

ADAMUS® SAINT-GERMAIN



Shoud 11  
July 1, 2017



CRIMSON CIRCLE

ADAMUS<sup>®</sup> SAINT-GERMAIN



## Shoud 11

Presented to the Crimson Circle on July 1, 2017

*Recorded in Louisville, Colorado, USA*

*Featuring*

Adamus<sup>®</sup> channeled through Geoffrey Hoppe  
*assisted by Linda Hoppe*

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### Shoud 11

IMPORTANT NOTE: This information is probably not for you unless you take full responsibility for your life and creations.

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I Am that I Am, Adamus of Sovereign Domain.

Ah, yes! What you just experienced there (referring to [this video](#)), and we experienced it in our last gathering in Munich, was real spirituality – sensuality, feeling, emotion, happiness, everything, authenticity, being very, very real.

There's this whole kind of kind of a concept of spirituality – sitting around in a temple and om-ing – and there's nothing against that. You've all done that and it got you to a certain place. And there are still times when I know many of you feel that attraction of the temples or the monasteries once in a while – “Oh, just to go back in that quiet.”



But remember, we shut down the Mystery Schools. That was our little refuge. That was our island away from the village people. That was our quiet space, but we shut it down hundreds and hundreds of years ago. Asked many of you to leave. Oh, there was a lot of tears. Some of you still harbor ill feelings towards me for throwing you out (some laughter), locking the door behind you. But it was time we left. It was time to get out into the world.

Yes, you still need to take time to yourself. You still need to get out in nature, certainly listen to music. Sometimes just the stillness of nature, just the beauty of being with yourself, with the I Am, with your oneness. (He comes closer to the camera.) Oh, I like doing this. I can look straight into the world through here. Yeah.

You need that once in a while, but this is a different kind of age, a different kind of spirituality. And please get upset with me if you want, but we're moving beyond the om-ing days. What you're doing is truly setting up a whole new spirituality, for lack of better words, but it's a whole new authenticity about the I Am, about the Self, without all the discipline. Who needs it? You really don't need it. Without all the suffering and all the karma and all the routines that you have to go through.

There are many who don't like what we're doing, many who shake their heads, many who have left because, "Oh, it's not very spiritual. They're playing all this wild music. Next thing you know they're going to be dancing." (laughter) That's the New Age people. There are many who don't like it, because they are so patterned into having the meditation, following a guru and doing these routines lifetime and lifetime – not just one lifetime, but many lifetimes – and it gives them a certain degree of happiness. But happiness, I'd like to throw out the word "happiness." I'd like all of you to throw it out of your vocabulary. It's a human word.

### *Happiness*

There is no word, there's no essence for the word "happiness" in the other realms. It's a human word. It's based on judgment. Are you happy or sad? But when you really ask somebody to explore "What makes you happy?" they actually really don't know. They're always searching for happiness and never getting there. It's a human judgment because if you're not happy, you're sad. Well, why not both? Or why not just throw out the word altogether. "I Am that I Am. I am human. I'm a Master and I don't have to go through this whole thing about 'Am I happy?'"

I'll give you a little clue here. You're never going to achieve happiness in this human lifetime or any other human lifetime. Never achieve happiness. I don't know one Ascended Master that achieved happiness. Enlightenment, yes. Realization, absolutely. But happiness? It's a human quality. It's like saying you want to be super-intelligent. You're never going to be, because there's that other side that's still stupid (laughter), and it's going to kind of balance that superintelligence.



SART: Wow!

ADAMUS: You can never have enough intelligence, Sart (more laughter). So don't even try. Let it go. And good lord, what is that supposed to be? (Referring to a little sculpture with trolls from Norway.)

LINDA: Oh, this is you, Adamus.

ADAMUS: Oh!

LINDA: Ohh!!

ADAMUS: It looks just like me (he makes a silly face; laughter).

LINDA: Yeah, I thought so. I thought so.



ADAMUS: Actually, like in some of your dreams, yes, I may appear that way, a little troll. But you have to do what you have to do. Where were we? Happiness.

LINDA: Trolls are good guys.

ADAMUS: Trolls are good guys. See there we go. Good and bad. Are they happy? Are Geoff and Linda happy here?

LINDA: Enough. Happy enough. Hoppe enough.

ADAMUS: But look, is this Cauldre? He's looking the other way.

LINDA: But it looks blissful, off in his own world.

ADAMUS: And he doesn't have any shoes on.

LINDA: He's thinking about it, "Yeah!"

ADAMUS: And you look like you're about to pull a practical joke on him like pushing him into the water (laughter). That's what it looks like.

KERRI: Push him in!

ADAMUS: She did once. Nearly killed him. I had to rescue him from the alligators. True story or not, dear Linda?

LINDA: It's a true story (more chuckles).

ADAMUS: Happiness. Happiness. You know, it's a mind game. It's a mind – you have a word for it. I can't say it, because it's four letters. Starts with an "f" and it ends with a "k." (Linda gasps) But it's ... (laughter) It's a mind ...

LINDA: Sucks?

ADAMUS: I didn't say it. It's a mind twist, trying to achieve happiness. You get up in the morning, "Am I happy today?" How about just, "I'm here today. I Am that I Am." And then let the authenticity come in, that there are so many different feelings and you could have – your body could be aching a little bit. You could have, you know, one of those human kind of days where things just aren't clicking. So what? So what? Let yourself experience it.





We do these things now that you see, bringing music in, and I'm sorry if I offend anybody, but actually I'm not. You know, it's not the twangy Hindu music and "Ting, zying," that type of thing (a few chuckles) – once in a while – but it's alive music and sensual music. That's the new spirituality. Let's hope this never becomes a religion, but that's the new sense of Spirit on Earth, and that's where we're going. That's what you're doing.

You're truly breaking ground on things. I mean, this is not your mother's New Age. This is not typical New Age. You're breaking ground in some of the things we're doing, and it's challenging at times, yeah, but you're following your knowingness and you're getting there.

So let's take a good deep breath with that.

### *Today*

I'm going to give you a choice today, because life is full of choices, kind of. So we can either do today's Shoud – it's our last Shoud in the Transhuman Series, we're

going to be starting a new Series – and it's up to you who are sitting here, but you can all vote too if you're looking in online. Would you rather have a serious lecture today? I'll get out the podium over there and put it here and we'll have a serious lecture. Mostly St. Germain – Saint-Germain (French pronunciation), dear Cauldre, "St. Germain" (laughter, as Adamus exaggerates the American pronunciation). Or we can have fun. I can be a little provocative.

LINDA: You?!

ADAMUS: I can – yeah. I can be entertaining and charming and hopefully reflect to you some of the wisdom that you have. And I ask for a very good reason, which I'll explain in a moment. So, all who want to have the serious lecture at the podium, raise your hands (one or two hands go up; some chuckles). A few, okay. All right. And those who want the fun, provocative, witty, entertaining, all the rest of that, the typical Adamus (someone says "Hell, yeah!" and lots of hands go up). I think we win. And those who really don't even know where they are right now (laughter), they're just totally lost, not even sure.

The reason why I ask is because there is a programming to spiritual and metaphysical lectures. There's a programming. People want to see something other than just – how do you say – human quality. I've been human. I can do quality with quality. And some people want to see the channeler on the chair, the eyes closed, really actually removed from the audience and really just kind of into themselves, because it looks different, it feels different. That's what they're programed for. And certainly an entity would never say ... (he mouths the word) starts with an "f," ends with a "k." They'd never say fuck (laughter), because, oh, it's supposed to be spiritual. And an entity would never walk around and be a pain in the butt and all the rest of that. So, their expectations sometimes are shattered. They want to go into the old style, because they're comfortable with it and they just want a relatively dry message delivered. Goes to the mind. It goes to the mind. That was my issue.

When Tobias left I came in, and I really had to consider whether I wanted to work with this group (Adamus chuckles).

SART: Pirates!

ADAMUS: Pirates. Yeah, yeah. But what I loved about you is I knew you were going to be open to a different style and I knew I'd have to deliver a different style, because my style is your style. This is you asking for it.

The style required had to be fun. You want to show up. You don't want to wear out your knees with all that kneeling and groveling. You wanted to have some laughter, because life is actually pretty fun. It's kind of a big joke. Even if you're going through what you think is the worst thing in your life right now, at the end it's really kind of a big joke. I mean, it really is. Heh.

And I said to myself, "How do I design this? How do I design how we get together? What's the energy design of it?" And it wasn't a mental thought. And, by the way, you're going to be going there yourself. You're going to have energy designs that transcend the thinking. You already are, I know, so many of you. You're designing energies, rather than thinking about things.

So I looked at an energy design that I felt would work. First of all, it would drive off the ones who are not here for their embodied enlightenment.

LINDA: Oooh.

ADAMUS: That was almost the number one task, because it's so difficult to do this anyway. But if there were a lot who were there simply for the fascination and simply to sit through a sleepy channel with some sleepy music and some sleepy words and go to sleep – which is not all too bad – but if they were here just for that and if it was a hobby, rather than a commitment, a deep commitment, we were going to have an imbalance. So, part of the setup was to find a way to let them go. They really couldn't handle the energy, the humanizing of divinity. And when I asked Cauldre to open his eyes and walk around, and when I tell my bad jokes, and when I get rather braggadocios, which is all done intentionally and done as a distraction, I want to humanize divinity. I want to bring it onto this realm so you're not trying to go out there to find it. I want to bring it here.



So in order to do so, it's still acting a little human. We're not going to do Jerry Lewis slapstick kind of stuff, but we'll do Adamus kind of stuff, kind of humanizing what we do here.

LINDA: Nobody knows who Jerry Lewis is. He's really old (a few chuckles).

ADAMUS: Who knows who Jerry Lewis is? All the French know who Jerry Lewis is. I mean, most of the French. Jerry Lewis, the comedian, pie in the face.

So anyway, so I guess we're going to do more of the entertaining and provocative ...

LINDA: Okay, let's go.

ADAMUS: ... annoying and ...

LINDA: Okay.

ADAMUS: Okay.



LINDA: You're expert at that.

ADAMUS: So I'll just go on record as saying I'm bi. I could go either way. I can do (laughter) a straightforward lecture or we could have some fun and all the time tremendous distraction – I would call it genuine distraction – having fun and letting the divine just kind of glide in so beautifully.

Are you learning anything through this? Are you going through anything? I think so. Wouldn't it be awful if this was just a big, cold temple and we were coming in here

and we all dressed like monks and had incense? I don't think that'd work too well with this group. I think you'd burn the place down right away.

LINDA: Not so good.

ADAMUS: Not so good.

