

ADAMUS® SAINT-GERMAIN



Shoud 9  
June 3, 2023



CRIMSON CIRCLE



Shoud 9

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Crimson Circle Connection Center  
in Louisville, Colorado USA*

*Featuring  
Adamus® channeled through Geoffrey Hoppe  
assisted by Linda Hoppe*

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## ADAMUS® SAINT-GERMAIN



### Shoud 9

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I Am that I Am, Adamus of St. Germain.

So, welcome everybody. Welcome to our gathering, our Shoud. Welcome from all around the world. Ah, yes, indeed. I'm just taking a moment to feel, but there's something missing here. Something missing, and could that be perhaps my coffee?

KERRI: Oh, I thought it was me.

ADAMUS: Ah, yeah, you too, but mostly my coffee. Thank you, dear Kerri.

KERRI: You're welcome.



ADAMUS: Thank you. Thank you. Ah! Oh, I really appreciate that. Linda, you can set that (dessert) aside. I won't be eating right away. I just had a big meal at the Ascended Masters Club. We had a big party celebrating things we're going to talk about today. But coffee, indeed, anytime on the planet Earth.

And for those who wonder, "Why would an Ascended Master be drinking coffee after all?" Because we can. It's simple as that. We come from – *every* Ascended Master, we're almost at 12,000 now – every Ascended Master has come by way of Earth. We remember what it's like to be on Earth. We remember what it's like to dance, to drink coffee. We remember what it's like to have those bad days, which eventually

turn into good days, mostly. We remember what it's like to have family and friends, what it's like to take a long walk in nature.

We remember the challenges and, you know, we talk a lot up there. And for those of you who are wondering, "Is this just a story?" No, actually, there truly really is an Ascended Masters Club. I mean, you're an Ascended Master, why not? What else are you going to do, just hang around by yourself all day? We have a club. We get together – excuse me a moment here (takes a sip of his coffee). Ah! We get together. We tell stories. We make jokes about you (some laughter). And we cry once in a while. We actually do once in a while, because we see how difficult humans make it for themselves. They don't have to. We shed some tears. I mean, real tears.

Of course, there's this whole misconception about Ascended Masters: We just, like, float around all day kind of doing nothing. We could do that, but would you do that if you were an Ascended Master? Would you just float all day? Wouldn't you find other Ascended Masters to talk to? Wouldn't you, like, come back to Earth once in a while, you know, mingle around, talk it up, chat it up with other humans? But, no, truly, the Ascended Masters, one thing they have in common – other than their ascension, of course – is they love the human condition, now that they're out of it (some chuckles). They love the experiences that they have.

You know, it's like an Ascended Master has their own built-in movie theater inside them. They can go back and play the tapes anytime they want of their experiences on the planet. We do that all the time. The cool thing is that it doesn't have to be like the human mind remembered it. You could play back the tapes, something you thought was just terrible; you could play it back, and you could change it. You can have a different ending or different beginning and a middle. You can change it. You'll always remember what the mind remembered, but then you realize that you can go beyond that. You can literally change it.

The beauty of an Ascended Master – I really want you to feel into this for a moment. The beauty of the Ascended Master is they're ascended – they're obviously in the other realms, you could say; they've finished, they've completed their journey, they're in their own sovereignty – but yet, they're at the beginning, taking their first life on Earth, going through all the experiences. It's all happening. As you sit here, how do you know it's not just that dream, that tape replay of you being a human on the planet going through what you are right now? How do you know that you're not just feeling into the experience that you had before you got to be an Ascended Master? Ah! Something to feel into.

It's all right here. No past, present, future. There's really no actual difference between a human being that you are today and an Ascended Master that you are. There's no difference whatsoever, other than perception, other than the human saying, "Oh, I'm not there yet. I've got a ways to go. I'm still on my journey. I'm still going through all this." Wrong. In a way, you're really there. You'll know you're really there, of course, when you get accepted into the Ascended Masters Club, one of the nearly 12,000. That's when you finally say, "I am there, and I'm here. I now acknowledge that." But anyway, back to the point.

Ascended Masters, we sit around, we tell stories, we review, go back and live our old stories, change them if we want. We drink coffee. You know, there's such a misconception of an Ascended Master being some grand guru off in some other perfect realm. It is a perfect realm, but we're still very human, and we still like playing that humanness. We still have parties. Could you imagine being an Ascended Master and you don't have parties? Worst part is when you're an Ascended Master and you don't get invited to those parties (some laughter). That's, you know... (Adamus chuckles) But for those of you who are wondering, "Ascended Masters, aren't they supposed to be some grand holy being?" Yeah, they can be, but they're not. It doesn't really matter. You're ascended. You can play with the energy any way you want. It's your theater. You can do what you want.

The big difference between an Ascended Master and a human, you realize it's just a story. You can go in and out of it. You can be the actor or actors. You're not lost in it. You don't feel like you're stuck in it. That's the big difference.

So let's take a deep breath with that today. And when you finally realize that, by the way, you get accepted into the Ascended Masters Club. You've got to die first, but ... (a few chuckles). Well, at least you get accepted.

So today (Adamus sips his coffee) – mm – on the list. Yes, we drink coffee. Today, on the list, the most important thing we're going to do today is we're going to spend some time during the merabh filling the space with light. Filling the space between everything else with light, and there's a lot of space. Some would call it darkness.

It's just void. It's just emptiness. We're going to be doing that. But I get paid by the hour, so I have to perform for an hour (a few chuckles). So, before we get into the merabh, now it's entertainment time.



LINDA: Oh-oh.

ADAMUS: That's pretty fun, you know.

LINDA: You're going to make me pass the mic, aren't you?

ADAMUS: Yes, I am.

LINDA: Mm hmm. Mm hmm.

### ***Gracefulness Since Heaven's Cross***

ADAMUS: So, the first question is, it's been, what, six weeks since – or eight weeks or 12 weeks, doesn't matter – it's been a little while since Heaven's Cross. How has your life been, on a scale of one to ten, in terms of gracefulness? How has it been? So, Linda's going to run around with the microphone. Scale of one to ten, how has your life been in terms of grace since Heaven's Cross?

HENRIETTE: Do I stand?

LINDA: Is ten the best?

ADAMUS: Ten's the best, yes.

LINDA: Okay.



ADAMUS: Go ahead and stand.

HENRIETTE: Okay. I feel like I'm floating sometimes, and I feel really moved to really consciously radiate light. I bless my home when I leave. There are certain individuals that I know are having difficulty, and I'm sending grace to them. I find that I'm communicating to others and say, you know, "Bless you and your family." Not that I'm holier than thou. It has nothing to do with that. But I just, I truly, I wish to share blessing with others.

LINDA: One to ten.

HENRIETTE: One to ten?

LINDA: You've got to pick a number.

HENRIETTE: Ten.

ADAMUS: Okay. We've got a ten. I do like your headscarf.

HENRIETTE: Thank you.

ADAMUS: Could I have it?

HENRIETTE: Sure.

ADAMUS: Cauldre dressed kind of boring today. He needs a little color (they chuckle). I'd go with the rainbow in the back. I mean, now?

HENRIETTE: Now! (some chuckles)

LINDA: That's two scarves.

HENRIETTE: There are two scarves.

ADAMUS: We'll wait for later. All right, he can be boring. Whatever!

