

ADAMUS™ SAINT-GERMAIN



Shoud 4
December 14, 2019



CRIMSON CIRCLE



Shoud 4

Presented to the Crimson Circle on December 14, 2019

Recorded in Louisville, Colorado, USA

Featuring

Adamus™ channeled through Geoffrey Hoppe
assisted by Linda Hoppe

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I Am that I Am, Adamus of St. Germain.

Ah! Such a delight to be back here at the Connection Center with each and every one of you, with all of you watching in today.

Let's take another good deep breath as we enter into this day, all that it gives.

The set-up for today, I'll talk for a moment – as always, kind of give my opening dissertation – then we're going to have a short merabh, followed by a very special session and then a long merabh. If you're not asleep by then (Adamus chuckles), nothing will work.

Today's Guests

So, dear Shaumbra, we have quite a few guests in the house today, not just you who are here live, but quite a few guests from the other side. We have [DocCe](#) who recently left. She's taking a very, very active interest in Shaumbra. You might find her coming into your dreams, coming into your life from time to time. You know, she was relatively quiet in her last lifetime on the planet. Now she's like kind of a strict teacher, as Cauldre discovered. She comes to you – it might be a little harsh, a little direct – not to give you a hard time, but to get you back on track.

She studied psychology in her last lifetime. She really understood so much about the mind, the way it works, the human mind, and when she got to the other side, she was relieved to be out of her physical body,

which pained her a lot, but also out of her mind, no longer having to think, and she realized how the mind processes everything. It beats on it. I mean, the mind can take something very small and insignificant that could quickly be released and let go of, but just beat it to death and keep working it and keep coming back to it and blowing it up into something much larger than it actually is.



So, she's going to be working with you on that. When you find yourself getting trivial, when you get caught up in the little issues that really don't make a difference, when your mind turns something into kind of an obsessive emotion, she's going to be there to say, "Let it go. Let it go. Now is not the time. All the little stuff, let it go, because there's something else much more important, something else that's happening."

FM, the one you know as John Kuderka, is here as well. He's been very, very active lately working on his connections, the connections for you to really connect to your divinity in a way that gets it to hold. Gets it to hold.

Now, you've all had connections, you feel them once in a while, and as you come into your final stages of Realization, the connections are going to stay a lot longer. But sometimes they're difficult to hold, and you know what that's like. You get this

amazing feeling and then the next day you're back down in the dumps. The next day you're caught in mass consciousness. FM isn't quite done with his research into this yet. We'll be coming out with it sometime soon, but it's about maintaining that connection with the human, the Master, the divine so it's not going in and out, so you really ground it.

A lot of the research that he's doing is also based on what was learned back in the times of Lemuria, when you first came into the human biology, after you got birthed into it for the first time, trapped into it. But prior to that, there was difficulty maintaining consciousness in biology. It would work for a little while and then you'd be out; work for a little while again, you might go – who knows – months or years in that human body and then suddenly you were out. So, there was a lot of work that went into getting you into that body, getting you grounded. FM is using some of the same concepts, the dynamics between consciousness and energy, to really understand now what it's like to ground and stay in that Realization without popping in and out.

There are a lot of forces at work to get you out of that awareness, out of your Realization. Mass consciousness is a huge force. A lot of forces that pull you back out. Your past can, other people certainly, just kind of the compression of living in this reality; living in the biology will pull you out. So, he's working on how to stay in that connection.

Along with our other guests today, we have about well over a thousand Ascended Masters here. They fit in. They don't take up a lot of space (a few chuckles). They don't eat much food. Well, they're telling me they'd like to, but they don't eat much food, they don't take up much space, so about a thousand came in to visit today, because this is kind of a significant moment right here. And you say, "Well, where are the rest of them?" We're getting close to ninety-nine hundred Ascended Masters, 9,900, very close. "What are the rest of them doing?" Well, silly, they're watching it on the Internet (laughter) in the Ascended Masters Club, like so many Shaumbra that, well, even some of you who live here locally in Colorado, "Why should I drive all the way" – you know, 15 minutes – "to attend a live Shoud with Adamus. I'll just sit here and watch it on

my Internet.” And you say, “Well, isn’t it real easy for an Ascended Master to just be somewhere? Couldn’t they just be here?” Because that’s about all it takes, you know. You don’t have to move a body. You don’t have to go through time and space. But they’re trying to learn kind of now what it’s like to be human, a modern human.

So, a lot of them said, “No we’re going to stay here at the Ascended Masters Club and we’re going to pretend like we’re human. We’re going to watch it on this big screen and we’re going to see what that’s like. We’re going to see what it’s like for all of you who are watching it today on your screens,” so let’s wave to the Ascended Masters back at the Ascended Masters Club (more chuckles, as audience waves to cameras). Yes, another big wave here. It’s like get it on camera. There they go, okay, so they can see. And they’re all cracking up of course, because they know they could be here. But really, they’re taking an interest in what the human is doing.



Nearly a thousand of them are teaching through humans on the planet. They have their own groups and we talk about it a lot, “How is your group going? How is my group?” They have their groups that they work with, some through channeling, some simply – what do you call – kind of energetic guidance. And it’s interesting because you’d think Ascended Masters wouldn’t compete. Well, of course we do! We were human. We knew what that was like. We joke with each other. There’s that kind of a gentle rivalry, and of course you know what happens when somebody is number one – you know, let’s say, the best football team, the best swimmer in the world, the best of anything – everybody’s competing with *that* being, and in this case, well ...

LINDA: Who’s number one? (laughter)

ADAMUS: In this case I’m kind of the big target ...

LINDA: Ohh.

ADAMUS: ... amongst the Ascended Masters. We do it fun. We kind of go back to our human persona – you know, the ribbing, the kidding, all the setup on it, the rivalry – but, yeah, now it’s gotten to the point where they’re all kind of teaming up with each other (more chuckles), almost a thousand Ascended Masters trying to upseat me.

LINDA: Whoa!

ADAMUS: But what they don’t realize – maybe they’re catching on though, watching this on the divine Internet – what they don’t realize is it’s not me, dear Ascended Masters. It’s not me you’re competing with. It’s Shaumbra.

LINDA: Oh (some chuckles and applause).

ADAMUS: It’s not me, it’s your groups. Now, I’m not saying anything negative about your teaching methods or the group of humans. Of course, they’re all just wonderful. But if you’re going to compete, don’t pick on the coach. Don’t go after the coach. Go after the players on the field.

You know, I've got the best players. I recruited you in my draft. I got the best players of all. I mean, the ...
(more cheers and applause)

LINDA: This is a set-up.

ADAMUS: This is a set-up (Linda chuckles). I'll go so far as to say that back in the early days after I took over from Tobias, I had to take a look at our team, you know, who's playing, who was on it, and there were some I knew just weren't going to make it. I mean, they kind of wanted to, but I knew that when we got into the tough parts, the really tough parts, they weren't going to endure. I knew when we got into talking about what energy is, which is the most significant thing going on, on the planet – what is energy and what is consciousness – they weren't going to be there. They couldn't handle it.



