

ADAMUS[®] SAINT-GERMAIN



Shoud 4
January 9, 2021



CRIMSON CIRCLE



Shoud 4

Presented to the Crimson Circle on January 9, 2021
*Recorded at the Crimson Circle Connection Center
in Louisville, Colorado, USA*

Featuring
Adamus® channeled through Geoffrey Hoppe
assisted by Linda Hoppe

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I Am that I Am, Adamus of St. Germain.

Ahh! I love human music. I forget how much I miss the human music. We have our angel music. We have some pretty good jazz bands up at the Ascended Masters Club. But pure human music, what a song of energy! What a communication! There's nothing like it. When the music, like what you just heard, is played from the heart and the soul, it's an expression of the human journey. It's an expression of the passion of the human. It's, to me, one of the finest examples of energy being communication. That's what energy is. It's just communication. It's not a force, and when music like this is played, it moves souls. Hm. (Referring to [this video](#).)

There's a lot of types of music, some I really don't care for. You know that, Linda. Some I don't care for that much at all. The music is trivial or it's – what would you call it – manufactured. It's a formula music. It's okay. And then you've got your – what is it, Cauldre? – what they call country western music, the music of despair and unluck. That has a lot of soul to it. It's still not my favorite. Classical music I love. I wrote a lot of symphonies. You know that, don't you?

LINDA: Sure, you did.

ADAMUS: Do you want me to tell you ...

LINDA: Oh, sure!

ADAMUS: ... again all about it?

LINDA: Go through the list. I dare you.

ADAMUS: I wrote a lot of classical music and I still love listening to it. But there's other human music that comes by now and again that – *oh!* – it almost makes me want to come back to Earth to be in human form, but, nah, I won't go that far.

Looking Back at 2020

Welcome back, everybody. Welcome back. And I say that from many different standpoints. You'll come to understand – even Cauldre will come to understand – by the end of the day what I mean by that, but welcome back. You made it through 2020. You all get a special badge that you can wear ...

LINDA: No kidding.

ADAMUS: ... or T-shirt or whatever. Welcome back. You made it through that blistering year.

LINDA: Crazy.

ADAMUS: I mean, what a year it was, with COVID, with the closing of the Order of the Arc, with all the limitations and restrictions, with face masks. *Oof!* What a thing, face masks. The worst thing about face masks is that you have to smell your own breath all day long.

LINDA: Oh! (Linda laughs)

ADAMUS: I mean, it's like I just couldn't even possibly imagine with some humans how they could actually endure that. I think it's killing their sense of smell. I think that's what it did. That's why, if you get this coronavirus, it'll kill your sense of smell. I think it's because it comes from face masks, having to smell that all day long.

But what a year it was. The angelic families coming back together for really the first time – the call went out – and then they're told to disband, to ungroup. Ungroup. Remember, we talked about ungrouping even before the angelic families ungrouped.

All the social unrest. Everything's at a boiling point right now. Everything happening, oh, you just had it this past week in America. You had this great disruption. Didn't actually cause a lot of damage other than to hearts and minds. It was unsettling for so many of you to see that. I was watching up at the Ascended Masters Club. We installed TVs now. Because humans have them, we figured we'd better put some in, but ours are really high-tech. They're actually holograms. I was watching all this transpire on our Ascended Master holograms, and I remember my journeys to America in my last lifetime. I came to America five different times, helped write the Constitution. Actually, I wrote most of it and others took credit for it. But ... what? What's that look Linda, I mean, that look of ...



LINDA: Adoration.

ADAMUS: The look of adoration.

LINDA: Yeah, yeah, yeah.

ADAMUS: Thank you. No, I did. I was instrumental in writing – helping to write – the Constitution, and it disheartened me to see what I saw on our holograms. But yet, actually, in a way, it didn't. Actually, in a way, you know, Linda, you would think that I'd be crying like an Ascended Master, silly tears, you know, "What's happening to the planet?" But, well, part of me was disheartened. I just don't like seeing that kind of thing. Part of me knew it was very appropriate. It's the right thing at the right time. And actually, I'll be so bold as to say I got up from watching the hologram, I went out into the hall with some of the other Ascended Masters and called them together and said, "This is it. This is it. We're at the right time at the right place on this planet Earth. It's validation of the work that all of us have been doing of course, but especially me and my group I call Shaumbra. It's validation for what comes next."

2020 behind us; 2021 will be interesting. I'll explain more later. It's not going to be without its hazards. It's not going to be without its trepidations. It's not going to be a fluffy year. I can tell you that right now (Linda sighs). I'm just going to go on the record as saying 2021 is not going to be fluffy.

LINDA: Can't we have a fluffy year?

ADAMUS: No. No.

LINDA: When do we earn it?

ADAMUS: No (Adamus chuckles). You should have had one back in 1987 when you had a chance, and you kind of overlooked that. So, sorry about that, you missed it for this lifetime. No, it's not going to be fluffy year at all. It's going to be an interesting year, but not like 2020. Not like 2020.

LINDA: Okay.

ADAMUS: And individually – you asked about fluffy year for the planet – individually, I don't think you want fluff, but I think you want, well, let me just leave it at this. For 2021, for Shaumbra, it'll be the year of sensuality. Sensuality. And some of you heard that as sexuality – some of you liked that, some of you didn't – but, no, sensuality. We're going to open up those senses and we're going to use those senses. We're going to go beyond just the mind. We're going to go beyond just human limitations. Why not? All those things are there and accessible.

So, it's going to be the year of sensuality, feeling things deeply, even if feeling them hurts sometimes, you know. Watching your television, you saw all this happening in the Capitol in Washington, and some of you just couldn't stand it. *Ehh, eh!* No, no, no. Stop right there. Go back to the TV. Watch it. Feel deeply



into it. And initially you're going to think that's counterintuitive, like you don't want to watch it. No, you're going to be able to dive into any situation, including those very personal situations in your life, and feel the sensuality, not necessarily the pain. I mean, you might be aware that there is pain, but you're going to move to a level of sensuality and actually be able to appreciate it and enjoy it. So that's what we have ahead of us.

LINDA: Okay.

ADAMUS: Glad to see 2020 in the back side now. It was a necessary year, necessary for so many adjustments – not only on the planet Earth, but in all the cosmos and I'm not exaggerating one bit – a necessary year to have this great shift. Who could have thought that you could get the whole planet to stay home and to wear masks, even if they did go out; who would have thought that you could do that? I'd ask you right now, for your very first sensuality experience, feel into the changes that occurred on the planet in the last year. People staying at home. People having to stop and pause in their life, take a look at their job, at their families; take a look at the governments that are supposed to be there to serve them; take a look at some of the inequalities on the planet. You know, you get enough people who sit at home and slow down for a moment, they're going to start looking at their own lives and how their life relates to the outside world. They're going to look at things like inequality and they're going to demand some changes in it.