HENRIETTE: And there's one with a pin in there to keep it in place, you know.

ADAMUS: Don't worry about it. We'll just let him just kind of fade off into boredom (some chuckles). Okay, thank you. So, you're a ten. Just a quick question, I've got to ask. How come you just didn't answer the question right up front? It was a simple question, one to ten.

HENRIETTE: The question went out of my mind.

ADAMUS: Okay. That's a good answer. Yeah. Where did it go?

HENRIETTE: (slight pause) Into the void.

ADAMUS: Into the void. Okay. All right. I'll accept that. Good. Thank you.

HENRIETTE: Thank you.



ADAMUS: Great. So, she's a ten since Heaven's Cross. Don't you just hate her (Adamus chuckles). Next.

MARKO: Oh, come on!

LINDA: Oh, shut up! (they giggle)

ADAMUS: Marko! Marko, Marko!

MARKO: Hi.

ADAMUS: How's your book coming along? (Linda and Marko laugh)

MARKO: Commercial time.

ADAMUS: He paid me ...

MARKO: (chuckling) I did!

ADAMUS: ... to ask about his book all the time, so. Gracefulness of your life since Heaven's Cross?

MARKO: It's truly ten.

ADAMUS: Okay.

MARKO: I feel beyond ten.

ADAMUS: Okay.

MARKO: There is no number.

ADAMUS: Wow!

MARKO: I'm quantum.

ADAMUS: Okay. Great.

MARKO: (chuckling) Yeah.

ADAMUS: Why is that? Any particular reason?

MARKO: I live in Hawaii, man!

ADAMUS: Yeah, okay.

MARKO: Of course!

ADAMUS: Okay.

MARKO: Kidding. But, yes.

ADAMUS: Are you a kahuna?

MARKO: What's that?

ADAMUS: Like a great priest.

MARKO: Oh, yeah, yeah, yeah, yeah!

ADAMUS: I mean, self-appointed.

MARKO: Oh, oh, oh, yeah.

ADAMUS: All you have to do is ...

MARKO: I guru all day.

ADAMUS: ... call yourself a kahuna. Yeah.

MARKO: Seriously, I just live in such true grace.

ADAMUS: Okay.

MARKO: Yeah. Since Heaven's Cross, I just feel all the lifetimes are integrating, like, turbo, like so fast.

ADAMUS: Right.

MARKO: But it's graceful. Like it's all, like, without just – I'm not even aware most of the times in the dreams, and during the day I just feel creative all the time. And I'm just enjoying my own energy, my own creation. I'm truly – I was like, "How the fuck did I miss this before?" I can't even believe that. But anyway, so.

ADAMUS: Good, thank you.

MARKO: Thank you.

ADAMUS: Couple more. Life since Heaven's Cross.

LINDA: I'm going to France (she softly chuckles).

ELISABETH: Number ten.

ADAMUS: Ten, okay.

ELISABETH: Yes.

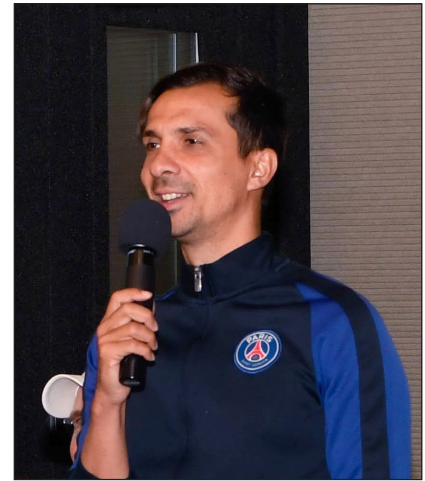
ADAMUS: Good. No disruptions? No inner challenges? No tension?

ELISABETH: Challenges – the connection is missing.

ADAMUS: Connection is missing. Okay. Do you work? Do you have a job?

ELISABETH: Yes.

ADAMUS: What kind of profession?





ELISABETH: Medical doctor.

ADAMUS: Oh, medical doctor. Wow. Good. And what are your thoughts about your profession since Heaven's Cross? Thinking about staying with it? Leaving it?

ELISABETH: In my profession, there is no problem with it.

ADAMUS: No, okay. Good. Okay, we've got three tens.

LINDA: Wow.

ADAMUS: Okay.

LINDA: I would only get a five! But whatever!

ADAMUS: Don't be so optimistic (a few chuckles). Greetings.

AGNES: Hi. I would say a seven.

ADAMUS: Seven. Okay. Not a ten.

AGNES: I didn't have big interruptions in my life or any, but I did have a lot of impatience. And I didn't expect fireworks or so, but I did expect some quite human issues to just magically disappear!

ADAMUS: Right.

AGNES: And they didn't.

ADAMUS: They didn't. Okay (she chuckles). Can you share those with us?

AGNES: Yeah, sure. Abundance. Still there.

ADAMUS: Abundance. Oh.

AGNES: Yeah. I made big changes in my life. Like, if I look from a human perspective, where I came from, it's like a huge change.

ADAMUS: Right.

AGNES: That I'm happy.

ADAMUS: Right.

AGNES: But when I look at sometimes, especially other Shaumbra who are living the way I would like to be, I'm like, "Oh! What am I doing wrong?"

ADAMUS: Yeah, yeah (she chuckles). Yeah.

AGNES: Yeah. So, I can't complain too much, but I'm not really satisfied.



ADAMUS: Okay. We're going to kind of address that situation later.

AGNES: I would love that. Thank you.

ADAMUS: Good. Good. It's pretty simple.

AGNES: I dreamed about that with you.

ADAMUS: Oh.

AGNES: And you made it feel so simple. Still, I cannot ground it. It doesn't work.

ADAMUS: We'll ground it today.

AGNES: Thank you! That'd be amazing!

ADAMUS: A couple more. Grace in your life since Heaven's Cross.

TERRI: Two or three.

ADAMUS: Two or three, okay. What's going on?

TERRI: Still lots of body aches. Grounding of the root chakra, hips. Oh, wow.

ADAMUS: Right. By the way, throw out the chakras right away.

TERRI: Well, okay, the hips area. How about that?

ADAMUS: Throw out the hips. I mean, you know (Adamus chuckles).

TERRI: Yeah.

ADAMUS: In other words, it's all integrating right now.

TERRI: Yes, it's integrating.

ADAMUS: It's part of the issue.

TERRI: And I walk funny. I mean, I'm clumsy. Except I ...

ADAMUS: How do you walk funny?

TERRI: Because of my hips ...

ADAMUS: Oh. Oh.

TERRI: ... I'll amble along and have to keep my balance.

ADAMUS: Right.



TERRI: And once or twice I've felt like, "This is my body," and I could walk normally. So, once or twice.

ADAMUS: Right.

TERRI: But the rest of the time, two or three, three or four.

ADAMUS: What's with the whole hip thing?

TERRI: I don't know!

ADAMUS: How long has that been going on?

TERRI: Long time.

ADAMUS: Long time. Where does it come from?

TERRI: I think it's shame and doubt. I don't know. I don't know. Oh! Excuse me, no! I have yet to know.

ADAMUS: Yeah, right, right! (Adamus chuckles) "Yet to realize." I'll let that slip for now. But you are rather close to the toilet there, just in case (some chuckles).