So, you know what I did? I sent them off to the other teams (Adamus chuckles). Truly, “Go someplace else,” because we're kind of a small group, all things considered, but the best players, the most dedication, the most commitment, and not even about winning. It's not about winning. It's about allowing your Realization.

This is kind of a special Shoud today because all of them are here, but just feel into it a moment. Here we are at the end of the year. The end of the year is always kind of nice for humans, because “Oh, I made it through!” So many humans, they work really, really hard all year and then come this time of the year, everybody just kind of slows down a little bit, does a few more things for themselves, takes it a little bit easier. “I made it through the trials and tribulations, through March and April.” March and April of any year are tough.

You know, the pressure is on, particularly if you're in the

corporate world. The pressure's on and you go into the year deeper and deeper and are you meeting your goals and are you doing the right thing? And all the pressure that you have.

So here we are at the end of the year. That's significant. Just take a deep breath and feel into it. Things go quieter right now.

We're at the end of the century – I mean, not the century, the decade. Heh! Just feels like the century for me. We're at the end of the decade, and that's another big one. That's always a big kind of a marker, “I got through ten years.” I got through ten years with you (some chuckles), so it's a big deal for me (some applause). Yeah, yeah. And, of course, you know what I say up at the Ascended Masters Club now that I'm tenured (Adamus chuckles).

LINDA: Ha, ha, ha, ha! Ha, ha!

ADAMUS: Where's the drumroll when I need one? (more chuckles) Sound effects. Okay. Past that one. Yeah.

I've told some of the groups so if I came back to the planet – which I am *not* going to – came back in biology, what would I like to do? What would be my favorite job? I'd like to be a gameshow host (some chuckles). I mean, I'm dressed like one today (Adamus chuckles). I'd like to be a gameshow host and I'd have a show on the Internet called “What's Your Makyo?” (more chuckles) Yeah. And guess who would be the contestants?

(someone says “Us”) Yeah, you! (Adamus chuckles) Yeah. What a fun game to play and with all sorts of prizes and trap doors and special bonus rounds and who’s got the best makyō of all, who can release it. Yeah, oh, that would be fun.

The Eve of Realization

But anyway, here we are, I’m tenured at the end of the ten years. We’re here at the very, very tail end of a long, long journey, not just the ten years but your journey on the planet. We’re coming into 2020. I’m not real big on these dates that have been projected all the way along. You can remember some of them. The Harmonic ‘Chaos’ (Adamus chuckles) and all the rest of these dates, but 2020 is special, is very special. Numerology-wise it’s kind of special because it’s the, well, it’s the most balanced. It’s a 2-0, 2-0, most balanced year you’re ever going to have in your lifetime, the numerology is the most balanced. 2-0, 2-0. It’s a four, which is also an absolute number of balance. I’m not going to say you chose to come into your Realization in 2020 *because* of the year 2020. Kind of the way things work, it became 2020, in a weird way, when you chose that this was going to be the time.

Coming into 2020 in this year, I know the dates of your Realization, and that’s when you realize your Realization. I mean, you actually *are* already realized, but you don’t realize it. But when you realize it and you get one of those (headsmack) moments. It’s going to be hundreds, maybe somewhere over 1200, up to 1200 Shaumbra that realize their Realization in 2020 (a couple of Shaumbra say “Wow” and some applause). Yeah.



When I first started working with you, I would have been happy with five (some chuckles), and we’ve got a lot more because of your true desire, your knowingness that you let guide you to this place. 2020 is going to be a significant year in so many ways.

Now, I already hear people, “Well, am I one of them?” It doesn’t matter. Doesn’t matter if you are or not, because Realization ultimately is natural. You’ll come to it. I don’t spend a lot of time talking about it, because I know it’s there. I use your Realization to help pace what we talk about in terms of staying on the planet. How do you let energy serve you? That’s the critical thing right now. How do you stay? That’s what we have DocCe and FM and many, many others working on, supporting you as you stay on the planet. How do you tolerate some of the difficult stuff going on? That’s going to be the big question. As the world gets crazier, as technology gets more and more advanced, how do you tolerate it?

We’re kind of like on the eve right now of Realization, and I really want you to feel into today, all of you, no matter if you’re watching in online with the Ascended Masters or you’re here. But the next couple weeks, things get kind of quiet because of the holidays but also because of a natural cycle that’s taking place. Use that time to really feel into how you got here and what comes next. What comes next is going to be very, very different. It eliminates a lot of things like fear. Fear. It eliminates worry and doubt.

Here we are at this ... you know, it goes back to my book that has not been written yet, and I understand books are not so popular these days. I'm a book kind of Ascended Master. I like books. I like the visceral feeling of paper and the smell of ink and I like marking pages to come back to. I understand right now things happen on video. You do video, because you get it done quickly, but I still would like that book written one of these days, Cauldre (a few chuckles).

So, in the Time of Machines, 2020 was the critical year. I was back in my last lifetime in my last few months on the planet and I suddenly found myself, without intended to do so, I found myself projected into the future, which is actually right here. But I found myself in a future scenario and suddenly it was very strange, *very* strange. But suddenly I'm here and talking to you, but through this – eh, strange – through this different persona that I knew wasn't mine. But yet when I heard the voice of now what I know is to be Cauldre, it's like, "Well, that's me talking. That's *my* energy going out. What's happening here? Why was I suddenly attracted to this place in the future?" I realized it was the year 2020.

As I listened to myself being channeled through Cauldre – you've got to imagine, this was a little weird – as I listened to myself being channeled through Cauldre, I suddenly realized what was happening. So many in this family, in this group – *you* – were coming to Realization in this year. That also paved the way for many, many other Shaumbra who finally realized it's not that difficult, who eventually heard from these others who had their Realization, who heard from them and then the other Shaumbra around the world just one by one, then many, many, then many, many, many suddenly allowed it. And it swept through this community. That's this year coming up.



Now, I do have to caution and say that Realization isn't what you used to think it was, and I think you're learning that now. It's something very different. I don't want to try to define it, because ultimately I want *you* to define it, whether it's in a video, whether it's in a book, whether it's just quietly to somebody, but I want it to be your words, what it really is like. But here we are at the eve, at a big crossover point, at a big cycle change, and I'm not talking about the planet necessarily. I'm talking about you.

Let's take a deep breath with that. We made it. I mean, we really made it (someone says "Woo hoo" and Adamus chuckles). Yeah. One woo-woo over here (some applause). It hasn't always been easy, it hasn't ever been pretty (Adamus chuckles), but we made it. We got to this point.