So okay, let's begin this Shoud.

### *Independence Day*

It's Independence weekend, I understand, Fourth of July weekend in the United States and also Canadian Day. "Eh." Fourth of July, and I have a particular connection and a passion for it. I came over to the United States on several different occasions, physically, taking a boat over. I took a different name. I didn't want to go by Count Saint-Germain, so I took a different name. I said I was from England. My last name was Abbott, and I came over here and was very much involved with what is now called the Declaration of Independence.

LINDA: Oh, of course.

ADAMUS: Of course. No, this is a very true story, and I had a very strong connection with the Masons, because back then the Masons, Masons are the ones who were the stone workers. And most people really aren't aware of that, that you had to be in the guild and the guild was controlled by the Church and the Church only let you in if you were willing to – ahem – take care of ... (Adamus starts passing out money)



He doesn't carry a lot of money anymore. I'd give you ... ah, geez! Okay, here we ... (Linda intervenes) Stop that. Stop that. Ahem (some laughter).

So, the guild. You had to pay the Church to work. And if you weren't in the guild, if you didn't pay properly, you didn't get to work. So, the Masons were started. The Masons also had a good understanding of the mysteries. They really understood. They understood the pyramids. They understood a lot of the Sacred Geometry. See, the Church wouldn't allow that, but in the Masons it was studied. And I don't want to say it was a secret society, but there were certain things that were kept amongst the Masons. So, I worked closely with them, and truly the likes – I'm not exaggerating; Linda always wonders if I'm exaggerating stories, and a lot of times I do (Linda laughs) – I worked closely with George Washington.

LINDA: (chuckles) Sure.

ADAMUS: I called him George (Linda laughs again). He called me Dick.

LINDA: (laughs loudly) Oh, yeah! I believe it! (she continues laughing loudly and some audience laughter)

ADAMUS: My name was Richard Abbott and once in a while he would call me Dick. Well, I don't understand the humor in that (more chuckles). Richard, Dick, a nickname? Do any of you – you have nicknames, right?

So, George said, "Dick" (Adamus chuckles), "How do we lay this out? How do we frame the Declaration of Independence?" And we brought in the likes of Hancock and Jefferson, and I dealt with many, if not all of them, kind of behind the scenes.

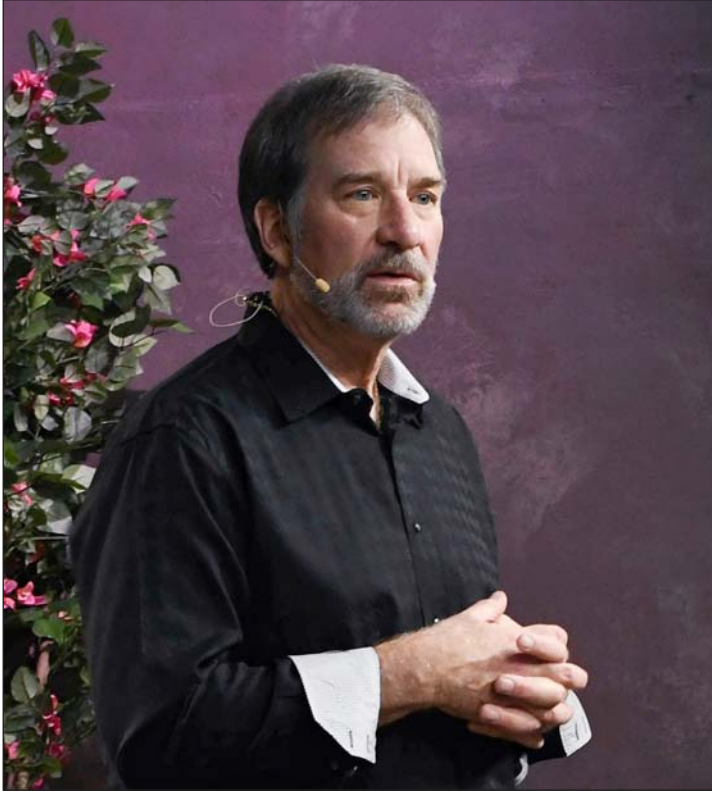


This place that is now called United States of America was set up as a new world, a new Earth. It was a place for freedom, although it's never really been free. It's never been free. There was the supposition of freedom, but actually, because of the early ones who came over were very involved in the Church, there wasn't a terrible lot of freedom. There was a lot of angst about other religions if you weren't part of the English Church – and that's why I chose to be English just so I could maneuver around better – but it was designed for people to come from all over the world to meld, to have certain freedoms. It was designed not as a democracy so much as a Republic, but the people had a

voice in it, which they really didn't have in most other places in the world and particularly in Europe.

It was quite an effort to unify Europe back in the early through the late 1700s and, to a degree, it worked. To a degree people had more freedom than ever before, but it still didn't meet the requirements of so many people who were looking for something different. So, they came here from all over the world literally. It's one of the biggest melting pots in the world, other than perhaps Brazil. They came from all over the world seeking religious freedom, freedom to work, but oddly enough many of them were initially indentured servants. They agreed to be slaves for usually about ten years in order for the passage to come over. But it meant that much to them, that they were going to give up 10, sometimes 15, 20 years of their life, if they brought their families, so that the ones coming after them would have so many more freedoms in their life.

I had great passion for what was being done here, because I knew that it had the potential to spread around the world and, to a degree, it has. By the way, as a backup to America, the backup, in case things didn't work out so well here, was Ah-taRa, Australia. And, in a way, Australia also, it was a prison colony. It was your mates, your cellmates that went there. It was a place where freedom was demanded, actually, because of those who had been in prison, many of them imprisoned falsely.



So, with the dynamics of all this taking place, and at the same time Europe was going through its changes, changes in politics, getting away from the monarchies and the royals – that was a lot of work. That was very challenging. Not so much because the monarchs or the royals didn't want to give up their power. In a way, they didn't have a choice, because, well, the peasants, the people at the time were so rebellious that they would just kill them. And we have things like Bastille Day coming up pretty soon, the opening of the prisons and letting people out.

But I bring this up now because this whole question, “Are humans really ready for freedom?” – a question I had raised many years ago in a Shoud and people were very upset about it – but I still contend that the jury's out and possibly leaning towards no, they're not. Some freedoms, yes, or what I call the pretense of freedom, just because you could decide whether you want to wear black socks or white

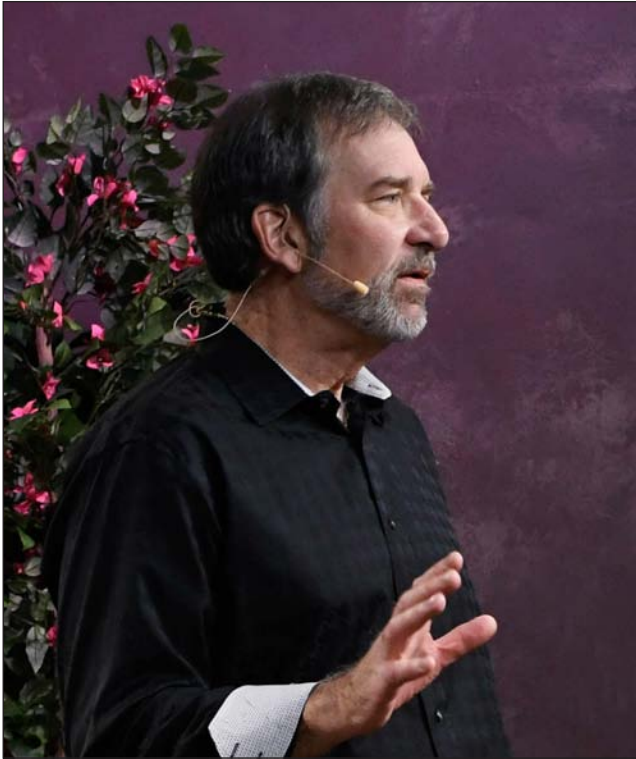
socks on a day, but even prisoners sometimes have that freedom. The freedom to work. Well, how stupid is that? Freedom to work. Why would you want to work? Why would you want to have to go to a job, even if you can pick your job? Other than if you enjoy doing it, but why work? That's not freedom.

Are humans really ready to have their freedom with themselves, their freedom out of hypnosis, the freedom to be divine, the freedom to go beyond the mind? I think that's perhaps the biggest freedom that we, you and I, are working on right now, that freedom to go beyond the mind, and it's oh so tough, oh so tough, partly because you're programmed into it. It's hypnotic. It's not impossible to break out of. It's not impossible to open the doors of the Bastille and just walk out – or the zoo or whatever we want to call it here – not impossible at all, but it takes a crazy bird to do it (a few chuckles). It really does.

You're held in there by yourself, up until recently, and to a large degree by your ancestors and their thinking patterns. You're held in there by mass consciousness. You're held in there because you don't want to do the wrong thing. You don't want to be seen as crazy. You don't want to stand out in a crowd. And a lot of you have a very, very deep concern that you're going to go insane, a very deep concern. Some of you have bordered on it or have been there in the past – or depression or some of the other psychological diseases – so you know what it's kind of like to be there.

Some of you have gotten pretty close to it in a drug-induced or alcohol-induced state, feeling what it's like to almost lose it, hanging on to every possible last thread of identity that you thought you had; just feeling

like you're crashing, like there's nothing there, hanging on to that identity and literally feeling what it would be like to go mentally insane. And it's an awful feeling, a lost feeling.



I can tell you right now, if you're here, if you're listening to this, you're not going to go insane. You may think you're going insane, but you're actually not going to go insane. You're not. Just as you're not going to grab a rifle and go out and shoot people in public, just as you're not going to get into another bad relationship, just as you're not going to continue harming other people or maybe even yourself. You're far too along now. Far too along. The fear of still there, the worry, "What's going to happen if I kind of let go? If I free myself, am I going to do something really stupid? Am I going to harm another person?" And, as you know, you would much rather harm yourself than any other person, than even an animal, a pet. You'd much rather take that on yourself, because, well, you're strong and you know how to handle it. You know how to recover from it, for the most part.

So freedom, that question, are humans really ready for freedom? Probably not. Probably not. It would take a long discussion about what freedom is. It's not

just the ability to worship where you want to worship or the ability to have a certain job or get up at three in the morning and take a shower. Those things aren't really freedom.

Freedom is really within yourself. Freedom is freeing yourself from the humanistic part of you that you've gotten so familiar with – the mental, the physical, the fears, the limitations. They're comfortable in a way. But the fact is, even if you think that you're still thinking about it, even if you're waffling, I guess you'd call it, or sitting on the fence, it's going to happen. It's going to happen. You're in this lifetime for that liberation.