TERRI: Yes.

ADAMUS: Just take a wild guess. Where do you think that hip issue comes from?

TERRI: Well, not moving forward.

ADAMUS: No.

TERRI: No?

ADAMUS: No. No, no. Feel into it for a minute.

(pause)

You've spent a long time carrying somebody, something, family stuff.

TERRI: I've been a caretaker a long, long, long time.

ADAMUS: Long time. Long time. And some of it's tied into taking care of your family too much. And after a while, I mean, if you're always, like, trying to carry somebody or something along, it's going to affect your hip. So, what do you do?

TERRI: Ohh, okay.

ADAMUS: Yeah – *eghh!* (stretching) – let go of that. And then just, like ...

TERRI: And then the other side (she chuckles).



ADAMUS: No, no. No, what I'm saying is stretch it. Stretch it.

TERRI: *Ohh!* Okay.

ADAMUS: And, you know, you've spent a long time carrying a bunch of junk that really wasn't yours. Pretty simple stuff. You just let it go. We're going to address that later.

TERRI: Yes. I need that.

ADAMUS: Good. Yeah. You know, on top of that, anybody going through physical issues right now, it also has a lot to do with just the whole light body, the whole coming to wholeness or oneness.

TERRI: Yes.

ADAMUS: Thank you. Okay. Hopefully, you'll walk out of here today and you'll be about an eight.

TERRI: Let's hope.

ADAMUS: Good. One more. Life since Heaven's Cross?

LINDA: Did you just flip me off?! (she chuckles)

DIANE: Three.

ADAMUS: Three. What's going on?

DIANE: Physical issues.

ADAMUS: Yeah. What in particular?

DIANE: Neurological, mostly in my feet, like I'm being hobbled.

ADAMUS: Right.

DIANE: Grounded, which ...

ADAMUS: A lot of pain in your feet?

DIANE: Yes.

ADAMUS: Yeah.

DIANE: Constant.

ADAMUS: Yeah. Mostly feet. Where else?

DIANE: Hands. Knee.

ADAMUS: Pretty much the whole body then (Adamus chuckles).

DIANE: Right arm.

ADAMUS: Yeah, yeah. Okay. What do you think that's all about?

DIANE: (deeply sighs) It's kind of ...

ADAMUS: Were you a Realm Worker? Do you identify with being a Realm Worker?

DIANE: I don't identify with it.

ADAMUS: You don't. Okay.

DIANE: But then I'm assuming that that's correct.

ADAMUS: If you assume, it is correct.

DIANE: Okay.

ADAMUS: So, what's going on with particularly the feet issues?

DIANE: It seems like something is holding me down. Like, if there's a question of staying or leaving, it's ...



ADAMUS: Kind of more about actually being grounded. You know, if you're not grounded, if the energy is not flowing through, you're going to run into feet problems, in particular. A little bit with the knees too. But, I mean, you're correct in saying you're not really sure if you want to stay or leave. And that's fine. I mean, can you just be okay with that? "I don't know if I want to stay or leave, and it doesn't make a difference. I'm here today. Maybe not tomorrow."

DIANE: Right.

ADAMUS: What I'm saying is get over the emotional struggle with it. Big deal. I do believe everybody sitting here and most of you online had the same issue, "Do I really want to stay? Oh, no! I shouldn't be thinking that. Oh! I should be happy all the time." No. You're going to wonder about it, "Should I stay? WTF?! *Why?!?*" I mean ...

DIANE: Sometimes.

ADAMUS: I'd like to have a good debate with Shaumbra. Why are you staying?! What is wrong with you?! (some laughter) Are you crazy or something?! You know, it's like, "*Why?!?*" But I do know why. Okay, good. Hopefully, you'll walk out of here with your feet feeling good and at least about a seven.

DIANE: Thank you.

ADAMUS: Okay. I bring this up, the whole issue of grace after Heaven's Cross. We've been talking about it at the Ascended Masters Club and we've been measuring all the aftereffects since Heaven's Cross through the Crimson Council.

## *Heaven's Cross Aftereffects*

We did not know – I didn't say "I don't know" – but we did not understand the implications of everything that was going to happen. And there's a tremendous amount of physics behind it, but we did not understand what was going to happen.

A lot of times we can take a look at the energetic trends. You know, you can see which way the ship is heading out to sea, about where it's going to go. And usually, you don't have to be psychic, you just have to be an observer, "Here's where things are probably going to go." With Heaven's Cross, we just didn't know. It could go *anywhere*. Now, there were certain things that were more likely maybe to happen, but any little thing could have set it off in a different direction. There was a lot of concerns about what would happen. You know, you open the sky up basically, and you let all this other energy in and you don't know exactly what's going to happen. One little thing could have triggered it.

We were concerned about how graceful the planet would remain, how graceful *you* would remain through this whole process, because it's a big deal. I mean, it's about the biggest deal that's come along since, well, even before Jesus, even before Atlantis. It is a huge deal, opening up the realms, opening up to this whole new energy coming to the planet. It's a huge deal.

Now, I know some of you were very, very disappointed, and you griped at me, "Adamus, nothing happened! I expected big explosions on March 23<sup>rd</sup>. I expected the economy to crumble, the world to go to war, the weather to turn bad, and nothing happened." My answer to that is, "*Whew!* Good." Then you did your job, those of you who were Realm Workers.

How many identified with being Realm Workers? (many raise their hands) Yeah, a lot. A lot. You did your job, and those who were on Earth also grounding and doing the work and keeping things moving forward. You all did your work, and therefore, ultimately Heaven's Cross, at least up to now, the Apocalypse has been pretty graceful, surprisingly graceful, quietly graceful, to the disappointment of some of you that wanted all this big stuff to happen. But it's been graceful, and that's very important in this whole thing, particularly those who worked in the other realms, knowing that there had to be a smooth transition. Otherwise, it could have been catastrophic and little things could have thrown it off.

I'll give you a few examples. With Heaven's Cross and shortly after – and this occurred when we were doing one of our gatherings in Kona – there was an assassination attempt on a major world leader that could have sent the whole planet and its economies into disarray. And it didn't happen. I mean, it was all planned. Everything was moving forward on it. It was going to happen. But at the last minute, something changed that.

Now, it wasn't because a bunch of you were praying for change. It wasn't because you wanted a certain outcome. It was enough light was in the situation to have this palace coup averted. And some of you might think, "Well, it would have been a good thing." But not really so much, because of the disruption that would have occurred as a result of it.

There was a number of things that could have happened since Heaven's Cross – and I don't want to get into the drama of all of it but could have happened – that hasn't. It's been a very graceful transition, for the most part, for the planet.

Now, I say that, and a lot of things are coming up also. A lot of things in your near future. I'll talk a little bit more about it in the *ProGnost Update*, but there's a lot of things. But now I'm comfortable that it can be done relatively gracefully in your own personal lives.



I would say on a scale of one to ten, Shaumbra's probably, on average, probably about a five or a six. Some are hitting about a one in terms of gracefulness. Some get a two because they're going through holy hell, but they try to keep smiling. Some are going through tremendous disruptions in their lives but understanding; they understand why it's happening. There's a lot of reasons, but they understand it, so they're taking a deep breath and allowing themselves to go through it. But it's disruptive when you have that many things happening in your body. Body issues, probably the biggest right now. Mental stability, huge with Shaumbra. Huge with being able to try to maintain a regular life and you know everything's changing. A lot of issues right now with some of the Shaumbra calling it vertigo or just being dizzy, or a lot of them are saying, "Well, I'm just getting old. I don't have a memory anymore." It's nothing to do with that. It's a whole change of systems that's occurring.