No Rules

So, I was talking up at the Ascended Masters Club the other day about all this, what's going on and where we are, and I really wasn't trying to brag, but I just couldn't help it saying, "This is it. This is our year." And a few others chimed in and said, "Well, you know, we're going to be there soon." But it's like, you know, we're going to be there now. This is it, and it's not just a few, it's a lot. And it's not riddled with makyo. They've come, you've come to your truth within yourself. And it's not about even having to have some big organization and leaders that tell everybody what to do. There's little or any rules within Crimson Circle, and that's highly unusual.

When I'm talking to the other Ascended Masters, they're explaining their rules and their hierarchy and their levels that they have to go through and the diets that they have to go on and things that they have to wear, and I say, "We don't do any of that. We don't do any of that." We encourage bad habits (laughter) – drinking, smoking, whatever it happens to be. No really, it's to be real because, you see, otherwise we come up with a rule, let's say, you cannot eat anything with pumpkin in it, and it's just about as ridiculous as some of the rules are. You cannot eat pumpkin because back long before Earth was ever formed, pumpkins were abused by aliens (some chuckles), and now there's kind of a pumpkin reaction going on.



And suddenly you stop eating pumpkins, anything with pumpkin – pies ... what else do you have with pumpkins? I don't know (someone says "Pumpkin spiced lattes") Pumpkin spice latte. No more of those. So now you feel really proud of yourself. You've really gone through some hardship in avoiding the temptation of that orange pumpkin. You've gone through all that. No more pumpkin soup. No more pumpkin soup and some of you went through withdrawals on that, but no more pumpkins. And then you're really proud of yourself – "I don't eat pumpkins anymore." (a few chuckles) "I used to be an addict. I had to go to one of these ..." where they send you to the halfway house or whatever. "I had to go out for therapy, but I don't do any of that anymore." Suddenly, you're proud of yourself and you think you're spiritual because you don't eat pumpkins anymore. You hang your hat on that. I've seen it time and time again in groups – pumpkins, vegans, never wearing the color black, never shaving, never wearing deodorant – *any* of that. I've seen it time and time again, and they hang their hat on it and they think they're spiritual and they think this is the path to ascension.

The sad part, but it's actually kind of funny, the sad part is they realize sooner or later that it wasn't about pumpkins. "I could have eaten as much pumpkin as I wanted. I could have had lattes and soups and pies and I could have eaten raw right out of the pumpkin itself. I could have had pumpkin seeds for snacks. It wasn't about that. Here I went through all that suffering; here I hung my hat on it and said that I was spiritual, and it wasn't about that. I could have eaten as much as I wanted. It was about one damn thing." Now, these people, then they get really upset with their teachers for teaching them this crap, this anti-pumpkin campaign going on in the universe now. Now pumpkins are banned everywhere, and some people grow them illegally and smoke them from time to time (laughter), but they have to hide their pumpkin addictions. Then these same spiritual people get upset with their teachers, "Why did they feed us this?" No pun intended. "Why did they give us this? All these distractions, all these things that actually had nothing to do with Realization." In Realization you can eat all the pumpkins you want, damn it. Yeah. No holding back.

We have no rules here. And the other Ascended Masters who teach on Earth or with humans, they don't really understand all this. I'm suddenly hungry for – do you have any pumpkin pie back there? (more laughter) Seeds? I don't care, anything (Adamus chuckles).

So, none of the others have this kind of free, rule-free type of organization, and they simply don't understand how we do it. And, again, I go back to, "It's the players." It's you. It's the ability to remember what you're here for, what you want, your knowingness to guide you into Realization with me once in a while having to kick your ass and get you back on course, because it *is* easy to get distracted, whether it's going anti-pumpkin, whether it's thinking that you have to have a certain diet or drink 12 gallons of water a day. There's one of the groups, and this is no joke, I mean, I'm serious, and Cauldre doesn't want me to say it, but I'll throw him out if he resists. I shouldn't be drinking when I say that. There's one of the groups honestly, and I probably shouldn't tell names, so I won't, they ... (Adamus chuckles and some audience laughter) Hang on. I've got to get rid of him. All right, while Cauldre's gone, they say that the way to enlightenment is drinking your own urine.

LINDA: *Ughhh!!*

ADAMUS: I am ...

LINDA: *Ugh!!*

ADAMUS: ... absolutely serious.

LINDA: *Ewww!*

ADAMUS: Okay, Cauldre can come back now. These strange distractions, and they're distractions. They're power plays. They're illusions and they have nothing to do – oh, they justify it by saying something about, "The light of divinity is in all your cells" and, you know, it's like there's better ways. Gnaw on your finger or something. I don't know, but they believe it. They live by it. They – here, it's so bad – they pay money to be part of the drinking group.

LINDA: *Bfft!*



ADAMUS: No, they pay. They have dues that you have to pay (someone says "Oh!"). And they get bulletins and then they get notices now, "Have you had your intake today?" (more Shaumbra say "Ohh!") Well, it's actually first of all, "Have you had your outtake?" and then "Have you had your intake today?" (laughter) I am serious. I'm serious. Now, it's in a – well, I'm not going to say anything more.

So, the Ascended Masters they wonder, "Well, how do you do it? How do you do it? There's no rules. There's no dues. You're now talking to Shaumbra about ungrouping, not even being in a group." Eh, come together every once in a while, have a party, have a Shoud and then go your own way. "Ungroup, how do you do it?" It's the players. It's the commitment that I felt in all of you a long time ago, the commitment that this is the last lifetime. At first you used to say it, "This is the *last* lifetime," like in disgust, now

you're like, "This is my last lifetime," like at peace with it, integrating the aspects, the past lives, getting through so much of it.

But here we come now, this is to me such a special time, end of the year, Christmas, holidays, and it's that end of that long, long, long beautiful, but arduous path into Realization. What do we do now? Take a deep breath and allow yourself into it. Allow yourself into it.



One of the Ascended Masters, during this conversation one of them came up to me and said, "Well, Adamus, your group, aren't they kind of crazy?" (someone giggles) I said, "I don't really think so. Weird at times, but not crazy." Another one came up and said, "Yeah, we've heard about your group and other humans are talking about it. They say it's a cult. It's a cult." They can say what they want, you know, because what is a cult anyways? What is a cult? Something you get into and you can't get out of. Here I throw you out (a few chuckles), happily throw you out, so it couldn't be a cult.

So, one of the Ascended Masters finally said to me, "So Adamus, how would you explain Shaumbra? How would you explain this whole kind of phenomena that's taking place? How would you explain what type of humans they are?" And I said, "Well, Shaumbra, they live a few blocks off of Main Street." (some chuckles) "They live a few blocks off of Main Street." There were some kind of deer-in-the-headlight, dumbass Ascended Master looks

and, "What do you mean by that?" And I said, "Well, they don't have to wear special uniforms. They are who they are. They can wear whatever. They can come to a Shoud in a chef outfit, I don't care, or as Santa Claus. It doesn't matter.