You didn't come here to work through some karma. You didn't come here to be just a mother. You didn't come here for anything else other than your freedom, and you came here with very, very clear, clear guidelines for it. This had to be *the* lifetime.

If you haven't noticed lately, things are going very, very fast, very fast; so fast that you almost can't keep up, which is good. It was designed that way. It's not necessarily going fast for everybody else. A lot of people are getting bored right now, but it's going very fast for you, because things are changing. The whole distortion of time, for one, is to my point. Many of you are feeling the time distortion. It is going fast or sometimes it could seem like it's going slow. But everything is going very fast right now. Your biological systems, your mental systems are going very, very fast.

### ***The Date is Set***

Changes are imminent. I've talked about that over and over, the changes are imminent. I even said in our Shoud last month, to the shock of Cauldre and a few others, but I said, you know, once you stop working on



your enlightenment, once you stop the disciplines, once you stop all the searching and the seeking, once you stop getting up in the morning and saying, “Well, it’s another day on my way to enlightenment,” once you stop all that noise; once you stop feeling like you have to read two spiritual books a week or you’re going to fail on this; once you stop your obsession about finding truth – it’s an obsession, because there is no single truth; it’s all truth. It’s the “and.” Once you stop all that noise, all that frantic neurotic activity and you take a deep breath – you just take a deep breath and you allow – the date is set. I mean that very literally.



If you’re chasing around after spirituality, you’re following gurus, you’re having to do certain disciplines every day, even if you’re still just using Crimson Circle as kind of a, “Oh, I’ve got to get my monthly fix and maybe next year enlightenment, maybe a long time from now,” the date is nebulous. The date is in the fog. It’s not really there. I mean, we could look into it, if I took you on a journey into your future, but you would see many, many, many, many, many dates. And some of them would also be in the fog, some of them wouldn’t be discernible, but you’d see many dates, because the date isn’t really determined yet. They’re all just potentials. They’re all floating out there, a big sea of potentials and it could be any one of them, but once you stop, you take a deep breath, “I Am Here, I Am that I Am,” you take a deep breath and allow You, allow your human side and your divine.

You don’t think about it. You don’t wonder, “Well, did I allow enough? Was I in the right color clothes when I allowed? Did I eat – oh, god, I ate some meat a week ago. I’m a vegetarian, but I kind of slipped, and it’s like, ‘Ohh, it’s not going to happen,’” then it doesn’t. But if you can be truly authentic with yourself, “I Am that I Am,” it’s kind of almost “I don’t give a damn” kind of attitude, but not negative. “I just don’t care, because that date is here.” You don’t have to know what it is, that particular date – actually, that would push it kind of out of perception – but, ah! The date is set within about a week, then it tightens up as you really allow. And then you don’t have to worry about it anymore. You don’t have to worry about, “How am I going to manage? How am I going to manage between now and enlightenment?” You don’t. It comes to you. It just happens.

You’re given choices, of course, and you can create your own distorted reality, to a large degree, but it just comes to you. And that’s an odd feeling – “It’s just coming to me.” Now, yeah, you still may be working and exercising and all the rest of this, but you’re not fretting about it. It’s just there. The date is set and it doesn’t mean you’re going to die either. It just means the date is set. As a matter of fact, it shifts the whole programming about death itself. It shifts that somewhere else.

And then comes the question that Kuthumi brought up in our last gathering in Munich, “God, what am I going to do? I’m not working on my enlightenment anymore, because it’s just going to happen. Aww, geez, I lost most of my friends. I don’t have the old passions like I used to. What do I do?” That’s a human question. It’s right up there kind of with happiness, you know, like, “Am I happy? What am I going to do?” Those go out of vocabulary. They just don’t exist anymore. They’re just not in the mind play, the mind game, “What am I going to do?”

Isn't it strange that humans think they have to do something all the time? "Well, yeah, but then I'm just going to get up in the morning and I'm going to get fat and I'm not going to ... I'm worthless." Shut up, human. Just shut up for a minute, because, as Kuthumi pointed out, everything starts talking. He literally did. He just started walking.



Imagine that. He had no idea where he was going to go to, and he didn't care, after he got out of the insane asylum (Adamus chuckles). Funny thing happened on the way to enlightenment (some chuckles). But he claims it was the best two years of his life, drooling all over himself, having to have somebody with bedpans. He says it was good. He says it was the best experience. He could have done it long and slow over many lifetimes, grueling, agonizing, not really enjoying life, and he said, "I'm just going to get it over with, two years and that's it." Then he was Kuthumi and then he just started walking. He didn't have to know where he was going. He knew everything was going to work out, but he didn't have to know how. That's the problem. You say, "Well, okay, I'm going to just travel around the world" and then you start planning. No, no. You just take a deep breath and allow, and it's there. It's very simple, beautiful thing.

But then he heard everything talking to him, which he'd never really heard before. Maybe a little bit when he was a young child. Suddenly, literally, the trees were talking to him, "Hey, human! Hey, human!" And Kuthumi, "Whoa, what? The trees are talking." Then he'd go up, make sure nobody was watching, "Hey, tree! How are you doing?" The tree's like, "Hey, I'm really grounded (some laughter). Yeah, but I'd really like to branch off. I've been sitting here all this time" (more laughter). Angel humor.

It doesn't talk in words – well, sometimes – but it talks in energies. And actually, you'll find that birds and trees and fish and water and air, they're really quite funny. They're not so stuck in the mind. They don't have a mind. They're really quite funny when you feel into them. They don't tell jokes, you know. They're not as funny as I am. They don't tell jokes on a stage, but they have such a kind of a wisp-ful way of perceiving things. There's such an innocence with them. There's really an innocence. They don't worry about a storm coming up or lightning striking them. They allow everything. They're not souled beings like you. They don't have mental intelligence. They're not going to have iPads or laptop computers or anything. They're just enjoying beingness and they have kind of a really fun sense of humor.

That's what Kuthumi did. He just went out and started feeling everything, without a plan, and everything started talking.

Please understand this. There's never a boring day as an embodied enlightened human. Never. Everything comes to life. You'll cry when you realize how boring everyday human life is. You probably already have kind of an inkling about that. The routines and the patterns and the lifelessness, you'll cry. But back to my point, whatever my point ...

LINDA: Have you started your talk yet? This is at 45 minutes already.

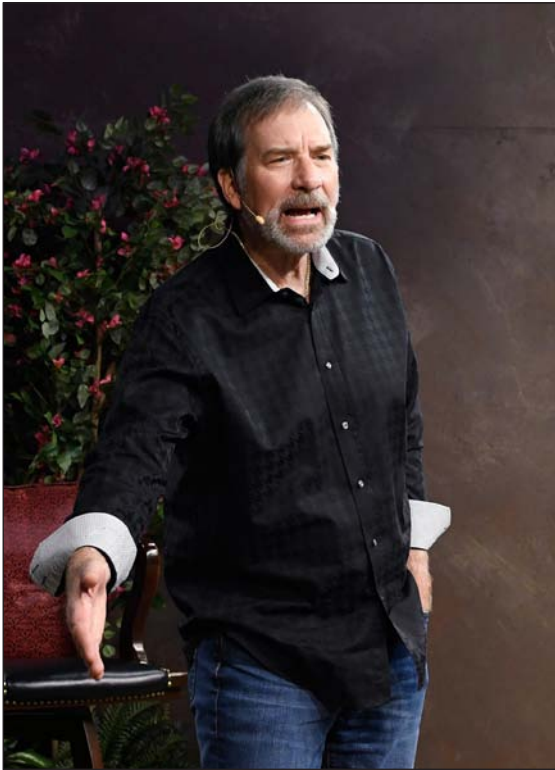


ADAMUS: No, no, no, no, no. I haven't started yet. I'll get there. I'm having fun. This is my ...

LINDA: Yeah, yeah.

ADAMUS: I asked for permission, right? Okay. And actually, I said ...

LINDA: Is this the fun one or the podium one?



ADAMUS: I said, "Do you want a dry talk, podium talk, a lecture or the fun?" I think we're somewhere right in between (someone says "Ha, ha"). Heh, heh (laughter). We've gotta reserve the front row for true admirers and worshipers (Adamus chuckles).

So, my dear friends, freedom. I wanted to bring that up right now, because that's where you're headed and don't effort to get there. You allow to get there. It's not any work. I would say it's like this: The door of the Bastille is already open. It's already open and it's like now saying to you, "Let's go out." It's, um ... I'll get into it in a moment, but ... yeah.

LINDA: Have a sip of coffee.

ADAMUS: I did. A lot of sip. There's just so much going on in the room right now and online with all of you. There's so much. There's so much you're letting down. I mean, letting the guards down. You're letting the human mental down. You're just allowing and that's such a good thing. Maybe we should just sit and om for a while (laughter). Just let it down.

But I have a question, as I always do. I have a question for you. Linda on the microphone, please. Yes.

LINDA: My pleasure.

### *Today's Question*

ADAMUS: This some consider the annoying part of show. It's my favorite part, because it's you. It's you. It's the interaction. How boring it would be if I just sat up here the whole time, but I get to have fun.

Remember Tobias used to do questions and answers? Yeah, yeah. Wasn't that fun? (someone says "Yes!")

LINDA: No!

ADAMUS: No. No. And I do too, but I ask the questions.

The question today is if you were to – I hate to be so candid about it – but if you were to die today – today! – what would you feel you hadn't done? What would be your regret? Choose the number one thing. What would you go, "Oh, geez!" And I ask this because I had a couple last week – not a couple like man and

woman, or man and man, eh – but I had two people last week, two individual people come over to the other side – Shaumbra. By the way we have 33 now. Thirty-three who have actually allowed their realization, and would you believe it that they’re the quiet ones.

LINDA: Mmmm. (someone says “No”)

ADAMUS: No. No, no, no. I mean, you don’t see them. They don’t make a lot of noise. They’re the quiet ones. Thirty-three, we’re getting there. Slow as hell, but we’re getting there (a few claps). Yeah, yeah. When the applause light comes on, that’s when you applaud. When the laugh light comes on, that’s when you laugh (Adamus chuckles).

So, the question, and I ask because, not just the two that came over last week that prompted me to ask this, but it happens very, very often when Shaumbra come over, and right away they realize they’re disembodied. They realize, “Oh, geez! I left it back there on the planet.” I’m like, “Hey, would you clean up after yourself? Bring your body over here.” But they start lamenting right away, even before they meet their dog or their families, if they want to do that, even before they “ooh” and “ahh” by me standing there. You know, you’d think that, “Haaaah! Ohhh! I’m on the other side and it’s not Jesus, it’s St. Germain!” (laughter)

LINDA: Oww!