So, in general, Shaumbra, five, six, in terms of the gracefulness. But you're getting hit first. You're the ones who are feeling the effects of it first. It's in your body. It's affecting your mind and everything else that's going on.

Right now, I say is kind of a quiet period on the planet, kind of, because there's changes happening at very deep levels of, I'm going to call it, metaphysics or Adamus Physics. Things that are happening at very deep levels. Most people have no clue what's happening, but it's affecting everything eventually.

The work that you did as an Earth worker, as a Realm Worker, a lot of it had to do with not only opening up the accessibility to the divinity, to the higher realms, but doing it in a smooth fashion.

### ***Disruption on the Planet***

So, question is for you and, by the way, if you get the answer right, Linda, I believe, has \$100 cash for whoever gets it right. Can you show evidence that you actually have it? So ... (someone says "Oh, dear")

LINDA: Are you saying that Geoff didn't give me that as a gift? (laughter)

ADAMUS: No, no, no, no! (they laugh)  
That was *my* money! Not Geoffrey's, not Cauldre's. Okay, so you have a hundred. Would you mind laying it right there? I want to tantalize everybody. So, whoever gets it right.

LINDA: (whispers) Wait, wait!

ADAMUS: So ...

LINDA: (counting out the money) Two ...

ADAMUS: ... what is happening right now ...

LINDA: ... six, eight, ten.

ADAMUS: Couldn't you just have one one-hundred-dollar bill?



LINDA: No.

ADAMUS: Okay (some chuckles). What's happening right now on the planet? In terms of disruption, what is happening? Now, feel into it for a moment. Don't think it, feel it. What is happening in terms of disruption on the planet?

(pause)

Okay, Linda's going to pass the microphone.

LINDA: Okay.

TRACY: Oh.

ADAMUS: Yeah, "Oh!"

TRACY: Oh. What is hap- ... Can you say it again?

ADAMUS: Sure. What's happening in terms of disruption on the planet? And the question is deliberately somewhat vague.

TRACY: Mm hmm.

ADAMUS: What's being disrupted right now?

TRACY: Yeah, the truest thing I can find is not like – I don't see like on the level of form.

ADAMUS: Hold on a second. Linda that's only ... (he's counting the money) Oh, we've got it all here. Good. Good. Just want to make sure.

TRACY: Like, when I feel into it, I feel into it on the planet is the same as our bodies, but there is that light that's coming in, and it's interacting with matter. And it's disrupting the way that matter performs, behaves. Like, at that interface, it's subtle, but it's also gigantic.

ADAMUS: Right.

TRACY: Like things are changing.

ADAMUS: What do you think it's going to disrupt eventually? What is the end result or the manifestation of this disruption you speak of?

TRACY: Hm. That's a good question. I can feel into the potential of it, but I'm a little bit scared. I was actually having this conversation with Marko. I might be a little bit scared to actually kind of assume or know what's next in my mind, because I can feel the potential of what's forming. But I don't know what that form is, like, what it's going to do.

ADAMUS: Right.

TRACY: But I feel it.

ADAMUS: Right. Okay. Good.

TRACY: Yep.

ADAMUS: No, that's important. Sometimes just feeling it, like – oh, you're not done yet, don't hand that (mic) back.



TRACY: Oh.

ADAMUS: Sometimes just feeling it is good, because you don't have to define it quite yet.

TRACY: Yeah.

ADAMUS: So you're feeling it, and just on more of a global scale, how do you think it will manifest? Just take a wild guess.

TRACY: A wild guess. I think things are going to start happening that blow people's minds. Like the tracks ...

ADAMUS: Like aliens landing?

TRACY: No, not aliens landing.

ADAMUS: Yeah, yeah, yeah.

TRACY: But like the tracks that we think on are going to be blown up.

ADAMUS: Right.

TRACY: A form is going to happen that we're going to be like, "What the fuck?"

ADAMUS: Yeah. Okay.

TRACY: Yeah.

ADAMUS: By the way, aliens are banned from the planet right now.

TRACY: Oh, right, right.

ADAMUS: So if any of you are into all that, they're banned. They can't come here. Okay.

TRACY: Yeah, so unexpected or weird things.

ADAMUS: Weird things. Give me just a wild example. If you were a science fiction writer, what would you write about?

TRACY: (chuckles) I don't know. It's like, it feels like my mind just halts when you say that.

ADAMUS: That's okay. You can make something up. *Pfff!* Whatever, you know. You're a writer. You can make up whatever you want.

TRACY: I don't know, I can't think of anything.

ADAMUS: Okay.

TRACY: Yeah.

ADAMUS: If you think of something, holler at Linda. She'll run back with the microphone.

TRACY: Okay.

ADAMUS: Yeah.

TRACY: Okay.

ADAMUS: Good.

LINDA: Okay. Another one?

ADAMUS: Disruption. Yeah.

LINDA: Okay.

ADAMUS: What's kind of happening on the planet in terms of disruption? (Adamus chuckles as Linda surprises Andy with the mic)

ANDY: (chuckles) Hi.

ADAMUS: Hi.

ANDY: I think the human brain's getting not quite rewired, but reevaluated.

ADAMUS: In general, with all humans?

ANDY: In general. I think people are reevaluating their lives or direction.

ADAMUS: Wasn't that something COVID did?

ANDY: It helped.

ADAMUS: Yeah.

ANDY: It helped. But I think it's getting in deep now.

ADAMUS: Right.

ANDY: People are going, "Gee, I've done that my whole life for a goal," and it's like, "*Woop!* The goal's gone." So, reevaluation. Yeah.

ADAMUS: Okay. What percent of the population – just take a wild guess – would be having this happen in their brains? Like, everybody?

ANDY: Everybody.

ADAMUS: Everybody. Okay. Wow.

ANDY: Everybody. I mean, right across the board. Although some people are so entrenched that you don't see a whole lot of outward change.

ADAMUS: Right, right.

ANDY: But, man, you look in their eyes and they're going, "What the fuck?"

ADAMUS: Right, right.

ANDY: You know, it's like, "Oh, something's screwed on different."

ADAMUS: Yeah. And how do you think that's going to manifest then? You know, everybody's going through this, like, frontal lobotomy, and how do you think it's going to show up with people?

ANDY: (pauses) I look forward to the changes, but I will not predict them.

ADAMUS: Okay. Wise. Very wise. Yes.

ANDY: Yeah.

ADAMUS: But if you were just going to make something up, I mean, off the record. Is that camera (points to camera) – oh, yeah – off the record, what would happen?

ANDY: I think you're going to see values change, both monetary values and directions change.

ADAMUS: That's vague.

ANDY: (chuckles) Yeah! Yeah, it is pretty vague, isn't it!

ADAMUS: Okay. Tough question, though. I mean, it's a tough question.

ANDY: Yeah. You know, I dunno, straight people go weird. Gay people go straight (some chuckles). I mean, just everything, everything ...

ADAMUS: The planet is changing.