They've been there, done that. They lived in mainstream for a long time. They actually tried really hard to be on Main Street along with everybody else. They tried to conform. They realized it just didn't work. They just weren't comfortable on Main Street. They live a few blocks off now, meaning that they really understand. They have empathy. Oh, they know what it's like to be human. They know what it's like to be in mass consciousness. They have tremendous empathy. They're not living off on top of a mountain in a commune in the middle of the desert away from everyone else. They're a few blocks off of Main Street. They live in their own place. They're sovereign beings. They've chosen to stay on the planet, to stay close to Main Street. They've chosen to still be around, because they realize there are a lot of people on Main Street that are kind of lost and wandering and maybe wander off into some really dark places on Main Street or within themselves. They realize that they made a commitment to themselves, to humanity, to stick around on the planet for a while, first of all to enjoy what it's like just being here as a free human.

“They also chose to stay around because they know there are a lot of people on Main Street that are literally going crazy, that don’t know where to turn in their lives, that are suicidal, that are desperate, that have lost hope. So they live a few blocks off of Main Street so they can walk over there once in a while. Not to try to change anybody, certainly not to evangelize, but just to walk down the street to go into the Main Street coffee shop or bakery, stop by the Main Street grocery store, go to the Main Street gym and just be there in their light. Most won’t ever see them, but a few will, the few who are really, really ready for something different, who are ready to change their human lives, come into their Realization but who are so lost.”

And I said, “You know, Shaumbra, they live a few blocks off of Main Street. They’re on their own. They can take care of themselves. They don’t need others doing it for them. They don’t need the hustle and bustle. They’ve been there. They left that intentionally, but they’re still around, because they made a commitment to stay on this planet for a little bit after Realization, to be here for others.” That’s why we’re here. That’s why you’re here.

Let’s take a deep breath with that.

It’s really profound when you think about it. Shaumbra, you, a few blocks off of Main Street. You’re doing it your way, not conforming to everybody else, but you’re close enough to stay in contact. You have that tremendous empathy that even an Ascended Master couldn’t shine a light like you do, because it takes one to still be in human form to still be doing what you’re doing. So, yeah, good way to put it. Strange, crazy, odd? I don’t know. I’d say just a few blocks off of Main Street.

Let’s take a good deep breath with that.

(pause)

Okay. Now, I’d like to do a little merabh here in the early part. We’ll come back to another one later. But, again, this is a special time of the year.

You know, as you come into your Realization, whether it’s 2020 or 2021, doesn’t really matter, but as you come into your Realization, you kind of know it, because everything just gets real quiet. Real quiet. Everything settles down, even the mind. Even the mind just really settles down. It all gets nice and quiet. It’s kind of, you know, that quiet, like the end of the year quiet, a feeling of satisfaction, feeling very content, knowing that there’s a lot that comes next, but it’s just a nice time of quiet within yourself. You don’t need anybody else, anything else. All the battles are done. No conflict. There’s nothing to battle. And you realize that the battles, well, you kind of liked them in an odd way, but now you’re done with all the battles.

So, as you come into the Realization, everything kind of gets quiet. I don’t know, a day, week, month, doesn’t really matter, but it’s part of that cycle. You know that real nice, “I’m with myself and everything is just masterly. Everything is grand.” That kind of quiet.



Merabh of Christmas Past

Anyway, let's have some music and go into our first merabh.

(music begins)

Let's take a deep breath together.

We're not going to work real hard today. We're going to kind of merabh our way through this Shoud.

There's something very special about this time of the year also. I did a little homework, tapping into all of you, all of you here, all of you watching. Such a special time of the year. It wasn't just about Christmas presents and gifts, but maybe there was a just a little bit more love at home, even if the home was chaos, maybe just a little bit more love. Maybe it's just because everything settles down, I don't know, but if you feel into it, there was a time, right about this time of the year, when you were very young – four, five, six years old, somewhere in there – when you're still very, very open. Let's go back and visit that.

You, very young, this time of the year.

(pause)

There you are, maybe dressed up for the holidays.

There's kind of a warmth in the house, especially if it was cold outside. Kind of a special kind of warmth.

If you remember, everything at this time of the year is a little bit more golden in its light, and not just the sunlight, but everything actually becomes a little bit more golden, especially when you're a child.

There you are, all excited about Christmas. Oh yeah, there's a lot of other stuff going on with your family and things, but there you are.

You're now really in the human body. You've been in that body for four, five, six years now. You know you're staying. There were some times of doubt before that, some times when you almost left.

A lot of you got very, very ill when you were young. A lot of you had some of those very close calls with death, because you weren't so sure you really wanted to stay. But you did and here you are now, a young holiday child.

(pause)

That child somewhere deep within you, that child knew that it was going to be a very important lifetime. The child also sensed things that would come up later – challenges, fears, uncertainties. Would you get there? Would you be able to see your way through? Would you be able to cut through the chaos of human life?



Would you be able to release the family, meaning let go of all the ancestral karma that you could now start feeling in your body. You know, as you really came into your body as a young child, you could also feel all of that.

You could feel that it was a long path in an uncertain world. The fear, “Am I ever going to get there?”

Here you are that young, excited, innocent young child, but also you were starting to feel the weight of the world, the weight of what was going on. So many of you were growing up in times of real fear on the planet – wars, nuclear bombs.

Some of you grew up in countries you didn’t even know if you’re going to have a meal on the table the next day.

Growing up in dysfunctional families that you knew were going to take a toll on your mind and your body.

So here we have this young child so excited, but yet feeling what might come.

And here you are now, on the eve of your Realization.

You made it. It was tough, but you made it.

Now, if you would, just be there with that young child of the past, that holiday child that you were, and let that child know it works out. It all works out.



Really, really let yourself be there with yourself as that young child. It needs to hear this right now.

(pause)

It’s like Christmas Future coming to visit the Christmas Past, “I made it. We made it.”

You say to this young child, “I’ll tell you the stories later. They’re great stories, but we made it.”

You say to the young child, “I don’t know if you can even imagine this, the year 2020. It’s 50 years in the future, 30 years, 20 years maybe, but it’s sometime in the future. I don’t know if you can even imagine that right now, but that’s where I’m from. I’m here to tell you we made it. Don’t give up. Don’t fear. Don’t ever feel alone, whether you’re five years old as you are now, whether you’re ten years old, grow to be 20 years old, just remember we made it.”

Let that child that you were know this. Give it a big hug.

(pause)

That child, next day or within a couple days, will go to maybe a parent or a brother and sister or maybe a friend and say, “I saw an angel the other day. An angel came and talked to me.” The child will probably be kidded and harassed a little bit by its friends or siblings. They’ll joke and say, “Sure, the angel came right down off the Christmas tree and talked to you.”

And that young child that you were will say, “No, it just was there. I was laying in bed or was playing with my toys and suddenly an angel came to me.” The friends or siblings will say, “Well, what did the angel say, that you were stupid?”

You say, “No. The angel, I don’t really remember what the angel said. I just knew everything was going to be okay. I don’t remember the words that the angel said, but I just know that I don’t have to worry anymore.”