I'll tell you one thing, that this planet is not going to go back to pre-2020. It's not going to be like 2019 or 2018 or 1947 or anything like that. This planet has had a permanent change, difficult at times, yes, and some tough times ahead, but a great change has come over the planet. You're going to come back in five years from now, you're going to look back and say, "That was a pivotal year, the most pivotal year of change," and who could have thought that it would have taken place this way. Not a war, not famine.

Yes, a lot of people died with coronavirus, a lot of people died, but in all respect to them, they were really ready to go. They were really ready to go. There was kind of, you could say, a life plan, and if it hadn't been for a virus, it could have been something else. And I'm not saying it was a clearing. I'm saying they had the intuition; they had the foresight to know that it was better for them to leave right now and to come back kind of renewed, ready for their next lifetime without all the old baggage.

It was actually – and Cauldre doesn't like this, so I'm going to say it – in a way, there was a little bit of a lineup to leave, yeah, at the exit doors of planet Earth this last year. There were those who really wanted to leave and they were kind of in line waiting to leave, the great exodus of the planet, because they realized that they could just step out of the physical realm, go to – they didn't know it in these terms, but they knew there was something out there that they could go to that would provide a lot of consciousness and insight. It turns out to be the New Earths, which are *very* active right now.

But they could exit and go there, have a true rejuvenation, rather than just ending up in the Near Earth realms and coming back for another same old, same old lifetime. They knew that there was now what you would call a cosmic hope in the New Earths, so there was a lineup of those really ready to leave and to go to the New Earth. Those who were ready to leave in disgust and just stay in the old Earth realms, the Near Earth realms, kind of that in-between zone, it didn't matter so much. But right about the time that the angelic families broke up and the beings started going to these – there's right now over 230 New Earths – they started going there, and the ones back here on Earth knowing that what an opportune time to leave, to go there and to truly rejuvenate. So, there were a lot of deaths on the planet, but there are a lot more who would have liked to have gone that didn't or haven't yet.

So, let's not look on it with terrible sadness. I mean, yes, grieving when one leaves, but looking at where they're going to, all those – not all of them, but a vast majority of the ones – who left the planet during this time of the coronavirus went on to the New Earths and are going through a total, you could say, rejuvenation so when they come back, they're not just going to follow into the same old patterns. They're going to be, you could say, infused with the awareness of new potentials for when they come back, rather than that same old potential of going back into the same biological family, back to the same city, back to the same job or the same career or profession. They're going to be infused with new potentials. They're going to have more to choose from than they could have ever possibly imagined.

Let's take a good deep breath and a sip of coffee with that.

So there is good that comes from all this and, you know, you get caught up in duality and, you know, "Oh, it's so sad and all these people," and then the conspiracies. Every time that there's one of these kind of conflicts, you've got the conspiracies that come along. Waste of time.

Respect for Shaumbra

What I really wanted to say here in the opening segment is I want to express my profound respect and gratitude to Shaumbra. I'm – *heh!* – I'm known to be provocative once in a while.

LINDA: Mm hmm.

ADAMUS: Annoying, demand- ...

LINDA: Mm hmm, yeah.

ADAMUS: You don't have to agree quite so much (Linda giggles) – demanding, arrogant – that one you can nod your head to (she continues giggling) – arrogant. I'm known to be kind of a master of, you could say, distraction at times. I'm known for my great humor at times. Not all the time. Known for a lot of things, but ...



LINDA: We love you.

ADAMUS: ... I love working with you. I miss the live audiences. I truly do. It's so dynamic, and you get to see yourself both through me and through all the other audience members. You get to see yourself through the ones who are called upon, and there's such a dynamic when I'm with Shaumbra. I mean, we roll. And I can feel you now of course, I mean, we're all here together, but there's something about being able to slap you in the face. I mean, for real, not just one of these etheric slaps. There's something about being able to really roll my eyeballs when you come up with some makyo. I miss that. We've got to get back to that again soon. We've got to get back to that. I'm so looking forward to it. We ought to raffle numbers or something for who gets to be the first ten to be back on stage with Adamus. That would be great. I'm looking forward to it. We have tremendous fun together and I have tremendous respect for each and every one of you. I know how difficult, arduous the journey has been, and we're here. We're here together – I mean, not *together* together, but we're here together – at the beginning of 2021. Who would have thought? Who would have thought?

I have tremendous respect for those who left along the way. I invited many to leave. Many were leaving before I invited them, but then I invited a lot to leave and a lot of them did. I do have tremendous respect for them because I know it's important to go off on your own sometimes, to leave, to go through your own – whatever you want to call it – your own dragon, your own dark night, your own search. So, I have tremendous respect for those who dropped out along the way, going way back when, but particularly since the time I've come to Crimson Circle after Tobias departed.

I have tremendous respect for those who got distracted along the way and left. They didn't leave because they were pissed off at me. Those I have fun with, the ones who get pissed off at me and leave. I mean, I'll explain it later, but I really have fun with those. Oh, they're so mad at me until they realize they're really just angry with themselves. I mean, what, me do anything to get you upset? I don't think so. So ultimately you realize it's really getting upset with yourself. You're having fun with this?

LINDA: Mm hmm.

ADAMUS: Good. Good.

So, I have tremendous respect for those who got distracted along the way. It's so easy to get distracted. So, tremendous respect for anybody who's ever been touched by or part of Crimson Circle, from the times of Tobias to the times of now. There's no lack of respect. There's no disdain. There's no anything other than just total respect, because look at what we're doing. Look at what you're doing. Look what you're taking on, where we're going to, what we've already done.

So I'd like to take this pause to really relay my respect out to each and every one of you. I wish we could be doing it here in person, but we'll just do it energetically, my song of respect to you.

(pause, as Adamus closes his eyes)

Whether you're still here today, whether you walked away or got thrown out, whether you just got distracted, my tremendous respect, because I realize how difficult and challenging it is.

Please feel that from my soul to you. Hm.

Distractions vs. Truth

Let's talk about distractions for a moment. Distractions are pretty common. It's very easy to get distracted and, in a way, distractions serve a purpose. Distraction let's you really dive into, go from one energy, take a deep dive into another energy. There's a beauty in that when you get distracted, let's say, by a conspiracy theory, and you get distracted by that. You leave what you would call your path, your journey, your way, your truth. You leave that because the distraction is seductive. It's titillating. It takes your mind and even your body away from the hardships of your path that you've chosen. It allows you to get away from all the commotion that's going on within you, and there's a lot going on when you consider the body is shedding its anayatron so that it can really bring in the Free Energy Body; the mind is readapting itself, redefining itself now as true consciousness, true intelligence comes in. Very easy to get distracted along the way, particularly when the mind is searching for questions.

Distractions can suck you down a long, dark rabbit hole you might not emerge from for lifetimes or just a few years, a few months or whatever. One of the problems with distractions is, well, one of the good things

about distractions, they're very seductive initially, *very* seductive. I mean, they're just calling out to you, drawing you in. It's very seductive.