ANDY: Everything changes.

ADAMUS: Yeah. Okay.

ANDY: Yeah.

ADAMUS: All right. Good. Thank you.

ANDY: And looking forward to it.

ADAMUS: Good.



ANDY: Yeah.

ADAMUS: Couple more.

LINDA: Okay. Couple more. Let's see where this goes. Okay.

ADAMUS: So, what's happening in terms of disruption right now? And how does it manifest?

VANESSA: It feels like what's old is presented and the resistance to what's new.

ADAMUS: Right. Right.



VANESSA: And it's almost like these opportunities or potentials, I see it with just friends and regular people, and they're resisting the opportunities and then they get totally frustrated with their lives. So, I imagine on a macrocosm, on the bigger scale, it's happening in that light as well.

ADAMUS: Okay. Okay.

VANESSA: It's almost like – and I feel it with myself as well – it's like I'm on this train or rail and just a slight thing happens and I can just fall off so easily, because of the resistance to what's available.

ADAMUS: Right.

VANESSA: And so, to me, it seems like it's causing a lot of ups and downs.

ADAMUS: So how graceful has your life been since Heaven's Cross?

VANESSA: It can be a ten, and it can be a zero.

ADAMUS: Ah, there you go. That's a good answer (Adamus chuckles). Yeah, and everything in between all at the same time.

VANESSA: All at the same time.

ADAMUS: All at the same time.

VANESSA: And the adjustment.

ADAMUS: Yes.

VANESSA: You know, I keep reminding myself I'm just adjusting.

ADAMUS: Yeah. And it's more than adjusting. It's total transformation. By the way, the correct answer to that question, "How graceful has your life been?" is "Zero to ten. It's all of the above, all at the same time." Everything's changing. Yeah.

VANESSA: Yeah.

ADAMUS: Okay. One more – thank you – one more about the disruptions.



LINDA: Okay. I want to pick a young person. A newbie. Which of you – you decide (referring to Lucca and Christina sitting in front).

ADAMUS: Ahh!

LINDA: (Luca reaches for microphone). Oh! He wants it (she chuckles).

ADAMUS: Oh, yeah!

LINDA: You picked it.

LUCCA: Hi.

ADAMUS: Hi. Welcome. Glad you're here.

LUCCA: Thank you.

ADAMUS: Yeah.



LUCCA: So, I think that one big disruption is that I see it mostly in my friends and people around me, they're used to doing things with a lot of gravity in it and getting energy in that way. But after Heaven's Cross, it seems like there's another path that they can choose, and I don't know, I think they're getting tired of it.

ADAMUS: Right.

LUCCA: So, I look at them and be like, "Just open your eyes, you know, just see the other path that is right in front of you." But they insist on it and I think they will keep insisting on it, on that way of doing things. So, yeah, and I think it's going to take a while.

ADAMUS: Do you see any, like, on kind of a global scale, anything in particular happening as a result of the disruption, and if so, what?

LUCCA: Yeah, I think it's becoming more democratic on an international scale. I do see potential for new monetary systems and people going crazy.

ADAMUS: People going crazy (Adamus chuckles). Good. Yeah. Going real crazy.

LUCCA: Yeah.

ADAMUS: Good. Thank you. So, nobody hit it on the head, but you (Tracy) had it the closest, so you get the 100. Yes, mm-hmm, for you.

LINDA: Oh.

ADAMUS: Yeah, yeah. Yeah. So, you were talking about the disruption right now is about ...

LINDA: Would you like me to distribute it to her?

ADAMUS: Yeah. Yes, please. Yeah, yeah. Yeah. I think she would enjoy that.

### *Light Effects*

[Tracy was] The closest, because you were saying that there is the whole factor of light right now on the planet, and that's really what's changing. And I ask you to really feel into it. It's easy to kind of overthink it, but what's happening right now is that the light that's coming in as a result of Heaven's Cross, the Apocalypse, is changing the very nature of reality itself. It's changing *everything* on the planet. And Cauldre talked about it a little bit in one of his articles and I talked about it at a recent Keahak.

When the light changes on this planet – and don't think in terms of volume, but in terms of the luminosity, the glow, the expansiveness on light – comes in, it affects matter. It affects the particles, and it affects thoughts as well. Suddenly, there's more luminosity. Suddenly, there's more available light, which is essentially just energy, that comes in, and that is a huge disruptive force on the status quo, on the way things have been on the planet for a long time. And it could be very, very disruptive. It could blow things apart.

What you have right now is – the physics of the planet are kind of held together in a fragile way. They're held together through mostly gravity, but then also the elements of time and space and electromagnetics. But it's mostly gravity. And gravity is not just what you consider the physical thing of objects falling to the ground. Gravity is the thing that holds reality or, rather, illusions together.

You interject more light into that, because there are enough beings within that gravity – you here on the planet – enough beings that have opened yourself up to more consciousness, and it starts changing everything. It's a disruptive force.

The light that comes through into this reality, it begins – and, again, don't think in terms of faster or bigger, but just more glow to it – it disrupts everything along the way. And that's why I started by saying that Heaven's Cross has been pretty graceful, up to now anyway. Pretty graceful. Things could have really blown apart. Or – it's an “and/or” situation – it could have blown things apart because of the fragile nature of the way this reality is held together, or it could have caused everything to go stuck. You know, it could have been almost like a shock to the system. It could have really caused things to just freeze up and lock up. You know what it's like when you have an emotional situation in your life and sometimes it freezes up and it ends up getting stuck in the body, and then you've got to spend years of therapy and ultimately come to Crimson Circle to let it go (a few chuckles). So that is kind of what's happening on the planet right now.

Since the Apocalypse began, it's been pretty quiet. But we have this element of light flowing in. Again, I talked about it recently in Keahak, that the reality is created by the difference in – there's not a good word for it, a good human word – but let's just call it the difference in speed between the natural light of the soul, of consciousness, and then the light that comes into a reality like this. They're from the same ray, but one kind of dips down to go into experience; now you have a difference in – I'm going to call it the speed, but it's not really that – the speed of light, and that difference in the speed of light creates gravity, which then creates ultimately particles and even thoughts have a gravity to them. So, we're in that zone, that in-between



zone, which would be a clear light that's always present, but just – *chwwwh!* – kind of goes through this reality and then the light that dips down to create this reality – or illusion, if you want. That's changing. That particular ray is changing.

So, it's got to change everything on the planet, and that's really what the Apocalypse is all about. When that ray of light changes, partly because of the humans on the planet who had brought in more consciousness into their being, it creates a different, you could say, attractant or grounding for that light.

So, everything is getting disrupted right now, and you don't really see that much in the outer world right now. You're feeling a lot within yourself, because so much of it is happening at those deep levels. Most people aren't even aware of it. Most people won't be aware of it for a long time, other than they're going to start observing very strange things happening.

Now, when I say "strange," the economy, that's not really that strange, and the economy is going to have its ups and downs. I'm talking about really strange things that just go beyond what humans could have imagined five or ten years ago. Really strange things, in particular, a good chance of really strange lights in the sky that nobody can figure out. And they'll have a lot of theories, "It's a meteorological event, it has something to do with the changing Earth magnetics or something," but nobody's really going to figure it out. Strange, seen by a lot of people, these very strange lights. And then they're going to say it's the aliens, but you can tell them I said aliens are banned right now. And weird things happening that nobody can really quite explain and identify.