You try telling a parent that, “An angel came to visit me,” they kind of pat you on the head, like, “Sure. Okay.” Maybe give you a religious lecture, tell you that angels aren’t real, none of that. But you knew. You knew because the Self from the future came and visited.

That’s what’s happening right now.



This isn’t just a game, I mean, it’s really happening right now. And when that happens – here’s the important thing – it changes the energy of what you, that child, will experience. It changes the energy in knowing that even in some of the toughest moments there was always that angel at your side.

It changes the energy because the young child sensing now that it’s in the body, sensing the ancestral portion of itself, sensing mass consciousness, sensing things that could come, suddenly feels it can do it, suddenly realizes it can do it. And then the energies change and the experience itself changes.

The experience changes. Even if you say, “Well, no, no. Certain things happened in the past,” get over that. An experience and what the mind considers to be something that happened in the past is never locked in concrete. It’s never set. It changes.

The future is the past healed. The future is the past with an angel beside it.

(pause)

I don’t use the term “healing” very often. I don’t like how it’s used now in society. I don’t like the makyo surrounding healing. I don’t like anybody who talks about their healing potions or their healing hands or any of that, so I rarely talk about healing. This, though, is healing.

When you consciously go to yourself as a child and you say, “It works out. We made it. We came into Realization,” it changes your history. It changes what actually happened. It changes your perception of what your wounds were, what your shortcomings were, everything. It changes it. You can literally go into the past, and without trying to change the experience, you change perception. That’s healing, because then you realize there was never anything to battle. There never really were any great big wounds.

(pause)

So, visiting yourself, Christmas time when you were about five years old, has a profound effect on energy, a profound effect even right now on your own body and mind. This is healing.

Let's take a good deep breath with that.

So now, you right here now, the end of December 2019, you say, "Now I'm sitting here. I'm still a little shaky. I still have some issues in my life. Will the future, the realized Self, come and visit me right now?"

Absolutely. It's already here.

The minute we started this merab, the real reason was to bring that in – your realized Self – saying, "It all works out. Six months from now, twelve months from now, three years from now, it all works out. You're not alone. It all works out."

Let's just take a deep breath and allow the magic.

Okay, good deep breath.

(pause)

This, by the way, is Practical Magic for the Modern Merlin. No, really, when you realize that there are no boundaries of time and space, when you realize that you're visiting yourself in the past and it changes everything.

And you're being visited by your realized Self right now, and it changes everything. This is practical magic. Not a lot of woo-woo, not a lot of waving of wands or sorcerer's songs or anything like that. It's allowing.

Let's take a good deep breath. Thank you.

(music ends)

Mm. Okay. So now let's go into the next phase. Are you ready to move on? Or you want to just hang out there for a while, you know, call it a day, have a drink.

Let's take a really good deep breath. Go into the *And* here. Yeah, you could still be in – wasn't that lovely energy? Oh! Oh! I'm going to bottle that and sell it (a few chuckles), call it "Makyo Something-or-other" (Adamus chuckles). A beautiful energy and you can still feel it, hold on to it. You don't have to let it go, because you're a Master, a true Master.

It's only a Master that can go back and visit itself as a child. It's only a Master. You realize you here in 2019 just went back and did the masterly thing. Remember I talk about the Master goes and wisdomizes everything. That's what you just did. You just performed your first conscious act of being a Master, wisdomizing everything that has led up to now, going all the way back to when you were just a few years old. That's it. It's that simple. Go back, "Hey, I love you. Things work out just swell. Great." (Adamus chuckles). Okay, let's move on.

Shaumbra Wisdom

Coming up behind you are a lot of humans that are starting to wake up on the planet. A *lot*, more than ever. There's less religion than ever, which is a good thing, because then they're not going to get sucked into that.



And I'm not really anti-church. Eh, yeah, I actually really am (some chuckles). All right. No, it can be such a trap. It's like the pumpkin trap, you know, just because you no longer are addicted to pumpkins. It's the same with religion. You go to church and you think, "Okay, I'm a spiritual being." No you're not. You're stupid enough to go to church, but you're not a spiritual being (some giggles). You're so ignorant to believe that crap that they put out. No, actually, you're really dumb. Anyway, just expressing my feelings.

So, there's a whole group coming in after you and you can tell, because the planet is getting shakier and that actually gets more people into this place where it almost propels them into awakening. Things are so confusing and chaotic that it kind of signals within them that Fruit of the Rose. Remember the Fruit of the Rose from Tobias? It's the way out. It's the trapdoor. It's the, "Oh, yeah, that's right. I implanted something into my reality landscape. When the time was right, that's when it would show up and it would lead me out of this craziness coming into my last lifetime."

So, a lot of humans that are waking up right now, just starting to, and actually some of the other Ascended Masters are out kind of recruiting for their groups. You know, "We're ideal for the awakening and we have all the answers and everything." Anyway.

But what I want to do, I want to create a message for those who are coming into awakening. You know, they've got a journey ahead of them. They're kind of like that young child from the merabh we just did. They're all



excited, "Awakening, oh, isn't this great, and I'm really special now because I'm awakening," but they yet underneath, kind of like you did, you sense, "Ooh, I'm awakening, but there is this great big monster out there I'm going to pretend to ignore. I'm just going to just stay excited." That's kind of like what they're going to be like, coming into awakening, but yet they know, "Ooh! There's something here too that just is a little unsettling. I'm not so sure about it."

What I'm going to do is – starting here today, this is our ground point, our grounding point – I want you to leave some messages for them, and we're going to do some today. We'll continue, we'll do some in Hawaii, some in other places. I'm going to have you come up to the front and give a message. It'll be on a volunteer basis. But if there are no volunteers, Linda will happily find that volunteer aspect within you (a few chuckles).

LINDA: I've got volunteers right here.

ADAMUS: Here are some of the guidelines for this. Here are some of the guidelines. No, don't pick anybody yet. First of all, we're going to truly turn this into messages for awakening humans from the Masters. Okay? Keep it concise. A Master does not go on and on and on and on about all their troubles and their woes. A Master knows how to embellish a story to make it interesting. And some people say, "Well, no, that's not the

truth.” Yes, it is! It’s a way of looking at the truth. Do you want it dull and boring or do you want it with a little embellishment, a little liveliness? If you’re going to tell a story.

I’m going to ask you to just leave one thing, one message that you have for those that are coming into awakening. What would you tell them? What would you say to them? Make it masterly. Don’t look at me during this exchange. You’re going to be coming up here to this chair and Linda wants me to make sure to tell you, don’t hold the microphone down here (Linda giggles). It will get the grumbling of your stomach and all of your nervousness into the energy of the recording. Don’t hold it down there. You hold it like



this, like a Master. Like a Master. Speak into the microphone. A Master doesn’t have to scream and yell, but a Master does project enough so it can be heard by others. Don’t mumble into the microphone like this, because ... (Adamus is mumbling)

And Linda’s saying, “Watch our step on the way up. Don’t do this at home. It’s dangerous” and all the rest of that. These are professionals doing this (Adamus chuckles). When you come up here, take a seat in the chair. Don’t talk to me. Talk to the audience here. So, I’m going to ask for the houselights to be up a little bit so they can see, which Cauldre can’t. Talk to the audience. Keep it succinct. It’s your message. This is going in recorded for all history, and we’re going to watch it at the Ascended Masters Club one of these nights.