ADAMUS: I’ve had some that do that. They’re like, “Oh, my gosh, I’m in the violet flame. I’m right – oh! – right here with you! Ascended Master, one who has trained more than any other Ascended Masters. The one of fame. The one ...” Okay (more chuckles).

So, the problem was that right away, before they recognized anything – me, I’m just a lamppost at that point – and they’re like, “Ohhh, oh, oh, oh! I regret that I didn’t do this. I regret that I didn’t do that.” And I let them go through their regrets and their regrets and then they finally realize I’m not a lamppost, I am Adamus Saint-Germain and they’re totally impressed. And then they want to know when they can get back down there. I’m like, “No, no, no, no, no, no. I’ve locked the tube. You’re not going back down. You’re going to just stay here for a little. We’ve got some talking to do.”

But it’s always the regrets and it’s very interesting. I’m doing a little study I’m going to take back to the Ascended Masters Club, doing a study on spiritual psychology. What are the regrets from those who are on a dedicated genuine spiritual path to embodied Realization? What are the issues? And so that’s why I ask the question. Linda on the microphone, please. What would be your regret if you just keeled over today? And when Linda hands you the microphone, it doesn’t mean you’re going to. Hello, Ricki (some chuckles).

RICKI (woman): Hi.

ADAMUS: This is a hypothetical.

RICKI: Yeah.

ADAMUS: I guarantee you won't.

RICKI: Good.

ADAMUS: Good. You know, but does it matter?

RICKI: No, but I feel like I would really regret not having had a chance to appreciate finally getting there and being realized and be able to – all the stuff you talk about of it's going to not be boring.

ADAMUS: Ah. No, no.

RICKI: All that stuff. I want to experience that.

ADAMUS: So, I'm the lamppost, you crossed over. Like, "Oh, geez!" How close are you going to think you were? You're going to say, "I was ..." How close?

RICKI: I felt for a long time that it's one step away, except I have no idea how to take that step. So ...

ADAMUS: Ah.

RICKI: ... it's going to stay there till I know I'm ...

ADAMUS: Could I offer a little sage wise advice?

RICKI: Yeah.

ADAMUS: Let it come to you.

RICKI: Yeah.

ADAMUS: Yeah, there are no steps.

RICKI: No, I agree.

ADAMUS: There are no steps anymore.

RICKI: Yep.

ADAMUS: None at all. Let it come to you. That's the step. That's the last step. After lifetimes of a lot of steps, the last step is stopping, taking a deep breath and letting it come to you.

RICKI: Yes.

ADAMUS: And then not doing that mental thing, "When's it going to come? I don't feel it." Shhhut up! Allow. It doesn't matter. It doesn't matter. I've said time and time again these are the best times of any lifetime. You still don't get it, but actually you are getting it. Yeah.



RICKI: Yeah.

ADAMUS: So, okay. That's a good one. Just like, "Oh, damn! I wanted to do it." I'll give you a little hint on this. I talked to our group in Norway, the troll place (a few chuckles), and I told them on the first day, "To me, you're just dead. You are just dead. You are the walking living dead." It kind of shook up the room a little bit and, you know, after they stopped crying – just kidding, Norway – my point was you actually already have. Death doesn't mean you have to leave the physical body, you see. Death is a transition, which I'm going to talk about in our upcoming new and improved updated slick version (of [DreamWalker Death](#)). Death isn't physical and that's one of the things to really get out of the mindset, out of the belief system. Death is just a transition into another way of living, perceiving. So basically, you're already dead, you're walking dead, and that's a good thing, because you're not locked in anymore.

RICKI: Yeah.



ADAMUS: You're kind of like a – not zombie – but you've let all the stuff go. When you let the ancestors go, when you let all the body things go and your karma and all the rest of that, you're as good as dead, and that's a good thing. You can quote me on that. Put that on your next birthday cake, Shaumbra, "I am so dead!" (laughter) Once you can laugh at death, "Ha, ha, ha, ha! I laugh at death. I (*spit*)!" Once you can laugh at death, you've overcome really one of the very last obstacles of enlightenment, because people are still afraid of death, and there's no need to be. It's kind of fun actually.

(slight pause)

RICKI: Yeah.

ADAMUS: Not much reaction there. It's like "Okay. Not going to try that today." But remember what I said, death isn't the physical. Well, actually it is; you're going through the physical death right now, but it doesn't mean permanently leaving that body. It just means all the old is dissolving away

to make room for the I Am, and the I Am is really big. The I Am is an ass kicker that'll just come into your being, and you need to make room for it. You need to die. Yep.

I'm warming up for DreamWalker Death.

Death, let's get it out of our minds right now. Death does not mean leaving this physical body forever. It doesn't. That's a very, very old concept. It's at least about, what, four or five million years old. That's really a long time. Death is simply moving to another realm. It's an evolution. It's leaving things behind that no longer serve you. And you certainly don't want to be buried in the ground, because that keeps you held to a lot of the old things. You just let it go. And it doesn't mean the death of your physical nature, your mind or anything else, but it does mean an evolution.

Next. Yes. What would you regret, Iiro?

IIRO: Nothing.



ADAMUS: Nothing.

IIRO: If I want to do something else, I would do something else.

ADAMUS: Okay. You're very much what I would call free.

IIRO: I am.

ADAMUS: Are working right now?

IIRO: No.

ADAMUS: No. Where do you live?

IIRO: A little bit everywhere. Mainly Finland.

ADAMUS: Do you have a lot of concerns about having things come to you?

IIRO: No.

ADAMUS: No. And do people ridicule you for it?

IIRO: No.

ADAMUS: Family, old friends or anybody else that kind of like talk about you a little bit behind your back?

IIRO: No.

ADAMUS: No? Good. So you are truly allowing yourself to be free. We had one issue we've talked about – the mind – battling that. Have you kind of come to terms with the mind?

IIRO: It's kind of melting slowly.

ADAMUS: Slowly, yeah.

IIRO: It doesn't use me anymore.

ADAMUS: Ah, there you go. And allowing it to melt slowly, I like that. It means you're not going to like try to break it apart. Just letting it kind of ... you know, the more you allow, the more it allows. And then you're not in this constant struggle with the mind and then you're really free. Yeah. Good. No regrets. Okay.

A couple more and I will get to my point.

LINDA: Okay. Let's see.

ADAMUS: I think.





LINDA: Victim.

ADAMUS: Always that pained look. Dave, Crash, you need to be on hand right about the time Linda hands the microphone. Get that shot just as it's coming to that person and they're like, "I hate you, Linda" (laughter).

CRASH: Archive will do it.

ADAMUS: The archive! Yeah! Yeah! Yes. What would you regret?

SHAUMBRA 1 (woman): You mean besides learning how to be a really good millionaire?

ADAMUS: Sure.

SHAUMBRA 1: I would regret not hanging out with my kids as they're growing up.

ADAMUS: Okay. You haven't hung out with them much?

SHAUMBRA 1: Yeah, for 21 and 23 years, I've hung out with them quite a bit.

ADAMUS: Oh, so ...

SHAUMBRA 1: But as they grow up more than that.

ADAMUS: Right. Okay. Short piece of advice here: Let it go. And that's a tough one. People start throwing apples and rotten eggs at me. "Oh, you're so against families." No, I'm not. But to give them their freedom, you kind of have to let them go. You know, there's still a very strong connection, a good mother connection, but at a certain point let them go and become friends with them, rather than a parent to them. There's such a huge difference. They're going to be like a friend, an admirer, but no longer the parent/child relationship, which is – that's got to change on this planet, the old paradigm of parent and child. I'm sorry for some of you who have your kids here. But let them go, geez.

SHAUMBRA 1: I have let them go.

ADAMUS: Well, no let them go in the terms that ... there's a very, very old dynamic between parent and child and it serves the child up until they're about the time they're two years old, and then after that it needs to change. They're not yours. They have the unfortunate situation of having your DNA (a few chuckles), and I'm so sorry for all the children, because they've got to get it from somewhere and then they're going to spend the rest of their life going to counseling and Crimson Circle to let go of that DNA. But it's really time to change that. Become friends with them, because you have been in the past. They've been your parent, now you're theirs. You've done all sorts of stuff with them in the past, but now just be friends. Okay.

Good. Two more. Yes.

DUSICA: I have no ...



ADAMUS: Would you mind standing up.

DUSICA: Yes!

ADAMUS: I'm taller than you are (she chuckles). That was a distraction. She was going to go straight to the mind. I've told you before, for really good teachers, be able to sense it right away. Distract. Now what?

DUSICA: I have no regrets. The only regret I would have is that I have not enjoyed my life before.

ADAMUS: Yes.

DUSICA: So, as I'm now ... I am now much more enjoying life.

ADAMUS: Much more enjoying. Okay.

DUSICA: Yes, after Quantum Allowing.

ADAMUS: Okay. Good.

DUSICA: Yes!

ADAMUS: No regrets. Really, no regrets.

DUSICA: Thank you, Adamus. And when I'm here coming from Slovenia to Colorado, I need a hug.

ADAMUS: Yes, do you like Colorado?

DUSICA: Yeah!

ADAMUS: Yeah.

DUSICA: Yes (she steps on stage to have a hug).

ADAMUS: Ohh!

DUSICA: Hug! (some laughter)

ADAMUS: Thank you (some applause).

DUSICA: Thank you. Thank you.

ADAMUS: Thank you for being bold enough to walk up on stage. I was wondering, "Is she going to allow that invisible barrier to keep her?" And it's like, "Is she going to, like, there's some kind of an unwritten law, 'Don't come up here when Adamus is channeling.'" I'm glad she broke it.



One more. You'll never regret that – "Oh, I wish I had stepped up there."

LINDA: (high pitched voice) Yes, you!

SHAUMBRA 1 (woman): I was so comfortable. She's not going to call me today again.

ADAMUS: Yeah, yeah. You're sending out an energy. You're all energy transmitters, some are much stronger transmitters, but you send out that energy, "Ehh, she's not going to pick me." She doesn't hear the "not" part, she just hears "Pick me, pick me!" (some giggles) So what would you regret if you just came over to my side today?

SHAUMBRA 1: (pausing slightly) Not having awakened earlier.

ADAMUS: Yeah, well, you know, actually, the timing was perfect.

SHAUMBRA 1: Or not enjoying now that I know so much.

ADAMUS: Yeah, yeah.

SHAUMBRA 1: And I still keep like on the other side, as if I didn't know.

ADAMUS: Right.

SHAUMBRA 1: Yeah, I would regret that.