Those are the things that are going to be happening, and it's going to disrupt a lot of other things in the meantime, more of the traditional things you think about. It's going to disrupt everything from politics to money – those are the obvious ones – and it's going to be very, very disruptive on the human mind, the human mind in general. People won't understand it. A lot of them are going to feel something, but not know what's happening, and they're going to think they're going crazy. They're going to think they are just going nuts. So, we've talked about it in the past, but there's going to be this whole new crazy factor on the planet and people acting out in very weird ways.

So, let's bring it back to you – disruptive forces in your life – and it takes place when that light comes in and basically activates or starts filling all of the space between the particles and the thoughts. And we'll do a merabh in just a few minutes about that.

Whatever you're going through right now in your life, it's a one-to-ten on the grace level. It's a one-to-ten in terms of good days, bad days. They're all happening, and they all start getting jumbled up together. And you can simultaneously feel very, very good and very, very bad all together, and the thing to remember is it's just disruption that's happening, but disruption that you asked for, wanting the changes within yourself. And if the planet changes also, so be it, but wanting those changes within yourself.

A very long time ago Tobias, and then I picked up on it, we started talking about passion. You know, one of the most challenging things about awakening is that the old passion is gone, and it feels empty. There's nothing there. The passion is just – why get up in the morning? What's happening right now post-Heaven's Cross is that the passion returns, but it's very different. The passion isn't for just things like cooking, but that could come to the surface, or painting or helping other humans, or whatever it happened to be.

The new passion is simply letting your light shine. That's it. That's it. And some of you may think, "Well, that's kind of boring." Not at all. That passion is returning now, and whereas before, it might have been a nice thought to say, "I just want to be here on the planet shining my light," now it's actually very doable and

appropriate. That light from the Apocalypse is here. Now you can actually do it, and as you do – it’s back to benching – as you do this conscious benching, there is a renewed sense within you that this is exactly what you came here to do.

You’ve got this factor of what I’m calling New Light that’s occurring. You have the factor of also eventually consciousness and energy melding together, being together. That’s why you came here, and that’s the passion that some of you have already been feeling, but the passion that you’ll continue to feel. So, when you ask that question, “Why am I here on the planet? Why should I stay?” it’s for exactly that, to let that passion of the light start coming through.

Let’s take a deep breath with that.

There is so much happening in physics on the planet right now, most people are unaware of. The thing is that you are creating that new physics. The physics of light on the planet, and how it really works. How it affects all reality. And, again, as I talked about in some of our recent gatherings, the new understanding, the metaphysics of light goes far beyond anything that’s ever been proposed or talked about by physicists or even quantum physicists. The difference in the speed of light creates reality. You want to change reality, you – and, again, it’s not speed. There’s not a human word for it, so I’ll just call it the luminosity of light. The difference between the luminosity of light on a pure level and on what you call a material level is what creates the reality. And now you have access to more luminosity in this reality, in this level; imagine what it can do. Imagine what it *is* doing right now inside of you.

The quiet period here after Heaven’s Cross is kind of a blessing because it’s allowing that light to really come in and fill all those spaces.

### ***The Dark***

One of the great misconceptions on the planet – and disappointments too, in my opinion – is the lack of understanding of dark. Of dark. And everything from the religions that are always battling the dark forces, and they even created Satan and this devil-like being to give face, to give humanness to the dark. It’s the battle, “We’re going to annihilate the dark,” and it’s the evil and the bad.

Tobias said it many years ago ([here](#)), “The darkness is simply your divinity,” waiting to be filled with light. The darkness, the void, the nothingness is simply your energy in a neutral state waiting to be activated. That’s all it is. But humans had to turn it into the bad guy, the ghoul, the devil, and “We’re going to battle this.” And then, to make it even worse, the New Age took it on, “We are lightworkers and we’re going to carry our swords. And we’re going to call in Archangel Michael, and we’re going to beat the shit out of the darkness, and we’re going to shine our light everywhere.” Well, it’s not real light that they think they’re shining. It’s kind of a false “do-gooder” energy. They had no clue what dark was. There’s no dark! There’s no dark as proposed by the religions and by the New Age and the others, not this thing to battle. It was simply something that was waiting for the light, for the right time. That’s all it is.





Such a shame that the world's population, humanity, took on dark as an evil force, as an outside force. All they were doing is slaying themselves. All they were doing is taking that sword and stabbing it right into themselves.

In the advanced metaphysics that we're dealing with, the understanding of light – and light is simply energy that's been in a dormant state, energy that is now being called or activated into conscious service. That's all it is. And the light is always there. Your soul light is never not present, but you can live in the illusion that it's not there. Or you can accept a certain amount of a ray of that light to help create this reality, but then you can also easily change it simply by, you could say, allowing more luminosity to the light that comes in. But back to the point.

Such a shame that humans have believed for so long that dark was bad, that there was an evil force. There's not. It was a great game, I guess, for a while, but there's not. There's not a counter force to your soul. You can have a lot of different experiences in the soul. You can have a fun life or a bad life, an abundant life or not abundant. But the metaphysics that we're talking about now, we go beyond the old concept. And the disruptive force on the planet right now is the new understanding of light and dark. The understanding that the difference in the speeds of light creates reality, and eventually you can literally have that light that's come in now with the Apocalypse easily change the reality. Easily.

### ***End the Battles***

Now, I'm going to put out a challenge to Shaumbra here, and we'll have this challenge go, let's say, through the end of the year, and then we'll come back and monitor it. But the challenge is pretty simple.

You've spent your whole life and lifetimes battling things. All of you had a physical or a metaphorical sword that you carried with you. You've spent your whole life in battle in many different ways. Literally, in battle – a lot of you battled for religious forces, a lot of you battled in armies for countries – but most of the battling was done on an everyday basis, trying to get things for your life, working too hard to try to accomplish something. You're a great sword carrier. Put it down. Put it down.

You use your force and your energy, "I'm going to go out there and I'm going to make it happen!" Fuck that! Seriously, drop it. You're so used to working hard, battling hard, fighting for things, and then when you have some sort of accomplishment, you get something, you're so proud, "I'm a tough warrior. I'm a battler. I can make it happen. I can power my way through all these energies. I'll fight my way into it." Then you win a few little battles, I mean, little battles, and you think you're some grand warrior with energy? No. No, not anymore.

Of course, this isn't just you. This is the way the world operates. This is what people do, "I've got to work for it, battle for it, fight for it, overcome things." And then you get real proud of yourself, "Look what I overcame in my life. Look at my personal issues and my emotional issues, my business issues. I've done all this stuff in battle for it." That ends. That all ends. And that's going to be a tough one, because that's the way you're used to doing things; it's the way the planet is used to doing things.

The challenge is stop the battles. Stop the fights. Stop all the hard work. Stop thinking that everything has to be so hard and rigorous, and now receive.

I've talked about it in a hundred different ways, "Energy serves the Master." "Let energy serve you." I'm going to put it this way, "Now *receive*."

It's all right there. It's in the light that comes in with the Apocalypse. It's there for your body. You do not fight your body anymore, and so many of you are still doing that. You have an owie somewhere and you fight it mentally. You're like, "I'm going to overcome that. I'm strong. I'm going to – positive thinking." You're just battling. That's all.

