way, it's kind of a blessing that humans, in their current state of awareness, don't have that capability, because suddenly you would be twelve feet tall, Edith, and you'd be amazingly beautiful even more so than you are, but you'd be beating the crap out of some people who've given you a hard time, because you think about it for a moment. Now, you may never actually do it, but could you imagine a reality where suddenly it just happens? That's pretty scary.

EDITH: Yeah, it is.

ADAMUS: So time and space and the mind kind of slow things down, shut things down. It gives a whole new sense to the stream of life. It gives a whole new sense to creation.

In a very strange way of putting it – this is rather a difficult concept, but I'll try to distill it – right now you're on the underbelly of your creative self. You're on the underbelly, the underside of creation, understanding creation (he gestures to the bottom of a circle). You came from an angelic being pretty much free of time, space and mind; you came down through TimeSpace and created limited physical mental senses, and you got



to the underbelly where there's absolute limitation, restriction, a loss of sensual real feeling, real inspiration. It's all been scrubbed out so now you can really understand, from the underbelly of real creation, what actual creation is, what actual sensuality is.

The good news is that you've gone through the most compaction, limitation, restriction, and you made it. You're here, and now we come out from the underbelly. We come around to the top side with a whole new understanding of creation and you, the creator. And, as you probably can sense, that there is a direct correlation between sensuality and creation or creativity, true creation.

I guess another way of stating is that in order to understand, at the most sensual level, your beingness as a creator; in order to understand really what being a creator is, you had to be the un-creator. You had to be the boxed-in, limited, un-passionate, un-sensual, all the rest of that.

Now, you don't have to work at getting out of the box. You can't. It doesn't work. I tried it. Did I ever tell you the story of ... (laughter) They laugh! They laugh. The story of my being trapped in a crystal for [100,000 years](#). And, you know, I couldn't think my way out or fight my way out. It wasn't until I finally said, "I'm just going to walk out. I created it, I'm going to walk out of it." Then I broke free of my crystal prison.

It's the same way here. I'm asking you, I'm really imploring you, let's not fight our way out of this. Let's not think our way out of it. You can't. But you can allow out it back into your sensual nature.

You're going to realize with sensuality, you know, it's ... I call it transsensual, because you're used to some sensual experiences in your body, whether it's eating good food, making love, whether it's just a feeling of physical balance and calmness, sitting in a hot tub, having a glass of wine, but that is like .000001 compared to real sensuality, which is like 100. There's such a huge difference. But you'll continue to have a physical sensual experience. It'll still be there. It'll be more – you could call it – colorful, expanded, profound than before. And you'll continue to have mental sensual experiences.

A mental sensual experience tends to be, for instance, a feeling of you finish a project. You finish your book. There is a sensual experience, but it's really mental. It's like, "Yeah, okay. You finished a book. Big deal." But, I mean, your mind is reveling in it for a moment or the publisher calls like they will soon and say, "Oh, we want to publish your book." There's that euphoria, but it's not real sensuality. I mean, it's a little tiny, tiny, tiny bit of it, but I'm talking real sensuality. You can't try to figure it out, but you can realize it's inherent. It is the real you before you came down to the underbelly of understanding creation. It's already there.

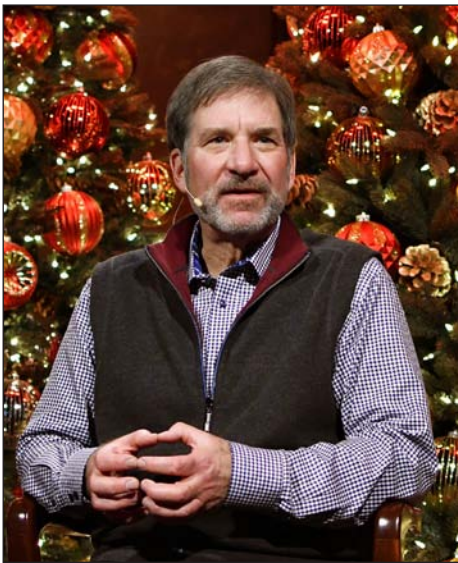
Now, we're going to do two exercises or experiences in this today. The first thing to remember is the human will resist it. The human will absolutely resist, because the human doesn't know what's going to happen. So the human actually resists and – this isn't going to be the right word – limit it. It will try to say, "Okay, I'll just do a little bit here today." But, well, it's just limiting it.