Distractions make you feel important. There's an energy in any distraction, something that's not in your truth, in your path, that will seduce you, in a way of almost saying, "Look how special you are." It will deceive you. Now, ultimately, not and actually, even I like distractions once in a while, as long as you regain your, you could say, your wisdom and your purpose – not purpose – but your wisdom and your true desires. But a distraction will call you out and will make you feel important and needed and thrilled. Distraction loves to give a lot of thrill energy. Makes you feel alive again.

Now, this goes away after a while, and it turns into very rote energy, boring, grinding and, in a way, very demanding energy. But then you get distracted from your distractions into another distraction and pretty soon you've got all this chain of distractions. What's really happening along the way, the one really negative part of it is you get away from your truth. And you know your truth. Even though you may not be able to define it, you know your truth. Your truth is the journey, your path, the inner knowingness that's been guiding you for so very long. That's your truth. The problem is you don't really consciously know your truth, all the mental details of the truth and that. It's not articulated well or written well, but it's there. The truth is there.

You get distracted. Very easy to do, very easy. You get distracted and when you're distracted, you know you're out of your truth, and knowing this makes you feel, well, that you're out of your truth, that there's something wrong, that you're no longer truthful to yourself or anybody else. Then you begin to wear that disguise of being untruthful, and you wake up in the morning and you know "I'm not in my truth." And then you try to find your truth but, well, you get another distraction and it's kind of a like a vicious cycle that goes on, all the time getting more and more distractions, getting further away from your truth and feeling worse about yourself, because you know you're not in your truth. But then you're trying to discover what your truth is, even though you really do know, but you're trying to discover and yet another distraction comes up to suck you away to say, "Hey, we've got truth over here," but it's really not your truth, it's somebody else's truth or it's not your full truth. You get into that distraction only to find that's not the truth either.

It's like going from one dead end to the other, and then you get so frustrated with yourself and you say, "I'll never find my truth" or "There is no truth." You say, "I don't know my path. I don't know my way," and you start relying on others, another distraction, and pretty soon the whole concept of truth is distorted.

Let's stop all that right now. The truth has always been there. It's always been there. It's never gone. You've gone, but it has never gone. It's right there. And it may be difficult to put into words, which is actually okay. Words tend to limit. Your truth is there, and I'm not talking about truth as in, you know, what to eat and what kind of job to have or what kind of relation.

I'm talking about your truth, your soul truth, your truth to yourself. You could almost say it was an agreement that the human made with the soul upon coming to Earth. That is the truth.

It's not a great big heavy philosophical thing either. The truth isn't a list of routines and procedures and anything like that. The truth is just a feeling, and the truth feels right, and the truth is not polluted with mind crap. The truth is not about whether you're honest or not. The truth isn't about what kind of job you have or not. The truth is your truth. It's you. It's who you are. It's what the human agreed to do with the soul. That's the truth.

When you go into a distraction, which everybody does, by the way. Don't feel bad if you're one of those super distracted people, "I get distracted by anything." You hear the telephone ring and your whole life gets

distracted. Everybody gets distracted. But ultimately, I want you to feel into how those distractions take you down numerous dead-end roads, rabbit holes and voids, black holes and everything else, and suddenly you feel so far from the truth, and that leads to even more searching and seeking. Stop all that right now.



The truth has always been there, and right now, no matter where you are or how many distractions you've gone through, that truth is singing out louder than ever. Truth isn't a nice little sweet cliché. It's not an ism. It's a feeling and it's a very sensual feeling about yourself.

Let's take a good deep breath with that. Distractions.

How many Shaumbra along the way got distracted? I mean, we all did, you all did, but so distracted that they left, which is fine. We're not trying to be any sort of big group. But how many got so distracted that they left? And then if you look at them, if you look at their lives, which I've done, because to me they're still family. I mean, to me, they're still *Sha-hom-ba-rah*, going way back when. They're still the Tiens of Atlantis.

So many of them, they got distracted in these years that we've been together as Crimson Circle and they went from one distraction to another, to another. Some of them just then got tired of any sort of seeking and said, "Crap on all of it." Others continue to hop from one thing to the next. But to me they're still part of Shaumbra, no matter what.

Let's take a good deep breath with even the distractions that come along, and let's go deeper into the truth.

Sometimes the truth hurts and you almost want to get distracted. I mean, it doesn't *hurt* hurt, but sometimes the truth is difficult to face, especially when the dragon is showing you the truth. You definitely want a distraction at that point. You hope the phone rings. You hope the house starts on fire just for the distraction. But ultimately, it's all about the truth, that inner knowingness of why you're really here.

Time Traveling

I sat down to write the *Time of the Machines*, and by the way, the book is very real, and the book is kind of a joke too. It's very real because I actually did write it, and I didn't write it like chapter one, chapter two, chapter three. I wrote maybe chapter twenty at one point, and then I came back and wrote chapter two. I bounced around a lot because I was time traveling and I had to.

There were a total of about 32 chapters in the book, envisioned chapters in the book, but actually in the number of written chapters only about 19. There's a lot of unfinished chapters, so we're filling them in right now. That's what we're doing, and that's why kind of the joke is on Cauldre, because it would be very difficult to sit and write the book right now. And I know many of you already figured that one out – we're writing it. We're filling it in as we go. The final chapter is not written and there will not be a final chapter in it. How could there be, when it's a continuing story of Shaumbra, of humanity, of this planet and all that's taking place?

So, it's a work in progress, so don't give Cauldre any crap anymore about not writing the book. Leave that to me.

LINDA: Excuse me?

ADAMUS: Leave that to me. I'll give him the crap for not writing the book.

LINDA: Okay.

ADAMUS: I sat down to write this. I was greatly inspired, actually, by my own dragon; greatly inspired to write it because I had gotten very, very, very ill. It was right before my full Realization, my final time on the planet. I encountered my dragon, and as a result of the encounter, it caused me to do this thing called time traveling.

Now, normally one thinks of time traveling as something being linear; you go back and forth. Indeed, it's not at all. I did some counseling with my friend, H.G. Wells, in about 1893, as he started to contemplate his book about time travel, *The Time Machine*, and I tried to explain to H.G. that the time travel that he was wanting to write about was so linear, you know, like hopping into this machine, pushing a button and going back 30 years, going ahead 100 years or whatever. It's not like that. He couldn't conceptualize it enough to be able to write it that way, so he stayed pretty linear with things.

When I sat down to write the *Time of Machines*, I had this tremendous experience of being... it was like a lucid dream. Some of you have those, lucid dreams. It's happening, but it's not like what you would call your everyday reality. I had a lucid dream and found myself in approximately the year 2020 with a group of Shaumbra, and it was really odd because I was lecturing. Heh. It was very strange to watch myself, kind of like, you'd say, from the back of the room. I'm lecturing in front of this group, and as I watched myself, I was amazed at how well I was doing with it and how articulate I was and how I was able to take very difficult concepts and to explain to people. I was proud of myself.