ADAMUS: Okay. Not awakening earlier, but you realize the timing was actually kind of perfect. There's a thing in each and every one of you, and online too, in all of you: You could have allowed your enlightenment, your Realization lifetimes ago. Most of you about two, some of you maybe even three, some of you one. But you could have allowed it, and you didn't. And there is that kind of like, "Oh! What's wrong with me? Geez, I was so close back then and then I screwed up. I ate some meat and it was a Friday and the Pope was really pissed. And then there was this naked guy talking to the Pope. What's that all about?"



LINDA: One more for just entertainment value?

ADAMUS: Hang on. Let me finish my little thing here.

LINDA: Oh, you're not done. Sorry.

ADAMUS: So where was I? Oh.

So, many of you could have just allowed the Realization. We really had kind of a prime setup after the Mystery Schools, a prime setup that you could have gone into that next lifetime and just allowed it. You didn't. You didn't and it's not because you screwed up. It's not because you're a slow learner. There's only 33 so far that have come through since – well, I guess you're a little on the slow side. But (a few chuckles), no, you wanted to be here at this time, and I'm trying to get Cauldre to write a book – I'm surprised it's not done yet, I've dropped enough hints – but it's about being here right now when the planet is looking for consciousness, when the whole dynamic of New Earth and Old Earth, which, I know some of you didn't like



that ProGnost kind of news. ProGnost is getting to be a dirty word with some of you. “Oh! Don’t ProGnost me.” Yeah (some chuckles). “Get your ProGnost out of here.” “You’re just such a ProGnost. I can’t believe it.” Try that on your spouse or your partner next time you’re having an argument. “Go to ProGnost!”

So where was I? Yeah, I get myself distracted. That’s bad when the distracter gets distracted! (laughter) Then we’re really all gone.

LINDA: You need to be a little more on.

ADAMUS: A little bit more focused. Okay. So the focus is you chose to be here, because it’s the most transformational time in human history. The whole issue of Old Earth and New Earth is coming to a forefront. All the dynamics of this planet are so major right now. You wanted to be here, and I said, “You don’t have to be. Do it when it’s a little bit easier,” you know, back in the horse and buggy times. Go sit in a convent somewhere or whatever, go to Egypt 300 years ago and do it there. But you were like, “No, I’m going to do it at this time.”

Imagine being embodied and hanging around at the most critical junction of human history ever and not just human history. What is happening on the planet right now has a profound implication on all the spiritual families, on the Order of the Arc. You could almost say that at the Order of the Arc – you know, it’s all the archangels, it’s the portal that you came through to get here to Earth – they’re kind of on ... don’t take this wrong, but they’re on kind of a violet alert. I didn’t say red alert, violet alert. They’re like, “Whoa! Things are really amping up on this planet” and people in general are clueless about what’s going on.

I’m really diverting here, but I want to give you a huge distraction. Where’s the attention going today in the media, in the news, in people’s minds, in the water cooler talk? Where is that attention? Donald Trump.

I don’t care if you like him or don’t like him, that’s where the attention is going. It’s not a sinister plot or anything else. This is humanity. This is, I would say, the lack of awareness of humanity. They want to go over here, feeding, a bunch of growling dogs on a bone over here, talking about Donald Trump. I’m over here saying, “Guys, don’t you realize what’s going on? Do you realize the convergence of technology and consciousness? Do you understand what’s happening to the planet right now? Do you understand mental illness?” That is the greatest disease on this planet, and it is a disease. It’s not a weakness, it’s not anything. It’s an absolute disease, and how people are dealing with it? With chemicals that really ... the mind badly, badly, badly. But we’re going to talk about Donald Trump over here. It’s a social phenomena and people would rather talk about that, and your celebrities and stars, who are generally pretty clueless. There are some who are actually kind of aware, but not many get through that door into Hollywood.

It’s a distraction and you chose to come here to the planet at this time to bring in your consciousness, your I Am, whatever you want to call it. You said, “I’m going to be the realized Master on the planet. I’m not going



to try to change all that over there.” That’s not your job. You’re no longer energy holders, planet shifters or anything like that. It’s not your job to change this, but what you do is you bring in a light, a potential.

Light has no bias whatsoever. Light is not feminine or masculine. It’s not good or bad. It is the passion of the I Am. It attracts energies. It sets up and manifests reality. But the light itself, it has no bias, no judgment, no good, bad. It doesn’t have happy days. The light has no happy days, no bad days. It is the radiant passion of the “I Am, I Exist.” That’s it.



You came in here and said, “I’m going to do this trick. I’m going to allow my Realization, my enlightenment. I’m going to stay in the body.” And you’ve committed. Before you came here you committed that you were going to stay here at least seven years in the physical body, at least seven years after enlightenment, maybe longer, maybe 50 years. I don’t think you’re going to want to be here in 50 years, but you said “At least seven years.” You’ve got that programmed into you at some point.

Now, some of them leave because the seduction is so strong to go to the other side. But I want to address that to each and every one of you. Seven years to stay in the enlightened form on this planet, maybe longer. All you have to do is tap into that. All you have to do is tap in.

So we’ve gone around the room. We’re going to have one more entertaining answer to the question about regrets. Where the hell did she go? Linda, the bathroom’s over here (she brings the microphone to someone in the Master’s Club). Let’s go to the Masters Club for this (surprised laughter coming from the Club). Ahhh!

MOFO (Marty): Well, hi there, ladies and gentlemen.

ADAMUS: What are your regrets, if you left today?

MOFO: This is going to be boring for all of you guys expecting a ...

ADAMUS: All right, stop the camera (Adamus chuckles).

MOFO: ... fantastic answer here. I’m going to go with enjoying it, because so many times, you know, you’re in the groove, you’re really living it and then the mind slips in there and really f--...

ADAMUS: But I’m going to pick on you because you’re in another room and I can.

MOFO: Oh, splendid.

ADAMUS: You’ve got a great sense of humor when you’re with other people.

MOFO: Mm hmm.

ADAMUS: You’re kind of a little bit of a stick in the mud when you’re by yourself or with your lovely partner (Mofo chuckles). Nailed you, eh? (laughter) Boy, am I glad he’s in the other room.



MOFO: (chuckling) Oh, boy.

ADAMUS: And you talk a story about enjoying things, but damn! You're your own worst enemy, I guess is the human way of saying it.

MOFO: Sure, yeah.

ADAMUS: And you get into your head.

MOFO: Uh huh.

ADAMUS: You get into the mud. You know, sometimes instead of calling you Mofo, I call you Mud-fo, you know (more laughter). Mud-fo. You get into your mud, you know, and then you've got to go out and be with people and you let that enjoyable side come out. But your own worst friend is yourself.

MOFO: Right.

ADAMUS: Did I get that clear?

MOFO: Yeah!

ADAMUS: Okay. Can we zoom in on him a little bit? I want to get a really good close up. Yeah, yeah. (Mofo sticks his tongue out smiling.) Ahhhh! Yeah, yeah, yeah, yeah.

So, it's the perfect setup for what I want to talk about. So you regret not really enjoying a little bit more?

MOFO: Yeah. Yeah, yeah.

ADAMUS: Okay.

MOFO: And I think you've been with me a few times ...

ADAMUS: Yeah. Yeah.

MOFO: ... on solo stuff.

ADAMUS: Yeah. And don't take that wrong, please.

MOFO: We have a pretty good time once in a while.

ADAMUS: Yeah. And it's almost natural. You get into that kind of state of being, you know, by yourself and the doubts and all the ghosts come out and, you know, nothing's really funny anymore.

MOFO: Right.

ADAMUS: And you wonder how you're going to get through the next day. And then those are what I would call psycho-spiritual issues. But then you manifest them, like almost intentionally, with other issues of,



for some of you it's biological things, some of you it's financial things, some of you, it's you just become insensitive to yourself, unmobilized in yourself. That's bad. I mean, that's bad. And you're the perfect segue. Thank you, Mofo, Marty.

MOFO: No extra charge.

ADAMUS: Thank you. That was the perfect segue. Linda picked the perfect one, as always (Mofo smiles sweetly). Thank you. We'll come back to me now (Adamus chuckles).

### *The Ceiling*

I bring this up for a very, very important reason. You've heard of the term, the human term, called the glass ceiling. Glass ceiling. There is a wing ceiling. There's a wing ceiling.

The glass ceiling, for women, you know the glass ceiling is the inability to rise up in the corporate chain. By the way, you don't rise up by acting like a man, okay? You don't bring out your warrior masculine Adam and try to act like one of the boys. You don't, because you're not going to get very far. It's not genuine and they can see it and smell it and they're going to take advantage of you. The feminine is far more creative and effective than the masculine. It truly is. The feminine has much more movement to it than the masculine, and it's kind of the way it was designed. Maybe it's time to get over that, but the masculine is like a lumberjack; the feminine is like a sprinter, just free sprinting across the meadows, while the masculine lumberjack is, you know, with the muscle and chopping down trees, but never really gets very far.



There's this thing called the glass ceiling and it's the inability to rise up and above. It's an illusion, doesn't really exist, but people believe in it. They believe that this glass ceiling is there if they come from a poor family, that they're never going to be rich because of their background. Yes, it makes it a little bit more difficult, but actually it can make it much easier.

There are people who put up the glass ceilings having to do with their intelligence. Intelligence is highly, highly overrated, and

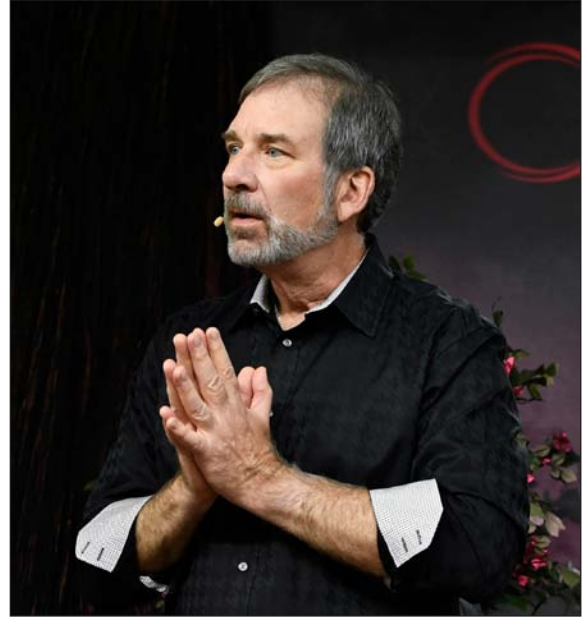
actually, intelligence really isn't that smart. It's one thing to memorize facts and figures, but it's a whole other thing to live in life, to have what I would call just common sense or perhaps better said, any sense other than just Focus.