The second thing to realize is there's a general fear of it, because in real sensuality there is no central control. The mind is not controlling it. The human's not controlling it. The Master is not controlling it. It is free flowing, as sensualness should be. So there's a fear, "Who's controlling this? Where is it coming from? Is it a dark evil force? Am I ready for it? Can I handle it?" That's where you take that deep breath and you realize, "Here goes that mind again with all of its thing," and you come back to you. You come back to the "I Am, I Exist" and just let it happen. It's that allowing that I constantly talk about.

So, with all of that being said, I would say it's the year of real sensuality. That's a feeling that – you'll find it starts in the body and then it goes to the mind, and then it blows past that right out the doors. You're going

to think you're having a spiritual experience and it's not. Well, it is, but it's not just a spiritual experience; it is a sensual experience that it's been so long, so long, so much boredom, so much limitation, so much gray and now you blow through that. You do it by allowing. You do it by allowing and letting that experience roll in. It's indescribable.

But we're not just going to talk about the concept, we're going to do it. Two parts here. First part, this is going to be kind of like a merabh. Eh, it will be a merabh. Two parts and the first part, it's going to be about the hypnosis that you've lived within; the hypnosis that mostly comes from mass consciousness that has, well, hypnotized you into this mental, local, linear reality. It's not bad. It wasn't some sinister plot from Donald Trump or Hillary. Maybe they teamed up togeth- ... no. no (a few chuckles). It's not a sinister plot. It just occurred, and I call it hypnosis. It wasn't like somebody sat in front of you with a watch doing this (swinging it back and forth). It's just ... hypnotized means mental programming, mental kind of just letting it happen.



Now, I'm not going to hypnotize you or un-hypnotize you, either one; you're going to un-hypnotize yourself. You're just going to unhypnotize yourself. If you don't want to, that's fine. If you're afraid of being unhypnotized, don't do it or come back to it later. But basically we're just going to literally, very literally, wipe away all of those overlays that have kept you mental, local, linear. We're going to wipe them away.

Now, it doesn't mean they all go away at once. It may dissolve away over a period of time. It doesn't matter. But it's about unhypnotizing yourself. That's part one. We'll take a short break – I mean, stop the music, do some breathing – then we're going to come back into sensuality.

Now, if you're not willing to do part one or if you're only willing to do a little bit of letting go of hypnosis, you're not going to be able to do part two. So just enjoy the music, enjoy the soothing sound of my

voice and have fun. But otherwise, let's get back to sensuality. Let's be transsensual human beings, meaning you're still in your human senses but now we transcend that into real sensuality.

So, lights down, a little music up, I'll have a bit of cookie.

(music begins)

### ***Transsensual Merabh – Part One***

Let's take a good deep breath. Get relaxed, get comfortable.

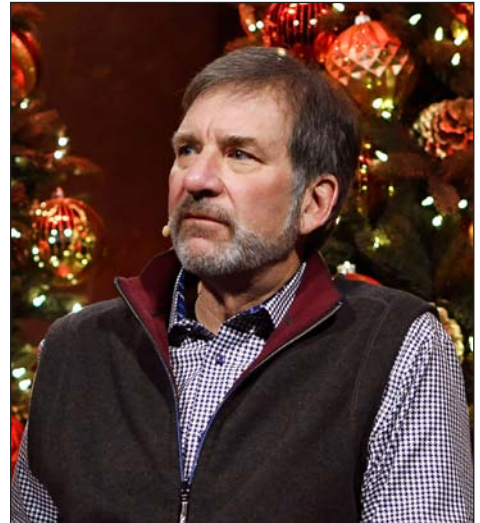
This whole journey into the mind has been fascinating. Fascinating. Really putting yourself into a very foreign, unfamiliar environment; isolating yourself in such way that you forget the sensual nature of you. I kind of use the word sensual and creative or creator, I use them interchangeable. It's all the same.

But along the way there was so much, let's call it programming, but words – words from parents and teachers, words from leaders – that brought you into this very mental state. And also with a desire to be more and more mental, to acquire more mind, to acquire more mental intelligence.