It's all a joke, Linda.

Anyway, I found myself in the midst of this group of Shaumbra and at this most important time, this pivotal time on the planet, a time that had been prophesized but never actually specifically detailed, a time that I knew was epic. But even the people that sat there with me listening to me lecturing didn't really realize the magnitude of that moment.

I time traveled, then, back just a few years into your time with Tobias. I had to see, well, how did this group evolve? Where did it come from? And I saw Tobias working with all of you on your issues – tissues for your issues – and at first, I was a bit annoyed by this. Why were you working on issues? And then I realized the deep wounds that so many had. Tobias had to do this. We couldn't have launched into what we're doing now without a soothing balm – *heh* – of energy over some of those issues. You had accumulated so many over many, many lifetimes and how were we ever going to do what I had seen us doing in 2020 with all these issues? I also realized at that point that Tobias called everybody forth. He sent out that call. He cast the net, so to speak, to bring in those who were ready, those who wanted to be here.

I time traveled, then, back to the times of the Temples of Tien. Oh, and even as I was going from my moment there in the late 1700s in the north of Germany and I felt myself kind of going through a vortex or whatever back to the Temples of Tien, I knew it wasn't a place that I particularly wanted to go back to. That's when I was a little slave boy. That's when I got stuck in my crystal prison. But I went back. I needed to find the origins of this group Shaumbra.

I time traveled to 2030, taking a look, checking in on Shaumbra. It was interesting because, you know, actually when I popped in on that group in 2030, I wasn't there. No. It was the group working with themselves, but it was the same group of Shaumbra. I had retired. I popped in once in a while for visits, for entertainment, answer a few questions now and then, but this group – Crimson Circle, Shaumbra – were doing it themselves.

What were they doing? They were time traveling. So, I was going to them from way back when in the late 1700s; they, in the year 2030, were time traveling as well and we met along the way, and it was one great big *Oh-Be-Ahn*. That's the time traveler's greeting. One great big *Oh-Be-Ahn*. It was a *delight* to see what Shaumbra had learned and they were now doing, what I call, the progressive time traveling.

I went back to the times of Yeshua and I saw this group. It was probably the – (Adamus sighs) trying to think of the right word here – not the saddest but the most poignant time of all when I went back and visited this group of Shaumbra back in the times of Yeshua. The passion was high, but the sorrow, the sorrow was very deep. I went back and there was really – how do you say – there was so much passion, but a real lack of focus, of leadership. They enjoyed getting together, but, well, it was kind of almost like Moses leading the Jews to the desert for wandering for 40 years; it was like, "Where do we go?" Shaumbra was kind of like that back then.

It was interesting because that group of Shaumbra back then knew they had something – precious, precious something – what some would call the secrets, the mysteries of life, the answers that defied the ages because it wasn't about the time. It wasn't about the year. It was something so precious for all humanity, for all times. But they didn't know what to do with it. They didn't know whether to hide it for later or they didn't know whether to put it out for now. They knew if they put it out for now, they'd sacrifice their lives and, more than that, it'd perhaps be lost forever. *They* were lost, trying to decide what to do.

It was an interesting experience in the time travel and perhaps one of the longest chapters in the book and maybe one of the saddest for me and I know for you. "What do we do with this?"

I time traveled up until what you would call about the year 2050, and when I hit this point – I didn't set myself out for that particular year, I just found myself there – it was very, very interesting, because I arrived there, let's call 2050, give or take a few years, there was nothing there. I mean nothing. My first thought was that perhaps I'd done my time traveling wrong. I hadn't done it right. I'd just ended up in a distraction. My second thought was the Earth no longer exists, "Humans have torn it up. They've destroyed the planet Earth. There's nothing here." That was a bit startling, because that was not the path that I had anticipated for humanity.

And then I realized something I think is so important for all of you to realize: Don't always try to find things in the same place, including yourself.

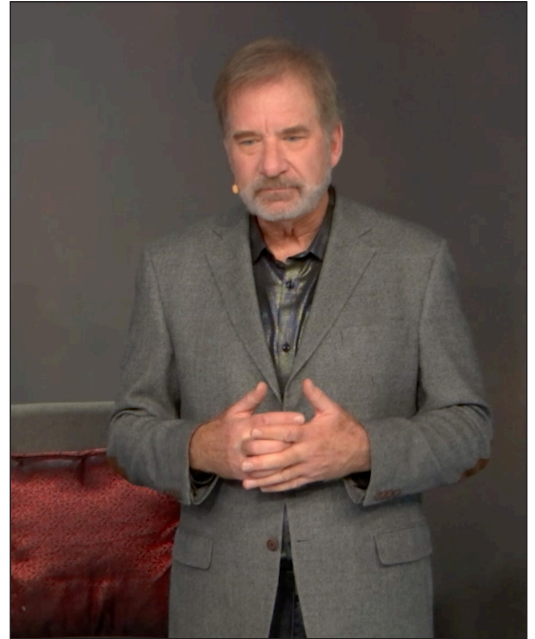
You go to find yourself sometimes and it's not there or it's not the same as what it was a day before. It shouldn't be because you're changing. You're evolving. You're moving on, and if you go back – any time you have a memory or you're thinking into the future or the past, you're doing a form of time traveling – you go into the future and you're not there; you try to find yourself the way you found yourself yesterday, connect with yourself, connect with your energy and it's not there, it's only because it's moved. It's different. It's in a different place now.

When I hit 2050 and there was nothing there, it wasn't that the Earth had destroyed itself. It wasn't that I took a wrong turn in my time travels. It was because things were so different. I was using the same perspective modality, the same, you could say, travel goggles as I had used before, and they simply didn't apply here. I

had to get new travel goggles. I had to look at things different. I had to find it in a different place, and there it was, 2050. The planet *wasn't* like it was before. The planet had gone through a lot of challenges and a lot of changes, but the planet had evolved beyond the vibrations and the level of consciousness that it had been even during my first visit in 2020.

I did a lot time traveling back and forth. Popped in on a lot of Shaumbra gatherings. Popped in on some of your gatherings in what you now call Kona. Popped in even on myself as Samuel Clemens, Mark Twain and was delighted by his humor and his awareness and his ability to communicate. One thing I can say about most all of my contemporary past lives, identities, that they were all good communicators. They're all good communicators. That was important bec- ... oh, Shakespeare, come on. Mark Twain and some of the others, they were great communicators. When you look at it now and you say, "Well, I wonder why that is?" because energy is just communication. They were adept at using energy. Energy communicates. Hm.

I traveled back and forth. I had a fascinating time with this, and I say this because this is something you're going to be doing. You're going to be in a sensual mode this year that will actually open the door to real time travel, which doesn't mean just going back and forth on a linear line. It's so much more than that. You're going to be able to perceive things but in a different way. But when you do, when you're time traveling, particularly into what you call your future, you need to change your perspective, the way you view and interpret things, because it's going to be very different. *You're* going to be very different.