So, keep it succinct. What do you want to share? What do you want to share with them? And actually, to add to the whole drama of the thing, what comes around goes around, so I’m going to

actually ask Tad to kind of be our timer. If somebody starts going real long, just do, “Ahem-ahem-ahem! Ahem-ahem-ahem!” What comes around goes around. You’ve had that done to you.

TAD: You know, yeah!

ADAMUS: Yeah! So now you get to do it (a few chuckles). You’ve had it done unto you, now you get to do it to them. So, make sure they keep it short, otherwise, you’re going to hear this, “Ahem-ahem-ahem! Ahem-ahem-ahem!”

LINDA: What’s short?

ADAMUS: Eh, you know, a couple of minutes. A couple minutes or less. It might just be a really short statement and that’s it. We’ll move on to the next.

So, before we do that let’s all take a deep breath and you’re welcome to close your eyes or whatever. What message do you have? And to all of you watching in, same thing, because you might be up here one of these days.

We’re going to make a video. I guess books aren’t in fashion these day. So normally I’d say let’s write a book, but geez, that takes forever, ahem, so we’re going to do a video, “Messages from the Masters,” subtitled, “To newly awakened humans.”

Messages from the Masters.

So, what would you share with them about the journey? What advice would you have to give them about coming into Realization? How do you distill that, keep it clear and short?

What message would you like to share? And this is a true gift to them. I don't know how many we'll end up putting together on this video and then we can make it into a book. Eh, that's a good idea. We'll make it into a book then. I don't know how many we'll end up doing, but we'll probably be doing this on and off for a year, and at the right time we'll release this, put it out there.

Take a deep breath. What message do you have for those who are just now coming into their awakening?

Okay, so, dear Linda, volunteers, by raising of the hand.

LINDA: He has his hand up.

ADAMUS: Oh, we already have.

LINDA: His hand is already up.

ADAMUS: Okay, raising of the hand, and if there are no hands then we'll make some. Good.

SART: Hello, Shaumbra!

ADAMUS: Take a seat, please.

SART: How are we today? Good to see you. Good to be here with you. My biggest thing to tell new people coming along is don't believe the bullshit that other people try to tell you. Stick with yourself. You'll be a lot better along and life will be a little easier for you. I love hanging with this group. If you choose to come and join us, you will have a much better life (laughter). Maybe. Hang out with us, love each other and enjoy the last parts of your life here. Enjoy everything that you can here. Thank you. And get all the gifts that you can (more chuckles).



ADAMUS: Good. Thank you. Thank you (applause). Please. Somebody had to be the icebreaker on that. Now, you may wonder, "What are these people going to think with Santa Claus sitting there with this message?" (laughter about Sart's costume) But I've got a way to handle that.

ALAYA: I've been wanting to say this for a long time. I am Alaya, Heili nahe, Rolena, a Master of energy consciousness, with ease and grace and it has been a hell of a life. I would recommend to new people to take stock into Kleenex, because there's a lot of crying that goes on. I take many baths and just cry. I feel I fill the bathtub sometimes with my tears, because of what I feel. I would just recommend that be true to yourself. I've had many chapters in one life.

(she pauses)

I've had many and there are many to come and to just allow them to unfold. Be truthful to yourself. Heili nahe in Hawaiian means truth, means trust. Trust Self. Trust Self. The best, the most important person, the most friend you can have is Self. Trust yourself. Thank you. Mahalo (applause).

JULIE: No matter what, keep going. Keep moving your feet and that's it. You'll get there. And you'll get there for you (applause).

LUCRETIA: Hello. Well, one day you just wake up and think about, "Is there something more? What's going on?" And then you realize that it *is* something more. And then you put yourself in the drama thing going on, like you're suffering and you just feel that you're not understood by others and then you start searching and looking for more information. And then all of a sudden you realize that all your life you have been what you've been looking for and you find some humor on what happened, because you go back and then you realize that that big drama that you came from, it wasn't that big of a deal, that you were dying for nothing. So then you put yourself in this place where you say, "I have to find the humor in what is happening to me at this moment" and enjoy it and laugh with it. And that's how I bring my life, dancing and laughing. So, enjoy the path, because it's not easy (she chuckles). Thank you (applause).

SUE: Now I'm speechless. What came to me was your number one role in this lifetime as a newly awakened individual is to uncover the love of Self that is within you, that has always been there and will continue to be there, and this love will sustain you through the good times – yeah, there's some – and through the rougher times. But it will. Just love yourself. Thank you (applause).

MARY SUE: We have a saying that the glass is either half full or half empty, and we try to make the glass half full all the time, in other words, the positive perspective. I, on the other hand, have not been happy with the glass being half full. I have to make it completely full. So I find that I've spent most of my life judging every event that happened to me as either good or bad. Somewhere along the line I developed the philosophy that if something bad happened to me, something good would be a result of what happened bad, and I would, like, look for that. I would say I missed half of life because of that. The other day I woke up fearful. I have no idea why, and I just laid there and I said, "I'm going to enjoy this feeling of fear." I mean, is this amazing



or what? I have no idea why I was fearful. Anger. That really gets you going, and it's like I'm enjoying that energy of anger. So, "Feel what you feel without judgment" would be my perspective. Thank you (applause).

JOEP: There are men out there too (a few chuckles). You're not going to meet many of them, mostly women on this journey, but there are some of us. And the journey is not that much different. Just know that you already set the path and you planted the crystals along the way. You'll meet the right persons. You'll need to run into situations that you need to run into. Just keep breathing. You'll feel lost at times, you don't know where to turn to. Just keep breathing ... (he pauses) and know that you're going to be okay. Thank you (applause).

JUAN JOSE: I am in Shaumbra, in this organization for five years. I just stay here, no rules, no agreement, no lease. I am free. I am free. I'll speak in my language.

Para las personas que estén escuchando o que llegue este video a sus manos, tengan la seguridad que no es por obra de la casualidad, es por alguna razón muy especial, como hace 5 años encontré por primera vez un video del Maestro Adamus y estoy aquí. No sé lo que buscaba, no sé lo que perseguía, pero ahora estoy convencido de que lo que buscaba era una vida simple, sin complicaciones, aceptando la vida como es y aprendiendo a vivir con alegría. Cuesta llegar, me costó más de 20 años en la búsqueda encontrar esta hermosa organización. Si llegas, no te debilites, es lo más hermoso que he podido encontrar en mi vida.