Some of the very programming that you have come from you, a past life. Some of you were philosophers, teachers, preachers, writers, speakers. Some of the very words that you still hold on to about how life should be, about being a better human, about being a smarter human; some of those very words that have programmed you came from you, came from what you would call a past or even a future life self.

There are these layers and layers and layers of hypnosis. Hypnosis is, well, what is accepted by the mind that really aren't necessarily yours. They're weavings of a fabric that eventually entombs itself; weavings of beliefs, of judgments, of what's right or wrong, of what's doable or not doable.

I'll give you an example. Magic is very real. I'm not talking about stage magic, but I'm talking about the magic of life. Magic, the ability to transcend dimensions. Magic, as in things just appearing. It is so real. It is so, heh, the basic nature of reality. And what's happened to magic in this, what you call, modern world, the mental world? It's been squeezed right out. If you can't define it in scientific mathematical terms, then it doesn't exist. Well, it exists. It's still here, but it's out of awareness. Outside of awareness.



That's what happens with these weavings of hypnosis, creating a tapestry that eventually entombs or encases one into their own limitations.

There are millions of overlays, hypnotic overlays, that have come from others – not in a sinister way, they're just out there floating around – overlays that have come from yourself, and I call them hypnosis because hypnosis is a suggestion or a command implanted into the mind and accepted by the mind. The mind that is generally so judgmental of yourself – you, your mind, so judgmental – it judges not all the hypnotic thoughts that are coming through every day from the news, from advertising, from other people, from, well, just in the air, in consciousness, in mass consciousness.

And it causes the mind then to go into this whole spin about what's truth and what's not, what's right and what's not. "Am I being authentic? Am I being truthful?" That's a battle within the mind. It is truly battling at windmills.

A battle that you can never, ever win. But with real sensuality – the ability to sense and feel beyond the limitations of the mind, the ability to comprehend, to be aware of other realities that exist right here, magic is right here – that will absolutely put an end to all the discussions about authenticity, about, "Am I being real? Am I being truthful? Is this right or this wrong?" All of those things become so incidental.

With sensuality there's no judgment, it's not about a good sensual experience or a bad one. Never a judgment of was it a big one or a little one. It is returning to your true nature as a creative creator.

You work with five human senses and a mind. There are well over 200,000 other ways of sensing. It's not that we're going to try to uncover or discover all 200,000, but this is your nature as a sensory being.

And now, as the human sitting here, you, in whatever way that is appropriate, you can release all of the hypnotic overlays.

You can untie all of the tapestries that have been woven into a mental encasement, however you want to do it, however you want to release those hypnotic overlays. It's up to you.

Just do it whenever you're ready.

It's the act of consciousness. Choosing to let go of the hypnosis.

So take a deep breath and allow yourself to do it.

(pause)

It's you releasing yourself from the limitations of mental.

(pause)

Take a good deep breath. Take a good deep breath. Good deep breath.

(music fades away)

Let's just sit here in this sensual moment.

(pause)

The Master doesn't question whether they did this right. The Master doesn't question whether it's going to work or not. The Master knows they indeed released all of these hypnotic overlays and then the Master just goes about enjoying the moment.

You don't go back and revisit. You don't wonder if you did it right or wrong. The Master simply knows that they let go of all these hypnotic overlays. Doesn't matter how it got there, how sticky it was, how deep it went. The Master has a big smile on their face and says, "On this day I released all of these mental implants so that I may now walk in my sensuality."

### ***Transsensual Merabh – Part Two***

So we take a deep breath and do exactly that. We bring the music back up. You take a good deep breath.

(music begins again)

And now – now it's about allowing back into the sensual nature.

It's nothing you can try to create, because it's already there. It's nothing that you should effort at, not at all. Effort will simply, well, just make it have more friction.

So you take a deep breath and now this is the time of Allowing.

Allowing the transsensual human means you're still going to have your human senses. You're still going to perceive reality or parts of reality through those senses. But now we go beyond that. There are so many other senses, ways of perceiving, feeling and experiencing reality.

Yes, indeed, the human was very bored. Very, very bored. The human was trying to make, well, it was trying to make that better cage in the zoo, trying to entertain itself. All this time you knew that there was so much more. Maybe didn't know how to define it, but you knew it was there.