If you were to meet your future self right now, the future of let's say 10 years from now, and you were expecting to time travel from here to there to meet yourself, you'd miss yourself; like going to a busy street corner and you knew you were going to meet yourself there and nothing happened. A lot of other things did. Actually, your future self was there, you just used a limited perspective to try to become aware of your future self. Your future self is so different, it doesn't fit in to the other people, to the buildings, to the vibration of that moment. Your future self is, you could say, so realized and – I don't necessarily like these words, but I'll say them – it's at a higher vibration level. No, that doesn't – I don't even like that. Your future self is singing a totally different song than everybody else and even a different song than you're singing right now.

So, I did a lot of time traveling and thoroughly enjoyed it. It brings us back to 2020, the pivotal year, the year of changes that then allowed the movement into what we now call 2021. And here we are.

Why Are You Here?

To start the year off, I'd like to ask a very simple question. I wish we had an audience in person here, but I'm going to ask the question anyway, and that question is really quite simple: So, why are you here?

Why are you here?

Your mind is going to ring out a bunch of answers, just rattle them off. Let's get past that. Those are makyo.

I'll ask you again, "Why are you here? Why are you here on the planet right now? Why are you here with Shaumbra? Why are you here at this Time of Machines?" Feel into that for a moment.

(pause)

Hm. Still a lot of makyo. Not really getting to the truth yet, but we'll get there in just a moment.

So, I'll ask you a third time now, "Why are you here?"

Oof! I just heard a bunch of you, not all of you, but a bunch of you say, "I don't know." *Eh!*

LINDA: Oops.

ADAMUS: That does not work here. You can say things like, "I have yet to realize it." "The answer is incoming, but I haven't quite caught it yet." You could say things like, "I am allowing myself to go into the sensual feelings of that answer before I say any words out loud," but "I don't know" doesn't cut it. "I don't know" doesn't work in Crimson Circle. I think you should get not just put in the bathroom, but I don't – what would be appropriate action for somebody who says, "I don't know"?

LINDA: Punishment?

ADAMUS: I don't want to say the word "punishment," but action.

LINDA: They have to turn their chair around and face the back.

ADAMUS: They're doing that anyway. Geez (Adamus chuckles).

LINDA: Well, it can't be too mean.

ADAMUS: Pardon?

LINDA: It can't be too mean.

ADAMUS: Well, I don't want to be mean, but I just want to make a point. "I don't know" doesn't work, because you *do* know, damn it!

LINDA: Oh.

ADAMUS: You do know. You know everything, you just don't want to admit it. So "I don't know" doesn't work. All right. I'll think of appropriate actions for that.

LINDA: Okay.

ADAMUS: Or be willing to take suggestions. That's it. We'll take suggestions on social media. What to do with somebody who says "I don't know" during a gathering of Shaumbra? Okay. And it applies to me if I accidentally slip or Cauldre miscommunicates, mischannels, what would I have to do? Okay. So out for your social media.

Back to the point. Why are you here? And I don't have a live audience, so I'm going to have to do this – what do you call it – telepathically.

LINDA: Good. Good.

ADAMUS: Yeah. Energetically, I'm going to do this. Okay, why are you here? So, Linda, would you write these on your ...

LINDA: Sure.

ADAMUS: ... fancy looking glass there.

LINDA: Oh, hey!

ADAMUS: That is a nice looking glass (Adamus goes to touch it and Linda gasps). What?! What?!

Okay, so Linda's all set to write some of these down. Just – I was going to say shout them out – but just project them, radiate them out.

~ *Passion*

Passion. All right. Quite a few “passions” on that list.

LINDA: Is that a word you want written down?

ADAMUS: *Yeah!*

LINDA: Okay.

ADAMUS: You're here for your passion. Good one.

~ *Integration*

Okay, integration. Hang on. Slow down. Linda can only write so fast. You're here for your passion. Integration is the next one. You're here to integrate and a lot, many, many lifetimes, many aspects. Integration is probably, I would say, the biggest, the most time and energy consuming of all the tasks that you're going through. You're doing a lot of other things, but integration is kind of the net result of it, and there's a tremendous amount of integration going on.



~ *Clearing*

Next one is clearing. Yeah, clearing. A lot of you are saying that, just getting rid of the crap. You've got to get rid of the crap in order to move forward. You're going to get stopped. You're going to absolutely get stopped in your journey, whatever you want to call it, if you're carrying a lot of crap. And it's you stopping yourself, but I'll be happy to assist with just stopping you to clear the crap.

~ *Karma*

Next one, I'm hearing karma. Okay. Karma, clearing, kind of the same.

LINDA: Karma?

ADAMUS: Karma, yeah. With a "C."

(slight pause)

LINDA: Karma with a "C"?

ADAMUS: I'm joking, dear Linda.

LINDA: Oh!

ADAMUS: I'm just trying to distract you – talking about distractions today. So, we have karma. I'm not a big fan of karma because it's self-inflicted damage. You don't have to carry it around, but okay, karma. You're here to let go of your karma, but we're not really a karma-based organization. Yeah. We're kind of karma-free, if you know what I mean. You don't have to have karma unless you want, and if you want it, great. You can have it.

~ *Realization*

What else? I'm hearing Realization. Well, that's a big duh! You're here for your Realization.

You know, I want to remind everybody Realization is not a goal. Realization is an allowing. That's it. You don't get to Realization. You just allow Realization. It's already there.

I found that in the time travels again. One of the greatest, funniest things was interviewing so many of you in about the year, I think I came in at about 2027, I think it was. I did a whole series of interviews. After I'd kind of semi-retired from Crimson Circle, I came back and interviewed and it was amazing in the interviews the number of you who were realized Masters who said, "That was stupid. I kept on trying to 'do' Realization. I kept on trying to force Realization or work at it, and it was only when I finally gave up on it that I realized that I already was."

Isn't that funny? I mean, you have to pretty much give up on it or allow it, but you have to stop seeing it as an endpoint to something and just realize it's always there. It was just longing to come out. It was longing to be there, but you're so distracted and obsessed, it took a while until you finally said, "Screw everything."

All right, what else do we have out there that I'm hearing?

~ *Help Others*

Um, okay. How do you put this? Because I'm hearing it from multiple sources, "Help other humans," I guess is the best way to say it. Yeah (Adamus sighs), well, you know, that's a huge distraction, in a way, because the funny thing is you are anyway, without having to put it as one of the things on your list, without having to say, "This comes from my passion. This is why I'm here – to help humanity." But you are anyway. So, if it's an "anyway," why even put it on the list? But we'll keep it. I hear what you're saying. Yeah, because a lot of what you are doing now is helping others, but don't do it to help others. That's a *really* big distraction and a really big trap.

And I know some of you are like, well, you want to maintain this do-gooder side of yourself. You *are* doing good if you take care of yourself. But you have this feeling that you just have to take care of everyone and everything and worry about everyone and everything and then, if you have an energy left at the end of the day, to try to take care of yourself. Doesn't work so well. So, helping others, all right, it's on the list.