But there are a lot of glass ceilings. There's one that you all hit from time to time. It's the wing ceiling or maybe you think of it as a feather ceiling. It's not solid, it's not like a stone wall. It's just a bunch of angel

wings. The funny thing is, they're your own angel wings, and the regrets that I get all the time isn't about some of the things you mentioned today. What I get all the time, when they come to the other side and they say, "Oh, damn!" it's regret that they let their doubts drown them. The regret that they just didn't do it. And it could be anything from something mundane in human life, but I'm applying it here to the allowing-ness in your spiritual Realization.

You've had some amazing breakthroughs – thrilling, absolute thrilling breakthroughs – and then there's that next-day syndrome, "I must be crazy. That must have just been because I ate a pizza and it gave me heartburn and that triggered some chemical in my brain and I had kind of a lucid experience on the toilet" (some chuckles), you know, but you justify it out of existence. You know, at the very deepest levels within you, you absolutely know – I *know* you know, we talk about it, you can sense it – but then you let this feather ceiling, this wing ceiling get in your way.

The wings are up there. They're your own. They're inviting you to go beyond. They're inviting you to rise up with them. Remember what I said in our last Shoud, Let the wings of your dreams carry you into Realization. The dreams that you've had from the Atlantean times until now, the dreams of embodied Realization; let those wings carry you. But it's almost like you're afraid of them. It's like, "Wow, there are those wings up there and I can't get past them." They're *yours* and they want to take you beyond the doubt and the holding back and the feeling that you're going to go crazy.



You are *not* going to go crazy. I can tell you that right now. My only exception to that, and I'll probably get a few nasty-grams; my only exception to that is if you are on one of these SSRI medications, and I don't want to argue the fact and anything else, because the fact is they're driving people crazier. People do insane things, because it puts a very wet blanket over a natural rhythm of the mind, and especially if one is coming into awakening or into awakening. It will do so much damage that will cause lifetimes of corrective activities.

There's a couple of things we're doing up in the other realms right now. One is we're having to train angelic beings who have been on Earth before – not the newcomers or "never been's," but the ones who have been on Earth before – how to handle the beings who die who have been on the SSRIs. They are numb. They are little gray pellets when they show up. They are *so* without awareness. And to try to work with them, when there's no vitality, there's no passion, to try to work with them, it's harder than working with a suicide case, when they come to the other side, if they've been on these medications for any length of time. Cauldre's asking me, fact-checking me, but it's any time longer than two years and they're still on them when they die.

They also want to die. They want to go out of existence. They cannot stand it anymore. They know there's something in there, but it's been grayed out. It's been blanked out of them. They just want to go out of existence, so can you imagine trying to work with them?

The other group that we're training right now is – because we know it's coming, we've seen some of it – the ones who get lost in virtual reality. I talked about it in the ProGnost Update.



Virtual reality is becoming so real, so seductive and compelling that there are those who are going to get lost in the goggles and the masks or even just the constant day-in, day-out of these video games and the other things that are coming next, that they die within the virtual reality. The funny thing – there’s nothing funny about it – the odd thing about it sometimes their bodies haven’t died, and they’re back there. They’ve got a robot body, I mean, it’s on autopilot, their biology is on autopilot, but there’s nothing left here. They’ve died within virtual reality. We’ve got to ... (Adamus sighs) we’ve got to help them get back to the “I Am Here,” to the “I Exist.” These are challenges that we’re facing with the very changing world that you have.

I don’t want to digress on that. I talk about it in ProGnost and we will be talking about it, but I want to get



back to the wing ceiling. Those wings are yours. They’re there to carry you into enlightenment, but you have to take a deep breath, go beyond your doubt. “Well, are the wings strong enough to carry me?” Shut up.

“Where are they going to carry me to?” Shut up double.

“How do I know those are really mine?” You’re going to drive me crazy with all these questions (some chuckles). And it’s about going beyond doubt. There is a feeling that you’re going crazy, because other people don’t see, feel, sense what you sense.

I was going to ask another question but we’re running out of time, and I do ... well, hell no, we’re not running out of time, but I’ll save it.

You’ve had these feelings when you were very young, and then they got covered up, a knowingness that you’re special, but you won’t let yourself feel that. I’m not talking about special, better than others, but you are special and you’ve covered that up. You doubt it, and then you’ve allowed yourself to plod along in your own spiritual quest, because of the doubts. And what I get on the other side when they cross over is – and when I say, “So what do you regret?” – it’s like, “That I just didn’t do it. That I held back, that I doubted, that I was worried about going crazy, that I was worried about what others would think about me.”

If you’re worried about what others are going to think about you, I’ll tell you this right now. They’re looking for a hero on this planet. They are looking for a hero. Who do they put their energy into? Superficial models and stars and sports figures, probably all nice people, but they’re looking for something deeper. They don’t feel comfortable anymore, nor do you, about putting your standard as a politician. I don’t think too many of you get up in the morning and aspire to be Donald Trump, except for maybe the hair (a few giggles).

This planet doesn’t have heroes anymore, and then they create them – cartoon book heroes, they’re digging them up from the ’20s and ’30s – and superficial heroes, but it’s not satisfying. It’s like when you’re really hungry and you sit down to eat a bowl of Jell-O, it just doesn’t quite do it. Yeah, you’re eating. Your mouth



is going. You've got a few of the taste buds stimulated, but it's just not there. They're looking for somebody who has – I don't like the word courage, Cauldre – they're looking for somebody who has the *freedom* to just be, to go beyond the doubts.

You already know. It's nothing I'm going to tell you. You already know about your enlightenment, your Realization. You already know that it's not being superhuman, anything like that, and it's a true transformation. It is a death, in a way, but a death that will finally give you freedom in life.

You have those feelings. You run it through your mind and then it gets polluted and distorted, and then you fear the wing ceiling, like the glass ceiling. You fear it and you curse it. "Well, yeah, there's all these barriers in my way, and there's the" – what was it? You have all sorts of names for it – "the veil between the realms." There's no veil between the realms. I've looked for it. I've gone all over (a few chuckles), "Do you guys see a veil? Veil?" I see it on some Muslim women, but I don't see it all over the planet keeping them from ascension. And you blame it on, "Oh, the veil." There's none, but there are your wings. The wings that want to carry you into your Realization. They're yours. The only thing between you and the wings is your doubts. That's it. That is it. That is it.



### ***The Wings Series***

We're going to name our next Series, starting in August, the Wings Series. We are going to go beyond the doubts if it hurts. We are going to allow those wings to carry you gracefully and beautifully into your Realization. Those wings are yours. You've been avoiding them, resisting them, making excuses, saying, "I've got to wait until my children are grown." Do it now, no matter if they're 21 and 23 years old or if they're five years old. Do it now. They deserve it, and better yet, you deserve it.

There's no effort in this. It's all about allowing, but allowing is difficult when you're so held back with doubts, "Should I or shouldn't I?" And, "Oh, am I just going crazy?" What is crazy? Crazy is this. Crazy is staying in the patterns, staying little and limited and you know that.

Sometimes I want to take some of you and just, like, dunk you in cold water and hold you down there for about ten minutes (a few chuckles). No, really I do. Ten minutes, yeah, because you get so comfortable in being miserable, and then you cry to me about it. You come and say, "Ohh, what's happening? Where's enlightenment?" It's like, it's right here. Heh, the wings, they're right here. "Oh, but I'm not sure" – you doubt and you worry and you fear. We're going to put them on. We're going to get them on in our next Series, the Wings Series, and feel what it's like to be really free.

I started this talk today talking about freedom and this country and others were set up for the freedom of humans. But now in transhumanism, we're going into the freedom of the I Am, freedom of not just your human self, but your Spirit.

This whole Series was called the Transhuman and it was my joke. It was a play on words, because there's a whole movement on the planet right now to – not that it's good or bad – but it's to replace the human biology – which is very, very old, very, very old – but it's to do a fast upgrade using nanotechnology and other technologies that haven't even come off the bench yet. Basically, to change the birth process so that it will be relatively uncommon, 30 or 40 years from now, for a woman to be carrying a child in her belly. Very uncommon. It'll happen once in a while, and everybody will go, "Oh, what the hell happened to you?" (a few chuckles) "At least I had sex. You didn't." (more chuckles)



It will be in so many other ways – artificial wombs, different types of incubators. There's one that I laugh about, it's called Johnny-on-the-Spot. It's a name I gave it. It's like you print a body and then you try to infuse it with consciousness via technology, via like putting a lot of data in there. That's not a human being. It's maybe a servant, a robot, but it's not a human.

It's time for the wings. It's time to stop dallying around with it.

Transhumanism, in the convention terms, is moving very fast. Technologies for the body and the mind, whether it's mechanical, electrical, chemical or just energetic, they're moving very, very fast. They're spending

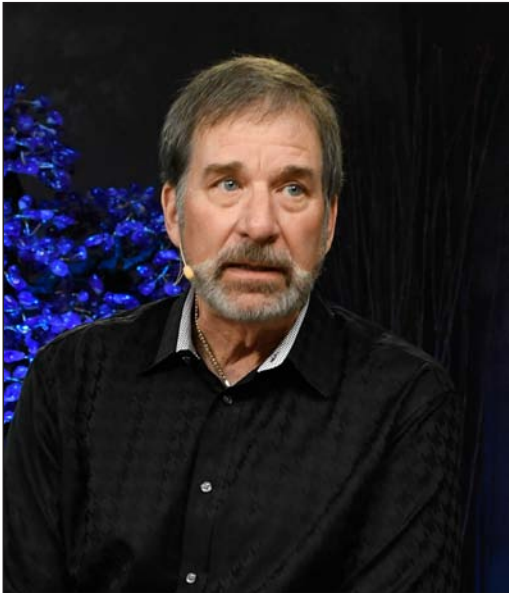
trillions of dollars every year on the development of technology, which is fine. For the Master technology is fine, because the Master allows energies, allows everything to serve them. But when one is developing this at lightning speed and they're *not* a Master and there is no understanding of consciousness, something is going to go out of balance.

We're over here with transhumanism, our version of it, allowing ourselves to release old DNA, it's not you, and allowing the light of the I Am, of you. Not of God, not of Jesus, not of me, but *your* light to come in. That's going to change the body. You're going to die, meaning you're going to transform in the body, in vitro death, you're going to stay right there and transform. You'll continue on, but you're going to feel so different. You're going to think very different.