"I have abundance issues. Oh! I have to work hard, and I've got to – what am I doing wrong? I see other people and they work really hard and they're abundant. Maybe I'm not working hard enough. Maybe I'm not smart enough." That is a battle. "I'm not smart enough." That's a battle. "I don't know the tricks." That's a battle. It's one simple thing: to receive.

Now, that is perhaps the biggest change that comes as a result of the Apocalypse. You've been pretty graceful, mostly, up to now, on this; disruptions at major levels. But I see in Shaumbra that you're still battling, "I'm going to take this light and I'm going to whip the crap out of all my problems, and I'm going to overcome my physical ailments." No.

Now, the tough part is that is ingrained in you and in humans, that somehow you have to work through energies; somehow you have to exert yourself. You've got to be either smart or hardworking or good looking, one of the three, to overcome the things. Life becomes a constant series of these hurdles that you're trying to overcome. And you get kind of good sometimes, once in a while, at overcoming hurdles, and then you think, "Oh, see, I did it. I'm a Master, because I can overcome hurdles."

If you are a Master, there would be no hurdles in the first place. None. That's the challenge to each and every one of you. You become a receiver of your own light. No more forcing. No more battling.

Now, I'm having a little argument with Cauldre here. He's so funny (Adamus chuckles). He's saying, "Does that mean I just have to sit on my ass on the sofa all day and play video games?" If you want. But you'll find out that life becomes fun. Why would you want to sequester yourself sitting on your ass on a sofa playing video games, when you have your whole life now and it's not a battle? Why do people do these things? It's a battle! You're playing video games. It's just another battle. It's a battle in a virtual reality. You're battling others, right? I've never played a video game, nor do I desire to, but is there a video game where it's just about melding back together with yourself, the masculine-feminine (some chuckles), Adam and Isis coming back together, and then you allow all the light to come into your life and you have Realization beyond into the other realms, and yet so grounded here on the planet. Is there a video game called "I Am Enlightened"? I doubt it! Even a video game sitting on your ass all day playing video games, you are battling, trying to overcome something.

The challenge to each and every one of you, all of you now, is to become the receivers, to let it into your life, to get over the battle you're having with the abundance. And that's all you're doing is you're battling it. You know, it's kind of fun, I guess, up to a point. But then why not just receive? Why not just – and it's that simple. You are – this plan- ... (Adamus chuckles and sighs)





You, all of you, are this planet's metaphysicians. *You* are. The planet, other humanity is relying on you. You are creating the new physics, and now the challenge is a big one: Stop battling. If you find yourself battling for *anything*, stop. Take a deep breath. It's an old habit. It's an entrenched habit.

Light does not need to battle light. Light does not need to battle the darkness at all.

It does not need to overcome anything. It simply needs to receive. That's it.

It's going to be a challenge to do this, to stop battling things – within yourself first, and then other people, but start with yourself – and receive. And then you're going to try to this, and you're instantly going to go back to the battling, "Well, I have to work hard at receiving." No (Adamus chuckles). No, it's not the way it works. The Master allows the luminosity of the light to change the nature of reality in their life, and then everything else changes.

The old paradigm on this planet of work-fight-work-fight-work-fight – and then maybe celebrate a little before you go back to work-fight-work-fight – it's done. It's over with. That is perhaps one of the biggest overlays and flaws of mass consciousness, and it's time for that to change. And it's going to start with you.

I've had this discussion with some of the other Ascended Masters. I told them what we're going to be doing, and they laughed and laughed and laughed. They said, "Adamus, you must be smoking something down there in Colorado, because that just ain't gonna happen on the planet."

I strongly disagree. I disagree because (a) you're the metaphysicians. You were the Realm Workers. You are the ones here on the planet. Even if you weren't a Realm Worker, you were doing the inner work that was so necessary to make all this happen. And now the next step – it's a big one – no battling. Receiving.

Feel what that's like for a moment in this beautiful safe space. Just receiving your light. Not some something out there. Just your light. Not trying to overcome odds, not trying to set up situations for yourself so you can try to overcome it, and so many of you do that.

So many of you do that. Why do you do that? Why do you set up situations so that you can just overcome it? *Pfft!* So you can overcome it! You want to see how high the next hurdle can be, and when you overcome that, after falling down twenty times and nearly killing yourself, you're going to put the hurdle even higher.

Let's end that old, old paradigm on the planet and receive your light – it's that simple – into your body, into every cell. Receive that light into your consciousness, into your thoughts. Don't worry about the details, because they take care of themselves. Don't worry about, "How am I going to get my abundance?" Forget abundance. Forget lack of abundance. Let that word go out of your vocabulary. Now it's about just receiving. It's just receiving the luminosity of your own light.

In doing so, you change the dynamics of your pure soul light and then the ray of light that comes in to create this reality, you change that luminosity, and it changes the nature of reality. *Boom!* That's it. That's it. You don't have to work at it. You don't have to slay it. There's nothing to fight anymore. Not even your own emotions or your emotional imbalances. And, good lord, you fight your mind, your thoughts, your old memories.

Put down the swords. Put down the tricks. Put down the desire to see if you can jump a bigger hurdle.

What you can do by letting yourself now receive your light will change the world. It has to start somewhere, and I told the other Ascended Masters “We’re going to start it. We’re going to start it right here, right now today. Ya’ll can try to catch up later, but we’re going to start it.”

That is the challenge that goes out to all: receive. That’s it. One word: receive.

I don’t want you taking this word and writing long theses about it and writing these complex procedures. Take a deep breath and receive. You already know what you’re receiving. You don’t have to even think it out in your mind. You don’t have to battle anything that would get in your way, any obstacles, because in true receiving, there *are no obstacles*. You don’t have to work at it. If you find yourself working at receiving, stop. You’ve just gone into battle mode. Stop and just receive.

Now that we’re into the Apocalypse, we’re going to get practical about it. We’re going to start changing a very old ingrained habit within yourself and within human consciousness, so that life is about receiving.

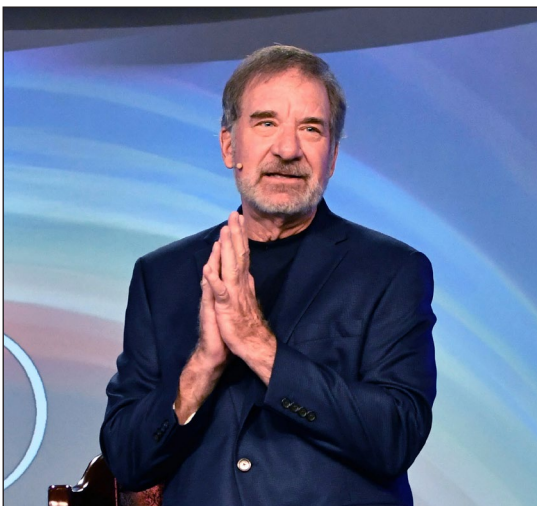
Let’s take a good deep breath with that. Good, deep breath.

You’ve been working so damn hard as Realm Workers, as Earth Workers, so damn hard on so many things. Now we’ve got this new variable, this new element available right now after Heaven’s Cross. It is a New Light, and it’s here for you. Let’s begin using it by ending the battles.