What else? What else am I hearing out there?

~ *Dragon*

Dragon. Okay, dragon that's a good one. You're here for your dragon. Isn't that a truth? *Heh!* The dragon is such an essential part of what you're doing because it's going to go in and find anything that needs integration, anything that needs clearing, anything that needs rebalancing, throwing out. Anything that isn't in truth about yourself, it's going to find it so it can be released. It can be released. So, yes, you're here for the dragon.

There's a lot of others that I'm hearing but this kind of covers the main ones. Yes, things like, "I'm here to discover myself." "I'm here for my soul." These are all good things. Oh, this one I like, "I'm here to learn Adamus Physics." We'll put that on the list (Adamus chuckles). You know, it's really what I'm here for, just to share with you what you already know, the physics of reality. To learn Adamus Physics, and you can underline Adamus on that one, Linda.

LINDA: Oh! He went away (computer screen changes away from her writing program).

ADAMUS: Oh.

LINDA: Oh, no! Oh, no!

ADAMUS: (chuckling) Help bring me back!

LINDA: Oh, no! He went away!

ADAMUS: That's all right, because we were done with that (Linda sighs). We were done with that, so you can just put that away.

LINDA: Okay.

ADAMUS: Why are you here? Such a good question to ask as we begin 2021, and all of these answers are correct, and there's many, many, *many*, many more answers that could be put on there. But right now, I'd like to take a deep dive into why you're here.

We're going to put on some music, and this is the first of two merabhs for the day. I just want to let you know in case you have to use the restroom that this isn't going to be a short one (Linda chuckles). This first merabh will be, but let's put on that music and get into that merabh kind of consciousness.

(music begins)

Merabh – Why Are You Here?

Why are you here?



See, all these answers were correct. You're here to integrate. You're here for Realization. You're here for a lot of clearing. And some of you said things like, "I'm here to learn to love myself." Yes. Yes.

But, you know, actually I didn't include that one on the list – "I'm here to learn to love myself" – because I think as a result of what we're going to do here today, there's no learning how to love yourself. When you remember why you're really here, how this all ties in, you're going to love yourself; you're going to see yourself in a whole different way and you're going to love yourself for what you've been through.

So, let's take a deep breath and let's go deep, deep. There's a lot of good answers there, but there's something else.

There's something else in there.

Why are you here? I'm going to ask you to feel into it, as our second experience with true sensuality, true feelings.

Why are you here?

(pause)

It started a long time ago. I told you I time traveled all the way back to the Temples of Tien.

I time traveled to the time of Yeshua. That was tough. That was tough.

I time traveled quite a bit in what you would call the Crusades, with the Knights Templar. So many of you came from that. I'm surprised there's not more discussion amongst you about not just the Knights Templars, but some of the other sacred organizations.

You know, what you were holding back at the time of Yeshua were the real secrets, the real mysteries. You could say it was almost like you were holding the chalice glass, the chalice cup that was the real truth.

It had come up from the Essenes. They carried it for a long time. The Essenes carried it literally all the way from Atlantis. I'm talking about in a time travel perspective. They'd carried that.

The Essenes, they came up in the area you now know as Egypt, the land of the pyramids. They came up from underground. They populated in that region, what's now known as Egypt and Israel, Jordan, those areas.

And you had this great mystery about life, the true divinity. But I guess the concern was that humans weren't quite ready for it. Not individual humans, but governments and the churches, the temples. They weren't ready for it.

So, that divine formula, that was carried through by the Knights Templar. Oh, it wasn't just about Knights protecting the pilgrims going to Israel. They did that, but there was a reason they did that. It all had to do with that sacred chalice within.

Why are you here right now, 2021? So much of it relates back to then. I time traveled and I saw you. I saw you as the Essenes, as the Knights.

I saw you just a few lifetimes ago where you just threw it all out. You went off lonely on your own. Just had had it.

You were disgusted by what the churches had done, because they represented humanity and human consciousness and look how they took what was so beautiful – the teachings of Yeshua, the beautiful life of Yeshua – they monetized it. They politicized it. They used it for control. They used it for tortures and wars. It was everything contrary to what those beautiful teachings were about.

Yes, the teachings were about love, but they were about more than that. Please remember now.

Please remember why you're here...

Why you've endured when others have dropped out, why you've held your truth even though you didn't know exactly what it was. You couldn't define it or write it or say it out loud.

Why you held in there, why you made it through 2020.

Now you're into 2021. Why are you here?

What was it?

Going back all the way to the Temples of Tien, and then with the Essenes. Many of you scattered after that and went to all different corners of the world, took on different identities. Some of you getting very, very distracted. Some, as I said, involved with the Knights.

What you read about the Knights, eh, maybe about 20 percent of what they really were. I don't want to get too focused on that, but for some of you it's such an important piece of the puzzle – preserving the purity of the messages, of why you're here, why you would go through all these lifetimes, all this hardship; why you at times would find it almost unbearable, but yet you made it.

Why are you here at this Time of Machines?

At the time of Realization, why are you here?

Feel into that for a moment. It may not be words. It could just be a sensual feeling, but why are you here?

(long pause)

Let's take a good deep breath with that and let me explain, if you would.

(music ends)

Let's end the music for a moment and just breathe in.

Why You're Here

Why are you here?

Well, there's a lot of reasons. I mean, there's a lot of reasons and they're all in your truth. But there's one reason in particular, and it's what I realized when I was doing the time traveling. One reason that really stood out amongst all the other reasons and let me explain it.

I'm going to ask you to feel into this, rather than just think about it. Really feel into it. Feel into your journey and how it relates to all this.

As far back as you or any souled being goes, as far back, all the way to the Wall of Fire, from that point onward, all existence in all of creation has operated on a system of duality ever since.

As far back as you can go, it's been light, dark, masculine, feminine, good, bad, up, down. Everything is based on two – yin, yang. *Everything*, not just on this human planet, but in all of creation.

Isn't it interesting that even software code up until now has been zero, one? Duality. Now, software coding is going to go – there's some that is a little bit different, but essentially, it's all zero, one – it's going to go beyond that pretty soon, and that's where quantum computing really comes into play. But not to digress or distract. Everything has been based on duality.

Years and years ago, and perhaps this is one that should be pulled from the archives and featured, there was a Shoud. Years ago, Tobias talked about the four marbles. There was a white marble, there was a black marble and there was a gray marble. (From [Creator Series Lesson 5](#), December 9, 2000.)

Now, there's really just black and white, all things considered, really just black and white, like there is in all of creation, just yin and yang. There was that other marble that we call gray because it went back and forth. It sucked up to the black when the black was in the lead. It sucked up to the white when the white was winning, and it went back and forth, and it created always, not a balance, but actually an imbalance of the energies, but that kept energies moving actually. But this gray fluctuated back and forth.