(Translation: For those who listen or watch this video at some point, be sure that it is not by coincidence, but for a very special reason, that 5 years ago, I found for the first time a video of Master Adamus. I Am Here. I did not know what I was looking for or what I was pursuing. But now, it is clear that I was after a simple, uncomplicated life, accepting life as it is, and learning to live with joy. It took me over 2 years of search to find this beautiful organization.)

(audience applause)

LESLIE: I have a very simple concept to share, but if you can hold it in your heart, it will change your life and that is you have never done anything wrong, ever. No matter what you think, no matter what you believe, no matter what you feel. You have *never* done anything wrong (applause).

JOANN: Hello, everyone. My heart is just filled up with love right now. My message to you is don't sweat the small stuff. Do not. Everything will work itself out. I am not kidding. And I know you think the planet's going to crap, but there's a lot of fun out there. Just have fun. Have a blast every day when you get up, no matter who's around. Who cares what people think? Have fun. All right? I love you all (applause).

SHANG: Well, I would tell you, first of all, stop, turn around, run away (some chuckles), but you probably won't listen to me. So, well, it's okay.



Try to enjoy life as much as possible, because if you really choose this path, things will happen to you in a sense that maybe from your perspective of right now would not understand or find that if you really knew the thing that would happen to you, you would definitely like say no. But just allow yourself and trust yourself to open up to different possibilities. Even when bad things happen, there is wisdom inside it that can be found. Even if you had to fight a bear to save two kids, which broke your leg, you still end up being okay, which happened to me, by the way (a few chuckles and applause).

CECELIA: Hi there, everyone. First of all, it's really great to be with every one of you. What I have to say is to trust yourselves and to make it count. And also, it gets more interesting along the way. So just keep in there and it's great to be part of this and thank you. Thank you (applause).

SILVIA: Hi all. I would like to say that it is not an easy path but it's also not difficult, because also you can realize that there are very grateful moments with yourself. Even if people think that you are crazy, even that you maybe might not know it right now, you will believe it too, but you are not. So stay there. Keep going because at the end is fulfillment. You're going to feel like you are complete, like you were looking for someone outside of you, someone like maybe an angel. But you will discover that you are the angel and you are the one that you were looking for. So people are going to tell you lots of things. Just smile – it's hard, believe me, it's hard – and be with your truth. That's all (applause).

KRISTINA: Hi everyone. I Am that I Am Kristina and I want each and every one of you Masters take a deep breath into the infinity that you are, because this is the most incredible journey that you are on now. You are awakened and what are you doing? You're actually learning. You're understanding who you are and with that you're understanding how you as an infinity to be in the physical reality and go beyond, to have incredible dreams and to manifest this incredible realm of your passion to live into the physical world and actually doing that. And this is what the path to Realization is, and never say "I don't know" (some chuckles). So it is. Thank you so much. Thank you (applause).

AMBAYA: Hello. So, in 1979 I got a teaching from the Hindi traditions and it said, "God lives within you as you. Go experience that. Go find that, what that means." And this experience with Adamus has been like the leader for me to be able to actually experience this and these last conversations of energy have just blown the whole thing open. So thank you very much (applause).

LINDA: I just knew it.

SHAUMBRA 1 (woman): I'm like the shyest one ever

LINDA: Oh, you'll do well then.



ADAMUS: Ah, those are always the ones to watch for when you get the microphone.

SHAUMBRA 1: Hello. I guess what I've been thinking and what to say is to just be aware. Awareness comes with this kindness and being able to just be in the moment, in the moment accepting all, all people. As I was in Mexico for many months, I felt like I just wanted to be open and aware and present. Just presence. And I think that that's part of – actually the best thing you can do is be present for people. So thank you. I'm shaking (applause).

ADAMUS: (to Tad) Go ahead (Adamus whispers something in Linda's ear). I told her I loved her.

TAD: Hi (someone says, "She's running away" and audience laughter).

ADAMUS: (chuckling) Start again.

TAD: Hello, everybody. I have a couple of things to say. One is when you know that you're on this path, which most of us didn't know at the time, so you have a big head start, I think, on being able to just when things hit you, when you fall down, you get run over, just allow it. It's okay. You're in the shits of the dredge of the garbage and you just pull yourself up and it's okay. "I allow." And you just keep going. Just know it's part of this fabulous, horrific, fun, sad, funny journey of Realization (applause).

MARC: You can struggle, you can think, like you wouldn't believe it. Your mind is going a million miles an hour, but let it go. Allow (applause).

ADAMUS: Last call. Anybody else? Last call.

LINDA: You have the to go up there.

ADAMUS: Yeah, please. This is show business (a few chuckles).

SHAUMBRA 2 (woman): Stop taking everything so seriously (she chuckles and applause).

ADAMUS: Good. Anybody else before we close this segment? Anyone else? Good. Good.

SART: Crash!

LINDA: Wait, wait. Got one here too.

ADAMUS: Okay. Yes.

DAVE (Crash): This is the "Cliffs Notes" version. What's it all about? Experience and expansion without judgment. That's it. Thank you (applause).





HENRIETTE: I will say, having spoken to my five-year-old self, you are loved and you are not alone. You are embraced by your Self from all time, from all eternity. You are loved, and you will *never, ever* be alone (applause).

ADAMUS: Good, and thank you for everybody who participated and for all the rest of you who added your energy to this. We're going to be doing some more of this. We'll compile something that's really actually quite interesting that at the right time we'll release for those who are coming into awakening. And they are. There are a lot of them. There are a lot, a lot of them, and that's a lot of the big reason why you're here.

I was a little concerned when I was thinking about doing this segment today. It's a little bit different than we normally do. I was concerned that we'd get the Academy Award speech, "First I'd like to thank my mother and my father and ..." and then go through the list, "And, of course, Adamus ..." and you know, but we didn't have that. Then I was concerned we'd get a lot regurgitation, meaning you were just going to be throwing out clichés that you've heard. But actually, we didn't get much of that at all. What I felt here coming from you was very, very heartfelt, real, real stuff that you're feeling in here. And for those of you who were up at the front, first of all, you're going to be amazed how good you look on video (some chuckles). No, really. You're going to look and go, "That was me." (more chuckles) No, you really look good on video. Yeah, yeah (Adamus chuckles). Like that.

And secondly, I know nearly all of you thought, "Oh! What I said was so stupid," or "I don't remember what I said." You'll realize later, it didn't sound stupid and it wasn't just the words, but you really put your energy into it, your heart into it, and that's what makes more of a difference than anything.

So, with that we'll continue – as we go around the world this next year we'll continue with more of these – but we're grounding it right there. We're starting it here.

Merabh

Good. Deep breath and let's move into our final merabh. I know some of you are just wanting to get at the drinks and the food right now, but let's end this year of our Shouds together, let's end it with this merabh. Let's have a little music on, please.

(music begins)

I want you to consider also in doing this, for those of you who came up to the front or if you were thinking about it – a lot of you thought, "What would I say if I went up there?" – really, saying it for the ones who are awakening is secondary. You said it to yourself. You really said it to yourself. Remember your own words. Take your own advice.