### ***Receive the Light – Merabh***

So, with that, let’s put on some music for our merabh of the day.

(music begins)



Take a good deep breath, and just feel the energy. Wherever you are right now, just feel the energy and here in the room.

(pause)

The light is here. Now receive.

(pause)

This is so simple. So simple.

Now, in this merabh, we’re going to let that light start coming in and filling what you would call the void, the darkness, the space. It’s your light.

That space, that darkness is simply your energy – that’s it – just waiting. Just waiting until now.

It comes in very gracefully as not to overwhelm you, because if it just flooded in in a moment, it would cause a lot of overwhelm. So just assume that it’s coming in in its perfect way.

(pause)

Take a deep breath.

This reality is, well, it's made up of what some call matter. Matter is just very condensed light or energy. It takes form, shape as an atom. The atom has numerous components to it – electrons, neutrons and such – and they're spinning around. The fact is they're really not spinning at all. It's just condensed light. It appears to be spinning.

It's kind of interesting. The appearance of spinning is really the effect of the gravitational hold on light itself now masquerading as particles. It's really not spinning, it's just condensed. But it appears to be spinning – according to scientists, physicists – but it's not.

Even thoughts are, they're kind of like matter, in a way. They're more like waveforms. It's just condensed light or energy.

I like to think of all your thoughts – your memories, your past – I like to think of them as they're just kind of bubbles floating around out there. And, you know, between all these bubbles and between all the atoms, everything, there's a tremendous amount of space.

This is something that is commonly accepted in science and physics. There's a lot of space, a lot of nothingness.

It's kind of interesting because you actually can't measure the distance, you really can't, even between the atoms. But there's just a lot of space. Between your thoughts, there's a lot of nothingness. Sometimes in your thoughts, there's nothing, heh.

And, you know, I've always wondered why more humans haven't asked, "Well, what's sitting there? What *is* this space? Is it a force? Is it just nothing? Is it just darkness that we simply don't understand how it's created, why it's there? Why is there space in the first place? Who came up with that idea? Why is there all that space?"

Humans like to fill space. They don't like empty space. I don't know why, but they've got to fill space. Your house with furniture, junk. Cities, you've got to fill that space, "Oh, there's an empty lot. Let's build something there." But yet, you've got all this space between matter, between thoughts.

Very few have ever asked, "What is that space? What the hell are we supposed to do with it?" The fact is, it's divinity; it's energy just waiting.

It's not necessarily holding it together. What holds it together, holds all these thoughts and particles together is simply the difference or the variation between what you call pure soul light and the light that you're using as you're playing at being human.

That light starts coming in now and filling the space. It doesn't rush in, not like suddenly opening the dam gates and it all comes flooding. And it doesn't come from any one single direction. It doesn't come from above or below.

It's like having a dimmer switch on a light. It just slowly starts illuminating that space. That's what's happening right now with the Apocalypse.

It doesn't fill that space with fairy dust. It doesn't fill it with lollipops, sugar drops. It just fills it now with light. Little by little. And don't rush it. No.

Here, don't force it. Just receive it. That's it. Just receive it. It's not a battle. It's not a race.

It's not a timed event. You just receive it. And there is such beauty and majesty in it.

(pause)

You see, the battles are over now.

Having to conquer or be conquered, having to effort and drain yourself, that's over.



Here, right now, just receive that light. It starts to fill that entire space.

(pause)

You just observe how it comes in so very gracefully.

Some of you are thinking, "Okay, now, is this light between the space, is it going to give me more money? Is it going to make my body better?" Stop it. That's being so human. Just receive this light.

You say, "Well, now, is it going to make the atoms spin more? Is it going to make my thoughts cleaner, more pure?" Stop it. You're being so damn human. You just receive it.

(pause)

There's nothing to overcome here. There's no illness. There's no abundance lack or anything. There's nothing to overcome. That is an old game – an *old* game – and we are going to change that.

It's all a matter of right now – this is as simple as it gets – to receive that light into spaces that have been void, vacant for so very long.

This is the core of embodied mastery right here. Receiving without agenda. Receiving without trying to affect an outcome. Just receiving. That's it.

(longer pause)

I can feel the questions from so many of you, "Is it going to give me more energy? Is it going to give me more confidence?" Stop that. You see, that's just a battle.

It's almost like you're begging for it. You know, when you start getting into that – "Is it going to make me younger, happier?" – you see, you're setting up a conflict. You're also setting up a base of reality. It's like saying, you know, "I'm an asshole. Is it going to make me a nice person?"

Don't set up that conflict. Just receive it.

I know, everybody wants a better human life, but I'll tell you this right now. That's not what this is all about. You'd be cutting yourself far short to just be into this metaphysics for a better human life. There's so much more.

Embodied mastery goes far beyond just your human life. It comes into your whole soulfulness, extending far beyond just this human realm.

Take a deep breath and please receive this light.

(pause)

It's like there's been this ocean of emptiness between the particles, between the thoughts, between what you would call the points of reality; just an ocean of nothingness just waiting for this.

The Master allows it to be so simple.

(pause)

This right now, what we're doing, just receiving, is probably one of the most important things you're going to do in your life. Receiving that light that's been available since Heaven's Cross, receiving it and letting it start to illuminate that space.

That space that could be called your divinity, your own energy. It was just waiting in this realm to serve you.

(pause)

There is nothing else you need to do, other than to receive this.

I say that – that's a big statement – nothing else you need to do, other than just receive your light, because then you start getting such amazing clarity about what to do with it, amazing clarity about your own passion, amazing clarity about how then this very light serves you.

Let's take a good deep breath into letting this light come and fill those spaces, those empty spaces.

(pause)

There never really was dark, was there?

Interesting that humans then turned dark into evil, into bad. Got out their swords and started fighting it, really just slashing themselves.

(pause)

One of the greatest shifts in consciousness, in the paradigm on this planet, is going to be a new understanding of dark.

It's going to change so many things. Can you only imagine if consciousness shifted just even one degree in their thinking about darkness?

(pause)

Just imagine what happens when you allow a new consciousness, a new maturity about that huge void that was there, just waiting for light.

Let's take a good deep breath.



(pause)

One word: Receive.

It goes back to what we've talked about for a while, but we're going to start living it now. A Master allows energy to serve them.

A Master, an embodied Master, let's their light flow into the darkness, and then serve them in a whole new way, a way that couldn't have been done before. A Master allows that light to flow into all those spaces, changing the very nature of reality.

Reality is a result of the difference in speeds of light, or probably better said, the speed or variable difference between dark and light. That's what creates reality, and now you have the light filling the space. It changes everything.

(pause)

Let's take a good deep breath together and receive.

Bring it right into this reality.

(pause)

So, the challenge for everybody: no more battles, no more obstacles, no more tests unto yourself. Now let the light do the work.

(pause)

Let's take a good deep breath.

And this, in itself, is very disruptive, but it can be very graceful. Very disruptive into eons of time of old ways of doing things.

(music ends)

Old ways of approaching getting up in the morning, as you're putting on your underwear and your shirt and pants, "How am I going to battle today?" But now it changes. It's a huge, huge disruption, but it can be quite beautiful.

So, with that, let's take a deep breath together, as we bring this Shoud to a conclusion, and always, always, always remembering all is well in all of creation.

Thank you. Thank you.





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