It's not a race, not at all, but I do need to explain that this whole transhumanism movement is developing very, very fast. Nothing wrong with it. Again, a Master can have anything serve them. But it's moving very fast and, because this planet is still power-oriented, highly power-oriented, there is a strong likelihood for things to go amiss. I'm not predicting collapse or anything like that, but I'm saying it's pretty shaky ground when you've got technology developing so quickly without consciousness.

By the way, when I refer to consciousness, I'm not talking about morals or values, because those are still manmade. I'm talking about consciousness, awareness, light, and that's what it's lacking over here right

now. Maybe that'll change. We're over here in our transhumanism, in the ability to heal the body using the anayatron, but just allowing it. We're over here going beyond the mind. And I know you think you're going crazy. You are. Crazy means beyond the mind. But you're not going crazy in the old sense of the word where they're going to lock you up. You will *not* go crazy. You'll go into your senses, into sensuality.



We're going here where there is no longer the old birth/death process; where you can do the Sam thing, like Tobias did, come into a physical body after it's been born, whether it is biologically produced between a man and a woman or in the laboratory.

Tobias came in with this little trick of doing the shell body, knowing that humanity was going the way of nonconventional biological bodies. He said, "Can it be done in a biological body? because then it can probably be done in a nano-biology body." So he was really setting up kind of almost a test, almost an experiment to say, "Can it be done? Can we bypass the birth? because they're going to do it over here with technology. Can we do it here with our light?"

We're going to go very, very fast next year. You're going to stumble and trip at times and you're going to get concerned about if you're doing the right thing, if you're doing the right

moves or whatever. I'm going to constantly remind you not to let doubt get in your way. It's a little scary because you've used doubt to kind of temper yourself. "Well, if I doubt myself, then I just won't go crazy bizarre." You've used it to hold yourself in, but we've got to get over that. It's driving you crazy and we're only at thirty-three. Come on. By the end of next year we've got to do a little better than that. Thirty-three realized embodied Masters.

Let's take a deep breath with that and sorry, now we'll get started. I'm done with ... (a few chuckles) I want to talk about one thing and I'll need the microphone for this. Just a couple of answers.

### ***Oneness***

Where did this whole concept of oneness come from? I hear people ... we can turn up the lights, Linda's going to do the microphone. Where did this concept of oneness – "We are one, we're going to go back to one" – where did that come from? I'm doing this as part of my research project for the Ascended Masters. We don't understand. Where did oneness come from?

SHAUMBRA 2 (woman): Good question.

ADAMUS: Yeah, I know. And when it comes time like this, you don't know, you take a deep breath and watch Dave shoot your picture – *ellgh!* (some laughter) – and you make something up.

SHAUMBRA 2: I can say only where does it come from me.

ADAMUS: Come for you?



SHAUMBRA 2: From me it comes from ...

ADAMUS: Have you heard that expression before? Have you ever been to a Oneness Conference?

SHAUMBRA 2: (chuckles) No.

ADAMUS: Well, don't go.

SHAUMBRA 2: I just felt worthless, so I wanted to make something...

ADAMUS: Okay. You felt worthless, so "Let's all come back into oneness."

SHAUMBRA 2: ... big, and, you know.

ADAMUS: Okay.

SHAUMBRA 2: But I'm over that (she chuckles).

ADAMUS: Okay, yeah. You are, actually. That's the beauty of it. You are. You still doubt that you are, but I know you are. Next. Let's go fast here. We have work to do.

LINDA: I can go fast. I run like a monkey.

ADAMUS: Kind of – *sniff! sniff! sniff!* – smell like one. (someone says "Ohhh!") No, I said I smell like a monkey.

DIANE: Oh. I missed something there.

ADAMUS: Cauldre wanted to punch me on that one.

DIANE: Maybe it's because humans felt inadequate, small ...

ADAMUS: Good.

DIANE: ... and were looking something larger to go toward, more significant than them.

ADAMUS: Did you ever buy into the oneness thing?

DIANE: No, not really.

ADAMUS: No, okay. Yeah. Couple more. Where did oneness come from?

LINDA: Okay. Drag this back to Gary.

ADAMUS: I knew she was going to pick on you. Actually, I told her to.





GARY: The one time I didn't want her to.

ADAMUS: Right, right, right. Yeah, yeah.

LINDA: That's how it works.

ADAMUS: Stand up, if you wouldn't mind, just so everybody in the whole world can see you. Where did that whole oneness thing come from?

GARY: A sense of inadequacy, a need to be connected.

ADAMUS: Yeah, yeah. Yeah. Good. Did you ever kind of buy into it at one point, a little bit?

GARY: Absolutely.

ADAMUS: Yeah. Did you go to Oneness conferences?

GARY: Not by that name.

ADAMUS: Yeah. What were they called?

GARY: You know, spiritual this, guru that.

ADAMUS: Right, right, right.

GARY: Church this.

ADAMUS: Did you notice any oneness there?

GARY: Only within myself.

ADAMUS: Yeah. Good. Good. Excellent. Couple more. Two more. Where did oneness come from? The Ascended Masters are wondering about that and I told them, even though I know everything, I was going to have to get it checked out. I want to hear what the humans were going to say.

MARY SUE: I think it came from wanting to have a peace with everybody.

ADAMUS: Yeah.

MARY SUE: To, you know, everything is – I hate to use the word ...

ADAMUS: Can I get a hug?

MARY SUE: ... goood. I'm not going to ...

ADAMUS: Let's just hug.



MARY SUE: Oh!

ADAMUS: We are one (they hug). My sister, we are one. Yeah. Good.

MARY SUE: Yeah.

ADAMUS: That was my makyo act.

MARY SUE: Okay (she chuckles).

ADAMUS: Good. But it felt good kind of, for a moment there.

MARY SUE: Yeah.

ADAMUS: Oh, yeah.

MARY SUE: Yeah.

ADAMUS: Yeah. Okay. Good. That was good.

MARY SUE: Thank you.

ADAMUS: One more. Where did oneness come from? Come on, who invented it? Who created it? Who sat down one day and said, “Oh, we’ve got to have oneness.” Yeah (someone says, “Coca Cola”). Coca Cola! (laughter) Yes, go ahead and stand up. Oneness.

KATHLEEN: The one sovereign being that we all were at one time and creationism, the explosion, Big Bang.

ADAMUS: Yeah.

KATHLEEN: And became separate.

ADAMUS: Actually, none of that really happened. It’s a way of telling the story, but actually never happened.

KATHLEEN: It is an old history.

ADAMUS: It is an old history. Yeah, okay. Yeah. We all came from one. Yeah, even Tobias touted that in Journey of the Angels, because there was no better way to explain ... actually, it would have scared the crap out of you if he had told you how it really happened. So he told a nice story about “We were back in the oneness” and he still believes it actually. But (a few chuckles) he’ll wake up.

Thank you. Oneness. Where was it created? What year, what time, by whom? Oh, in about the 1700s, about my time, even though I didn’t create it. It was for the convenience of the Church. That’s it, pure and simple. Oneness is not that old. Some people say you can go back into some of the old Buddhist or Hindu teachings and find it, but not so much. I mean, come on. The Hindus, if they talk about oneness, which once in a while they do and they like to think that it was talked about five thousand years ago, this is a group of wonderful people who have 100,000 gods. That’s not oneness (laughter). So when they talk about it, I’m like, “Really?! Where’s the oneness in 100,000?” Sorry, for all of you Hindus – oh, there are no Hindus watching today.





Okay. There's two of you. I see you. Yeah. "Hello. Good to see you." (mimics Indian accent and some chuckles) Is that politically incorrect, spiritually incorrect?

LINDA: Yes. That was politically incorrect.

ADAMUS: Well, okay. Then the whole thing today is politically incorrect, because I'm talking and acting like an American (some laughter).

LINDA and AUDIENCE: Ohhh. Oooh! Whoa! (Adamus laughs)

ADAMUS: I don't know. The ones that aren't from here are laughing their ass off right now! (more laughter)

SART: Going to hell for that one!

ADAMUS: Okay. Yeah. Your Uncle Adamus. I just couldn't resist this. Yeah. I'm being an American today.

So, oneness was created by the Church for the benefi- ... what the hell is this? (some chuckles, as Adamus picks up something with an American flag pattern and puts it around himself) Is that a dress of some kind, a skirt? Okay. I don't know. I haven't been on Earth in a long time. Would you help me with this, Linda? Am I supposed to tie it or something? (more chuckles)



LINDA: You're doing good. You're doing good (Linda ties the flag around his waist).

ADAMUS: Okay. So, oneness ... the art of distraction.

Let's take a good deep breath.

Oneness was kind of created by the Church. Kind of. "We're all one. We're going to go back to the one." Stay in line. Hypnosis. "We are one. We are one. We are one. We're going back to one." It sounded really good, and you know who really picked it up was the New Thought people in the late 1800s and it really picked up some momentum in the early 1960s. "We're all one, because I'm not ..." (laughter at his "skirt") "We're all one, because I'm not worthy to be sovereign. I'm not worthy of my own divinity. I've got to go back in oneness." Now, how boring is that? That's a shit bad joke if God was really that way. I'm sorry, Edith. Edith looked me like, "When are you going to stop swearing?" Or was that admiration?

EDITH: Absolutely, admiration.



ADAMUS: Absolutely. That would be a really bad joke if you die and then – *oooh!* – you see the white light – *oooh!* – it carries you off into oneness. And you would be like, “All that work! I Exist. I Am that I Am. No! I’m just part of this big milk bowl with everybody else. All that work went for naught! All that trying to find my identity. I’d rather go back – back to the world of being human – than lost in this oneness. This is so boring. I mean, there’s no identity in this great big oneness. I didn’t even like that person over there that’s in the oneness and now they’re here too? Everybody gets in! Oh, god! (laughter) If only I can get out of the oneness I’d go back to Earth and I’d talk to everybody, I’d scream, ‘Don’t go! The oneness sucks! There’s no sensuality in it! It’s just boring as crap. It’s like being in milk all the time, warm milk, skim milk (more laughter). It’s never any different! It’s always the same.’ Oh, my good. I had it so good on Earth. Why didn’t I just appreciate it? I mean why didn’t I appreciate my sovereignty, my unique being?”



And then you’ll probably say to yourself, “You know, I get it now. I get it.” Actually, the Church kind of was getting there, but they took it down a wrong path, the path of their power.

What was really meant by this statement is “I come into my own oneness. I’ve got all these aspects flying around out there, all these past lives,” who are, by the way, counting on you right now to do it in this lifetime, so they’re not floating around. “I’ve got all these parts and pieces, they’re disconnected and they will always be facets. But it was about bringing those into *my* oneness, the I Am that I Am. Many, many facets of the crystal that I am, but a oneness with myself. Oh, my gosh, they missed the point. I’ve got to go back to Earth and teach ‘I Am the oneness. I am the one,’ and bring all of myself back together – divine and human and Master and student and all of my past lifetimes and all of the potentials. They’re mine. They’re mine. It’s me.”