The gray marble was simply an aspect of the white marble and an aspect of the black marble. That's all it was. And that's the way everything was for as long as the story could be remembered. You had your black

and you had your white and then you had a gray aspect that shifted back and forth, but it was still contained within duality, within two.

Then along comes a clear marble, and it shakes everybody up. They don't like it. Black and white, neither one of them like it. They both try to align that clear marble with their way, but the clear marble would not go to the black or to the white. And while all this was happening, the black marble and the white marble kind of got together. But you see, they were both sinister, but they tried to get together and said, "Hey, let's join forces. Let's go to oneness. Let's go to oneness to overcome this new threat from the clear marble."

Now, both sides knew that even if they tried to unify together in oneness, it could never happen, because one would trick the other. The light would trick the dark, the dark would trick the light, and they'd be right back to where they were before with two marbles, with duality. But they feared this other element, this clear marble. It was divinity. It was intelligence beyond intelligence that was ever known before. And it was what was carried in the chalice by the Essenes and brought forth. It's why you're here.

It's time for this planet and so many places in creation to go beyond duality. Nobody knows how to do it, or nobody *thinks* they know how to do it. Most accept duality for what it is – "It just is. You've got your yin and your yang. You've got ups and downs. Everything is duality."

But there was a group from way back when, a very large group at one point, that said, "There will come a time on the planet when we go beyond duality. And when we do, when we start coming in, when we first do it in our lives – not inflicting it on the planet – but when *we* become proof that this clear marble can come in, this divinity can come into the duality, that light that is cast from there will change the course of creation. No longer needing to operate in duality."

That's what's happening right now and that's why you're here. This was the commitment.

You had to do it through yourself. You couldn't do it by trying to just teach it to others. You had to go through it in your own experience. You had to take on things that weren't yours.

You had to play the role of the white marble thinking it's better than the dark, and you had to take on the role of the dark marble holding all the crap the white marble was throwing out, and you had to think that the black marble was evil and the white marble was goodness and the white was weak and the black was strong and all the rest of these things. And you took on all this in yourself. You took on things that weren't yours, that were humanity's, that were your family's, that were everybody else's. You took it on. You processed it within you. You cried within yourself for it. You agonized, you got lost deep, deep, deep in it. You got so distracted because you dove in so deep. And you did it because, well, that's why you're here. You did it because you knew there would come a time on this planet, and a time for yourself to go beyond duality.

You knew that the planet would have to go through things like wars and what you saw last year with the coronavirus and everything else. You knew it needed to go through that, and you've seen in the few number of days that we've had in this year so far this rise to arms, whether it's physical or it's simply verbal or it's psychic, but a rise to arms by both the black marble and the white marble, because they view your divinity, your clarity as intrusive, as the enemy.

You'll see this rise to commotion, to arms and *huge* distractions, *huge* distractions on the planet, because the dark wants to stay dark and the light wants to stay right, and they're both righteous in their own ways. But it's time to end duality, not just on this planet but in all creation. It served its purpose.

It was a – I don't want to say game – but it was an experience of energy, of the soul, of your soul, and it's time now for you to go beyond that. And it's as easy as taking a deep breath and being aware of what's happening and to allow it, and not get distracted.

That's why you're here.

You chose so very, very, very, very long ago to be here at this time. Not to go to oneness, but to go to the *And*, to the many.

Would you really want to go from duality, you know, two, into one? No. The true desire of divinity is to be All That Is. "I Am that I Am." That's what happens now.

It was known back, even back in the times of the Temples of Tien that there would come a time when a group on Earth did this, quietly, very personal and deep experiences – not a communal experience; *very* personal experiences – but there would be a group who went through this that was here to allow that divinity to come in, and now is the time.

We enter into 2021. We've gone through the shifts. Look at all, everything that came right before this for you – the closing of the Orders, the closing of the angelic families, everything that's happened, the changes that have taken place on Earth and now it's time, and that's why you're here. You're not doing it for the planet but look at what will happen.

You're doing it for you. But as your radiance goes out of duality into the *And*, feel how that just shines upon the Earth.

That's why you're here.

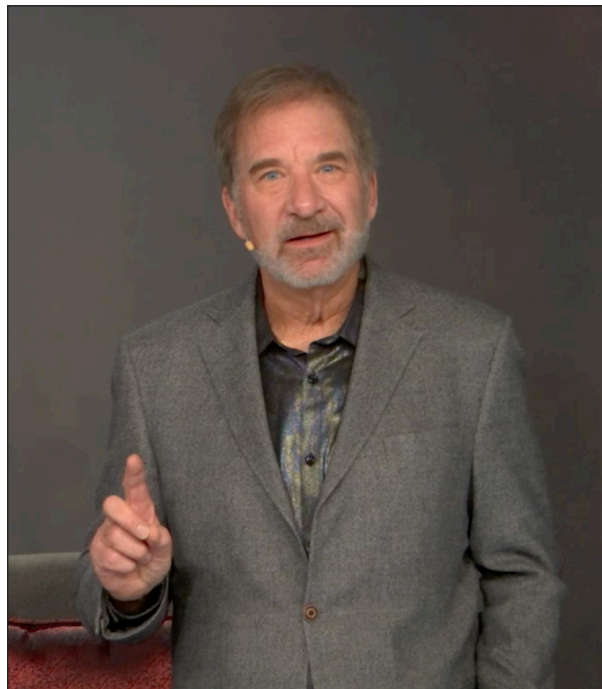
All the other reasons too, sure – Realization, loving yourself, taking a trip around the world – all those things. "Yes" to all of them. But you're here right now so we can put duality behind us. I mean, it'll still be there when you want to play with it, but we open to the *And*.

Welcome Back Merabh

I'd like a little music now as we go into our second merabh of the day. Let's get the music and the lighting right.

(music begins)

You know, the funny thing is that you knew all of this. You just do that thing where you get distracted. You pretend you don't know. Ehh, if you really feel into it with your sensual feelings, this has been a long time coming.



It's not to say that duality is bad, it was a way of living. It was a way of living, but now somebody's got to go beyond.

You know, the others, they're so involved in duality. They're defending it. They're believing in it so strongly. They're afraid to move on. Somebody had to do it. We had to close all the angelic families. We had to shift and change so many things, and now the timing's perfect.

So, when I landed in one of my time travels from the *Time of Machines*, I landed in 2021, I didn't come there right away. I landed in 2021 and I saw what was taking place with Shaumbra. It hadn't affected the world yet. It'd be years before that happened, but I saw that move out of duality into the great *And*. You don't need just yin and yang. There's yong and gong and wong and dong and fong and song and there's all of those. Not just yin and yang.

It's kind of uncomfortable moving out of an old operating system, but somebody's got to do it. That was what was carried in the chalice. That was the song of the Essenes. It's taken a couple of thousand years to get here, but this is it. This is the real time.