Just allow. It's a big – you know, if you distill all of that, it's allow. Relax into your Realization. It's going to happen. Once you hit awakening, relax into your Realization. It's not the human that does it, doesn't have to do it. Not even the human that necessarily actually wants to do it, but now you can relax into it.

You had it pretty tough. Matter of fact, you had it real tough. The ones that come after you are not going to have it so difficult.

You went to the edge of the edge of yourself, the limits of your mind and the limits of what you thought you could possibly endure.

So many parts of your life were absolutely shattered. Relationships, jobs. A lot of you had it affect your health.

But then just your inner world, how it was turned inside out, upside down and as Marc said, the constant mind. The mind just churning out crap and more crap and then more crap on that crap. And the mind churning and churning and you almost can't shut it down. It's taken on its own life it seems and it will *never* shut up. But then it does. Then it just quiets.

Then it just quiets. You could say it's exhausted itself.

Maybe it's felt something. Maybe it's felt this realized Self from the future, which is actually right here. Maybe it felt that Realization comes. And then it just quiets down.

Oh, there's times you, oh, you just wish you could break apart the mind. Stop all that thinking, worrying. It's almost obsessive, addictive. All that chattering away, all that dredging up memories from the past, all the ghosts. And the mind goes on in this battling of all these things, trying to figure it out, getting more and more and more obsessive.

And then it all goes quiet. Not because you're trying to make it quiet, not because your mind is trying to make it quiet. Mind wouldn't know how to do that. It just goes quiet.

It's kind of like almost a wonderment, magic in the air.

So many of you are going to come to that this year, 2020.

2020, like the year of vision, perfect vision, perfect balance, harmony, symmetry. And, again, not *because* it's the year 2020. I really look at it the other way. You made the year 2020. It didn't make you.

The ones who come after you, they're going to have it a lot easier. They're going to have your words. They're going to have your consciousness. They're going to go through it a lot faster and a lot easier.

They are still going to have hardships, yes. It'll still be rude in many ways, but there's no other group – I really want you to feel this now – there's no other group, no other individuals that are going to have had it as rough and as rude as you've had it. No others.

(pause)

It's when you're at the front taking the lead, when you're the first ones to go into consciousness and energies and experiences, it's always the hardest, but also the most rewarding. No other group of humans is ever going to have it as difficult as you. I want you to acknowledge that. I want you to acknowledge what you've done, to really give yourself a hug.



(pause)

Don't worry about – some of you are thinking – “Well, isn't that kind of egoistical?” No, it's not. I think it's really important right now at the end of this year, coming into our 2020, to really acknowledge that. No other group is going to have it as difficult.

You've paved the way. You've broken through paradigms that seemed to be almost unbreakable.

You've broken through glass ceilings and spiritual ceilings that were almost impenetrable.

You've broken through tremendous fears.

Once that's done the others who come after you, even though their path is their own, there's kind of a template. There's a way to go beyond that's already been paved.

I think it's really important right now as we end this year, this decade, as we come into Realization, to please acknowledge yourself for the role you've played, for what you've done.

There's no grand prize for doing it. There's no financial compensation. You don't get an extra place, a special place at the Ascended Masters Club when you finally get there. But there's the acknowledgement within yourself, there's the acknowledgement that you heard this call from Tobias years ago, perhaps when I came in, and we kind of got together in an ungrouping kind of way and kind of loosely formed, some would say, a ragtag group of soon-to-be-Masters, and you went through some of the very, very toughest. And so much of it wasn't yours, but you took it on.



I wanted to scold you more often along the way for taking on what wasn't yours, breaking through walls that really weren't yours to begin with. I really wanted to scold you more. Then I realized a number of years back that, no, actually you were choosing this. You wanted it. I mean, not to make things hard, but you wanted to break through barriers that weren't even yours so you could make everyone else's journey a little bit easier.

So, I kind of laid off on that. I pointed it out to you, I said, “Most of this isn't yours,” what, 92 percent isn't yours, but I stopped chastising you for it, because I realized, no, this is why you're here. There are barriers, there are walls, there are mazes and there are dead-end passages. There are a lot of things in the way going into Realization. Yes, it's natural, but there are a lot of things in the way.

You found a way to break through them, get through them.

I want you to give yourself credit for that now also.

I still debate with myself of course, and I always win, but I still debate with myself, “Should I have given you a harder time about taking on things that really weren’t yours? Should I have said, ‘Here’s the secret. These things aren’t yours. Don’t take them on.’ Or should have I said, ‘Look at what they are doing. They’re taking on mass consciousness. They’re taking on ancestral karma. They’re taking on stuck energies. They’re taking on wounds of nations and religions and groups.’” So, give yourself credit for what you took on that wasn’t yours.

I guess I’m glad I didn’t give you a hard time, let you take it on, because I know it’s going to be one of the most meaningful things you take after you leave this planet.

It’s a real gift you gave yourself.

Let’s take a good deep breath together and just feel into it for a moment. No other group will ever have it as tough.

Please acknowledge yourself for what you’ve done, including taking on things that were not yours. You’re all guilty of it, every one of you. Even though you think it was yours, even though you’re still going to insist that it was yours, it wasn’t. Every one of you.

(pause)

Let’s take a moment to enjoy that quiet, calmness.

(pause)

2020 is ahead, and a lot of Realization going on here in Shaumbra Land.



Of course, things are going to change. You know, things, Crimson Circle, how we do things, where we focus on. I’ll continue to talk a lot about your new relationship with energy, a lot about physics, I mean, *real* physics of how energy works. And watch, by the way, your own planet. There’s going to be a couple of big breakthroughs in this coming year all about energy. Theories, of course, but profound new theories. It’ll take some years to really go through the process.

But watch how what you’re doing is kind of, in a way, parallel with other things going on on Earth. Now, they’re going to think of energy in terms of force, propulsion, fuel, that type of things, and they’re going to, with these breakthroughs, talking about how it’s going to radically change the planet in the coming few decades.

Watch how they’re talking about that and you’re going through your own energy changes. Radical discoveries about you and energy and consciousness and how it works. Watch how what you’re going through has its parallel or its symbolic manifestation on the planet. It’s no coincidence.

Like when these new theories, breakthroughs are talked about and you read about them, kind of laugh to yourself and say, “Well, they’re just starting to really understand energy.” When that happens, I want



you to realize that, you know, a discovery on the human level, the scientist or physicist about energy for instance, would not have been there if you weren't doing what you're doing. Period. That should give you the chills. That should give you the, "Oh, wow!"

Let's take a deep breath together.

The beauty of this day, the beauty of our gathering, all the Ascended Masters who came in, the ones who are watching back at the Ascended Masters Club. Let's take a good deep breath for Shaumbra. They live a few blocks off of Main Street (Adamus chuckles).

With that, remember all is well in all of creation. Thank you. Thank you (audience applause).



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