Without any further words, let’s just merabh this. Merabh is a verb. It means to shift consciousness.

Like my skirt?

LINDA: A lot.

ADAMUS: So, it’s really my point of the day. Everything else was just fun.

### ***Oneness Merabh***

The oneness is you. It always was. It’s the sovereign being that you are.

(music begins)

You are not beholden to any being, any being whatsoever. There is no dark entity who could ever, ever, ever take away your consciousness, your I Am. Some of you hold back from this wing ceiling. You hold back because you’re afraid that if you go out there that you’re going to be vulnerable to forces that are stronger than you. It’s more easy down here. There are some demons out there, some bad stuff out there.



When you get over this whole thing that power is real – because they use power, the dark side uses power to deceive; there is no power, just take a deep breath and go, “Ah, there is no power” – that’s when you start really allowing the wings of your dreams to bring you into Realization. But we’re here right now for oneness.



Just feel that for a moment, the “I Am, I Exist” oneness.

(pause)

Take a good deep breath. *Your* oneness. Totally sovereign.

Totally sovereign.

(pause)

Another way to look at it is you’re self-contained. There is nothing, including energy, that you need outside of oneness, your oneness.

(pause)

Every aspect, every facet of yourself, every past life, every personality trait in this lifetime is part of that oneness. They’ve been begging to come home. They’ve been begging you to come back into the sovereign oneness that you are.

I bring up oneness at the end of our Transhuman Series because it’s really about really letting every part and piece, every aspect and every facet know that it’s time now. No more dallying around. No more hanging out in the periphery of the I Am. No more taunting you, mocking you, as some of the aspects do.

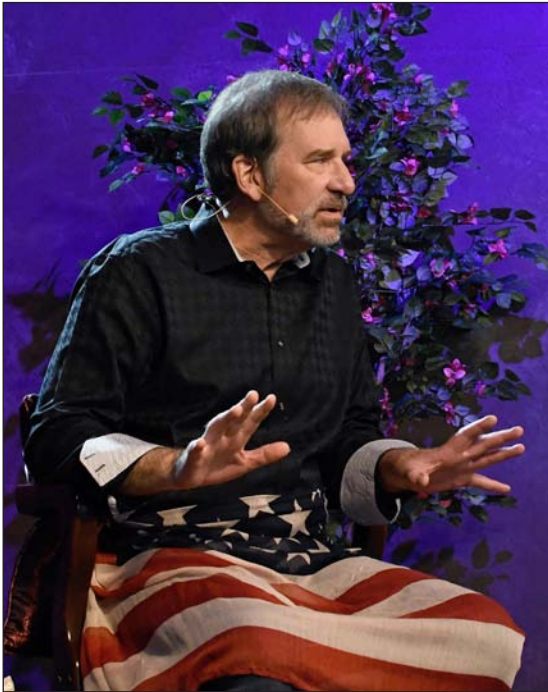
You’ve got so many parts of yourself, of the oneness, that simply want to come back. They want to go on this ride with you. They can’t do it if they’re all dissociated, disconnected.

So, we sit here in a gathering like this at the end of Transhuman before we really start soaring in our next series, and simply feel into the oneness. That’s all you have to do, just feel into the I Am oneness of yourself.

And when you do, it takes all those parts and pieces, even if you think they’re broken, wounded, hurt, traumatized. It brings back the masculine and the feminine. It brings back the good and the bad, the light and the dark, and it puts you kind of in ... I see it as kind of a huge orb, a multifaceted orb. It brings everything back to that orb, that glowing shimmering shape that you are with millions and millions of facets, different edges to it. And when you back way far away to observe, it’s like it’s just one huge shimmering ball of light. When you get up really close, it’s millions of perfect facets; millions and millions of edges, you could say, facets on this orb, every one perfect.

Oh, you know, there are some of these facets, there’s almost like fragments of, kind of like crystals, glass that were floating around outside of this orb, tentative, not sure they wanted to come into it, come back home; like space debris, like stuff – the rings of Saturn stuff – just in orbit around it. But when we take a deep breath here and allow, well, I’ll stop talking and just let you have that experience.

When you take a deep breath, let yourself feel what happens with all that debris that was floating around outside of the orb.



Take a good deep breath.

(pause)

It's just all about Allowing. Remember, the mind can't put all these pieces together. The human self is not responsible for enlightenment. It's just about Allowing.

When you sense into this beautiful orb, the oneness of you, your sovereignty, it's like calling all the parts and pieces back home.

(longer pause)

This is transhumanism, what I call transhumanism. This is the coming back to Self. This is the metamorphosis from all the parts and pieces that were laying all over the cosmos, that were laying all over time and space, fragments of yourself.

And the real transhumanism is allowing these all to come back together.

Remember, you can't mentally put them back. You can simply allow.

(longer pause)

You've had a lot of struggles with what you call aspects and parts of yourself. They're the reason for a lot of doubts. They're the reason for a lot of dreams being diminished, held back.

Now will you just take a deep breath into the oneness, the sovereignty of you?

(pause)

Some of the very early teachings of the Essenes and Gnostics, they talked about oneness. Not about oneness in all the universe; they were talking about the oneness of the Self. It got distorted. It got misunderstood. How easy it is to hypnotize people when you talk about oneness, kind of 1984-ish, kind of Big Brother.

But in these early teachings, which we'll talk about in some of our Shouds and definitely in Keahak, I'll bring some of them back up. These early teachings were about the true nature of sovereignty, oneness of the being, the integrated being, the oneness within yourself.

And while it may seem so logical, I guess, so natural, there's a huge resistance to it. It means accepting and allowing yourself. Going beyond the doubts. Going crazy, I guess you would say. But what is crazy?

Let's take a deep breath in our form of transhumanism: Evolution of body, mind and spirit into a Body of Consciousness; evolution going beyond ancestral biology; natural evolution beyond the fears of the mind.

Our form of transhumanism is not to work on these things, not to put the human in the way of a natural process of enlightenment, but for the human to be a participant and to allow with their divine, with their oneness. For the human to realize that they are not responsible for their Realization. They're just being asked to allow and experience. Where there's no effort, where it's simply allowing, trusting.

Our form of transhumanism is knowing that the body, the biology can absolutely heal itself without any outside interference other than maybe a walk in nature or sitting in a warm bathtub.



Our form of transhumanism is not to collect and store all the data that we possibly can, like human computers do, but to realize we need to store nothing. Nothing.

We don't have to store data, facts and figures, because there is this thing called the knowingness. It's like your personal oneness cloud. It's your own knowingness, and it doesn't store data like the mind does. It doesn't remember like the mind does, but the knowingness just knows. And it doesn't know until it needs to know. That's the beauty of it. It's not a storage place – your knowingness, your gnost.

The best way to put it is knowingness operates outside of time and space. Therefore, it doesn't have to be linear. It doesn't record dates. If there's something you need to know and it occurred in the past, it goes to the past. It doesn't store it, it's just there. It's I Am Here. It's a consciousness.

The human mind no longer needs to store memories and information and have its secret vaults where it stores your identity imprint. You'll go beyond all of that. That's our transhumanism.

We don't need big computers embedded in our being. We simply go to knowingness. It's always there. It needs no energy whatsoever, this thing called knowingness.

It's always there. That's our transhumanism, our oneness.

Where will humans go with technology? A lot of potential different directions. I'll keep you posted about it, but I'm not so drawn to spending a lot of time on that. I'd rather talk to you about *your* transhumanism.

I ask – while we're in this merabh – I ask you to feel one thing. I ask you to feel that seven years commitment, once there is the Realization, to stay embodied for at least seven years. It was a commitment to yourself – and it may be longer, it might be much longer – but to stay. Not to fly out of the body. Not to leave the planet, but to stay.

I invite you to feel into that.

(pause)

I would say that there's a joy in that feeling, a true joy.

(pause)

Let's take a good deep breath together in this weekend of independence here in the United States of America, a Republic, not a democracy. Here in the land of the free and the home of the brave.

But I want you to take a look, really feel into this between now and our next gathering, the analogy between America and what you would now call the developed Earth; but America, the desire for freedom, the desire for a better life and then what's happening right now with Old Earth and New Earth. Not much different, my friends.

Yes, just like the pioneers who came over here and set up this new place, they missed where they'd come from. They missed family and traditions and they missed ways, whether they're from Europe or Asia or South America, they missed a lot of it. But they were pioneers. They came over for freedom.

Now we have New Earth and Old Earth. New Earth where – and Theos – where we're setting up really the next round of freedom. It doesn't mean that you can't still be here on this Earth or come visit any time you want. I know you'll never choose another regular incarnation, but just like the pioneers who came over to America, set up their colonies, which turned into towns, which turned into cities, once in a while they'd go back and visit. They'd go back and visit Ireland or England or France and they would realize they could never go back. They had too much freedom, too much new. They could never go back. It was nice to visit, but they could never go back.

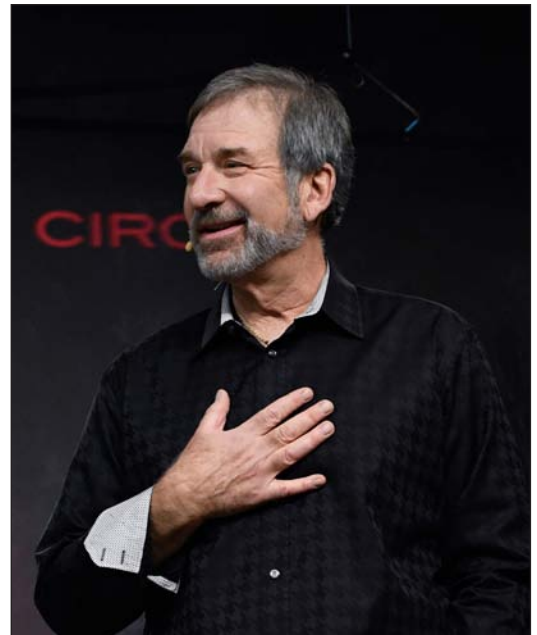
Let's take a good deep breath on this beautiful day. A good deep breath into your oneness.

(music ends)

With that, my friends, I don't know if it was a day of lecture, as I said, serious lecture or if it was a bit entertaining. But one thing I know is that I am in the land of the free and the home of the strange (laughter).

ADAMUS AND AUDIENCE: All is well in all of creation.

ADAMUS: Thank you. Thank you (audience applause).







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