What I'd like to do in this merabh actually though, join me, because, you know, here we sit today, I don't know how many are in this Shoud right now. I don't know – did I say “I don't know”? (Linda gasps) Punish me please (they chuckle). No, I have to finish the – we'll do punishment after.

I have yet to calculate how many are literally in this Shoud, how many will watch it later. I have yet to feel into the total energies, because I'm so preoccupied with what I'm doing here with you. But I would say that along the way we lost about 98.35 percent of the ones we started out with.

I'm talking about from the time of the Essenes, the time of Yeshua. We lost quite a few even after Tobias came in. Some popped in and popped out. Lost a lot when I came in. They couldn't bear the magnificence, I guess, or something. All right, it's my humor, and Cauldre's saying probably my breath, but we lost a lot.

They got distracted. Easy to do. So easy to do.

Let's go get them. I mean, not drag them by their shirt collars, but let's get them. Let's let them know that we're here.

Let's let them know that, yeah, even you got distracted at times, but you're here right now.

Let's take a deep breath and go into the *And* of time.

Let's go back to those times of Yeshua when you gathered and slowly, slowly the gatherings got smaller and smaller. The risk was high. It was dangerous, so some just stopped showing up. Others were what I'd call spiritual fortune seekers. They wanted all the answers handed to them on a platter, a platter that came from the outside, and they left when you didn't give them that platter with the answers.

A lot left along the way.

Some got involved deeply in the churches, because initially what you would call the initial churches, Christian church in particular, still carried on the tradition of the Essenes and Yeshua. It was only after about your 380 A.D. that it started to get highly distorted, twisted.

Some got distracted in the churches. Some got distracted just because they felt that this beauty, this mystery should be, well, I guess preached to people, taught to people – in other words, go out and evangelize – and it's always been against the ways to evangelize any of this, because you can't go out and teach it. No. You can only wait for them to come to you. And when they do, then you can show them, ultimately, what's in this chalice.

So many got distracted by so many different things – love, riches and fortunes. They got distracted by conspiracies. *Tsk, tsk, tsk!* Conspiracies are kind of fun, but it is definitely a dead end. Definitely.

Let's go back and let them know, because they've always been family. They've always been part of this. Even when they've wandered off, even when they've left in anger, let's let them know we're here. Let's let them know they're welcomed back.

No judgments, no lectures, only smiles and hugs.

Oh, there are so many of them out there.

You know, actually, in a way, they've been wanting this for a long time. They've been wanting to know it's time to come back.

They just wanted to know that you made it, that it's real, and that we're ready now for the physics of this planet and really the whole physical cosmos and beyond that, to go beyond duality. How does that happen? Well, it's when divinity is truly integrated.

Let's take a deep breath and welcome back...

To all those who got distracted.

To all those who felt rejected.

To all those who felt superior, and to all those who forgot about the truth.

To all those who felt betrayed.

To all those who wanted the answers so much faster.

To all those who were tired of waiting for humanity or consciousness to catch up, for all those who didn't have the patience to wait until the time was just right.

To all those who got overly philosophical.

To all those who wanted the glory for themselves, rather than to be in service to others.

To all those who tried to seek power within this truth.

To all those who were tortured and ridiculed for their beliefs.

Welcome back.

I say to each and every one of you coming back, we've all gotten distracted, including me.

We've all been arrogant at times, especially me.

We've all been in extreme self-doubt.

Welcome back you Essenes, you Knights, you priests and nuns.

Welcome back you lone birds.

Welcome back you philosophers and you thinkers.

Welcome back to this group you once knew as *Sha-hom-ba-rah*.

We're here today.

It's the year 2021, and we're going to go beyond duality.

We're going to see what that experience is all about. We're going to do it within ourselves and then we're going to allow that radiance to go out as a grand potential to all of creation.

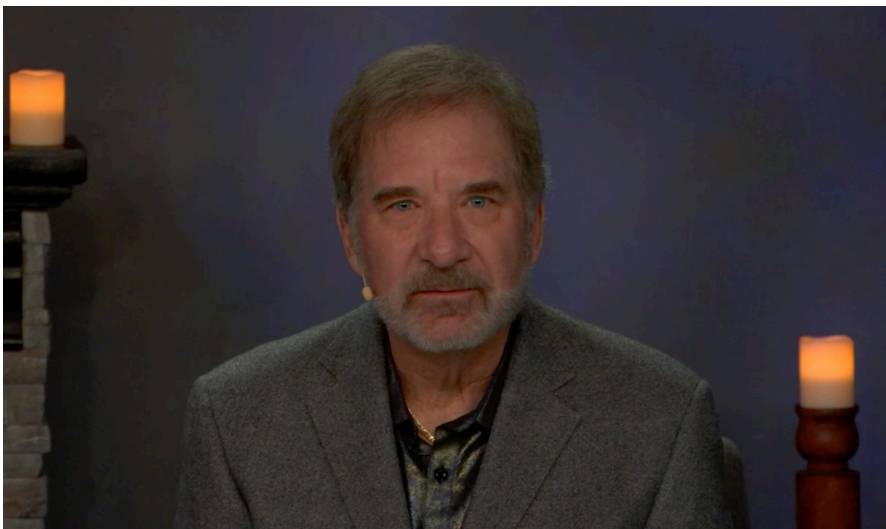
Let's take a good deep breath in our merabh of welcoming back.

Good deep breath.

So why are you here?

There's a multitude of answers to that, but the answer for today: It's time to go beyond duality.

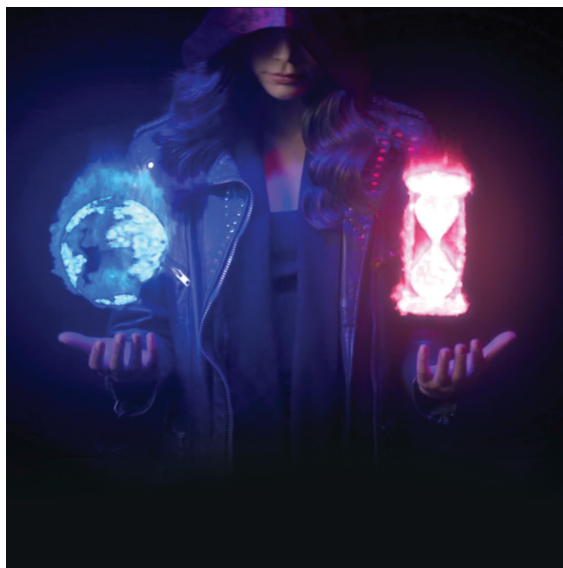
It was one of the mysteries, it was one of the early desires. There will come a time when we go beyond the dark and the light, not back into the oneness, but into the great *And*.



Let's take a good deep breath, dear Shaumbra, and all the time, feel the reverberation right now into all of creation. Feel what we're doing right now. Oh, and you're not doing it for all of creation, but you will affect all of creation.

And all the time remembering that, you betcha, all is well in *all* of creation.

Thank you, dear Shaumbra, and welcome back.



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