Sensuality, the ability to perceive beyond the eyes and the ears and the mind. The ability to feel at a level that you haven't felt at for a long time; a level of feeling that's not emotional, but yet it's grand and colorful; a feeling that is not in patterns, limited patterns. Your sense of hearing, that's all in patterns, but there's so much more beyond that.

Sometimes the mind would call it chaos because it doesn't understand, but real senses, your I Am senses, doesn't consider it chaos. It doesn't have to be patterned. It doesn't have to fit into a nice little package.

This is where you just take a deep breath and, without having to work at anything, it's about allowing yourself to be sensual once again.

You'll feel it in your body, of course, and it'll touch your mind, but then it goes so far beyond.

(pause)

There are many, many other realities, dimensions out there. And remember what I said a little while back, I said that the other dimensions are your other senses. There's not a sixth-, seventh-, eighth-level dimension that humans, some of them, talk about where really, if you look at it, it's just about being a grander human. They don't exist. That's a construct of the mind. That's a cheap desire of the mind, "Let's have a seventh and eighth dimension, and we can predict the future and we can see through people's clothing, and ..." That's not what dimensions are.

Dimensions are other senses, other ways of perceiving and feeling the vastness of reality.

(pause)

When we first talked about embodied enlightenment, in other words, staying in your body, having Realization of your enlightenment, I want you to think back when you first started talking about that. "Embodied enlightenment. Oh!" you thought, "I don't have to have a job. Oh, embodied enlightenment. Oh, I'm going to be so smart and everybody will come to me for their answers. Everybody will come to me with their problems. Oh, embodied enlightenment. I'll never get old."

How about a redefinition of embodied enlightenment? The ability to sense at many, many different levels, to be transsensual. Never again limited. Never again just on the underbelly of creation. Real feeling. Real awareness.

Remember what I said before? If I was in human shoes and I was asked what my desires would be for this year, it would be, yes, I'd like to be keen of mind. No doubt. But a mind that doesn't judge, a mind that doesn't limit and a mind that doesn't control. But I would also like to open my senses, to feel in a way – to feel *life* in a way – with the color, the vibrancy, the depth that has been lacking for so long. To feel in an expansive way.

And, again, feeling. I'm not talking about emotion. Emotions are the mind's false way of feeling. But real awareness, that's the transhuman, that's transsensual and that's exactly what you're allowing right now.

This is the time to take that moment to connect back to your true nature.

(pause)

The true nature of being the creator, the creative; being sensual. Above all, being sensual.

So, when you first said, “Yes, that’s what I want, that embodied enlightenment, staying in the physical, allowing enlightenment,” it wasn’t about being younger or richer or whatever it happened to be or the wisest being on Earth. None of that. What you were really saying was, “I want to bring back the senses.”

So let’s take a good deep breath with that. What a way to start the year.

You see, then all the other things, the judgments about what’s right or what’s wrong, about are you being authentic and truthful, are you being spiritual enough, are you a good enough person, all those go out the window. They’re laughable. They’re unimportant.

And all that stuff about you want to be younger. You know, when you’re really living sensually, it has an effect – it will have an effect – on that physical body of yours. And when you’re really living sensually, when you’re allowing your sensuality, it will have an amazing impact on the keenness of the mind. And the whole ego of the mind thing, the whole identity of the mind will become so unimportant, even to the mind. It will stop its obsessive nature about itself.

And all of the goings-on about this planet, all the things that it’s going to be going through this year, all the changes and commotions and power plays and everything else, suddenly they’re going to seem so puny, so unimportant.

The sensuality comes forth and suddenly you realize, in kind of an odd way of saying, that you suddenly realize that this whole thing about Realization has already been there. You realize your Realization. Kind of sounds strange, but you go, “Oh, my god! Everything I’ve been trying to realize is already here.”

So, with that, you take a good deep breath. You don’t work at it. You just allow it.

(music fades away)

You allow yourself to be that transsensual human, transsensual being that you’ve always been.

Then you take a good deep breath and with a big smile on your face you say, “All is well in all of creation.”

And so it is.

Thank you, my dear friends. Until next month, be sensual. Thank you (audience applause).





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